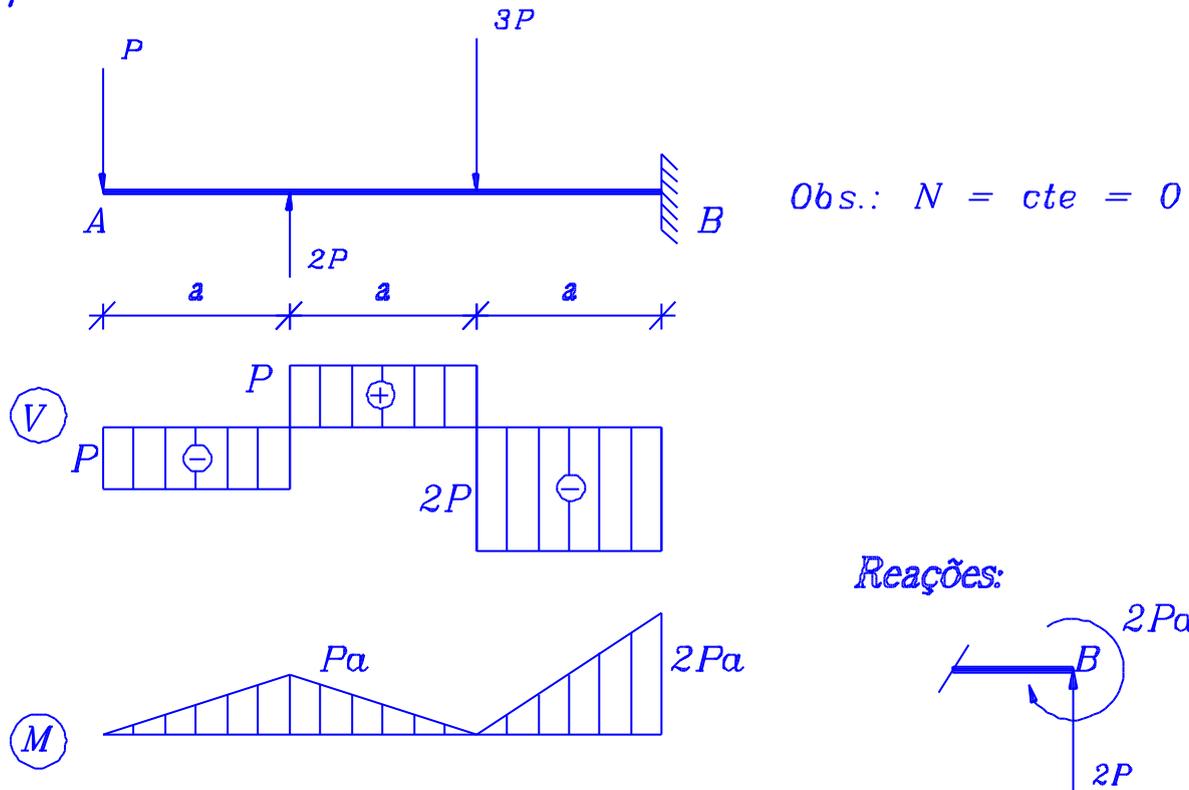


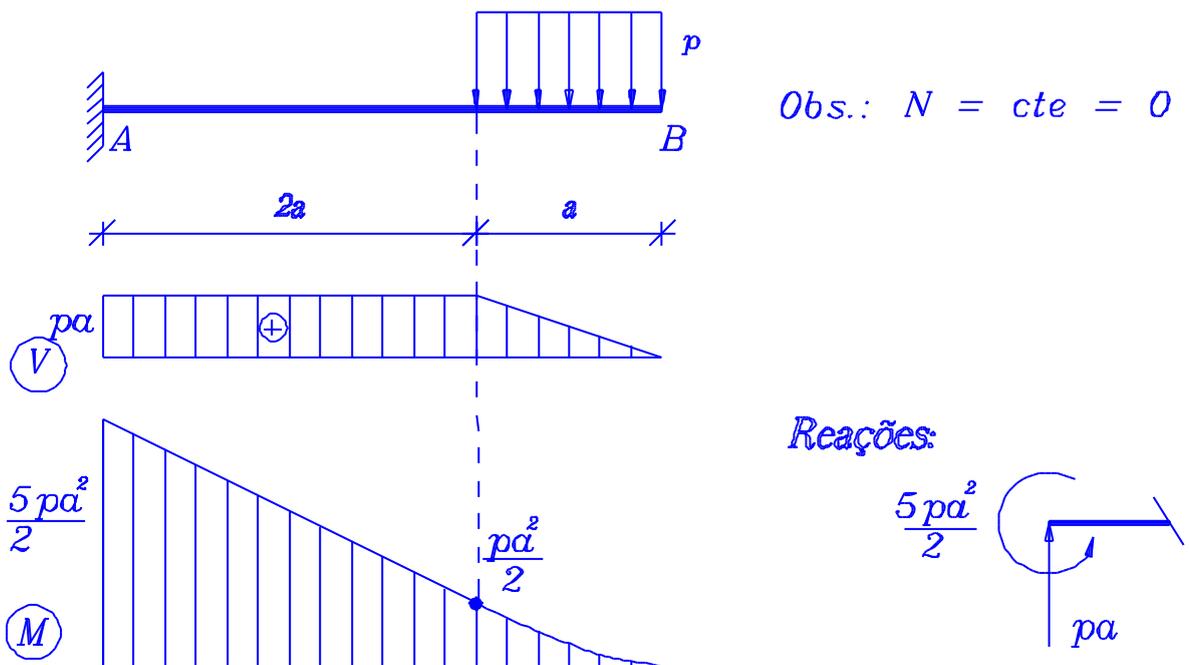
Lista de exercícios nº 3 Diagramas de esforços solicitantes

1 - Traçar os diagramas de esforços solicitantes e indicar as reações de apoio:

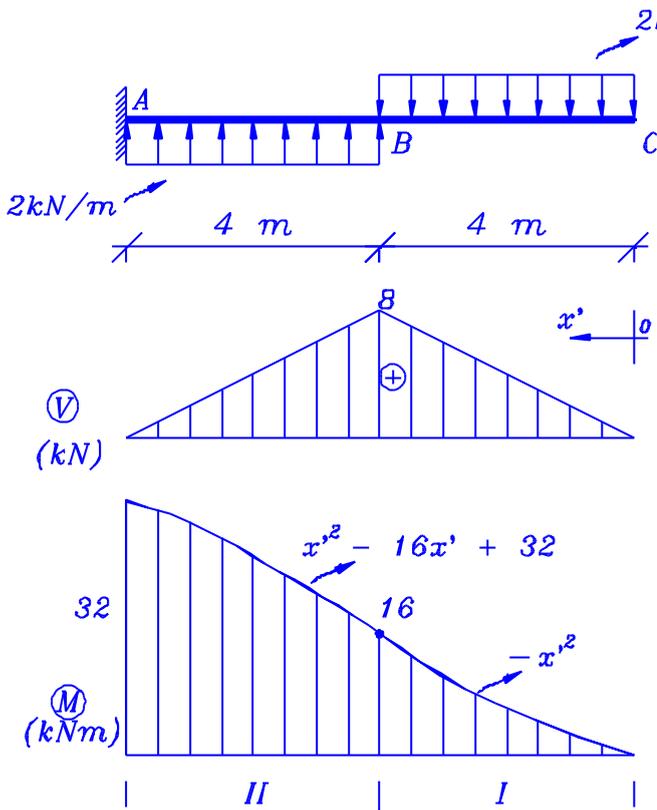
1.1



1.2



1.3



Trecho I : $0 \leq x' \leq 4$

$$M = -x'^2$$

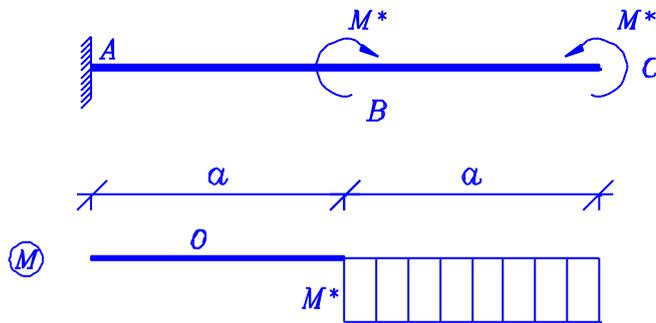
Trecho II: $4 \leq x' \leq 8$

$$M = x'^2 - 16x' + 32$$

Reações:



