

Pemphigus: a Comprehensive Review on Pathogenesis, Clinical Presentation and Novel Therapeutic Approaches

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Abstract

Pemphigus is a group of rare, potentially devastating autoimmune diseases of the skin and mucous membranes with high morbidity and potentially lethal outcome. The major clinical variant, pemphigus vulgaris (PV) is caused by a loss of intercellular adhesion of epidermal keratinocytes which is induced by IgG autoantibodies against components of desmosomes. Specifically, IgG against the desmosomal adhesion proteins, desmoglein 3 (Dsg3) and desmoglein 1 (Dsg1), preferentially target their ectodomains which are presumably critical for the transinteraction and signalling function of these adhesion molecules. There is a close immunogenetic association of PV with the human leukocyte antigen (HLA) class II alleles, HLA-DRB1*04:02 and HLA-DQB1*05:03. These have been shown to be critical for the presentation of immunodominant peptides to autoreactive CD4+ T helper cells. The importance of autoaggressive T-B cell interaction in the induction of pathogenic IgG autoantibodies which directly cause epidermal loss of adhesion has been demonstrated both clinically (by the use of the anti-CD20 monoclonal antibody rituximab) and experimentally (in PV mouse models). The strong association of clinically active pemphigus with autoantibodies of the IgG₄ and IgE subclasses strongly suggests that T helper 2 cells are critical regulators of the immune pathogenesis of pemphigus. Novel therapeutic approaches target autoreactive T and B cells to specifically interfere with the T cell-dependent activation of B cells leading to the generation of autoantibody-producing plasma cells. Our improved understanding of the autoantibody-driven effector phase of pemphigus has led to the introduction of novel therapies that target pathogenic autoantibodies such as immunoadsorption and drugs that block pathogenic autoantibody-induced cell signalling events.

Keywords Pemphigus · Pemphigus vulgaris · Pemphigus foliaceus · Autoantibodies · Pathogenesis · Diagnostics · Treatment · Mouse models

Introduction

Pemphigus encompasses a group of life-threatening autoimmune bullous diseases characterized by flaccid blisters and erosions of the mucous membranes and skin [1] (Table 1). The underlying loss of epidermal cell-adhesion is caused by IgG autoantibodies against the desmosomal adhesion proteins, desmoglein 3 (Dsg3) and/or Dsg1, on epidermal keratinocytes. In general, anti-Dsg IgG serum concentrations relate to the clinical activity of pemphigus [1–3]. The presence of anti-Dsg3 IgG and anti-Dsg1 IgG is in general well-correlated to a distinct

Michael Hertl hertl@med.uni-marburg.de clinical phenotype, i.e., mucosal and cutaneous involvement, respectively [4]. Pemphigus vulgaris (PV), the major clinical variant, is rare and is linked to distinct human leukocyte antigen (HLA) class II alleles, namely HLA-DRB1*04:02 and HLA-DQB1*05:03 [5-10]. Based on its well-characterized immune pathogenesis with precisely identified autoantigens showing a tissue-specific expression pattern, PV can be considered as a paradigm of an organ-specific autoimmune disorder. Clinically, PV poses a therapeutic challenge for the clinician and is associated with high mortality [1, 11-13]. The therapeutic mainstay of pemphigus are systemic glucocorticoids which cause considerable co-morbidities upon chronic use [1, 14]. Immunosuppressants have a glucocorticoid-sparing effect but are not morbostatic per se [14]. Thus, there is urgent need to treat pemphigus more specifically and to reduce side effects of treatment. The B cell targeting mAb, rituximab has shown great promise in inducing clinical remissions [15–17]. Still, long-term clinical remissions require repeated immunosuppressive treatment with rituximab. We will describe here therapeutic options

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which are based on our improved understanding of the immune pathogenesis of pemphigus.

Pemphigus Vulgaris (PV)

PV is the most common clinical pemphigus variant with an incidence of $0.1-0.5/10^5$ persons without a sex preference. PV affects preferentially adults with a peak at the 4th–6th decade while children and elderly are rarely affected [1]. Juvenile PV in young adults below the 3rd decade is extremely rare and shows a clinical course with preferential involvement of the oral mucosa as in adulthood. Prior to the advent of systemic corticosteroids and immunosuppressants, the prognosis of pemphigus was fatal within 5 years and reached a mortality of 50% already after 2 years as the consequence of secondary complications including infections and malnutrition [14]. Upon treatment with corticosteroids, the mortality of PV has decreased to 10% although there is still a significant morbidity due to chronic immunosuppressive therapy such as infections.

The etiology of PV is largely unknown. Among the factors discussed are environmental agents, infections, drugs and tumors. A major confounding factor is the significant association of PV with distinct human leukocyte antigen (HLA) class II alleles. Specifically, an increased prevalence of PV in distinct ethnic groups such as Jews, Iraqi, Indians and Iranians is well-known. This is explained by the high prevalence of distinct HLA class II alleles in these ethnic groups which are associated with PV. In addition to HLA-DRB1*0402 in Jewish people [6] and HLA-DQB1*0503 in non-Jewish populations [5, 7], PV is also associated with HLA-G and the transporter associated processing (TAP) gene [18].

In most instances, PV initially manifests as painful erosions of the oral mucosa (70%) or the genital mucosa (20%), rarely also with erosions of the conjunctivae which are extremely painful and tend to progress [1, 11]. Other affected sites are lips, palate, cheeks and gingiva. When larynx and pharynx are also involved, acute hoarseness is a clinical hallmark. However, intact bullae are hard to find at the oral mucosa rather than painful erosions with remnants of blisters in the periphery. Affected patients are severely impaired with eating, swallowing and talking. Accompanying symptoms are sialorrhoea, bloody saliva and fetor ex ore. Esophageal involvement is rare. The majority of the patients develop flaccid blisters on the trunk, preferentially on the seborrheic skin areas which transform into slowly healing crusty erosions with a tendency to progression (Fig. 1a-c). The initial (mucosal) lesions of PV are often misdiagnosed as herpetic infection, aphthosis, oral candidosis, erosive lichen planus or gingivitis without major therapeutic success (Fig. 1d-f). For this reason, a diagnostic biopsy and immune serological diagnostics to rule out pemphigus are essential.

Pemphigus Foliaceus (PF)

PF is much rarer than PV and occurs as a sporadic form (Cazenave type) and a related endemic form which mainly occurs in Brazil (pemphigus braziliensis or fogo selvagem) and North Africa (Tunisia). In general, epidemic PF is associated with skin lesions only which may preferentially occur at the seborrheic skin areas, i.e., scalp, face, chest and shoulders. Initially, PF presents with flaccid bullae and later on, with ery-thematous hyperkeratotic plaques and scaly crusts at the seborrheic body sites (Fig. 2). Eventually, if left untreated, the lesions

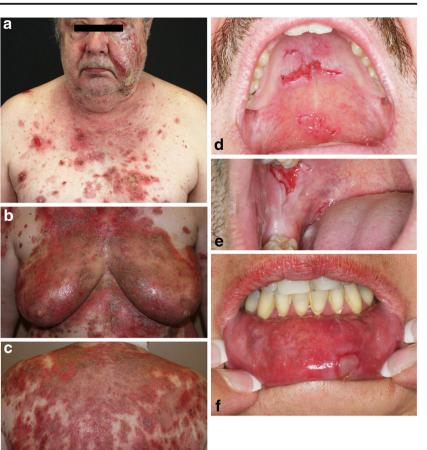
 Table 1
 Classification of

 pemphigus variants based on the
 involved autoantigens

Clinical variant	Ig subtype	Autoantigen	
Pemphigus vulgaris		Dsg3, Dsg1, Dsc1–3, plakoglobin cholinergic receptors, pemphaxin, E-cadherin	
Mucosal dominant-type	IgG	Dsg3	
Mucocutaneous-type	IgG	Dsg3, Dsg1	
Pemphigus vegetans	IgG	Dsg3, Dsc	
Herpetiform pemphigus	IgG	Dsg1, Dsg3, Dsc	
Pemphigus foliaceus	IgG	Dsg1	
Pemphigus seborrhoicus	IgG	Dsg1	
Pemphigus erythematosus	IgG	Dsg1	
Atypical pemphigus	IgG/IgA	Dsc1-Dsc3	
Paraneoplastic pemphigus	IgG	Dsg3, Dsg1, plectin, epiplakin/periplakin, desmoplakin I/II, BP230, BP180, Dsc1-3,	
		A2ML1	
IgA pemphigus			
SPD-type	IgA	Dsc1	
IEN-type	IgA	Dsg3, (Dsg1)	

A2ML1, alpha 2 macroglobulin like-1; BP230, bullous pemphigoid 230; Dsc, desmocollin; Dsg, desmoglein

Fig. 1 Pemphigus vulgaris (PV). Extensive, partly confluent erosions in the seborrheic areas of the face and upper thorax (**a**), trunk (**b**) and shoulders (**c**). Sharply demarcated erosions of the palate (**d**) and upper jaw (**e**) and flaccid blister at the mucosal surface of the lower lip (**f**)



may progress and lead to erythroderma accompanied by pruritus and burning of the skin. As in PV, there is no sex predilection. Localized PF variants, which mainly affect the seborrheic areas of the face and scalp, are pemphigus seborrhoicus and pemphigus erythematosus which is associated with antinuclear antibodies. These PF variants do occur in children but are rare as PF is less frequently found in children than PV [19].

