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Molecular mechanisms regulating TGF- β -induced *Foxp3* expression

L Xu¹, A Kitani¹ and W Strober¹

Molecular mechanisms regulating transforming growth factor- β (TGF- β) induction of *Foxp3* (forkhead box P3) expression and thus induction of induced regulatory T cells (Tregs) have been the focus of a great deal of study in recent years. It has become clear that this process is influenced by a number of factors as perhaps might be predicted by the fact that there is an overarching need of the immune system to finetune response to environmental antigens. In this review we discuss these mechanisms, with the aim of presenting a broad picture of how the various observations fit together to form an integrated regulatory regime.

INTRODUCTION

The central role of the transcription factor *Foxp3* (forkhead box P3) in regulatory T cell (Treg) activity was initially identified by Sakaguchi's group and others^{1–5} who showed that both mice and humans with genetic defects leading to defects in the expression of this factor were subject to autoimmune and inflammatory disease. In addition, they showed that transduction of naive cells with a *Foxp3*-expressing retrovirus converted the latter into regulatory cells. However, it is still quite unclear how *Foxp3* orchestrates the Treg suppressor program.

Given the importance of *Foxp3* in Treg function, it becomes apparent that a critical step in Treg development is the induction of *Foxp3*. For such development to occur in the thymus, interleukin-2 (IL-2) seems to be a necessary factor as IL-2-deficient mice have reduced *Foxp3*⁺ Tregs and show autoimmunity.⁶ In contrast, for such development to occur in the peripheral immune system, transforming growth factor- β (TGF- β ; in addition to IL-2) is a necessary factor; thus, in initial studies Horwitz and his colleagues⁷ showed that TGF- β induces naive peripheral human T cells to become functional Tregs and Chen *et al.*⁸ showed that TGF- β induced naive (T cell receptor (TCR) activated) CD4⁺ T cells to express *Foxp3*. More recently, Coombs *et al.*⁹ and Sun *et al.*¹⁰ have shown that CD103⁺ dendritic cells in the lamina propria of the colon produced all-*trans*-retinoic acid (RA) that then enhanced TGF- β -induced naive CD4⁺ T-cell conversion into Tregs and thereby contributed to the regulation of mucosal responses. This function of mucosal dendritic cells makes the process of TGF- β -induced Treg induction particularly relevant to the understanding of mucosal immunology.

TGF- β -induced Tregs (hereafter called induced Tregs) are cells that participate in regulatory responses to environmental antigens and thus seem to be a way in which the immune system greatly expands its repertoire of regulatory cells. Although they lack the complete molecular “signature” of natural (thymus-derived) Tregs and differ from the latter functionally as well,¹¹ they have been shown to be fully capable of regulatory function in all studies of murine cells and in most (but not all) studies of human cells.^{8,11–13}

In the past half decade, numerous studies have appeared attempting to define the molecular mechanisms governing TGF- β -mediated induction of *Foxp3*, the enhancement of such induction by RA, and the positive and negative influence of various cytokines on this process. Although our understanding of this area of immunoregulation has advanced as a result of these studies, a number of unresolved and important issues still remain. In this review we will discuss the salient features of this body of work with an eye to defining what is now known and what remains to be discovered.

THE BASIC TOPOGRAPHY OF THE *FOXP3* GENE AND THE MECHANISM OF TGF- β INDUCTION OF *FOXP3*

As initially shown by Mantel *et al.*¹⁴ in human CD4⁺ T cells, and then more completely by Tone *et al.*¹⁵ in mouse CD4⁺ T cells, the *Foxp3* gene ATG translation start site is >6 kb downstream of the transcription start site in exon –2b and hence only exons 1–11 are translated. Importantly, the intron between exon –2a and exon –1 (hereafter referred to as intron 2) contained two conserved noncoding sequences (CNSs) that could represent enhancer regions (**Figure 1**).

¹Mucosal Immunity Section, Laboratory of Host Defenses, National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, Maryland, USA. Correspondence: W Strober (wstrober@niaid.nih.gov)

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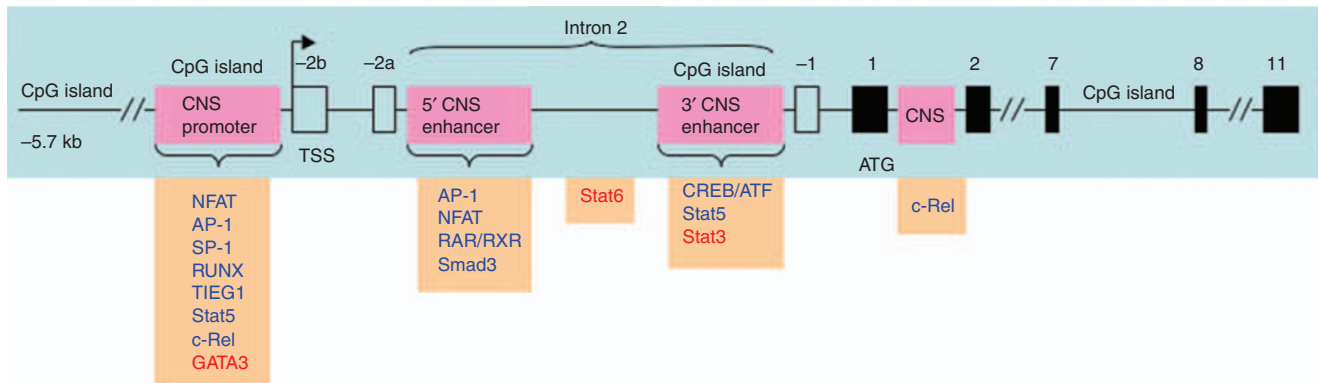