1.4



Obs.: $N = cte = 0$
 $V = cte = 0$

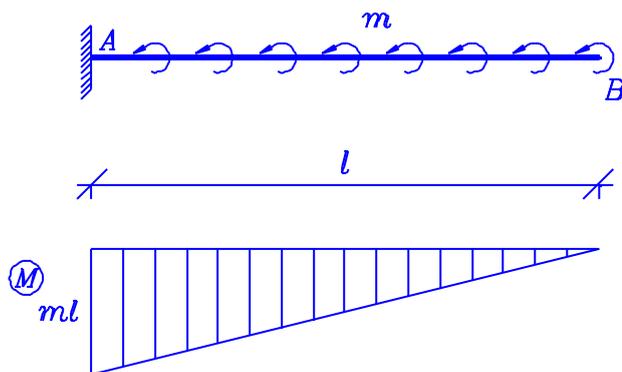
Reações:

$$Y_A = 0$$

$$X_A = 0$$

$$M_A = 0$$

1.5



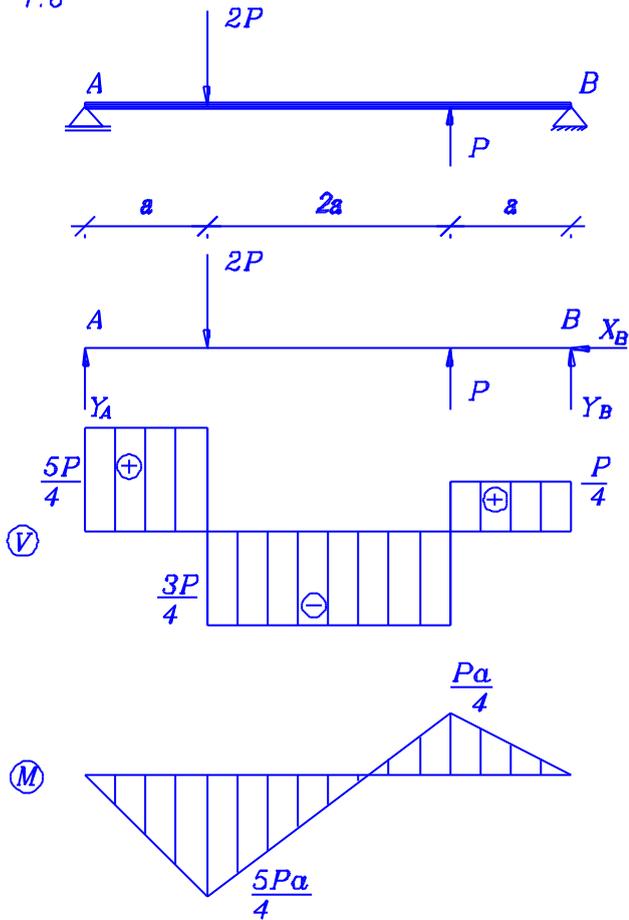
Obs.: $N = cte = 0$
 $V = cte = 0$

Reações:



Obs.: A viga é carregada por um momento uniformemente distribuído ao longo de seu comprimento.

1.6



Obs: $N = \text{cte} = 0$

Cálculo das reações de apoio:

$$\sum X = 0 : X_B = 0$$

$$\sum Y = 0 : Y_A - 2P + P + Y_B = 0 \Rightarrow$$

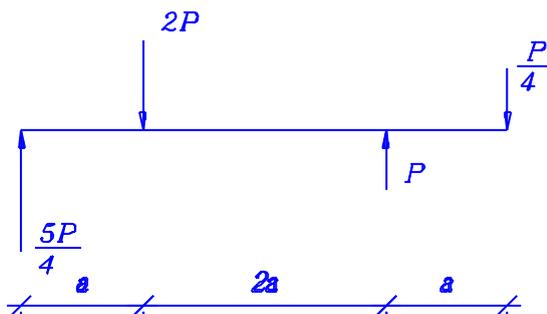
$$Y_A + Y_B = P \quad (1)$$

$$\sum M_A = 0$$

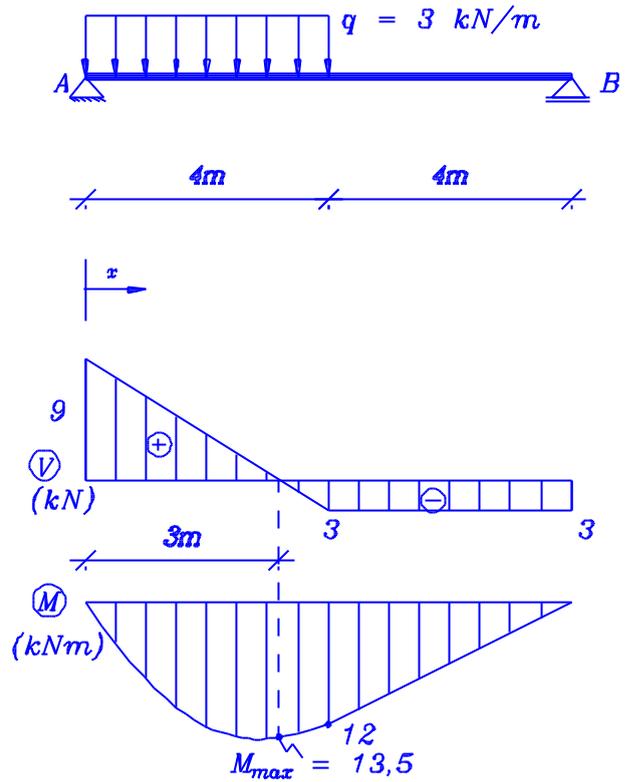
$$-2P \cdot a + P \cdot 3a + Y_B \cdot 4a = 0$$

$$Y_B = -P/4 \quad (2)$$

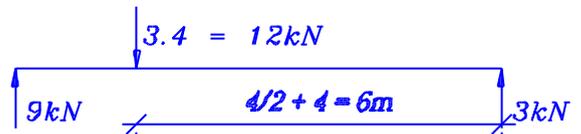
$$(2) \text{ em } (1): Y_A = 5P/4$$



1.7



Reações de apoio:



$$Y_A = \frac{(3 \cdot 4) \cdot (4/2 + 4)}{4 + 4} = 9 \text{ kN}$$

$$Y_B = 3 \cdot 4 - Y_A = 3 \text{ kN}$$

$$X_A = 0 \text{ kN}$$

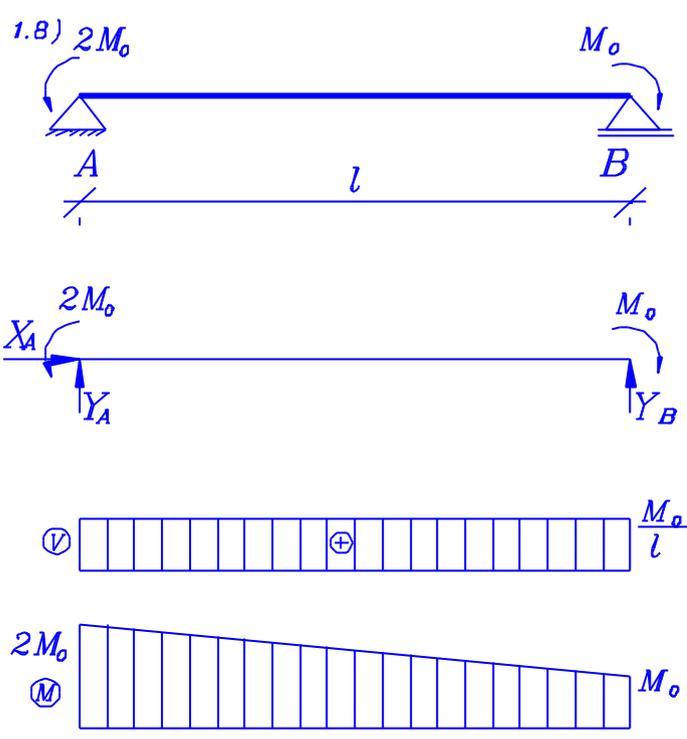
Diagramas:

$$0 \leq x \leq 4$$

$$M = 9x - \frac{3x^2}{2}$$

$$V = 9 - 3x$$

$$V = 0 \Rightarrow M = M_{\text{max}} \quad M(x=3)$$



Reações de apoio:

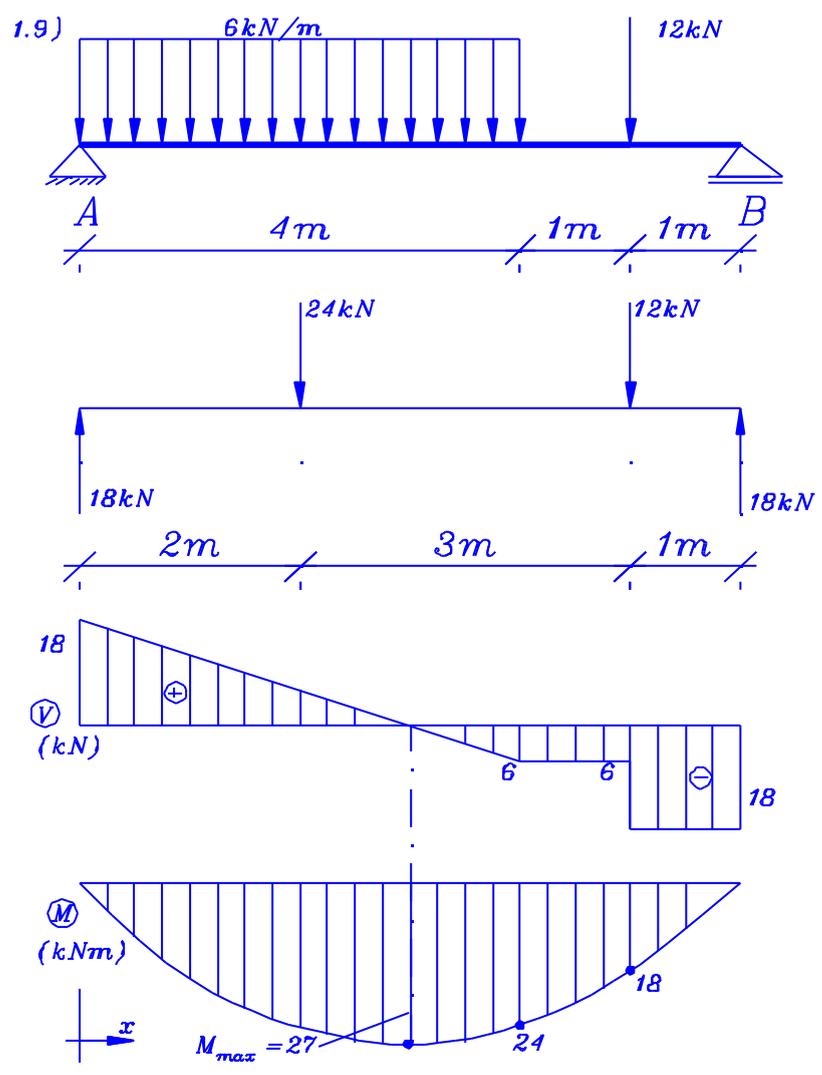
$$\Sigma M_A = 0$$

$$\Rightarrow 2M_0 - M_0 + Y_B \cdot l = 0 \Rightarrow Y_B = -\frac{M_0}{l}$$

$$\Sigma Y = 0 \Rightarrow Y_A + Y_B = 0$$

$$\Rightarrow Y_A = +\frac{M_0}{l}$$

$$\Sigma X = 0 \Rightarrow X_A = 0$$



Reações de apoio:

$$Y_A = \frac{(6 \cdot 4) \cdot (2 + 2) + 12 \cdot 1}{6} = 18 \text{ kN}$$

$$Y_B = 6 \cdot 4 + 12 - 18 = 18 \text{ kN}$$

$$X_A = 0$$

Diagramas: $0 \leq x \leq 4$

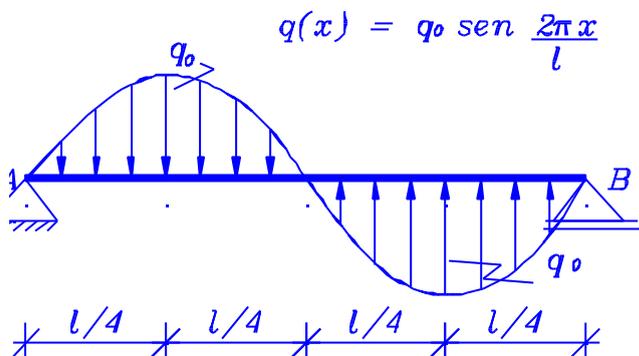
$$M(x) = 18x - 3x^2$$

$$V(x) = 18 - 6x$$

$$V = 0 \Rightarrow x = 3 \text{ m}$$

$$M_{\max} = M(x = 3) = 27 \text{ kNm}$$

Determinar as reações de apoio e traçar os diagramas de esforços solicitantes da estrutura abaixo:



$$\frac{dM^2}{dx^2} = -p(x) = -q_0 \operatorname{sen} \frac{2\pi x}{l}$$

$$\begin{aligned} \frac{dM}{dx} = V(x) &= -q_0 \operatorname{sen} \frac{2\pi x}{l} dx \\ &= \frac{q_0 l}{2\pi} \cos \frac{2\pi x}{l} + C_1 \end{aligned}$$

$$M = \frac{q_0 l^2}{2^2} \cos \frac{2\pi x}{l} dx + C_1 x$$

$$= \frac{q_0 l}{4\pi^2} \operatorname{sen} \frac{2\pi x}{l} + C_1 x + C_2$$

$$M(0) = 0 \Rightarrow C_2 = 0$$

$$M(l) = 0 \Rightarrow C_1 = 0$$

Tem-se então:

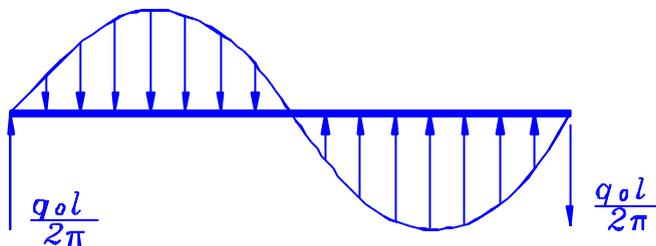
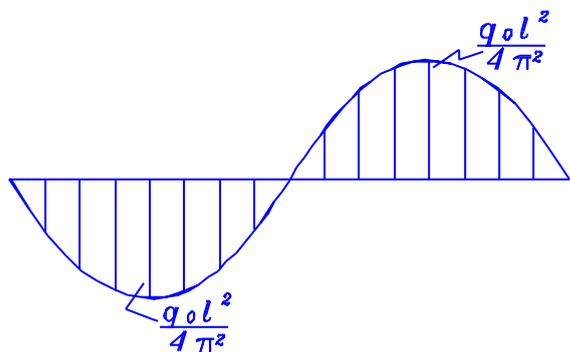
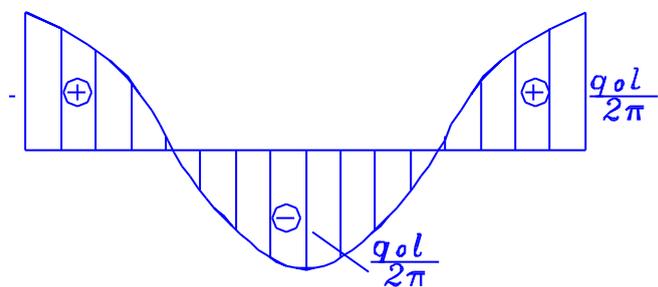
$$V(x) = \frac{q_0 l}{2\pi} \cos \frac{2\pi x}{l}$$

$$M(x) = \frac{q_0 l^2}{4\pi^2} \operatorname{sen} \frac{2\pi x}{l} = \frac{l^2}{4\pi^2} q(x)$$

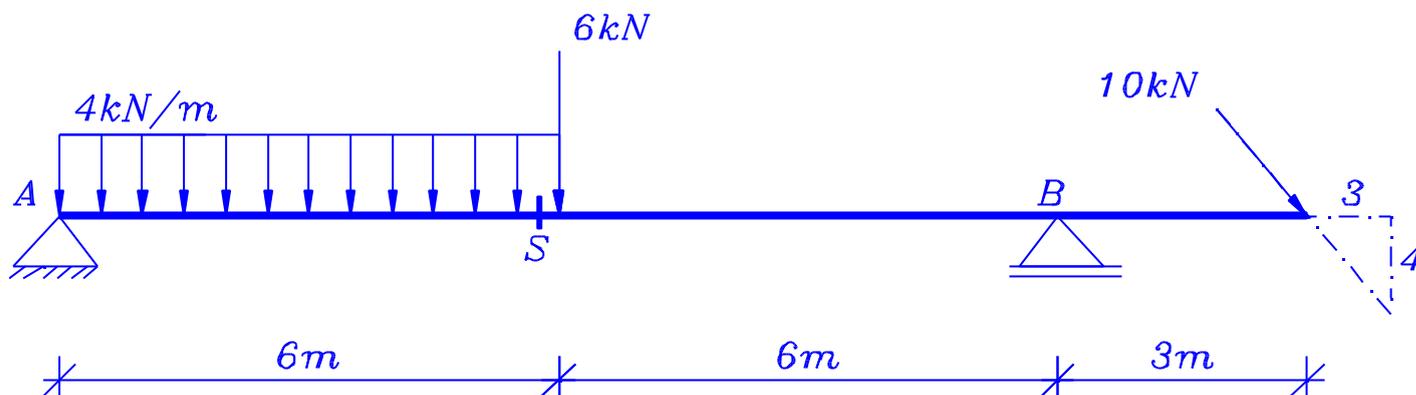
Reações:

$$Y_A = V(0) = \frac{q_0 l}{2\pi}$$

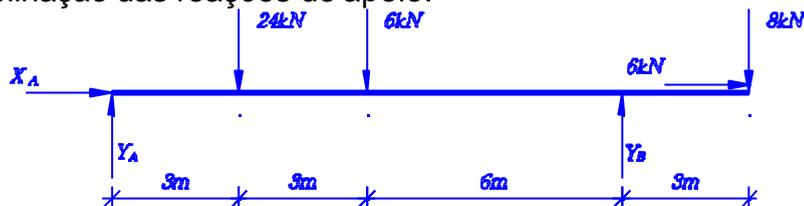
$$Y_B = -V(l) = -\frac{q_0 l}{2\pi}$$



3 - Determinar os esforços solicitantes na seção **S**:



Determinação das reações de apoio:

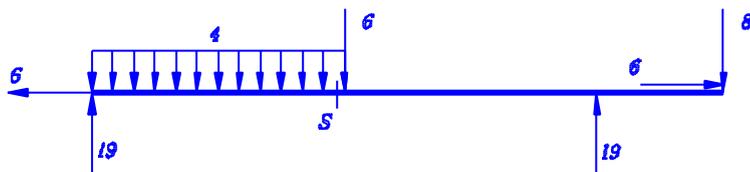


$$\sum X = 0 \Rightarrow X_A + 6 = 0 \therefore X_A = -6 \text{ kN}$$

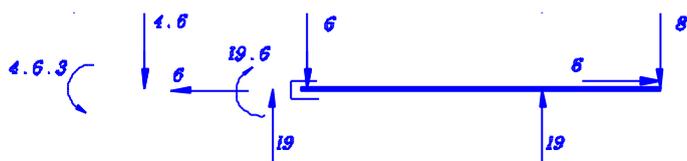
$$\sum Y = 0 \Rightarrow Y_A + Y_B = 24 + 6 + 8 = 38$$

$$\sum M_A = 0 \Rightarrow -24 \cdot 3 - 6 \cdot 6 + 12Y_B - 8 \cdot 15 = 0 \therefore Y_B = 19 \text{ kN}$$

$$Y_A = 38 - Y_B \therefore Y_A = 19 \text{ kN}$$



Determinação dos esforços solicitantes:



$$N_S = 6 \text{ kN}$$

$$V_S = 19 - 24 \therefore V_S = -5 \text{ kN}$$

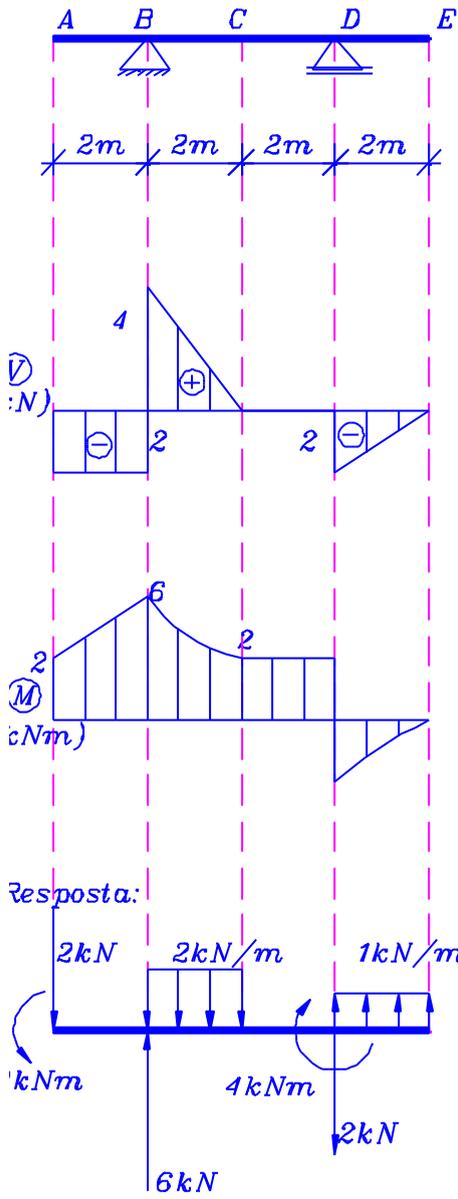
$$M_S = 19 \cdot 6 - 4 \cdot 6 \cdot 3 \therefore M_S = +42 \text{ kNm}$$



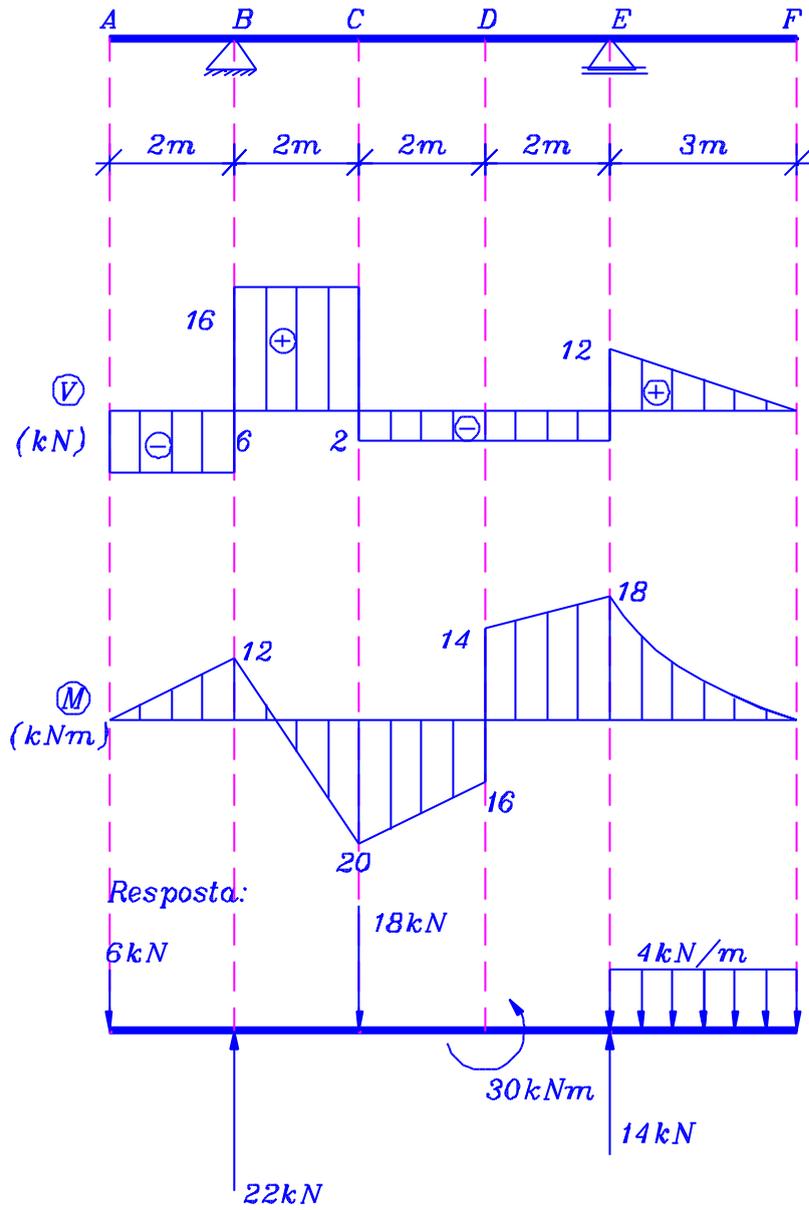
Sugestão: Para conferir os resultados obtidos, determine agora os esforços solicitantes vindo pela direita. Deverão ser obtidos os mesmos esforços solicitantes nos dois casos.

4 - A partir dos diagramas de V e M, determinar os esforços externos ativos e reativos:

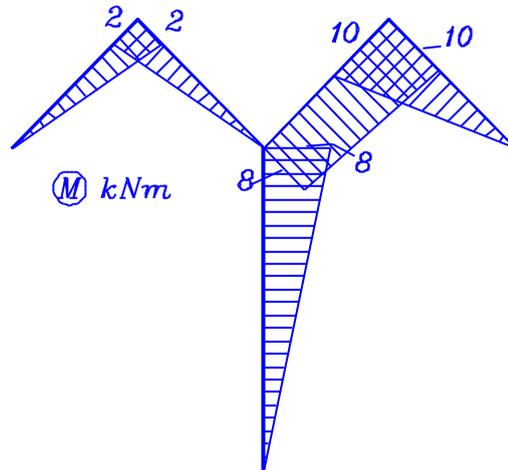
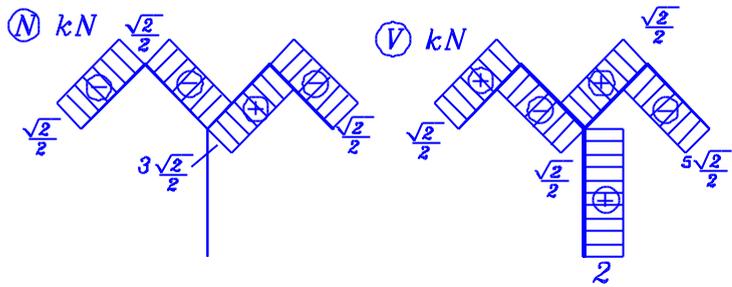
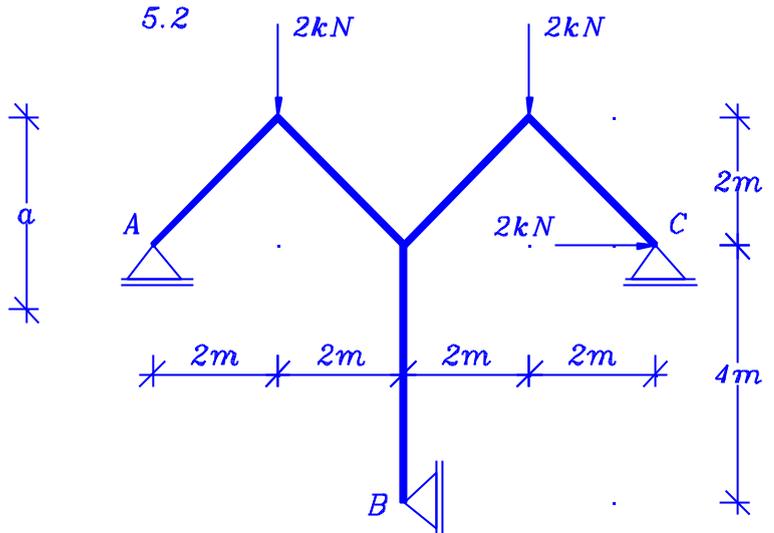
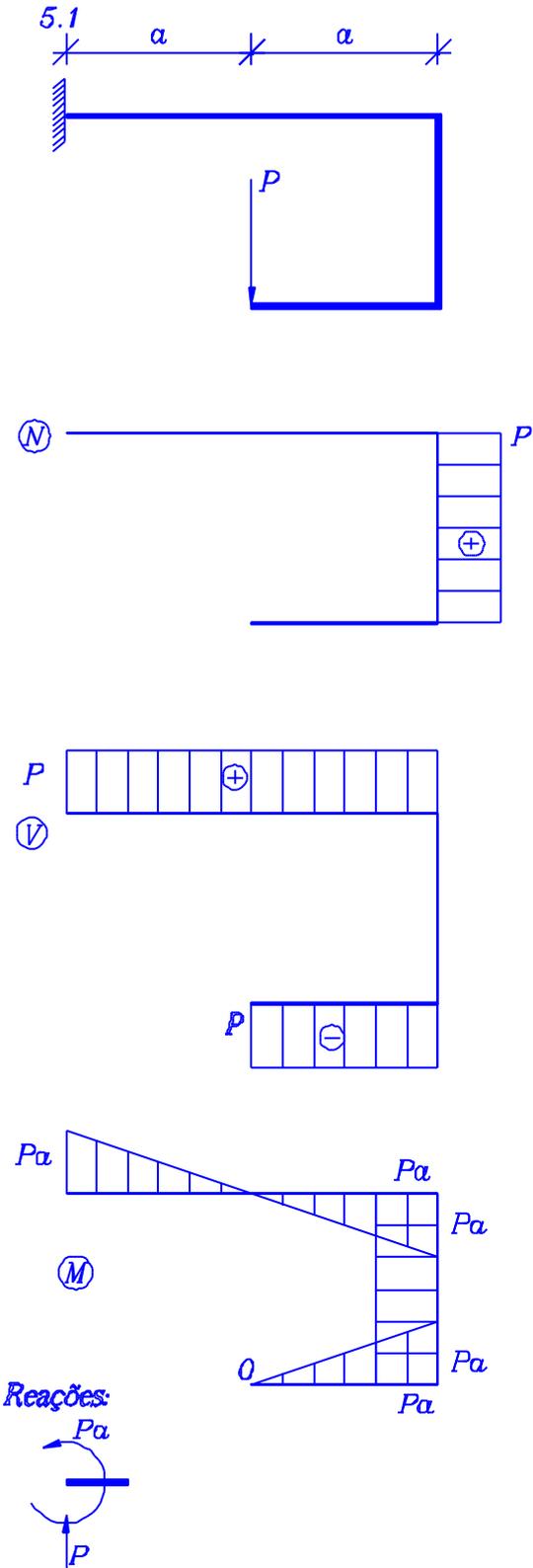
4.1)