Brazilian PF ("fogo selvagem") is an endemic variant of PF which occurs in the rural areas of Limao Verde. Clinically, it resembles sporadic PF but is more frequent in children and young adults [19]. In the endemic regions, there is a greater prevalence of anti-Dsg1 IgG autoantibodies also in clinically healthy individuals. A local rural factor is considered as the initiator of the autoimmune response against Dsg1 such as the saliva of endemic sand flies [20].

Paraneoplastic Pemphigus (PNP)

PNP is a pemphigus variant which is part of an autoimmune syndrome associated with neoplasms of various origins. Clinically, PNP is usually characterized by painful, extensive mucosal erosions and lichenoid papules of the extremities (Fig. 3). Characteristic is the pronounced mucositis and variable skin lesions ranging from erythema multiforme, lichenoid papules, extensive erythemas with epidermolysis which may transform into toxic-epidermal necrolysis. PNP is mostly associated with lymphoproliferative disorders such as chronic lymphocytic leukemia, plasmocytoma, Castleman's disease and B cell lymphoma. Concomitant thymoma is also relatively common [21]. Unlike other pemphigus disorders, loss of adhesion of the lung epithelium (obliterating bronchiolitis), which is linked to the presence of anti-plakin autoantibodies, can be fatal.

PNP should be a consideration if mucosal lesions show a clear progression despite initiation of immunosuppressive treatment with systemic glucocorticoids and/or adjuvant immunosuppressants. In the case of PNP, perilesional biopsies reveal a mixed epidermal keratinocyte surface staining of tissue-bound IgG and/or complement and IgG and/or C3 deposits at the dermal-epidermal basement membrane zone. In addition, PNP sera do not only bind the surface of epithelial cells of monkey esophagus but also to plakin-rich urinary bladder epithelium which is not targeted by PV sera.

PNP is primarily associated with IgG autoantibodies against several members of the plakin family such as the desmosomal plaque proteins desmoplakin I, II, envoplakin, periplakin and against hemidesmosomal adhesion molecules such as plektin and BP230 [22–25]. Recently, we identified a PNP patient with

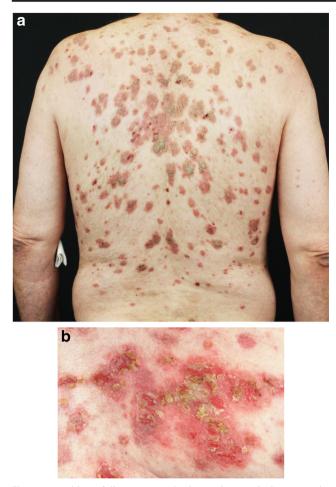


Fig. 2 Pemphigus foliaceus (PF). Scaly erosions and plaques at the seborrheic areas of the trunk (a), scaly superficial erosions clearly visible at higher magnification (b)

IgG reactivity against BP180 [26]. The 170 kD autoantigen, which is recognized by the majority of PNP sera and thus of high diagnostic value, has been recently identified as the protease inhibitor, alpha-2 macroglobulin-like 1 (A2ML1). The role of A2ML1-specific IgG autoantibodies in the pathogenesis of PNP is yet unclear [29].

Once the diagnosis of PNP is established by immunoserological measures, a thorough work-up should be

Fig. 3 Paraneoplastic pemphigus. Extensive erosions of the conjunctivae and oral mucosa and lips (**a**) and polymorphic erythemas of the palmae (**b**)

performed to identify or exclude associated internal malignancies, in particular lymphatic disorders as mentioned above. The overall prognosis of PNP is closely linked to effective treatment of the underlying malignancy.

Rare Pemphigus Variants

A rare (<5%) variant of PV is pemphigus vegetans which presents with hypertrophic vegetating plaques preferentially at the intertriginous body areas, i.e., inguinal, anogenital and neck region. The chronic vegetating lesions are consequence of the incomplete and persisting wound healing of chronic erosions. The more aggressive Neumann type presents with centrifugally developing purulent hypertrophic, papillomatous, partly verruciform plaques of the intertriginous body folds and lips, more rarely on the trunk and extremities with a fetid odor. The less aggressive Hallopeau type is associated with vegetating plaques and concomitant pustules. Pemphigus herpetiformis presents with herpetiform flaccid cutaneous bullae, mucosal involvement is rare [1, 11].

IgA Pemphigus

IgA pemphigus is characterized clinically rather by pustules than by flaccid blisters. Characteristic are annular pustular lesions which are more strongly pronounced at the periphery (Fig. 4). Mucosal involvement is rare. IgA pemphigus may be associated with gammopathies and hematological disorders. Direct immunofluorescence microscopy (DIF) of perilesional skin shows IgA deposits on the surface of epidermal keratinocytes in a netlike pattern. By indirect IF (IIF) (ca. 50%), IgA pemphigus sera show anti-epithelial IgA antibodies which bind to the surface of epithelial cells of monkey esophagus in a netlike pattern. Two variants of IgA pemphigus can be distinguished: intraepidermal neutrophilic disease is commonly associated with IgA antibodies against Dsg1 or Dsg3, and a subcorneal pustular dermatosis which is associated with IgA against desmocollin 1 (Dsc1) [28–30].

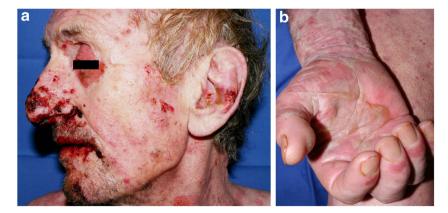




Fig. 4 IgA pemphigus. Erythematous plaques with peripheral scaly pearl-like erosions of the trunk (a)

Diagnostic Work-Up

Pemphigus presents with a broad spectrum of clinical symptoms. The mainstay of diagnostics consists of histopathology (loss of epidermal adhesion), DIF and IIF which are complemented by the serological detection of IgG autoantibodides against distinct autoantigens by ELISA and immunoblot analysis [1, 11].

By histopathology, pemphigus is characterized by an intraepidermal loss of cellular adhesion. PV shows acantholysis as a consequence of suprabasal loss of epidermal keratinocyte adhesion (Fig. 5a). Single or grouped acantholytic cells can be retrieved by smears from blisters or erosions (Tzanck test). Acantholysis is also present in hair follicles and the ducts of sebaceous glands. Characteristic is eosinophilic spongiosis, i.e. the influx of eosinophils which is associated with loss of epidermal cell-cell adhesion. In PF, acantholysis is more superficial, i.e., subcorneal at the level of the stratum spinosum. Pemphigus vegetans shows extensive epidermal acanthosis and papillomatosis, acantholytic areas and a marked neutrophilic and eosinophil-rich infiltrate with intraepidermal pustules. IgA pemphigus is also associated with the epidermal influx of neutrophils. PNP shows, in addition to acantholysis, a band-like lichenoid dermal infiltrate.

Critical for the diagnosis of pemphigus is the detection of tissue-bound and serum IgG or IgA autoantibodies by DIF and IIF. For proper DIF diagnostics, biopsies are taken from perilesional skin as tissue inflammation may lead to rapid degradation of tissue-bound autoantibodies. Tissues samples are stored in Michel's medium or saline solution [14]. DIF show deposits of IgG and/or C3 on the surface of epidermal keratinocytes with a netlike intraepidermal staining pattern (Fig. 5b).

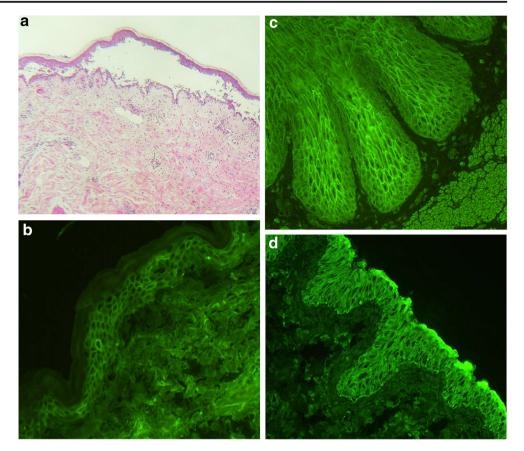
IIF of patients' sera is performed on different substrates including monkey esophagus (Fig. 5c), human skin and rat or rabbit urinary bladder epithelium (Fig. 5d). Upon incubation of the pemphigus sera with these substrates, IIF shows a netlike cell surface staining with IgG and IgA deposits on the surface of epithelial cells. The sensitivity of IIF in detecting desmosomal autoantibodies is in the range of 80–90%. Monkey esophagus is the main substrate for the detection of Dsg autoantibodies, while rat or monkey urinary bladder serve as a substrate for the detection of plakin-specific IgG. Cell surface deposits of serum IgG on monkey esophagus epithelial cells by IIF are also found in individuals with IgG against certain blood group factors which may cross-react. Antibodies against desmoplakin with the identical staining pattern on monkey esophagus are occasionally seen in patients with severe erythema multiforme.