Figure 1 Structure of the murine *Foxp3* gene. Locations of CNSs (conserved noncoding sequences) in the promoter and intron 2 are shown in pink; the 5' and 3' CNS in intron 2 serve as enhancer sites. Locations of CpG islands are also shown; these islands show demethylation in the active gene. Transcription factors binding to the promoter and enhancer sites are shown in orange boxes; positive factors are shown in blue and negative factors are shown in red. See text for further details.

Mantel *et al.*¹⁴ focused their attention on the human *FOXP3* promoter and showed using a promoter-driven luciferase assay in activated CD4⁺ T cells that the promoter contained TATA, GC, and CAAT boxes that, when mutated, showed decreased activity. In addition, they showed that: (i) the promoter contained three conserved NFAT (nuclear factor of activated T cells) binding sites within the 500-bp segment 5' to the transcription start site, two of which were located near activator protein-1 sites; (ii) mutation of one of the activator protein-1 sites (that at position -324, which was adjacent to an NFAT site) led to greatly decreased promoter-driven luciferase activity, and (iii) binding of Sp-1 to a GC site and NFATc2 to NFAT sites could be shown. These findings correlated with the fact that anti-CD3 alone can upregulate *Foxp3* expression in CD25⁻ T cells, although not to the level observed in unstimulated CD25⁺ cells, and that *Foxp3* expression was downregulated in anti-CD3-stimulated cells cultured in the presence of cyclosporin A, a known inhibitor of NFAT activity. These studies thus suggested that, in humans, the *FOXP3* promoter has a role in anti-CD3-driven *Foxp3* expression, probably through its NFAT/activator protein-1 site(s). Moreover, this promoter function is independent of the inductive effect of TGF- β .

Tone *et al.*¹⁵ in initial studies of mouse *Foxp3* expression similar to those of Mantel *et al.*¹⁴ showed with luciferase reporter assays in EL-4 cells (a cell line that supports TGF- β -induced *Foxp3* expression) that although the mouse *Foxp3* promoter contains NFAT and Sp-1 binding sites corresponding to those in the human promoter, it shows negligible promoter activity; this corresponded to the fact that NFAT and Sp-1 binding to their target sequences in the promoter was quite weak. It should be noted, however, that histone acetylation of the *Foxp3* promoter of CD4⁺ T cells stimulated with anti-CD3 and TGF- β was elevated in proportion to the level of induced *Foxp3* expression, in spite of the fact that the promoter was devoid of Smad binding sites. This apparent contradiction was resolved in very recent studies from two groups.^{16,17} These investigators showed first that the mouse *Foxp3* promoter has c-Rel-NFAT binding sites and that c-Rel-deficient mice have greatly reduced numbers of Tregs. They then showed that these sites form an "enhanceosome" containing not only c-Rel and NFATc2, but also p65, Smad3,

and phosphorylated cyclic AMP response element binding (CREB), with the latter two being recruited from intronic enhancer sites discussed below. Such recruitment occurs in a sequential manner in several hours after induction of *Foxp3* in naive cells with TGF- β , and hence initially cRel, p65, and NFATc2 are bound, followed later by Smad and CREB; ultimately, however, c-Rel and phosphorylated CREB dissociate from the site. Finally, they showed that concomitant with the appearance of Smad to the promoter enhanceosome, there was decreased binding to the upstream enhancer. These studies thus show that nuclear factor- κ B activation has an important role in *Foxp3* expression and that transcription factors initially binding to intronic enhancer sites can later participate in transcriptional activation of the *Foxp3* promoter.

Turning our attention now to the role of enhancer sites in *Foxp3* transcription, it is best to start with a consideration of the major *Foxp3* enhancer site in intron 2 extensively studied by Tone *et al.*,¹⁵ the investigators already mentioned above in relation to their work on *Foxp3* promoter function. Additional enhancer sites will be discussed subsequently in relation to epigenetic processes involved in *Foxp3* gene regulation. Focusing on the possible regulatory role of conserved sequences in the intronic region (between exons -2a and -1, i.e., intron 2), Tone *et al.*¹⁵ found that the 5' intronic sequence, a 0.75-kb segment located at +1,988 to +2,738, was associated with acetylated histone H4 in CD4⁺ *Foxp3*⁺ primary T cells and was thus accessible to transcription factor binding. In addition, they showed with segment-driven luciferase assays that this segment contained two regulatory elements, one at +2,137 to +2,158 that bound NFAT, and the other at +2,177 to +2,198 that bound Smad3 (presumably pSmad3) in anti-CD3/CD28 and TGF- β -stimulated cells. Interestingly, the Smad3 bound not to the conventional Smad regulatory element in this region, but rather to an adjacent inverted repeat. These data indicated that the conserved sequence in intron 2 was indeed a *bone fide* enhancer element.