4.2)



5 - Traçar os diagramas de esforços solicitantes:



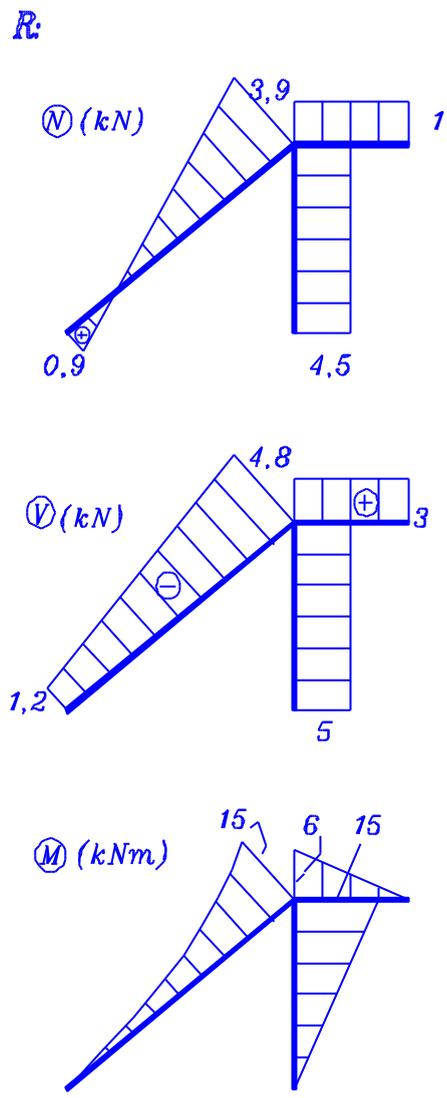
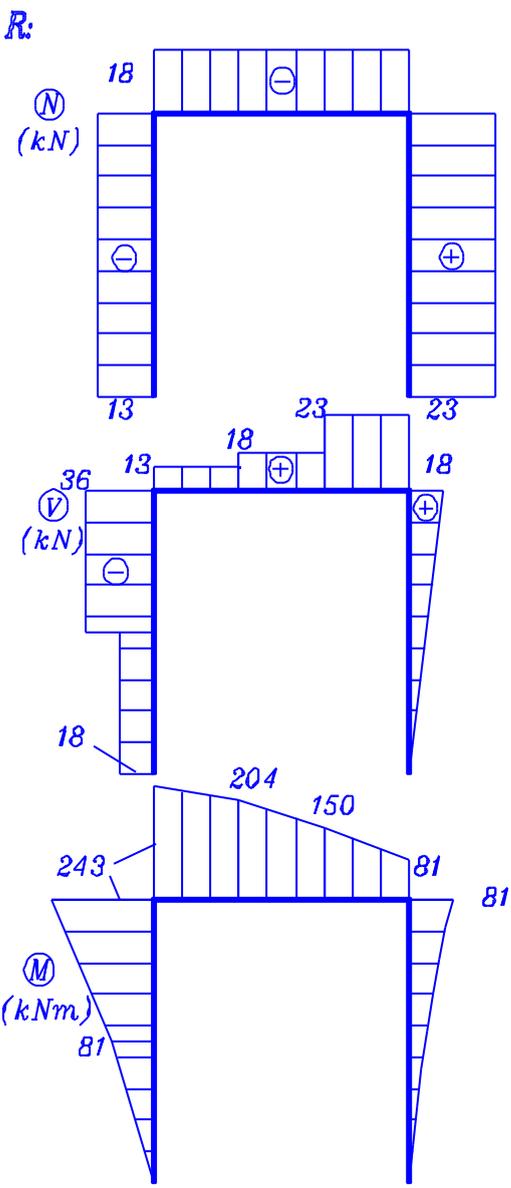
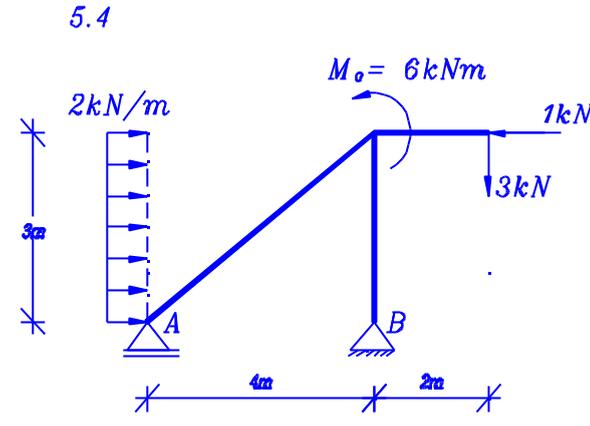
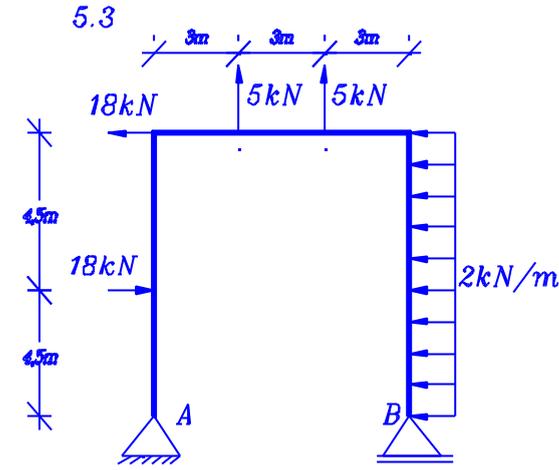
Reações de apoio (para 5.2):

$$\Sigma M_A = 0 \Rightarrow -2.2 - 2.6 + Y_C \cdot 8 + X_B \cdot 4 = 0$$

$$2.Y_C + X_B = 4 \dots \dots \dots (1)$$

$$\Sigma X = 0 \Rightarrow X_B = -2kN \leftarrow \dots [em(1)] \Rightarrow Y_C = 3kN \uparrow$$

$$\Sigma Y = 0 \Rightarrow Y_A + Y_C = 4 \Rightarrow Y_A = 1kN \uparrow$$



Reações de apoio:

$$\sum X = 0 \Rightarrow X_A = 2.9 + 18 - 18 = 18kN \rightarrow$$

$$\sum Y = 0 \Rightarrow Y_A + 5 + 5 + Y_B = 0 \dots \dots \dots (1)$$

$$\sum M_A = 0 \Rightarrow 18 \cdot 4.5 + 18 \cdot 9 + 5 \cdot 3 + 5 \cdot 6 + 18 \cdot 4.5 + Y_B \cdot 9 = 0 \Rightarrow Y_B = -23kN \downarrow$$

$$[em(1)] \Rightarrow Y_A = 13kN \uparrow$$

Reações de apoio:

$$\sum X = 0 \Rightarrow 3.2 - 1 + X_B = 0$$

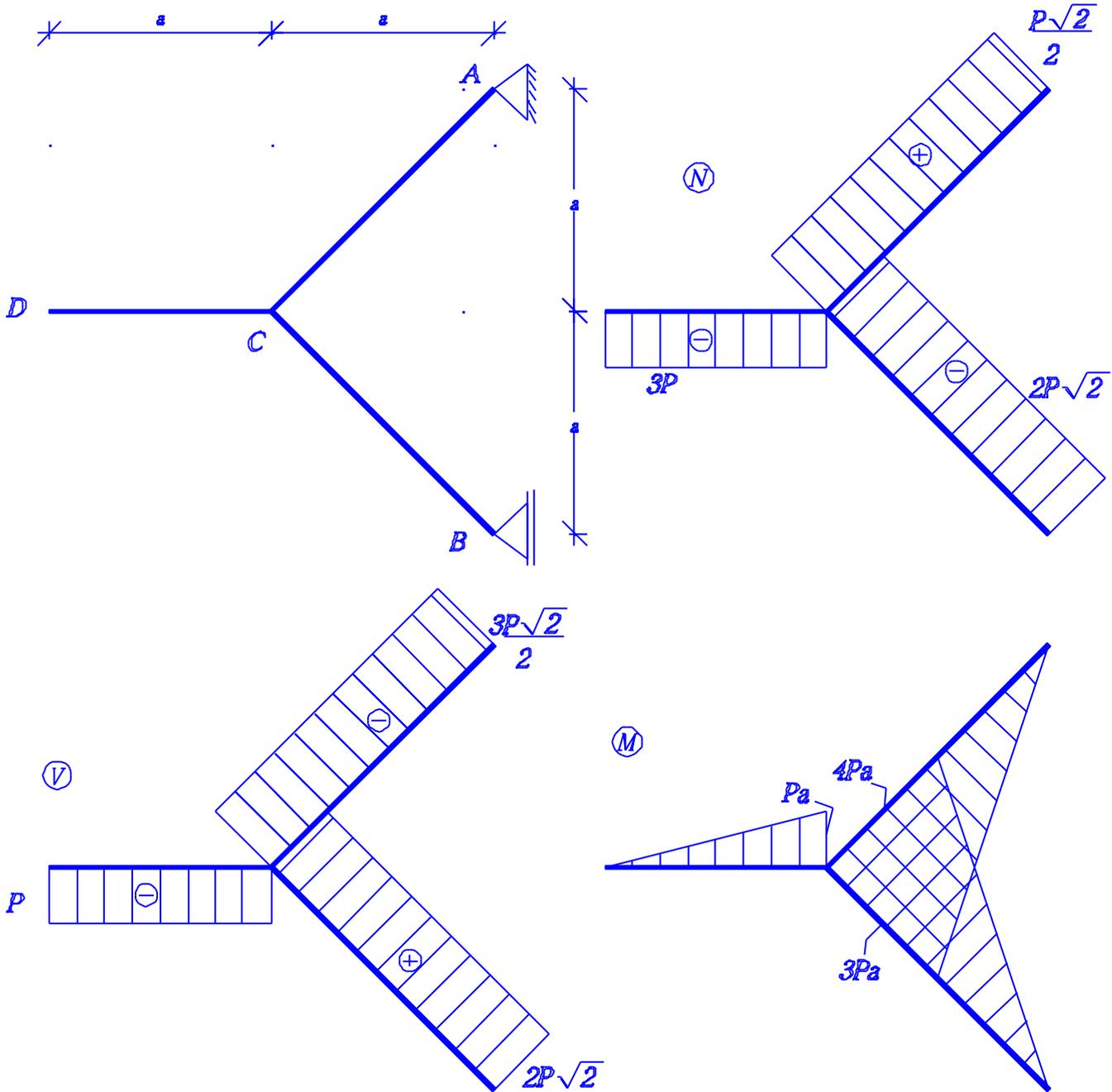
$$X_B = -5kN \leftarrow$$

$$\sum Y = 0 \Rightarrow Y_A + Y_B = 3 \dots \dots \dots (1)$$

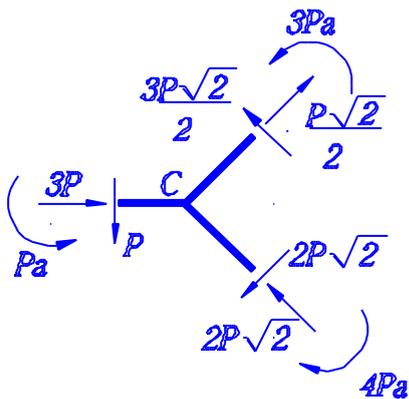
$$\sum M_A = 0 \Rightarrow -6 \cdot 1.5 + 6 + Y_B \cdot 4 - 3 \cdot 6 + 1 \cdot 3 = 0 \Rightarrow Y_B = 4.5kN \uparrow$$

$$[em(1)] \Rightarrow Y_A = -1.5kN \downarrow$$

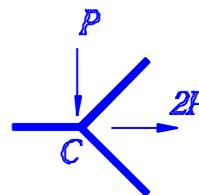
6 - A estrutura da figura está em equilíbrio sob a ação de um determinado carregamento. Conhecidos os diagramas de esforços solicitantes, pede-se isolar o **nó C** e indicar os esforços solicitantes e os esforços externos que nele atuam:



Respostas:

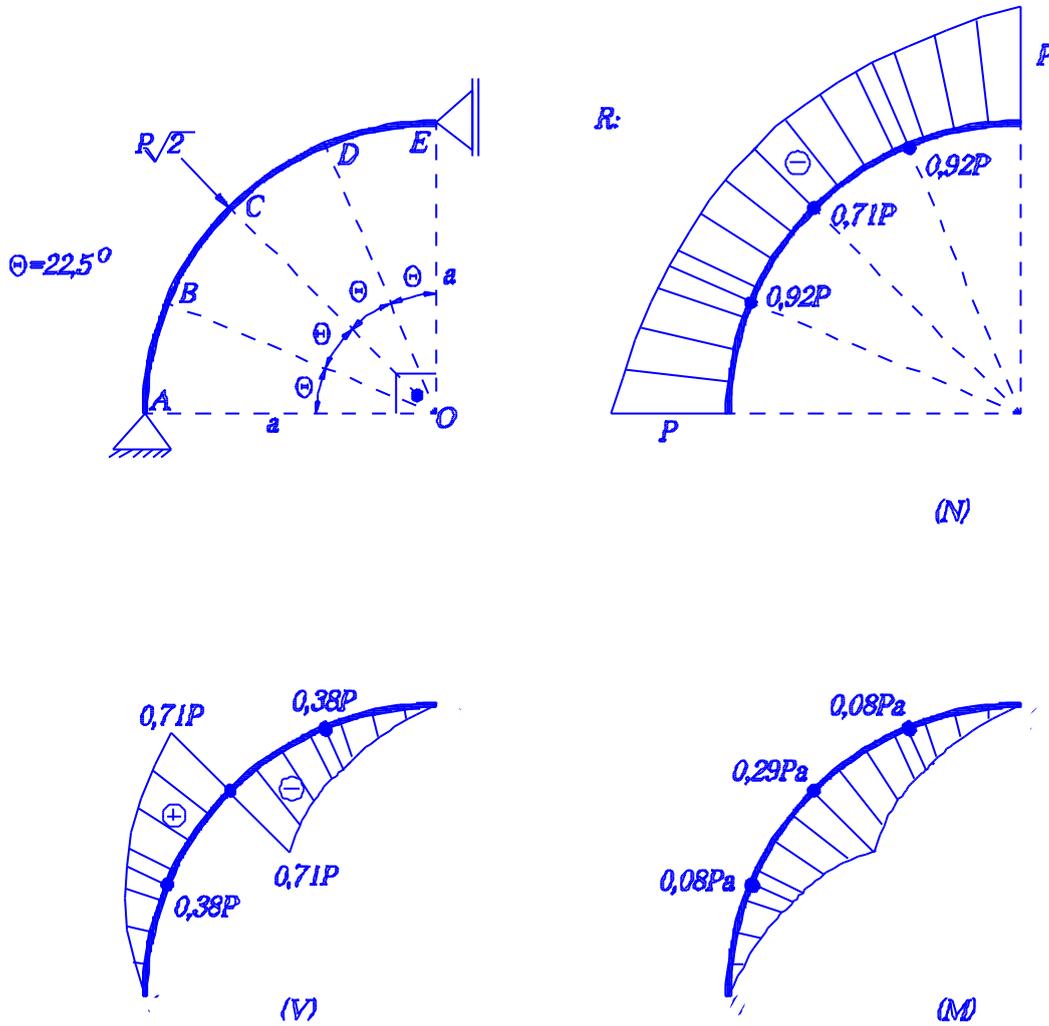


Esforços solicitantes



Esforços externos

7 - Determinar N, V e M nas seções A,B,C,D e E e traçar os diagramas de esforços solicitantes:



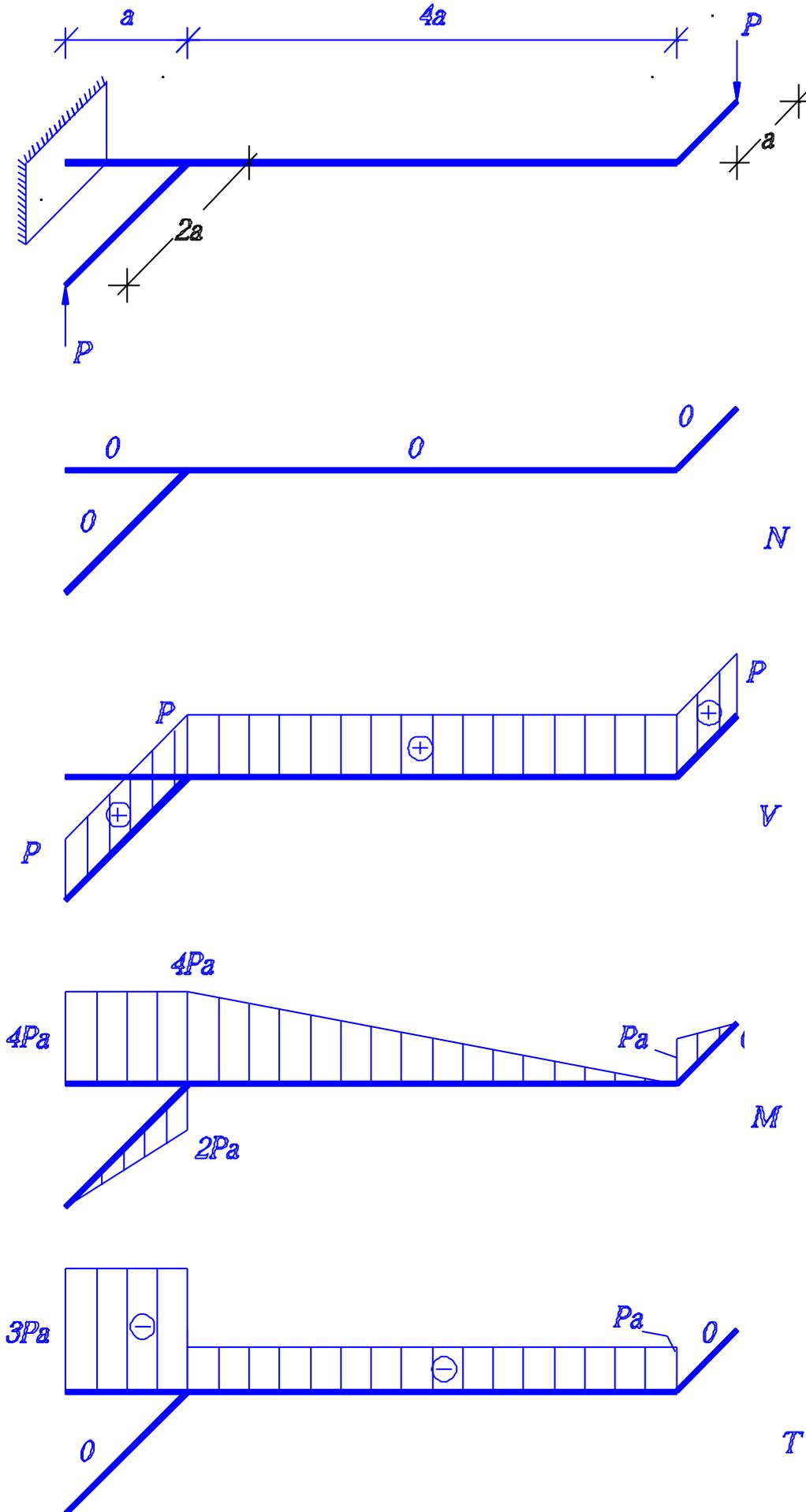
Reações de apoio:

$$\Sigma X = 0 \Rightarrow P\sqrt{2} \cdot \frac{\sqrt{2}}{2} + X_A + X_E = 0 \dots \dots \dots (1)$$

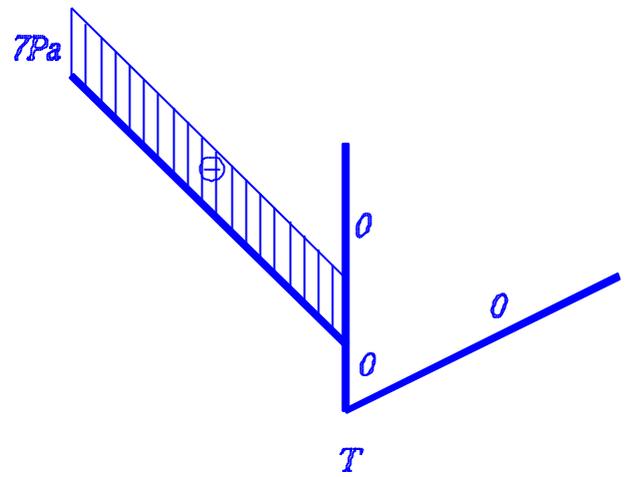
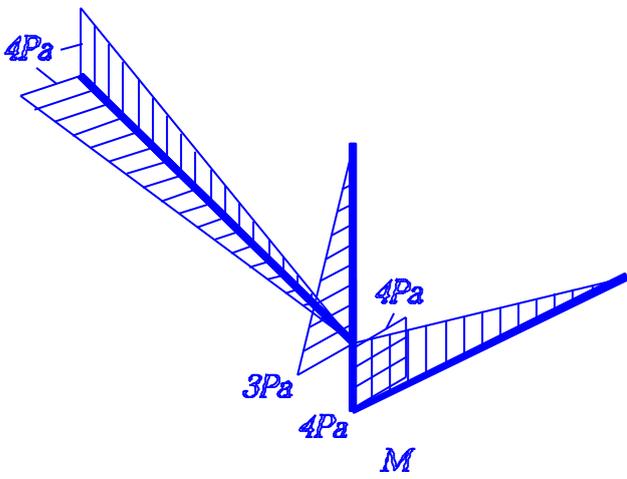
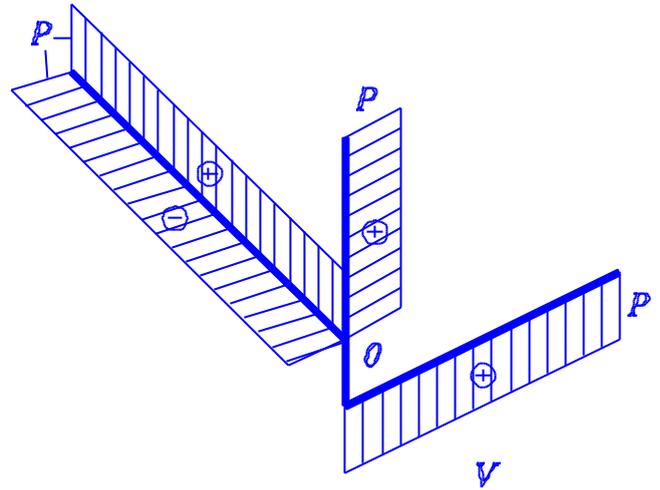
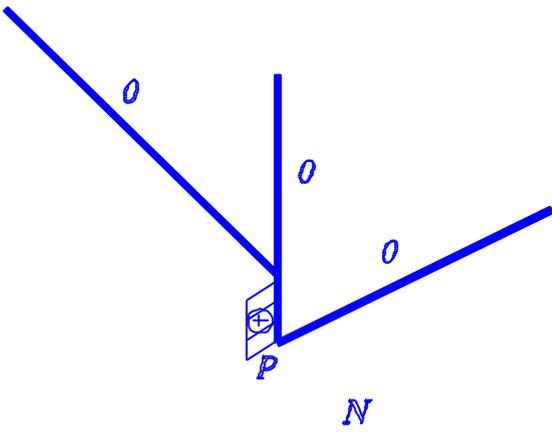
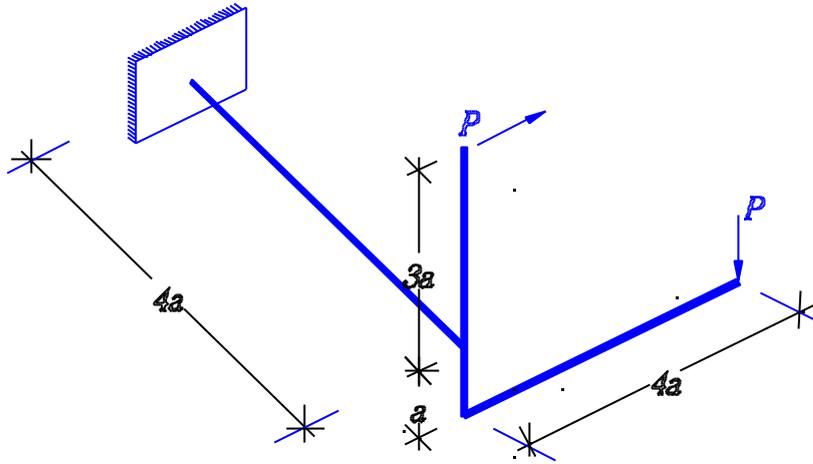
$$\Sigma Y = 0 \Rightarrow Y_A - P\sqrt{2} \cdot \frac{\sqrt{2}}{2} = 0 \Leftrightarrow Y_A = P \uparrow$$

$$\Sigma M_O = 0 \Rightarrow -X_E \cdot a - Y_A \cdot a = 0 \Leftrightarrow X_E = -Y_A \Rightarrow X_E = P \leftarrow \dots [em(1)] \Rightarrow X_A = 0$$

8 - Traçar os diagramas de esforços solicitantes:

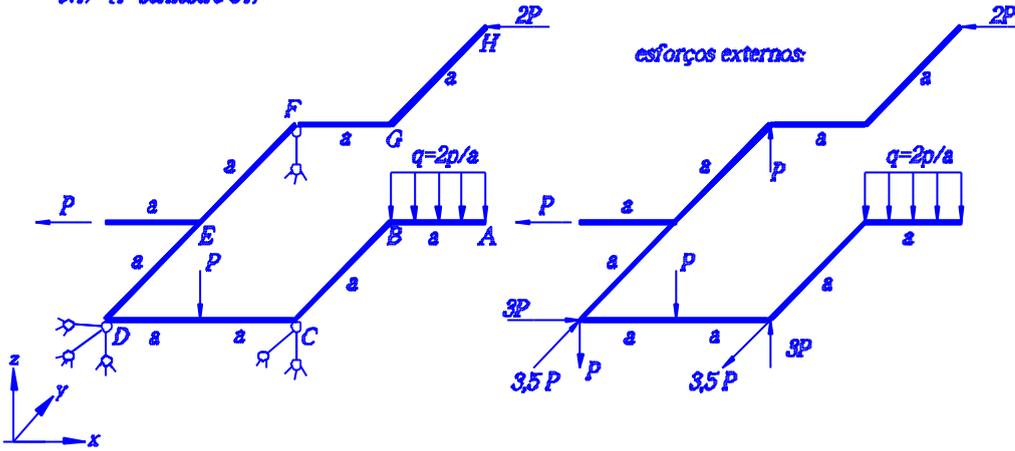


8.2)