The identification of the autoantigens of pemphigus has significantly improved the serological diagnosis and classification of this group of immunobullous skin disorders. The major autoantigens of pemphigus, Dsg1 and Dsg3, are available in recombinant form and are widely used to identify and monitor IgG autoantibodies by ELISA. PV with exclusive involvement of the mucous membranes is associated with IgG against Dsg3, while the mucocutaneous variant of PV is associated with both, anti-Dsg1 and anti-Dsg3 IgG. In contrast, PF is characterized by IgG against Dsg1 only. Mucosal involvement in PF is extremely rare. In PV, in addition to anti-Dsg IgG, autoantibodies against other desmosomal adhesion molecules, such as Dsc and plakins, as well as non-related proteins such as acetyl choline receptors and pemphaxin, have been reported [31–33]. The pathogenic significance of the latter autoantibodies has not yet been proven. As the concentrations of serum IgG autoantibodies against Dsg1 and Dsg3 generally correlate with the clinical activity, Dsg ELISA is also considered as a good serological marker of disease activity in pemphigus. Anti-Dsg autoantibodies are mainly of the IgG4 and IgE subtypes and are presumably regulated by autoreactive T helper 2 cells.

Immunoblot and immune precipitation are additional immune serological assays which are of secondary importance for routine diagnostics. However, immunoblot assays with recombinant autoantigenic proteins are available in specialized laboratories to complement the commercially available Dsg ELISA in cases of atypical pemphigus or PNP. In atypical pemphigus, IgG autoantibodies against Dsg1 and Dsg3 are not detectable in the patients' sera. In these cases, the Dsc, particularly Dsc3 represent the major autoantigen(s) [34, 35]. The pathogenicity of anti-Dsc3 IgG has been shown ex vivo with IgG purified from patients' sera. Anti-Dsc3 IgG has been also identified in PNP, pemphigus vegetans and pemphigus herpetiformis [35].

Dsg-Specific IgG Autoantibodies

A critical role of Dsg-specific autoantibodies in the pemphigus pathogenesis was confirmed by clinical observations and **Fig. 5** Diagnostics in pemphigus. Suprabasilar loss of keratinocyte adhesion (**a**) by histopathology of lesional skin, IgG deposits on the surface of epidermal keratinocytes with a netlike epidermal staining pattern by direct immunofluorescence microscopy (DIF) (**b**), netlike staining pattern of PV sera monkey esophagus (**c**) and rat urinary bladder (**d**) by indirect IF



various in vitro and in vivo studies. The emergence of Dsgspecific autoantibodies in pemphigus patients and a general correlation of autoantibody titers with disease activity indicate a tight connection between Dsg-specific autoantibodies and disease development and progression [36–40]. Furthermore, due to diaplacentar transfer of maternal autoantibodies, newborns of mothers suffering from pemphigus also develop intraepidermal blisters [41, 42]. In animal models, passive transfer of purified patient IgG or Dsg-specific IgG and the transfer of Dsg3-specific lymphocytes lead to a pemphiguslike phenotype [43–49]. In vitro, Dsg-specific autoantibodies lead to keratinocyte dissociation induced by the loss of desmosomal integrity [50–56].

Although anti-Dsg IgG serum concentrations generally correlate with disease activity, some patients also exhibit anti-Dsg3 IgG in clinical remission, strongly suggesting the existence of non-pathogenic Dsg-specific IgG [57]. Further investigations revealed that these autoantibodies, considered as non-pathogenic, were not able to induce keratinocyte dissociation in vitro [58, 59]. Thus, the autoantibody profile of pemphigus patients consists of pathogenic and non-pathogenic Dsg-specific antibodies [60, 61].

In PV, their pathogenic potential is presumably dependent on recognition of distinct Dsg epitopes [45, 60–67]. Pathogenic IgG autoantibodies preferentially target the NH₂terminal portion of Dsg3 whereas non-pathogenic autoantibodies are thought to recognize epitopes of the membrane proximal COOH-terminus of the Dsg ectodomains. Amagai et al. [45] identified IgG reactive with the NH2-terminal EC1-EC2 subdomains of Dsg3 which induced intraepidermal blisters in neonatal mice, while IgG targeting the COOH-terminal EC3-EC5 subdomains of Dsg3 failed to induce intraepidermal blistering. Utilizing Dsg3-specific mAb from an active mouse model of PV, the group of Amagai confirmed this pathogenicity concept [61]. Along this line, based on domain swapped recombinant Dsg proteins, they showed that most of the Dsg-specific IgG autoantibodies from PV patients recognize epitopes inside the EC1-EC2 subdomains of Dsg3 [68-70]. Furthermore, it was shown that in active PV and PF, the Dsg-specific IgG autoantibody profile mainly targets the NH2-terminus of the Dsg ectodomain [68, 69]. Within the NH₂ terminal domains, major conformational B cell epitopes are mapped to aa26-aa87 of Dsg1 (EC1) and aa25-aa88 of Dsg3 (EC1) [71].

Autoantibody binding largely depends on the degree of maturation of the Dsg. Prior to cleavage in the Golgi apparatus and integration into the plasma membrane, cadherins, like Dsg1 and Dsg3, are synthesized as a premature form in the endoplasmic reticulum. In PF, sera recognize the mature (mat) form of Dsg1 while non-pathogenic mAb presumably target either the mature or the premature (pre) form of Dsg1 [65, 66]. This is in line with previous findings in PV where pathogenic

anti-Dsg3 mAb preferentially bound to matDsg3 [72]. Interestingly, for pathogenic mAb specific for the matDsg3 and preDsg3 the binding was blocked by most of PV sera whereas for matDsg3 specific mAb only, like the murine anti-Dsg3 mAb, AK23, the binding capacity was mostly unaffected [64]. This indicates that despite similar epitope recognition, these mAb exhibit different binding properties.

Autoantibody Isotypes

IgG₄ presumably represents the major pathogenic antibody isotype in the pemphigus pathogenesis [63, 64, 67, 73–76]. As an example, the switch from non-pathogenic IgG_1 to pathogenic IgG_4 has been described in fogo selvagem (FS), the endemic Brazilian subtype of PF. Specifically, 55% of healthy individuals in that rural area exhibit anti-Dsg1 (EC5) IgG₁. Upon transition into clinically apparent PF, patients experience a subclass and epitope switch to EC1/EC2-reactive IgG₄ [77–79]. Recently, a pathogenic anti-Dsg3 IgG1 antibody was isolated from a PV patient which strongly suggests that an interplay of different pathogenic IgG subclasses eventually leads to loss of desmosomal integrity. As monovalent (Fab), bivalent (F(ab)')2) or recombinant single-chain variable (scFV) autoantibody fragments of Dsg-specific IgG antibodies are able to induce dissociation of keratinocytes in vitro and in vivo, the role of the Fc portion of pathogenic pemphigus autoantibodies is presumably of minor importance [47, 60, 65, 80].

Dsg1/Dsg3 Compensation Theory

Differential expression of the autoantigens of PF (Dsg1) and PV (Dsg3) are the basis for the so-called Dsg1/Dsg3 compensation theory which explain why skin and mucosal membranes are differentially affected by anti-Dsg IgG autoantibodies in both pemphigus variants [4, 81]. Dsg1 is mainly expressed in the upper epidermis while Dsg3 is predominantly expressed in the lower, i.e. suprabasal layers of the epidermis. Thus, PV sera with Dsg3specific IgG do not induce suprabasal loss of adhesion in human skin as Dsg1 is sufficiently expressed throughout the epidermis of the skin to compensate epidermal adhesion in the absence of Dsg3 adhesive capacity. On the other hand, anti-Dsg3 IgG causes loss of epidermal adhesion in the mucous membranes which express only low amounts of Dsg1, insufficient to compensate impaired Dsg3 adhesion. In the case of PV with both anti-Dsg1 and anti-Dsg3 IgG, loss of epidermal adhesion occurs both at the skin and mucous membranes [82].

