# University of São Paulo School of Communications and Arts Department of Information and Culture English language



Teacher – Ivan Siqueira

# Summary of our online class

- Learning to learn
- Weekly goals (plan)
- Competences
- Strategies to study
- Interdisciplinary approach

# Learning to learn

- Motivation
- Daily exercises
- Discipline
- Cooperation with classmates
- Online resources

# Weekly goals (plan)

- Routine of studies
- Manage your time
- Overcome procrastination (80/20 Rule)

## Competences

- Reading (keywords "lemmas", phrasal structure, nouns, verbs)
- Listening (active practice questions)
- Speaking (sounds, melody, shadowing technique)

# Strategies to study

- Time to study (20 to 60 minutes per day)
- Annotations (goals, task, difficulties)
- Activities focusing on competences and skills

# Interdisciplinary approach

- Academic English
- Open Plain English
- Resources (newspapers, videos, podcast)
- Arts, Science, Literature, Information Science...

### Plan of studies - example

- Monday to Wednesday (reading exercises)
- Thursday and Friday (listening and speaking)
- Resources that I used (...)
- Oifficulties (things to improve): how to make questions?
- It could be a good idea to use an excel table!