In further studies to determine the contributions of this enhancer to *Foxp3* expression, Tone *et al.*¹⁵ performed deletional analysis of the enhancer sequence using enhancer-driven luciferase assays and showed that both the NFAT and Smad binding

sites contributed to enhancer activity. However, whereas deletion of the NFAT site led to loss of all activities, deletion of the Smad site led to residual activity induced by anti-CD3/CD28; thus, the latter stimulus can induce *Foxp3* through NFAT in the absence of TGF- β . Finally, the importance of NFAT and Smad3 in *Foxp3* expression was shown by the fact that addition of inhibitors of either Smad3 (SIS3) or NFAT (cyclosporin A) inhibited enhancer-driven luciferase activity.

The overall implication of the studies of Tone *et al.*¹⁵ is that the mechanism underlying TGF- β -driven *Foxp3* expression, at least in mice, involves the induction of activated Smad3 (pSmad3), which exerts an effect as a powerful transcription factor for the *Foxp3* gene. As we have observed, induced Smad3 initially binds to an enhancer site in intron 2 and then interacts with nuclear factor- κ B components, NFATc2 and CREB, to form a complex (an enhanceosome) binding to the *Foxp3* promoter. It should be noted, however, that there are no Smad3 binding sites in the promoter and therefore Smad3 probably interacts with the promoter indirectly through binding to other components of the enhanceosome. A second way of characterizing TGF- β induction of *Foxp3* expression is based on a fact not yet discussed, namely that TGF- β induces increased H4 histone acetylation in the region of the NFAT/Smad binding. This implies that TGF- β is also involved in other epigenetic changes that, as discussed below, are a general feature of *Foxp3* gene activation, including activation occurring in the thymus. In this scenario, TGF- β induction of activated Smad3 and its subsequent binding to the intron 2 enhancer also causes distant increases in the accessibility of the promoter to various transcription factors, such as NFAT and c-Rel, and in this way facilitates *Foxp3* promoter activity. In this way, one can explain the observation that *Foxp3* expression is also regulated by Itch, a TGF- β -induced E3 ubiquitin ligase that ubiquitinates TIEG1 (TGF- β -inducible early gene 1), the latter a factor that binds to the SP-1 site in the *Foxp3* promoter and induces *Foxp3* transcription.¹⁸

CNSS AND EPIGENETIC CONTROL OF FOXP3 EXPRESSION

Epigenetic control of gene expression encompasses changes in histones and DNA that affect the accessibility of promoter and enhancer regions to transcription factors, including CNSs that serve as enhancers. Quiescent genes are characterized by CpG sequences in which the 5' cytosines are methylated, as methylation retards transcription factor binding to DNA, either directly or by interacting with transcriptional repressors such as methyl-binding proteins and methyl transferases. In addition, methyl-binding proteins prevent histone acetylation (a characteristic of open chromatin) by recruiting histone deacetylases. Active genes, in contrast, are characterized by demethylated CpG sequences and acetylated histones in both promoter and enhancer regions. In general, stable and perhaps irreversible activation of particular genes during cell differentiation is characterized by the above epigenetic changes in these genes; however, partial or incomplete epigenetic changes can occur in genes being turned on and off.

As indicated above, Mantel *et al.*¹⁴ discovered several CNSs in the human *FOXP3* gene, including the two in intron 2, already

mentioned, as well as one in the promoter and perhaps several others in downstream areas. In studies of the murine *Foxp3* gene, Kim and Leonard¹⁹ corroborated this finding, although in this case the intronic CNS regions had somewhat different locations. In addition, they showed that the most downstream (or 3') of these regions, located at +4,301 to +4,500, had very considerable promoter activity in luciferase reporter assays conducted in stimulated Jurkat cells and was thus an enhancer region. Further analysis revealed that this enhancer contained a CREB/ATF (activating transcription factor) motif, which in fact bound CREB in electrophoresis mobility shift assay. In addition, mutation of this site or a dominant-negative CREB greatly inhibited the enhancer activity of this CNS in a luciferase reporter assay.

Kim and Leonard¹⁹ also examined the methylation status of CpG sequences in the *Foxp3* gene of naive and regulatory cells not expressing or expressing *Foxp3*, respectively, recognizing, as discussed above, that demethylation of CpG correlates with gene expression. They found that the promoter and intron 2 CNS enhancer regions of the *Foxp3* gene in regulatory cells contained virtually unmethylated DNA, whereas corresponding regions in naive cells showed a high degree of DNA methylation. This correlation was particularly striking with respect to the 3' intron 2 CNS enhancer that contained only a single CpG island. Finally, along similar lines, they found that naive CD4⁺ T cells exposed to TGF- β to induce expression of *Foxp3* also showed a lack of methylation, especially in this 3' intron 2 CNS enhancer. Overall, these studies were compatible with the view that T-cell activation and/or TGF- β signaling result in epigenetic modifications of the *Foxp3* gene, at least in part mediated by CREB binding to the 5' enhancer in the *Foxp3* gene intron 2. These modifications involve demethylation of CpG motifs in both the promoter and the 3' intron 2 enhancer that significantly increase accessibility of gene regulatory regions to transcription factors.