Mode of Action of Pathogenic Autoantibodies

There is increasing evidence that both, direct inhibition of Dsg transinteraction via steric hindrance and altered outside-in-signaling by pemphigus autoantibodies leads to loss of desmosomal integrity and blister formation [83] (Fig. 6). The concept of steric hindrance is supported by data which show that PF and PV sera mainly contain IgG autoantibodies reactive with the NH2-terminal EC1 subdomains of Dsg1 and Dsg3, respectively [69, 84] where they interfere the trans-interaction of Dsg [52, 55]. In contrast to IgG autoantibodies which target other epitopes of Dsg1 and Dsg3, respectively, the serum concentrations of these IgG autoantibodies correlate with

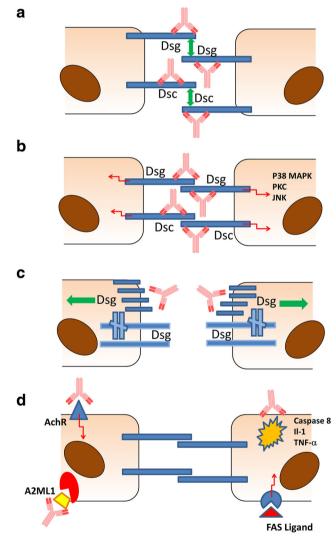


Fig. 6 Mode of action of pathogenic autoantibodies. Autoantibodies inhibit desmosomal adhesion via steric hindrance (a), altered cellular signaling (b), depletion of extradesmosomal Dsg (c) and not yet fully understood mechanisms including inhibition of the protease inhibitor, A2ML1, binding to acetyl choline receptors on epidermal keratinocytes, induction of inflammasome-dependent caspase 8 and subsequent pro-inflammatory cytokines (d)

disease activity [52, 55, 85]. Beside the impact on steric hindrance, PV-IgG and the Dsg3 (EC1)-specific mAb, AK23, induce internalization and depletion of Dsg3 from the cell membrane [51, 86, 87]. It was further shown that the Dsg3-depleting activity of anti-Dsg3 mAb correlate with their pathogenicity. Thus, pemphigus is also known as a desmosome-remodeling disease [82]. The depletion process of Dsg leading to acantholysis can be divided in two steps: first, probably mainly induced by a direct interference of trans-interaction of Dsg, desmosomes lose adhesive properties and become more susceptible for subsequent depletion processes. The second step is induced by signal transduction events which lead to Dsg endocytosis and depletion resulting in loss of demosomal integrity and adhesion [82]. Völlner et al. showed that Dsg interact with flotillins, components of lipid rafts in the cell membrane outside of desmosomes [88]. Antibodies against Dsg interfere with Dsg-flotillin interaction leading to the internalization of cell membrane-associated Dsg. Depletion of extradesmosomal Dsg interferes with proper desmosomal function which largely depends on the integration of extra-desmosomal Dsg.

Autoantibodies Induce Cell Signaling Events

Dsg-specific IgG autoantibodies alter major cellular signaling events involving p38 MAPK, protein kinase C (PKC), c-Jun N-terminal kinases (JNK), RhoA and caspases 3, 6, 8 and 9 [55, 78, 89-92]. One of the best characterized anti-Dsg IgGinduced signaling cascades is the p38MAPK pathway. Specifically, p38MAPK directly influences intermediate filament organization and thereby maintenance of the desmosomal structure. Drug-induced inhibition of p38MAPK prevents blister formation in mice treated with anti-Dsg3 and anti-Dsg1 IgG, respectively [93, 94]. Moreover, the activated phosphorylated form of p38 was detected in PF and PV lesions [93]. Furthermore, IgG from PV sera induced p38MAPK activation occurs in vivo and in vitro after 15-30 min [78, 89, 92]. PKC also regulates desmosomal functions by induction of Dsg3 depletion from the desmosome. In vitro and in vivo, an anti-Dsg1/Dsg3-IgG induced activation of PKC and its downstream pathway was already observed after 30 s [95]. Moreover, blockade of PKC inhibits blister formation by PV IgG in vivo and in vitro [55, 90]. The process of acantholysis and cell death share similar signaling complexes and both were triggered by binding of PV IgG [91]. There are some data describing signs of keratinocyte apoptosis upon binding of PV-IgG binding which is tightly connected to detachment processes and blister formation [96-101]. Along this line, inhibition of p38MAPK leads to a blockade of both, acantholysis and apoptosis and caspase inhibitors are able to prevent acantholysis in vivo and in vitro [94].

Non-Dsg IgG Autoantibodies

In addition to anti-Dsg IgG autoantibodies, various IgG autoantibodies that target unrelated autoantigens were detected in the different pemphigus variants [91]. IgG reactive with Dsc3 have been identified in PNP and in atypical pemphigus cases which do not show IgG reactivity with the Dsg. Anti-Dsc3 IgG induce loss of keratinocyte adhesion similar to anti-Dsg1/ Dsg3 IgG [34, 35, 102]. Anti-mitochondrial antibodies found in PV patients lead to the activation of JNK and p38MAPK in keratinocytes. Depletion of these antibodies from PV sera abolished loss of keratinocyte adhesion in vivo and in vitro [103]. Nguyen et al. detected anti-keratinocyte α -acetylcholine receptor (AChR) IgG autoantibodies in 85% of PV patients and blocking of AChR lead to desmosomal disassembly [91]. Other targeted molecules like Dsc1, desmoplakin 1 and 2, Dsg4 (which cross-reacts with Dsg1), pemphaxin, Ecadherin and PMP-22/gas [102, 104-110] were also described in PV. So far, the role of most non-Dsg IgG autoantibodies is still unclear. Some of these autoantibodies may act synergistically with anti-Dsg IgG and thus contribute to pemphigus pathogenesis. Some other may be only phenomena of epitope spreading induced by a general loss of tolerance upon progression of pemphigus. The recent identification of A2ML1 as a major targeted autoantigen in PNP has change our view that the pemphigus pathogenesis largely or exclusively depends on IgG recognition of adhesion molecules of the skin [27]. As A2ML1 is a protease inhibitor, its inhibited function could lead to an aggravation of the inflammatory response which is initially induced by anti-epithelial and antihemidemosomal IgG autoantibodies.

Autoantibody-Independent Factors

Sera of PV patients show mainly an increase of Th2 cytokines like IL-6, IL-4 and IL-10 [111-113] and rather suppressed Th1 cytokines like IL-2 and IFN- γ [113]. Of note, the Th17 cell-related cytokine IL-17a and the follicular T helper cell (Tfh) associated cytokines IL-21 and IL-27 are also elevated in PV sera [114]. In addition, IL-17a was also detected in PV skin lesions [114–116]. In the blister fluids of PV skin lesions, complement activation, cytotoxic proteases and high concentrations of IL-4 and IL-10 were detected [77, 111, 113, 117]. Furthermore, TNF α RNA is widely expressed in PV skin lesions and TNF α serum concentrations largely correlate with disease activity and IgG autoantibody titers [112, 118–120]. Fas ligand (FasL) detected in PV sera was described to induce apoptosis in keratinocytes by caspase 8 activation. Inhibition of FasL protein leads to an inhibition of PV IgG-induced apoptosis of epidermal keratinocytes in vitro and in vivo strongly suggesting that FasL plays a critical role in PV pathogenesis [101, 121]. Other groups are in favor of the concept that apoptosis of epidermal keratinocytes is rather a late, secondary event in the immune pathogenesis of pemphigus [122]. Additionally, the combination of TNF α , FasL and PV-IgG synergistically induced loss of keratinocyte adhesion in vitro. At present, the aforementioned antibody-independent factors may contribute to development of pemphigus but their distinct role in disease pathogenesis is still unclear.

Mouse Models of Pemphigus

Intensive research over the past decades using different animal models of pemphigus led to enormous insights into the underlying autoimmune mechanisms including loss of tolerance, activation of autoreactive T and B cells and production of pathogenic IgG antibodies (Fig. 7). Beginning with the passive transfer model that uses transfer of pemphigus IgG into neonatal mice to induce a blistering phenotype in vivo, mouse model development proceeded with the generation of an active disease model by transferring Dsg3^{-/-} splenocytes into Rag-2^{-/-} immunodeficient mouse. Recently developed mouse models use humanization of the autoantigen (Dsg3) or disease associated HLA molecules (HLA-DRB1*04:02) to model the autoimmune response in pemphigus more closely to the human situation. However, to date a wider understanding of the pathogenesis of pemphigus is hindered by a lack of a spontaneous mouse model which does not require disease induction by antibody transfer or active immunization. Furthermore, despite the fact that the mouse models presented here show key features of PV, it is still a matter of debate whether these models can reproduce pemphigus in its all complexity. For instance, current models focus on autoimmunity against Dsg3 as the main auto-antigen of PV. However, several other desmosomal and also non-desmosomal autoantigens have been identified in pemphigus patients [123] and IgG autoantibodies against non-desmosomal targets were shown to be pathogenic in vivo [32, 33]. These findings support the concept that pemphigus results not only from monopathogenic autoimmunity against Dsg1 and Dsg3 but rather from multipathogenic mechanisms with synergistic and cumulative effects of various autoantibodies targeting different autoantigens of epidermal keratinocytes [2, 32].