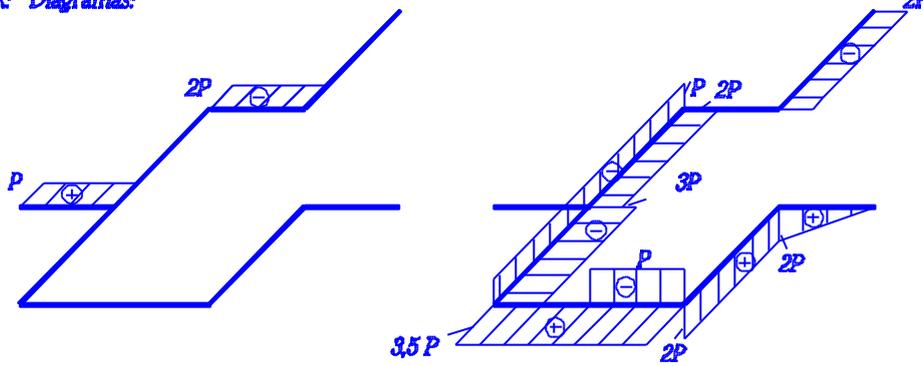
9 - Determinar as reações de apoio e traçar os diagramas de esforços solicitantes:

9.1) [1º semestre 81]



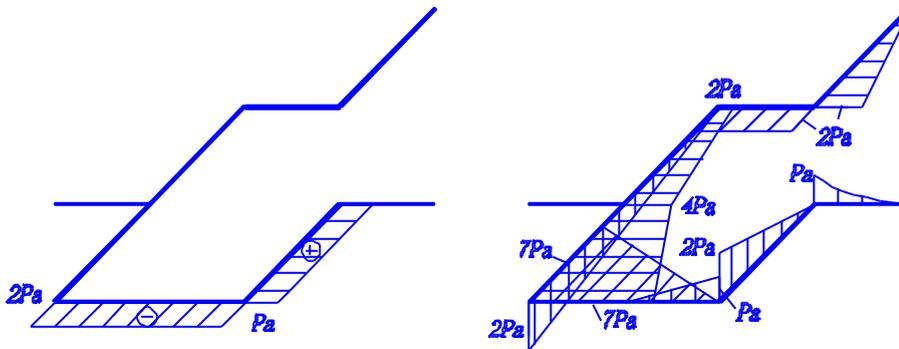
esforços externos:

R: Diagramas:



N

V



T

M

Cálculo das

reações:

Adotando-se inicialmente todas as reações com sentido concordando com a orientação de seus respectivos eixos, tem-se:

$$\vec{R} = 0 \Rightarrow X_D = 3P$$

$$\Rightarrow Y_C + Y_D = 0$$

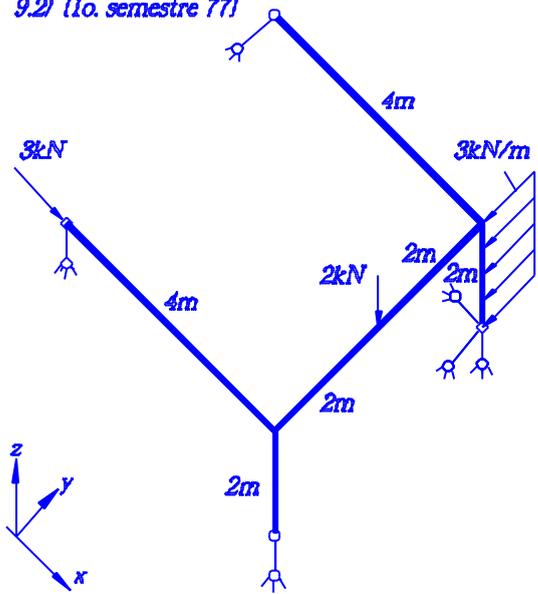
$$\Rightarrow Z_C + Z_D + Z_F = 3P$$

$$\bullet \Sigma M_{D,x} = 0 \Rightarrow 2Pa = 2a \cdot Z_F \Rightarrow Z_F = P$$

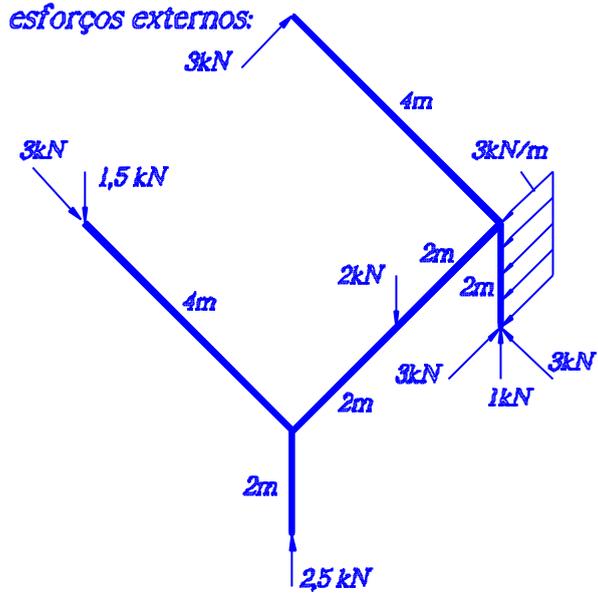
$$\bullet \Sigma M_{D,y} = 0 \Rightarrow Pa + 2P \frac{5}{2}a = Z_C \cdot 2a \Rightarrow Z_C = 3P \Rightarrow Z_D = -P$$

$$\bullet \Sigma M_{D,z} = 0 \Rightarrow Pa + 2P \cdot 3a + Y_C \cdot 2a = 0 \Rightarrow Y_C = -3,5P \Rightarrow Y_D = 3,5P$$

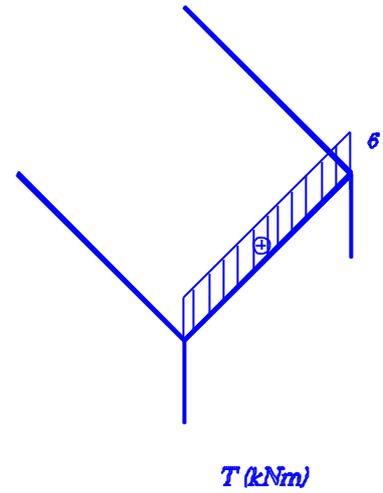
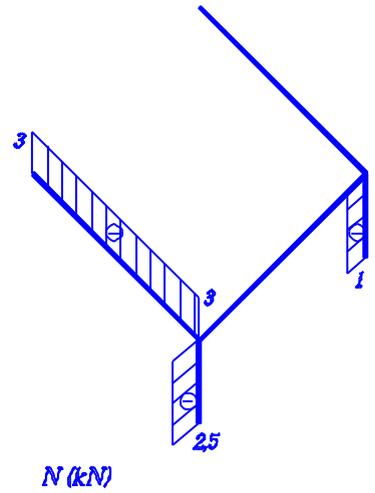
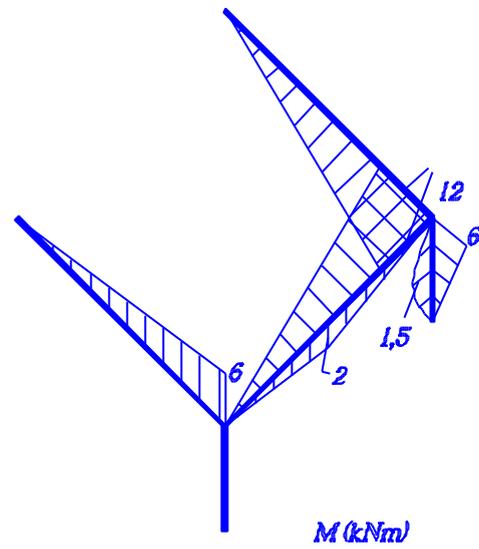
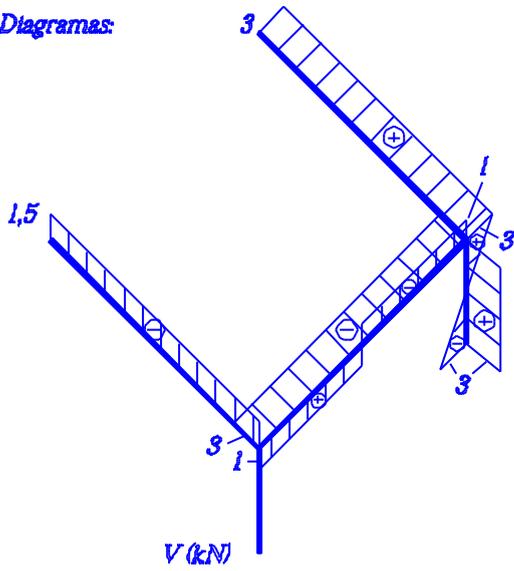
9.2) (1o. semestre 77)



esforços externos:



Diagramas:



Cálculo das reações:

$$\vec{R} = 0 \Rightarrow X_B + 3 = 0 \Rightarrow X_B = -3kN$$

$$\Rightarrow Y_B + Y_D = 6$$

$$\Rightarrow Z_A + Z_B + Z_C = 2$$

$$\bullet \sum M_{B,Y} = 0 \Rightarrow Z_C \cdot 4 + 3 \cdot 2 = 0 \Rightarrow Z_C = -1,5kN$$

$$\bullet \sum M_{B,Z} = 0 \Rightarrow Y_D \cdot 4 = 3 \cdot 4 \Rightarrow Y_D = 3kN \Rightarrow Y_B = 3kN$$

$$\bullet \sum M_{B,X} = 0 \Rightarrow Z_A \cdot 4 + Z_C \cdot 4 + Y_D \cdot 2 = 2 \cdot 2 + 6 \cdot 1 \Rightarrow Z_A = 2,5kN \Rightarrow Z_B = 1kN$$