Further studies focused on the role of epigenetic factors in maintaining stable *Foxp3* expression. Floess *et al.*²⁰ found that a conserved region in intron 2, corresponding to the more 3' CNS referred to above, as well as a conserved region in the intron between exons 7 and 8 contained mainly demethylated CpG sequences and showed histone acetylation in *Foxp3*⁺CD25⁺CD4⁺ cells from spleen and lymph nodes, whereas the same sequences in *Foxp3*⁻CD25⁻CD4⁺ cells contained methylated CpGs and no histone acetylation. In addition, TGF- β -induced *Foxp3*⁺CD4⁺ cells manifest only partially demethylated CpG sequences in the intron 2 conserved region and no demethylation in a downstream intron between exons 7 and 8 (intron 10). This relative lack of demethylation in TGF- β -induced cells correlated with the fact that these cells lose *Foxp3* expression upon restimulation in the absence of TGF- β , leading Floess *et al.*²⁰ to conclude that the demethylation was necessary to maintain a stable Treg phenotype.

Similar findings were reported by Lal *et al.*²¹ who in this case focused on a far upstream CNS, some 5–6,000 bp 5' to the transcription start site that also contained a CpG island. This region was heavily methylated in non-Treg cells and even in TGF- β -induced Tregs but not in thymus-derived Tregs.

In addition, this region was characterized by bound methyl-binding proteins and methyl transferases. Not unexpectedly, exposure of cells with this methylated DNA region to a DNA methylase inhibitor 5-aza-2'-deoxycytidine resulted in the induction of histone acetylation as well as binding of transcription factor to downstream promoter sites such as TIEG1 and Sp-1 binding. In addition, it resulted in stable Foxp3 expression and acquisition of suppressor activity upon TGF- β stimulation. On the other hand, an inhibitor of Foxp3 expression, IL-6, led to methylation of this region.²² These studies thus raise the question of whether methyl transferase inhibitors can regulate suppressor T-cell generation and function.

That latter idea was further examined by Josefowicz *et al.*²³ who showed that mice with methyl transferase I deficiency show greatly increased induction of Foxp3⁺ thymocytes and peripheral T cells by TCR stimulation alone and such induction is not further increased by TGF- β . Methyl transferase recruitment is a cell cycle-dependent event and thus the investigators proposed that the function of TGF- β in Foxp3 expression is, in part, repression of cell cycle-dependent recruitment of methyl transferase, either directly or through negative regulation of cell proliferation caused by p27 activation. This theory, however, may be too sweeping as the main enhancer affecting Foxp3 expression, the 5' enhancer in intron 2 investigated by Tone *et al.*,¹⁵ is not a region subject to methylation. A theory somewhat more compatible with the data presently at hand is that demethylation of the Foxp3 gene in some or all of the CNSs discussed above relates mainly to the effects of TCR (and possibly IL-2) stimulation occurring first in the thymus with respect to "natural" Tregs and second in the periphery with respect to TGF- β -induced "adaptive" Tregs. Furthermore, these epigenetic changes, although initiated by cell stimulation, are mediated by the induction of factors such as CREB/activating transcription factor or, as indicated below, by Foxp3-Runx1 (runt-related transcription factor 1) complexes.

Most recently, a sweeping advance in our knowledge of how conserved regions in and around the Foxp3 gene operate has come from a recent study by Zheng *et al.*²⁴ defining the function of these regions with mice in which the various conserved regions were deleted. These investigators identified a conserved region in intron 3 as a "pioneer" CNS whose deletion results in a greatly reduced numbers of Tregs; this region therefore determines the overall size of both the thymic and peripheral Treg population. This region binds c-Rel (as does a promoter site described above), which is presumably generated by TCR stimulation. A second CNS region, one corresponding to the region identified above as the 3' enhancer in intron 2, is necessary for induction of Tregs in the periphery by TGF- β , consistent with the previous studies of Tone *et al.*¹⁵ Deletion of this CNS leads to reduced numbers of Tregs in the mucosal tissues in correlation with the fact that these are the tissues most associated with dendritic cell-mediated TGF- β and RA induction of Tregs. A third and final CNS region corresponding to the 3' enhancer in intron 2 was not involved in either thymic generation of Tregs or in peripheral induction of Tregs; it was, however, necessary for the maintenance of Foxp3 expression

in dividing cells and thus deletion of this region was associated with age-associated decreases in Tregs. Interestingly, this region was shown to bind Foxp3 itself when in a demethylated (i.e., active) state; thus, production of Foxp3 may itself be necessary for the maintenance of a stable Treg population. Finally, previous studies had shown that Runx1 (bound to, core-binding factor β) binds to various CNS regions and has effects on Foxp3 expression.²⁵ This observation was expanded upon by Zheng *et al.*²⁴ who showed that Foxp3 binding to the intron 2 enhancer actually involves the Foxp3 complexed to Runx1 and occurs at Runx1 binding sequences in the enhancer.