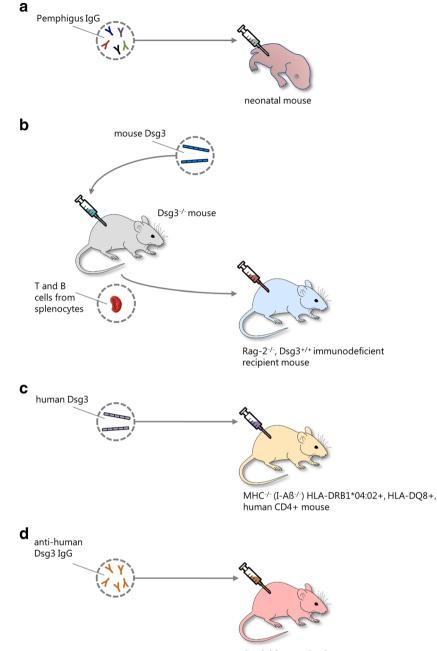
Passive Transfer Mouse Model of PV

To reproduce IgG autoantibody-dependent loss of epidermal adhesion in vivo, Anhalt et al. developed a neonatal mouse model which was induced by passive transfer of IgG fractions from sera of PV patients with active disease (Fig. 7a) [47, 124]. Utilizing the passive transfer model, it was shown that binding of PV autoantibodies to their target antigens on epidermal keratinocytes results in cutaneous blister formation in vivo. Specifically, IgG fractions from PV sera were intraperitoneally injected into neonatal Balb/c mice at different doses (1.5–16.0 mg/g body weight) resulting in the induction of cutaneous blisters and erosions with histologic and DIF features reminiscent of pemphigus [47]. The model allowed further investigations on the mechanisms of autoantibodyinduced acantholysis in pemphigus. In a time-course study, the ultrastructural changes after IgG autoantibody transfer were closely examined using electron microscopy. Early detachment of epidermis was observed as a widening of the intercellular space between keratinocytes as early as 1 h after IgG transfer leading to complete cell detachment within 6 h [125]. Passive transfer of PV IgG into C5-deficient neonatal mice led the same extensive blistering indicating that complement activation is not essential for IgG-induced acantholysis in PV [126]. Similarly, IgG purified from PF sera induced blisters with the characteristic subcorneal loss of epidermal adhesion when passively transferred into neonatal Balb/c mice [48, 127–129]. In summary, the passive transfer model using Balb/c neonates reproduces clinical features of pemphigus disease in mice and provided first evidence that PV IgG alone are pathogenic in vivo and facilitated the dissection of the blister formation in pemphigus in vivo.

Active Disease Mouse Model of Pemphigus

With the identification of Dsg1 and Dsg3 as major target autoantigens of pemphigus [81, 127, 130], an active disease model of pemphigus was developed to study the autoimmune mechanisms leading to the generation of pathogenic Dsg3specific autoantibodies and the evolving clinical phenotype (Fig. 7b). The major limitation in the development of an active mouse model using forced immunization with mouse Dsg3 was to break immunological self-tolerance. Repeated immunizations and several adjuvants were tried to break tolerance. To overcome the limitation of self-tolerance against mouse Dsg3, the active disease model of PV used Dsg3^{-/-} mice that lacked immunological tolerance against naturally expressed Dsg3 [131]. To circumvent this problem, $Dsg3^{-/-}$ mice were immunized with recombinant mouse Dsg3 and isolated splenocytes, containing Dsg3-reactive T and B cells, were subsequently transferred into immunodeficient Rag2^{-/-} Dsg3^{+/+} recipients to induce a Dsg3-specific autoimmune response in vivo [46, 132]. The recipient mice showed oral erosions around the snout with suprabasal acantholysis induced by in vivo production of Dsg3-specific IgG [133, 134].

Dsg3-specific autoantibodies binding to native mouse Dsg3 with different pathogenic properties were generated in this in vivo model. Anti-Dsg3 IgG which possessed pathogenic properties bound to the NH₂-terminal EC1 subdomain of Dsg3 while non-pathogenic IgG antibodies were mapped to the mid portion or COOH-terminus of the Dsg3 ectodomain **Fig. 7** Mouse models of pemphigus. Passive transfer of pemphigus IgG into neonatal mice (**a**), active mouse model of PV by transfer of T and B cells from Dsg3-immunized Dsg3^{-/-} donor mice to Dsg3^{+/+} Rag-2^{-/-} immunodeficient recipient mice (**b**), immunization of mice transgenic for human CD4 and the PV-associated HLA-DRB1*04:02 allele with human Dsg3 (**c**), injection of IgG from pemphigus sera into mice transgenic for human Dsg3 (**d**)



Dsg3^{-/-} human Dsg3+ mouse

[135]. Among those, the IgG antibody AK23 shows high pathogenic activity by binding to the adhesive interface of Dsg3 [135, 136] presumably leading to steric hindrance of desmosomal trans-interaction [137].

In addition, Dsg3-reactive T cell clones were generated and further characterized in this PV mouse model. After transfer of Dsg3-reactive T cells into $Rag2^{-/-}$ Dsg3^{+/+} recipients, a subset of T cell clones was able to prime naïve B cells to produce pathogenic anti-Dsg3 IgG [138]. This effect could be suppressed by adding soluble IL-4R α pointing towards IL-4 as a critical mediator driving autoantibodies production in this mouse model [138]. By titration of T cells it was demonstrated

that one potent Dsg3-reactive T cell clone is sufficient to induce anti-Dsg3 IgG production and, eventually, also a clinical phenotype [139]. Anti-Dsg3 IgG production was greatly reduced by treatment of the mice with anti-CD154 which blocked CD40/CD154 interaction [140]. Peripheral T cell tolerance to Dsg3 could be restored by Treg cells as CD4⁺CD25⁺ Treg cells suppressed IgG antibody production and Treg cell depletion augmented anti-Dsg3 IgG production [141]. Further modification of the model by transferring naïve splenocytes from non-immunized Dsg3^{-/-} mice into Rag2^{-/-} Dsg3^{+/+} recipient mice showed that priming of T cells and B cells with Dsg3 was not essential prior to transfer into the Dsg3competent immunodeficient mice [142]. However, anti-Dsg3 IgG serum concentrations were lower and showed reduced pathogenicity when compared to Dsg3-specific IgG obtained after active immunization [142, 143].

Humanized Dsg3-Transgenic Mice

Mouse models using human Dsg3-specific IgG antibodies have been hampered as anti-human Dsg3 IgG is not able to induce a clinical phenotype in adult mice [144, 145], suggesting that certain pathogenic epitopes are not conserved between mouse and human Dsg3 although they share a homology of 85.6% [146]. To further characterize the pathogenicity of anti-human Dsg3 IgG in vivo, a humanized transgenic Dsg3 mouse model was generated by introducing human Dsg3 in Dsg3^{-/-} mice [131, 147]. In this model, passive transfer of anti-Dsg3 IgG from PV patients induced mucosal erosions and suprabasilar acantholysis and bound preferentially to human Dsg3 when compared with mouse Dsg3 (Fig. 7c) [131, 147].

Humanized HLA-Transgenic Mouse Model of PV

The majority of PV patients show a genetic predisposition towards certain HLA class II alleles [7, 148, 149], i.e., HLA-DRB1*0402 in the Jewish and HLA-DQB1*0503 in the non-Jewish population [6, 150]. It has been shown that specific charges within the active binding site of the HLA class II binding pocket confer selective binding of a limited set of immunodominant Dsg3-peptides to HLA-DRB1*0402 [151, 152]. This mouse model thus reproduces T cell recognition of human Dsg3 in PV (Fig. 7d). Proof for this HLA class II– Dsg3 peptide algorithm is given by the observation that Dsg3-reactive T cells from PV patients recognize immunodominant epitopes of Dsg3 in association with the PV-associated HLA class II alleles, HLA-DRB1*0402 and HLA-DQB1*0503, both of which show similar peptide binding motifs [153].

After immunization with recombinant human Dsg3, the HLA-transgenic mice develop a robust anti-Dsg3 IgG response which induces loss of cell adhesion of cultured human keratinocytes and ex vivo epidermal acantholysis in human skin biopsies [154]. Anti-Dsg3 IgG production was completely diminished upon blocking of T cell–B cell interaction with anti-CD40L or depletion of CD4⁺ T cells showing that T cell dependent B cell activation is critical for the induction of pathogenic anti-Dsg3 IgG. Furthermore, recognition of Dsg3 was highly specific for the PV-associated HLA class II alleles used in this model as Dsg3 immunization with mice transgenic for HLA-DRB1*04:01 (associated with rheumatoid arthritis (RA)) did not lead to the formation of pathogenic anti-Dsg3 IgG [154]. Moreover, immunization of the HLA-transgenic mice with a set of immunodominant Dsg3-peptides which share a positively charged anchor motif for HLA-DRB1*04:02 and show strong binding to HLA-DRB1*04:02, induced a conformational anti-Dsg3 IgG response while immunization with HLA-non-binding Dsg3-peptides did not induce pathogenic Dsg3-specific IgG antibodies [154].

Using the same mouse model, the role of Treg cells in shaping the T-cell mediated Dsg3-specific immune response was recently investigated. Induction of Treg cells by the superagonistic anti-CD28 antibody D665 led to a strongly reduced production of anti-Dsg3 IgG [155]. The HLA-transgenic mouse model thus reproduces the specificities of autoreactive T- and B-cell responses against human Dsg3 which are seen in PV patients. The model is suitable for investigating the activation and interaction of Dsg3-specific, HLA class II-restricted T cells with autoreactive B cells in the autoimmune response in PV and will serve as a preclinical model to test specific immune interventions in PV.