Overall, the Zheng *et al.*²⁴ studies of the enhancer activity of CNSs as well as previous studies of the role of epigenetic effects on Foxp3 gene expression greatly expand our knowledge of the molecular regulation of the Foxp3. Nevertheless, they still leave many unanswered questions concerning the way these distal regions physically initiate/facilitate Foxp3 transcription. Some inkling of the way this might occur comes from the recent studies of Ruan *et al.*¹⁶ in that these studies provide evidence of molecular interactions between enhancer and promoter regions, but additional studies are necessary to fully elucidate this question.

THE REGULATION OF TGF- β -INDUCED FOXP3 EXPRESSION BY CYTOKINES

Numerous studies have established beyond doubt that cytokines regulate Foxp3 expression both positively and negatively (Figure 2). This is not unexpected, given the fact that there is an absolute need for the immune response to regulate the level of Treg activity in any given immune response and the most salient way of accomplishing this is through the secretion of various cytokines. Such regulation at once correlates effector cell activity in host defense and inflammation on one hand with the need to control overexuberant responses on the other.

Positive cytokine regulation

Regulation of TGF- β -induced Foxp3 by IL-2. Regulation of TGF- β -induced Foxp3 by IL-2 needs to be discussed first, given the known importance of this cytokine in Treg development in the thymus (reviewed in refs.^{26,27}). As alluded to above, this relationship first came to light with the observation that IL-2 deficiency is associated with the autoimmunity manifesting as colitis, and early studies showing that such autoimmunity is in fact due to reduced secretion of regulatory cytokines.²⁸⁻³⁰ Later, it was shown that IL-2 was also necessary for TGF- β -induced Foxp3 expression and Treg development.³¹ Recently, the importance of IL-2 to Treg development has been studied at the molecular level. In initial studies by Burchill *et al.*,³² it was found that T cell-specific deletion of Stat5 (the main Stat induced by IL-2) and reconstitution of IL-2R β -deficient mice with bone marrow cells expressing a mutant IL-2R β that only activates Stat5 restores the ability of the mice to develop Tregs. That Stat5 was exerting an effect to induce Foxp3 expression was suggested by concomitant studies showing that Stat5 bound to the Foxp3 promoter. Later studies by Zorn *et al.*³³ showed that IL-2 increased Foxp3 expression in human CD25⁺

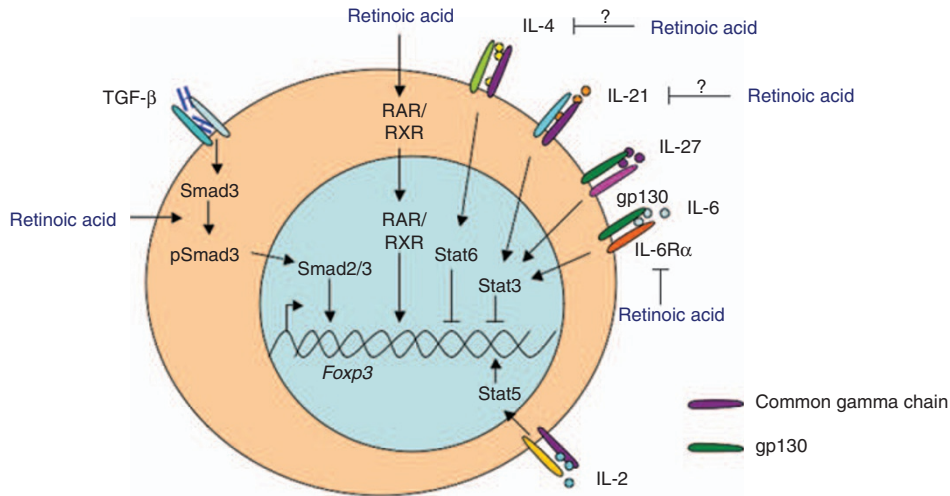


Figure 2 Possible mechanisms of the effect of retinoic acid on Foxp3 gene transcription. As indicated in the Figure, retinoic acid may have direct effects by exerting an effect through RAR/RXR or may have indirect effects on various cytokines that positively and negative influence Foxp3 expression. See text for specific details.

T cells (but not CD25⁻ T cells) and that a luciferase reporter gene driven by human *Foxp3* enhancer (the more 3' intron 2 CNS) gave a positive signal if co-transfected with either a Stat5- or Stat3-expressing vector. In addition, these investigators showed that treatment of patients who have undergone bone marrow treatment with IL-2 leads to substantial increases in Foxp3 expression in CD25⁺ cells. Perhaps the most definitive studies of the relation of Stat5 to Foxp3 expression, however, have come from O'Shea and his associates^{34,35} who showed that Stat5-deficient mice as well as *Jak3*- and *Il2rg*-deficient mice with defective IL-2 signaling lacked cells in the thymus or the periphery that expressed Foxp3. Moreover, stem cell transplantation studies and studies of tissue-specific Cre mice mated to mice with floxed *Stat5* genes strongly suggested that the T cell-specific Stat5 deficiency also results in lack of Foxp3 expression. On the other hand, mice with conditional Stat3 deficiency had normal numbers of cells expressing Foxp3. Thus, they could distinguish between the effects of Stat5 and Stat3 in the positive regulation of Foxp3. Finally, this group of investigators assessed the importance of IL-2 to TGF- β -induced Tregs and found that, here again, induction was greatly impaired by defective IL-2 signaling.

Related to the above results is the fact that two Stat5 binding sites were found in the promoter region of *Foxp3* gene as well as one in the intron 2 region corresponding to the more 3' CNS, which is also a CREB/ATF binding region as discussed above. Chromatin immunoprecipitation studies provided evidence that Stat5 binds to these sites in CD25⁺ T cells obtained from the thymus and spleen and then cultured in the presence of IL-2.³⁴ Thus, IL-2 signaling through Stat5 seems to be an important positive stimulus for Foxp3 expression.

Finally, it should be noted that human cells are somewhat different from mouse cells with respect to IL-2 and Stat5, as already suggested above in studies of the human and mouse *Foxp3* promoter function. Thus, as shown by Passerini *et al.*,³⁶ IL-2 alone is sufficient to induce Foxp3 in TCR-stimulated human CD4⁺ T cells, as are (to a lesser extent) other Stat5-inducing cytokines, such as

IL-15 and IL-7, but not with cytokines not inducing Stat5, such as IL-4 and TGF- β . In the latter regard, IL-2-mediated induction was not augmented by TGF- β . These results correlated with molecular studies that showed that transfection of cells with a vector expressing Stat5 was sufficient to induce Foxp3 in activated cells. Thus, IL-2 and Stat5 in the absence of TGF- β are more capable of inducing Foxp3 in human cells than in mouse cells. However, it should be noted that the induced cells are not anergic and do not show suppressor function;¹³ thus, it is not clear that IL-2 alone is capable of inducing functional Tregs even in humans.

Negative cytokine regulation

Regulation of TGF- β -induced Foxp3 expression by IL-6. Negative regulation of Foxp3 and suppressor cell development provided by IL-6 was initially shown by Pasare and Medzhitov³⁷ and later by other investigators.³⁸⁻⁴⁰ Strong evidence that such regulation occurs through Stat3 was provided by Yao *et al.*,³⁴ who showed that IL-6 fails to regulate TGF- β -induced Foxp3 expression in mice that are Stat3 deficient because of a conditional T cell-specific Stat3 gene deletion. In addition, Yao *et al.*³⁴ showed with chromatin immunoprecipitation studies that Stat3 binds to the same conserved region in intron 2 of the *Foxp3* gene as does Stat5, probably to the same target site as the Stat3 and the Stat5 target sites are very similar. Stat3 binding to this site, however, was much weaker than Stat5 binding, raising the possibility that Stat5 binding to this site inhibits Stat3 binding, except under conditions in which the cell is exposed to IL-6 and expresses high amounts of activated Stat3. Finally, it should be noted that although Stat3 seems to be implicated in IL-6-mediated downregulation of TGF- β -induced Foxp3 expression, it also seems to have a positive effect on TGF- β -induced Foxp3 expression or on the maintenance of natural Treg phenotype and function.⁴¹⁻⁴⁵ Thus, Stat3 may exert both positive and negative regulatory effects on Foxp3 expression, depending on dose of activated Stat3 or on the presence of as yet undefined regulatory co-factors.

Two other cytokines that induce Stat3, IL-21⁴⁶ and IL-27^{47,48} (see discussion below), also have inhibitory effects on TGF- β -induced Foxp3 expression; on this basis it is curious and unexplained that IL-10, another Stat3-inducing cytokine, has little effect *in vitro* and one study showed that IL-10 can maintain Foxp3 expression of regulatory T cells in a colitis model.⁴⁹ This may relate to the relative capacity of these various cytokines to induce SOCS3, a factor that inhibits Stat3 activation.

Regulation of TGF- β -induced Foxp3 expression by IL-27. Negative regulation of Foxp3 and suppressor function of Tregs was shown first by Neufert *et al.*⁴⁷ These investigators showed that the effect was a direct activity of IL-27 rather than one exerted through another cytokine and, in particular, it was independent on the positive effect of IL-2. In addition, they showed that the inhibitory effect was also observed in Stat1-deficient mice and was thus independent of Stat1. This was in contrast to the inhibitory effect of IL-27 on Th17 development, which was Stat1 dependent, a result also found by Huber *et al.*⁴⁸ Interestingly, such independence of TGF- β -induced Treg development seems to contrast with the dependence of natural Treg development on Stat1.⁵⁰ These results documenting the lack of Stat1 dependence of the negative IL-27 effect correlate with studies showing that knockdown of Stat3 by specific Stat3 small interfering RNA substantially neutralized the downregulatory effect of IL-27 on TGF- β -induced Foxp3 expression. However, such knockdown had a greater effect on the downregulatory effects of IL-6 than those of IL-27, suggesting that IL-27 inhibition is mediated by other factors as well.