Treatment of Pemphigus

Although a broad spectrum of therapeutic interventions has been described for pemphigus, a generally accepted treatment strategy remains still unclear. As demonstrated by current meta-analyses on treatment options in pemphigus, both the lack of adequately powered high-quality randomized clinical trials and the use of various outcome measures lead to inconclusive evidence for standard of care recommendations in pemphigus [156].

In the initial treatment of pemphigus, a combination of high-dose systemic corticosteroids (1.0-1.5 mg/kg/d prednisolone) with an adjuvant steroid-sparing immunosuppressant, mostly azathioprine (1.5-2.5 mg/kg/d according to thiopurine methyltransferase activity) or mycophenolate mofetil (2 g/d)/ mycophenolic acid (1440 mg/d), is considered as the mainstay of systemic treatment in pemphigus [14]. A steroid-sparing effect in pemphigus has been shown for different immunosuppressive drugs, such as azathioprine [157], mycophenolate mofetil [158] or cyclophosphamide [159]. Azathioprine, mycophenolate mofetil, or methotrexate (15-25 mg/week) are the immunosuppressive standards. Although highly effective, cyclophosphamide given per os or as a bolus is not recommended in the first intention as there are too many adverse side-effects. It is recommended that patients receiving corticosteroids or immunosuppressive therapy be vaccinated against seasonal flu, H1N1, and pneumococcae prior to immunosuppressive therapy. Certain immunosuppressants contraindicate the use of live vaccines [14].

In patients who are refractory to the initial treatment or have contraindications to high-dose corticosteroids, secondline options targeting IgG autoantibodies or autoreactive B cells in pemphigus are recommended. High-dose intravenous immunoglobulins (IVIg) (2 g/kg/cycle) have been shown to rapidly reduce the titers of serum autoantibodies in pemphigus patients mostly accompanied by clinical remission [160].

The therapeutic removal of circulating IgG by immunoadsorption leads to a very rapid and dramatic reduction of autoantibodies in the serum of pemphigus patients leading to a fast clinical response [161]. A recent German multicenter trial has studied the efficacy of adjuvant immunoadsorption in inducing clinical remission in PV and PF compared to immunosuppressive treatment only. A total of 72 pemphigus patients were equally allocated to both treatment arms and their clinical response was monitored during a 12 month observation period. First results suggest that pemphigus patients with extensive skin involvement seem to profit more from adjuvant immunoadsorption (Eming et al., in preparation).

The B cell depleting monoclonal anti-CD20 antibody rituximab has shown efficacy especially in refractory pemphigus patients [162]. Based on the recent clinical trial by Pascal Joly and the French Study Group of Bullous Diseases (Groupe Bulle) the efficacy of rituximab in the treatment of pemphigus has been raised on a high level of evidence [163]. Joly and colleagues compared first-line use of rituximab (1000 mg on days 0 and 14 and 500 mg at months 12 and 18) combined with short-term prednisone versus prednisone alone in a cohort of 90 newly diagnosed, untreated pemphigus patients. The rituximab treated patients received prednisone either at an initial dose of 0.5 mg/kg per day which was tapered for 3 months (moderate disease) or 1.0 mg/kg per day which was tapered for 6 months (severe disease). Patients in the prednisone group were given 1.0 mg/kg per day (moderate disease) and 1.5 mg/kg per day (severe disease), tapered over a period of 12 or 18 months. 41 of 46 patients (89%) in the rituximab group were in complete clinical remission of therapy at month 24, whereas 34% (15 of 44 patients) in the group receiving only prednisone reached this primary endpoint of the study. The cumulative prednisone dose as well as the severe adverse events were significantly lower the group of patients assigned to rituximab plus prednisone compared to those patients receiving prednisone alone.

Outlook: Pathogenesis-Based Therapeutic Approaches

The pathogenesis of pemphigus is relatively well known, compared to other, especially systemic, autoimmune disorders. The pathogenicity of Dsg-specific IgG autoantibodies has been clearly demonstrated in various in vitro and in vivo systems [164, 165]. Considering pemphigus as a paradigm of an autoantibody-mediated autoimmune disease, the role of Dsg3-specific CD4⁺ T cells in this disease has been in the focus of our group and others [153, 166]. There is increasing evidence that loss of tolerance to Dsg on the CD4⁺ T cell level resulting in autoreactive T cells is a crucial event in the initiation and probably in the perpetuation of the autoantibodies response in pemphigus [139, 140, 152, 167, 168]. Since the original identification of autoantibodies in the sera of pemphigus patients by Beutner and Jordan [169], and the characterization of Dsg3 as the major autoantigen in PV [127] the pathogenic relevance of Dsg3-specific autoantibodies and the autoantibodies producing cells are taking center stage in pemphigus research. Thus, it seems obvious that both the immune cells that are relevant in the autoimmune cascade of pemphigus and the mechanisms finally leading to the loss of epidermal keratinocyte adhesion upon binding of Dsg-reactive autoantibodies have been identified as promising drug targets in pemphigus. The overall goal of developing targeted pathogenesis-driven therapies is to avoid the well-known side effects of systemic immunosuppression and ultimately to induce long-term remission in pemphigus (Table 2).

Targeting Formation of Pathogenic Autoantibodies

The successful use of the B cell depleting mAb, rituximab (Rtx) in pemphigus has been previously described in several studies. However, a recent study by the French groupe bulle demonstrated that during a median follow-up period of 79 month 81% of PV patients who previously received Rtx treatment experienced a disease relapse [170]. In several Rtx studies, in most PV patients the clinical remission was paralleled by a decline in serum Dsg3-reactive IgG autoantibodies, suggesting that autoreactive plasma cells (PC) in PV are short-lived and that long-lived CD20 negative PC do not seem to play a relevant role in the autoantibodies response in pemphigus [171]. Moreover, Ohyama et al. [70] demonstrated in a longitudinal serological study that epitope spreading in PV seems to be a rare event, since B cell epitopes in Dsg3 did not significantly change in acute disease and clinical remission, respectively [70].

These results have been underlined by a study on the B cell receptor (BCR) repertoire in PV patients. Hammers et al. [172] investigated the BCR repertoire in Dsg3-specific B cell clones in PV patients during different stages of disease and the authors could show that a defined cohort of autoreactive B cell clones persists over time, probably causing a clinical relapse after a preceding period of remission [172]. Thus, long-lived PC residing in bone marrow niches and inflamed tissue are not likely to be promising therapeutic targets in PV. However, in other autoimmune disorders, such as systemic lupus

 Table 2
 Novel therapeutic approaches in pemphigus

Target	Substance/tool	Effect	Development	References
Autoantibodies	Immunoadsorption	Rapid decrease in serum IgG	Multicenter trial	Eming et al., in preparation
	Dsg-specific immunoadsorption	Decrease in circulating Dsg-reactive IgG	Preclinical studies	Langenhan et al., 2014 [209]
	Ofatumumab	Depletion of CD20+ B lymphocytes	Approved: B-CLL Phase III: PV	
	Veltuzumab		Approved: Case reports in PV	Ellebrecht et al., JAMA Dermatol, 2014 [177]
	Ocrelizumab		Approved: MS Phase II-III trials: SLE, RA, Sjögren's Syndrom	
	Dsg3 CAAR T cells	Depletion of Dsg3-specific B cells	Preclinical development	Ellebrecht et al., 2016 [181]
Plasma cells	Bortezomib Carfilzomib	Depletion of plasma cells	Approved: multiple myeloma; mantle-cell lymphoma Phase II trials: SLE; renal transplantation	Hiepe et al., 2016 [176]; Schmidt et al., 2012 [218]; van der Helm et al., 2015 [219]; Alexander et al., 2015 [173]
T cells	Epitopes of autoantigens	Antigen-specific tolerance induction	Phase I/II trials: MS Preclinical studies: T1D;	Lutterotti et al., 2013 [196]; Pearson et al., 2017 [193]
	JAK inhibitors Tofacitinib, Ruxolitinib	Blockade of cytokine signaling	Phase I-II trials: RA; Alopecia areata	Kaur et al., 2014 [220]; Xing et al., 2014 [221]
	Low-dose IL-2	Expansion of Treg	Phase I/II trials: HCV-induced vasculitis; GvHD; SLE	Saadoun et al., 2011 [202]; Koreth et al., 2011 [203]; He et al., 2016 [204]
	Abatacept CTLA-4Ig	Modulation of T cell costimulation	Phase II-III trials: SLE, SSc, RA, PsA	Merrill et al., 2010 [222]; de Paoli et al., 2014 [223]; Emery et al., 2015 [224]; Mease et al., 2017 [225]
Cytokines	Tocilizumab	IL-6R blockade	Approved: Systemic juvenile idiopathic arthritis; RA; Giant cell arteritis Trials: SSc	Narbutt et al., 2008 [226]; Elhai et al., 2013 [227]; Khanna et al., 2016 [228]
Keratinocytes	KC-706	p38MAPK inhibition	Preclinical studies; Phase II studies: PV	Egu et al., 2017 [213]; Berkowitz et al., 2006 [94];

erythematosus (SLE), these autoantibodies secreting PC have been shown to be effective targets. A cohort of refractory systemic lupus SLE patients received the proteasome inhibitor bortezomib and demonstrated a significant decrease in disease activity remaining stable for 6 months [173]. Previously, several in vivo studies using mouse models of SLE indicated that targeting the proteasome and type-I interferon activity by inhibitors such as bortezomib and carfilzomib, results in a reduction of clinical disease activity [173–175]. It remains to be elucidated whether this novel approach which is being investigated in various autoimmune diseases at the moment will be relevant for future therapies in PV [176].