A dissenting note regarding the role of IL-27 (and Stat1) in Foxp3 expression has come from Ouaked *et al.*⁵¹ who found that, in human T cells, both IL-27 and interferon- γ (but not IL-12) substantially enhance TGF- β -induced Foxp3 expression, and cells thus induced showed suppressor function. In addition, they showed that the FOXP3 promoter had two Stat binding sites in the proximal FOXP3 promoter that in fact bound Stat1 generated in cells stimulated in the presence of IL-27 in chromatin immunoprecipitation assays. Finally, these investigators showed with luciferase reporter studies conducted in primary human T cells that promoter constructs with intact Stat1 sites induced positive signals in cells stimulated by TGF- β , IL-27, and IL-2. These data obtained with studies of human cells are difficult to reconcile with studies of mouse T cells in which, as indicated above, IL-27 has downregulatory effects on TGF- β -induced Foxp3 expression and such effects were dependent on Stat3. They also differ from the studies of Tone *et al.*¹⁵ discussed above in which *Foxp3* promoter constructs did not appear, in itself to have activity in luciferase reporter assays.¹⁵ Resolution of this discrepancy awaits additional studies of human cells.

Regulation of TGF- β -induced Foxp3 expression by IL-4. IL-4 is yet another cytokine with negative regulatory effects on TGF- β -induced Foxp3 expression. In initial studies on this point by Mantel *et al.*,⁵² it was shown that TGF- β had little capacity to induce Foxp3 expression in human cells undergoing Th2 differentiation and that differentiated Th2 cells lack Foxp3. Then, in studies of the molecular basis of this IL-4-induced

effect, it was shown that GATA-3 (a factor induced by IL-4) binds to a conserved site in the *Foxp3* promoter approximately 300-bp upstream of the transcription start site and that overexpression of GATA-3 in cells expressing a *Foxp3* promoter-driven luciferase reporter is associated with reduced luciferase expression. In addition, mutation of the GATA-3 binding site in the *Foxp3* promoter diminished the negative effect of GATA-3 in this system. On this basis it was concluded that GATA-3 is a repressor of *Foxp3* transcription and, as such, negates the TGF- β inductive effect.

A somewhat different picture was obtained in studies of IL-4 effects on TGF- β -induced Foxp3 expression in mouse cells.⁵³ In parallel with the studies of human cells, inclusion of IL-4 (but not IL-10) into activated CD4⁺ T-cell cultures suppressed TGF- β induction of Foxp3 to an even greater extent than IL-6. However, in this case, the negative effect of IL-4 was not observed in Stat6-deficient cells and GATA-3 was not detectable in cells at early time points when the IL-4 suppression was already evident; thus, the suppressor effect of IL-4 seemed to be because of Stat6 rather than GATA-3. In subsequent studies of the mechanism of the IL-4 effect, chromatin immunoprecipitation studies of virtually the entire promoter and intronic enhancer regions of the *Foxp3* gene in primary T cells were performed in the presence and absence of IL-4 to determine whether IL-4 affected histone acetylation and therefore chromatin accessibility. These studies revealed that TGF- β induced histone acetylation in an area between the 5' and 3' enhancers in intron 2 (at +2,459 to +2,866) but not in the promoter or either of the two enhancers themselves and that this effect was not blocked by IL-4. Furthermore, it was shown that Stat6 binds to this site in the presence but not in the absence of IL-4. Finally, luciferase reporter studies in which a large 10.2-kb fragment spanning the *Foxp3* promoter and enhancer regions to drive the reporter were conducted to assess the effect of the Stat6 binding site on promoter activity. Whereas deletion of the NFAT-Smad3 binding element reduced the luciferase signal as in the Tone *et al.*¹⁵ studies, deletion of the Stat6 binding element had no effect on the signal. However, deletion of the latter did abolish the suppressor effect of IL-4. Thus, the investigators concluded that an IL-4-induced Stat6-mediated silencer at this site accounts for the negative effect of IL-4 on TGF- β -induced Foxp3 expression.

RA ENHANCEMENT OF TGF- β -INDUCED FOXP3 EXPRESSION

As mentioned above, a major recent finding regarding TGF- β -induced Foxp3 expression is that all-*trans*-RA produced by mucosal CD103⁺ dendritic cells can greatly enhance the TGF- β effect^{9,10,54} but, as initially shown by Hill *et al.*,⁵⁵ it has no effect on Foxp3 expression on its own. The question therefore arises of what is the molecular mechanism of this enhancement.

One analysis addressing this issue was conducted by Hill *et al.*,⁵⁵ who first presented evidence that RA failed to enhance TGF- β -induced T-cell Foxp3 expression in cells from mice with deletion of RAR α , one of the three main nuclear receptors for RA (and which mediate RA transcriptional activity).

However, RAR α -deficient mice had normal numbers of Tregs. Further studies revealed that RA did not change the molecular “signature” of the Tregs in that they continued to lack molecular components associated with natural Tregs. This suggested that RA exerts an effect indirectly as an enhancer of Foxp3 expression, perhaps by abolishing the inhibitory effects of other cells on such expression. In support of this idea, Hill *et al.*⁵⁵ provided evidence that mature (CD44^{hi}) CD4⁺ T cells secrete various cytokines (IL-4, interferon- γ , and IL-21) that suppress TGF- β -induced Foxp3 expression, especially when present together, and that RA suppresses the secretion of these cytokines. These findings were consistent with previous studies discussed above showing that particular cytokines (e.g., IL-4) have potent effects on TGF- β induction.