In addition to the recently published phase III trial using rituximab as first line therapy in pemphigus by Joly and coworkers [163], other B cell directed strategies are being investigated in clinical trials at the moment. Ofatumumab (Arzerra, HuMax-CD20) is a fully human anti-CD20 IgG₁ antibody which has been approved by the FDA for therapy of B-CLL in April 2010. In a multicentre, randomized, double-blind, placebo-controlled phase III study that started in August 2013, efficacy, tolerability and safety of subcutaneous injection of ofatumumab in PV patients have been investigated. In this trial, 20 mg of the antibody is administered subcutaneously once every 4 weeks through week 56 (NCT01920477/OPV116910). A long-term extension of this trial has been performed by GlaxoSmithKline; the primary objective is to provide continued treatment with subcutaneous ofatumumab for eligible study patients who completed the aforementioned trial in order to obtain further long-term safety and tolerability information in PV patients receiving ofatumumab every 4 weeks (NCT02613910/OPV117059). Both studies evaluating ofatumumab in PV have been terminated by Novartis.

In the same line of thought, Ellebrecht and colleagues [177], published a case report treating a patient with refractory PV with the second-generation humanized anti-CD20 antibody veltuzumab (Immunomedics). The anti-CD20 antibody

was administered as two 320 mg (188 mg/m²) subcutaneous doses 2 weeks apart resulting in complete clinical remission and immunosuppressive therapy was terminated 22 weeks after veltuzumab application in this patient. A clinical relapse occurred 2 years after velutuzumab therapy and the patients received a second treatment cycle using the same dosage regimen that induced again complete clinical remission lasting for 9 months. The patient was followed for 35 months and did not show any serious side effects of B cell depletion. The clinical response to veltuzumab correlated with anti-Dsg3-IgG serum levels [177]. A clinically relevant advantage of veltuzumab over Rtx is the ability of subcutaneous administration in low doses, thus facilitating its clinical application at reduced health care costs. Another humanized anti-CD20 antibody, ocrelizumab (Ocrevus, Roche), has been recently approved by the FDA for treatment of primary progressive and relapsing-remitting type of multiple sclerosis (MS). This humanized mAb is being evaluated in phase III trials in other autoantibody-mediated disorders such as RA and SLE as well. Other second- and third-generation anti-CD20 antibodies with enhanced B cell depleting activity and improved binding affinities to B cells compared to Rtx might be promising tools in PV in the future, once their clinical efficacy in pemphigus has been shown [178].

A different approach of B cell targeting aims at inactivating or blocking factors that are important for B cell survival and differentiation into PC, respectively. Belimumab (Benlysta, GSK) a monoclonal human IgG1 antibody that binds to soluble B lymphocyte stimulator, (BLyS) or B cell activating factor belonging to the TNF family (BAFF), among other effects, impairs B cell differentiation to PC. It is approved as adjuvant immunosuppressive /immunomodulatory therapy in SLE patients who are refractory to basic immunosuppression alone [179]. Atacicept is a fully human recombinant fusion protein that blocks not only BLyS but also the proliferation-inducing ligand (APRIL), another B-cell activating factor. In order to evaluate its efficacy and safety, its biological and clinical activity has been studied in animal models and in patients with RA, MS and SLE, respectively. So far, atacicept seems to provide an added value in treating autoantibody-mediated autoimmune disorders such as SLE but further investigations are necessary to establish its efficacy and safety in these conditions [180]. The results from clinical trials in the above mentioned autoimmune diseases are encouraging and this strategy might be of interest in PV as an add-on opportunity in patients demonstrating incomplete clinical responses to B cell depleting therapies, such as Rtx. Safety, tolerability and efficacy of a monoclonal anti-BAFF-receptor antibody (VAY736) is being investigated in a randomized, partial-blind, placebo-controlled multicentre trial (NCT01930175).

Recently, a novel antigen-specific therapeutic approach by Ellebrecht, Payne and colleagues from the University of Pennsylvania has raised a lot of attention in the pemphigus field. This group developed Dsg3-specific T cells that are directed to specifically target Dsg3-reactive B cells in PV patients by using the chimeric autoantibody receptor (CAAR) technology [181]. Chimeric autoantibody receptor (CAAR)-T cells have been shown to be effective in cancer therapy, such as B cell leukemia showing remarkable clinical responses including long-lasting remission [182-184]. To generate Dsg3 CAAR T cells, Ellebrecht et al. fused fragments of the Dsg3 extracellular domain to CD137/CD3 signalling domains in primary human T cells [181]. The aim is that Dsg3 CAAR T cells recognize the Dsg3-specific BCR on autoreactive B cells in PV patients and kill these cells in an HLA-independent but antigen-specific manner. The authors provided proof of the ability of Dsg3 CAAR T cells to kill B cells expressing a Dsg3-reactive BCR first in vitro followed by in vivo experiments using Dsg3 B cell hybridomas in mice. In each system, Dsg3-reactive B cell hybridomas were specifically killed by CAAR T cells and mice showed decreased titers of Dsg3-specific IgG, thus preventing the manifestation of a clinical phenotype in these animals [181]. An important point in this study was to show that circulating Dsg3-reactive IgG autoantibodies did not interfere with the ability of Dsg3 CAAR T cells to kill autoreactive B cells by binding to the Dsg3 antigen expressed on the CAAR T cell. Ellebrecht et al. demonstrated that CAAR T cells retained their killing activity against the B cell hybridomas even in the presence of Dsg3 reactive IgG. Finally, the authors showed that Dsg3 CAAR T cells did not bind to Dsg3-expressing epidermal keratinocytes, thus excluding relevant off-target effects of Dsg3 CAAR T cells. This approach appears promising because Dsg3 CAAR T cells seem to act very specifically on B cells expressing an autoreactive Dsg3specific BCR. It may also overcome the limitation of current B cell directed therapies by leading to long-lasting elimination of Dsg3-specific B cell clones in PV patients. However, more preclinical efficacy data need to be obtained before CAAR T cell technology can be translated to the patients.

Targeting CD4+ Autoreactive T Cells

In PV, several lines of evidence from preclinical animal studies as well as ex vivo experiments using human peripheral mononuclear cells (PBMC) suggest that loss of tolerance to Dsg3 at the level of CD4⁺ T cells is mandatory for the production of Dsg3-specific IgG autoantibodies [46, 114, 153, 185]. The major immunoglobulin isotype present in the pool of Dsg3-specific autoantibodies in PV is IgG₄ in acute disease and IgG₁ in chronic active and in some patients in remitting disease

[186–188]. Our group showed in a retrospective serological study that in addition to Dsg3-reactive IgG₄, IgE autoantibodies were present in acute phases of PV as well [189]. The serological data speaks for a crucial role of Dsg3-reactive Th2 cells providing B cell help for the secretion of autoantibodies in PV [153]. However, other CD4⁺ T cell subsets, such as Th17 and especially Tfh cells, have been characterized in PV patients as well [114, 190, 191]. Thus, it is an intriguing approach to try to restore Dsg3-specific T cell tolerance in PV in order to interfere with the autoimmune cascade at an early time point. In general, efforts to induce antigen-specific tolerance in autoimmune disorders by administration of the autoantigen have been made and the studies demonstrated miscellaneous results depending on the system used. In animal models of autoimmunity, allograft transplantation, and allergy, mainly in the model of experimental autoimmune encephalomyelitis (EAE), it has been extensively shown that the administration of immunodominant peptides under tolerogenic conditions induces a robust and long lasting tolerance to the respective auto-/alloantigen [192, 193]. Cell-based approaches have been successfully applied in the Th1/Th17-dominated autoimmune models of EAE, a mouse model of human MS, and the non-obese diabetic (NOD) model of type 1 diabetes [194, 195]. In these animal models, a single i.v.-injection of immunodominant peptides that are chemically linked to syngeneic splenocytes by using ethylene carbodiimide (ECDI) is sufficient to prevent the onset of the autoimmune disease. The immunological mode of action in these animal models has been investigated in numerous studies and the induction of antigen-specific tolerance has been mainly attributed to the induction of tolerogenic antigen presenting cells (APC) in the recipient animals, such as splenic macrophages, B cells and dendritic cells (DC) that give rise to Treg cells [195]. Based on these preclinical studies, Lutterotti, Martin and co-workers performed a first-in-man trial to assess the feasibility, safety and tolerability of a tolerization approach in MS patients [196]. Seven MS patients who were off-treatment for standard therapies were included in this open-label, single-center, dose-escalation study. The study participants received a single i.v.-infusion of seven myelin peptides cross-linked to autologous PBMC. It was required that the patients demonstrated T cell reactivity against at least one of the myelin peptides used in the trial. This trial showed that the administration of antigen-coupled PBMC was feasible, safe and well tolerated by the patients. Preliminary ex vivo studies revealed decreased proliferation of autoreactive T cells in peripheral blood in those patients who had received a higher dose of peptide-coupled PBMC [196]. Future phase II studies are warranted to further explore this promising therapeutic approach.

Resulting from basic immunological research, studies in preclinical models and translational approaches, different strategies to induce antigen-specific tolerance in autoimmune diseases proceed from proof of concept studies to clinical trials. In addition to the above mentioned investigations, other cell-based approaches using red blood cells as well as particle-based (e.g. nanoparticles as carriers of antigens) methods are evaluated for clinical use in the near future [197–199].

Another field of novel therapeutic strategies in treating autoimmune diseases is based on the hypothesis that the balance of Treg cells and potentially self-reactive T effector cells is disturbed in the context of autoimmunity suggesting a therapeutic potential of Treg cells. In PV, studies by our group characterized Dsg3-specific type 1 regulatory (Tr1) cells in peripheral blood of PV patients and HLA-matched healthy controls [200]. Ex vivo these Dsg3-reactive Tr1 cells suppressed the proliferation of Dsg3-specific effector T cell clones in an IL-10- and TGF-dependent manner [200]. Interestingly, the frequencies of these Tr1 cells was significantly decreased in peripheral blood of PV patients compared to HLA-matched healthy controls, supporting the above mentioned hypothesis of an imbalance of Treg and T effector cells in autoimmune diseases [200].

In this context, low-dose IL-2 therapy in autoimmune and inflammatory diseases has gained interest based on recent proof-of-concept clinical trials in vasculitis, alopecia areata and SLE [201]. In HCV-induced vasculitis [202], in GVHD [203] and recently in SLE [204] low-dose IL-2 application has been shown to specifically and safely activate and expand Treg cells in humans. Moreover, in these clinical trials, IL-2 improved the inflammatory and autoimmune conditions, respectively. An ongoing open-label phase II clinical trial investigates the stimulatory effect of low-dose IL-2 administration on Treg cells in 11 different autoimmune diseases, such as SLE, RA, inflammatory bowel diseases, vasculitis, etc. The TRANSREG trial aims to select those autoimmune/ inflammatory diseases in which further therapeutic development, using low-dose IL-2, will be performed in more detail (NCT01988506).

Finally, in other autoantibody-mediated autoimmune diseases, such as SLE, there is increasing evidence that Tfh cells play a critical role in autoantibodies formation [205] and therefore this CD4⁺ T cell subset is considered as a potential therapeutic candidate in the context of autoimmunity. In PV, our group recently identified increased frequencies of circulating CD4⁺CXCR5⁺IL-21⁺ Tfh cells in peripheral blood of PV patients compared to healthy individuals [114]. Moreover, PV patients with chronic active disease demonstrated elevated IL-21 serum levels, which were dramatically decreased upon systemic immunosuppression. For the first time, we were able to detect Dsg3-reactive IL-21-secreting cells using ELISpotassay [114]. Several therapeutic substances targeting Tfh activity have been identified already and have been shown to exert immunological as well as clinical effects, mostly in animal models of SLE [205]. The therapeutic tools undergoing preclinical and clinical testing include the humanized anti-IL-6-receptor antibody tocilizumab, an anti-IL-21-receptor antibody (ATR-07) and JAK inhibitors, such as tofacitinib and ruxolitinib, which are investigated in RA and alopecia areata as well [206, 207]. In PV, the role of IL-21 secreting Tfh cells in the pathogenesis needs to be defined more precisely, prior to specifically targeting this cell subset.

Targeting Dsg-Specific Autoantibodies

PV is one of the rare autoimmune disorders in which the major autoantigen is clearly defined and the pathogenic relevance of serum autoantigen-specific autoantibodies has been extensively demonstrated in vitro and in vivo. The transfer of PV autoantibodies is sufficient to induce a blistering phenotype with suprabasilar acantholysis in recipient organisms, as demonstrated using the passive mouse model of PV [47]. Various therapeutic strategies to interfere with the action of PV autoantibodies or to deplete these immunoglobulins have been in the focus of pemphigus research. Immunoadsorption (IA), the therapeutic removal of immunoglobulins and circulating immune complexes from plasma, has been proven to be a useful treatment option in several auto- immune disorders or in renal transplant recipients [208]. Plasmapheresis removes plasma proteins non-specifically including clotting factors, hormones and albumin, thus requiring the subsequent substitution of fresh frozen plasma or albumin. In contrast, IA represents a more specific approach by selectively eliminating immunoglobulins and circulating immune complexes (CIC). A recent German multicenter, prospective, randomized, parallel-group trial has studied the efficacy and safety of adjuvant IA in inducing clinical remission in PV and PF compared to immunosuppressive treatment, consisting of prednisolone and azathioprine or mycophenolate only. Seventy-two pemphigus patients were equally allocated to both treatment arms and their clinical response and immunological parameters were monitored during a 12-month observation period. First results suggest that patients with extensive skin involvement profit from adjuvant IA and the adjuvant treatment showed a steroid-sparing effect (Eming, Zillikens, Hertl, Schmidt, in preparation). In this study, total plasma IgG was removed from the patients by using protein A adsorber columns. A potential future development of IA treatment in PV is the use of antigenspecific adsorbers that mainly extract pathogenic Dsgspecific IgG autoantibodies. Recently, Langenhan and colleagues demonstrated that antigen-specific IA requires the entire ectodomains of Dsg1 and Dsg3, respectively [209]. Future clinical trials using Dsg-coated adsorber columns in IA are needed to demonstrate a potential clinical advantage over non-specific IA.

Targeting the Pathogenic Effects of IgG Autoantibodies

The exact mechanisms leading to loss of epidermal keratinocyte adhesion upon binding of autoantibodies to their antigenic target structures is not completely understood, yet [210]. Several research groups have identified different signaling pathways in human keratinocytes that are activated upon binding of IgG autoantibodies from PV patients [211]. Recently, Walter and co-workers demonstrated that different signalling patterns contribute to loss of keratinocyte adhesion depending on the autoantibodies reactivities, i.e. anti-Dsg1-and/or anti-Dsg3-reactivity [212]. As p38MAPK activation is one of the signaling events that has been shown to be mandatory for complete loss of keratinocyte adhesion, p38MAPK signaling appears to be a promising therapeutic target. Egu et al. showed that in vitro the pharmacologic inhibition of p38MAPK ameliorated interdesmosomal widening and loss of keratin insertion and finally prevented PV IgGinduced blister formation in human skin biopsies [213].

These recent in vitro findings are in line with previous results by Berkowitz et al. demonstrating that p38MAPK inhibitors were capable of preventing acantholysis and skin blistering in an in vivo mouse model of PV [94]. However, pharmacologic inhibition of p38MAPK activation in different inflammatory disorders, such as RA, Crohn's disease or psoriasis, has raised significant safety concerns in clinical trials [214]. In PV, a phase II multicenter, open-label trial applying an allosteric p38MAPK inhibitor (KC-706) had to be terminated due to severe adverse events in the study patients [215]. Thus, the future clinical use of p38MAPK inhibitors might be limited by their safety profile. The relevance of apoptosis in loss of keratinocyte adhesion in PV is controversially discussed in the field [121, 122]. However, using the passive transfer model of PV, Pacheco-Tovar and colleagues demonstrated that in a preventive setting the irreversible caspase-3 inhibitor Ac-DEVD-CMK prevented blister formation upon injection of pemphigus IgG in vivo [216]. This study confirmed previous results by Li et al. using PF IgG in the neonatal mouse model of pemphigus who showed that inhibition of caspase-3/7 as well as a broadspectrum caspase inhibitor (Bok-D-fmk) protected the recipient mice from blister formation [217]. Anyway, clinical trials that investigate the efficacy and safety of caspase inhibitors in PV are still expected.

Conclusions

Based on its well-understood immune pathogenesis, pemphigus can be considered as a model disease of an antibodymediated autoimmune disorder of the skin. Our increasing understanding of the immunological networks which regulate B cell activation and autoantibody production have led to novel therapeutic regimens which target distinct pathways in the pemphigus pathogenesis. Moreover, the identification of the major autoantigens of pemphigus has led to the development for more refined and specific diagnostic measures which help to better define clinical subtypes with different outcomes. The therapeutic achievements of ongoing research in pemphigus may be largely applicable to not yet fully defined autoimmune disorders of the skin and beyond.

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Compliance with Ethical Standards

Conflict of Interest The authors declare no conflict of interest.

Informed Consent When necessary, informed consent has been collected from patients.

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