This conclusion has been challenged, however, by Mucida *et al.*⁵⁶ who provided data showing that highly purified populations of naive T cells devoid of mature cells undergo unfettered induction of Foxp3 in the presence of TGF- β . Thus, although it is possible that RA does in fact inhibit the secretion of inhibitory cytokines and may have an indirect effect on TGF- β induction in the tissue milieu, the main effect is a direct effect on the target naive cell. This view is supported by Takaki *et al.*⁵³ who showed that IL-4, the most suppressive cytokine identified in the Hill *et al.*⁵⁵ study, does not prevent the enhancing effect of RA. In addition, these investigators showed that RA opposed the effect of IL-4 on histone deacetylation and thus prevented Stat6 binding to its intronic site. Finally, these investigators identified an RAR α /RXR α binding site between +2,114 and +2,350 and then showed that disruption of this site impaired the ability of a construct containing the site to drive a luciferase reporter. These data, as well as recent data from Nolting *et al.*⁵⁷ show that although CD44⁺ T cells do indeed produce the cytokines previously identified by Hill *et al.*⁵⁵ as inhibitors of the induction of Foxp3 in naive cells, RA overrides these inhibitory effects. Thus, the weight of evidence favors the idea that RA directly enhances Foxp3 expression.

In another line of investigation, Xiao *et al.*⁵⁸ provided data showing that RA enhances the phosphorylation of Smad3 and, the same time, inhibits the expression of IL-6R α , interferon regulatory factor 4, and IL-23R factors that would favor Th17 differentiation and thus divert the cell from becoming a Treg under TGF- β stimulation. That the latter actually occurs *in vivo* was shown by the fact that RA administration inhibits Th17-mediated inflammation (EAE). These data also favor a direct effect of RA in that they support the notion that RA enhances Smad3 activation and signaling, presumably through the mechanism suggested by Tone *et al.*¹⁵ above. It should be noted, however, that as already mentioned Nolting *et al.*⁵⁷ provided evidence that the enhancing effect of RA is not due to indirect effects on inhibiting cytokines, neither is it due to effects on Smad3 as they produced data showing that while RA does enhance Smad3 activation, Smad3 cannot be involved in RA enhancing effects because the latter are slightly diminished in Smad3-deficient mice.

Finally, Elias *et al.*⁵⁹ have examined the role of Stat3 and Stat5 in RA enhancement of TGF- β induction of Foxp3. They found

that T cells from Stat3- or Stat5-deficient mice showed robust RA enhancement and thus RA does not exert an effect by reversing the inhibiting effect of Stat3-inducing cytokines such as IL-6 and IL-27 nor does it involve augmentation of the positive effect of IL-2. The latter fact was corroborated by studies showing that RA enhancing effects occur in the presence of anti-IL-2.

Taken together, these various studies indicate that although RA can reduce the level of cytokines that are potentially able to inhibit RA enhancing effects on TGF- β -induction of Foxp3 (Figure 2), such reductions may be irrelevant because the direct effects of RA on naive T cells undergoing induction have been shown to negate negative cytokine activity. In addition, there is little or no evidence that RA enhancing effects occur through the modulation of either negative or positive cytokine regulation of Foxp3 expression. Finally, whether or not RA enhancing activity depends on Smad3 is quite unclear, as evidence in favor of this view showing that RA enhances Smad3 expression is opposed by the finding that Smad3-deficient mice show substantial enhancement.⁵⁷ At the moment, therefore, the mechanism by which RA enhances TGF- β induction of Foxp3 is poorly understood.

CONCLUSIONS

The body of work reviewed in this study relating to the molecular basis of TGF- β induction of Foxp3 expression and thus the induction of induced Tregs has established the basic parameters governing such induction. It is clear that induction is dependent not only on promoter function, but also on enhancers embedded in CNSs located in both intron 2 and intron 3 as well as in other more distal conserved sequences. With respect to TGF- β -induced Tregs, the 5' CNS located in intron 2 seems to be of very great importance and recent work has shown that this enhancer has physical engagement with a promoter site binding nuclear factor- κ B components such as c-Rel. This basic concept of Foxp3 regulation in induced Tregs receives strong support from the fact that Smad3, the essential transcription factor induced by TGF- β , binds to the 5' enhancer in intron 2 but not to a promoter site. Other conserved regions control the basic size of the Treg compartment and the maintenance of Treg stability.

Another basic feature of Foxp3 expression in both natural and induced Tregs is the importance of epigenetic processes, particularly as they relate to the role of demethylation as a means of enhancing promoter/enhancer accessibility. However, it is not clear how the binding of various factors (e.g., NFAT, Smad3, and Foxp3 itself) to enhancer sites relate to these epigenetic processes: do they in fact initiate them or do they result from them. A similar question can be raised with respect to cytokine regulation: do cytokines influence Foxp3 gene expression by exerting an effect as transcription factors or by influencing gene accessibility.

Some of these questions bear on the mechanism of RA enhancement of TGF- β -induced Foxp3 expression. This mechanism is still shrouded in mystery as it is still unclear whether enhancement involves regulation of Smad3 effects, direct activity of RA receptors as transcription factors, or even regulation of epigenetic effects. Further studies will undoubtedly address these issues.

DISCLOSURE

The authors declared no conflict of interest.

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