

Anexo 18. Tabela do percentil 50 do peso, estatura, perímetro cefálico (PC) e índice de massa corporal em crianças (do nascimento até os 5 anos), para o sexo masculino e feminino

Idade meses	Meninos				Idade meses	Meninas			
	Peso	Estatura	PC	IMC		Peso	Estatura	PC	IMC
0	3.346	49.884	34.462	13.407	0	3.232	49.148	33.879	13.336
1	4.452	54.664	37.244	14.914	1	4.172	53.633	36.516	14.542
2	5.541	58.330	39.083	16.294	2	5.105	56.980	38.211	15.744
3	6.346	61.312	40.460	16.883	3	5.818	59.695	39.483	16.339
4	6.970	63.758	41.573	17.147	4	6.394	61.969	40.526	16.657
5	7.477	65.769	42.496	17.285	5	6.867	63.900	41.401	16.830
6	7.900	67.484	43.269	17.341	6	7.265	65.591	42.140	16.906
7	8.263	69.015	43.920	17.333	7	7.609	67.136	42.770	16.906
8	8.580	70.438	44.471	17.274	8	7.915	68.586	43.309	16.850
9	8.866	71.795	44.943	17.180	9	8.191	69.967	43.774	16.755
10	9.128	73.096	45.350	17.066	10	8.444	71.293	44.177	16.637
11	9.374	74.343	45.705	16.944	11	8.682	72.570	44.532	16.508
12	9.608	75.543	46.016	16.820	12	8.909	73.803	44.845	16.379
13	9.833	76.703	46.291	16.697	13	9.129	74.996	45.125	16.254
14	10.051	77.825	46.537	16.578	14	9.344	76.150	45.378	16.136
15	10.265	78.912	46.760	16.465	15	9.555	77.270	45.608	16.026
16	10.474	79.969	46.964	16.358	16	9.764	78.356	45.818	15.924
17	10.681	80.998	47.152	16.257	17	9.971	79.413	46.013	15.831
18	10.885	82.000	47.327	16.163	18	10.178	80.442	46.196	15.747
19	11.087	82.976	47.492	16.076	19	10.383	81.445	46.369	15.671
20	11.288	83.927	47.648	15.996	20	10.587	82.423	46.533	15.604

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Idade meses	Meninos				Idade meses	Meninas			
	Peso	Esta- tura	PC	IMC		Peso	Esta- tura	PC	IMC
21	11.488	84.855	47.796	15.924	21	10.791	83.378	46.691	15.544
22	11.687	85.761	47.939	15.860	22	10.995	84.310	46.844	15.493
23	11.885	86.648	48.076	15.803	23	11.200	85.220	46.991	15.451
24	12.083	87.516	48.207	15.752	24	11.406	86.109	47.133	15.415
25	12.279	87.667	48.333	15.994	25	11.611	86.278	47.271	15.670
26	12.474	88.497	48.454	15.956	26	11.817	87.129	47.404	15.641
27	12.665	89.307	48.571	15.918	27	12.022	87.960	47.533	15.614
28	12.854	90.096	48.682	15.882	28	12.224	88.774	47.656	15.588
29	13.040	90.864	48.789	15.846	29	12.424	89.568	47.774	15.563
30	13.222	91.612	48.892	15.810	30	12.620	90.345	47.886	15.538
31	13.400	92.340	48.990	15.776	31	12.814	91.105	47.994	15.514
32	13.576	93.050	49.084	15.742	32	13.005	91.849	48.097	15.491
33	13.749	93.743	49.174	15.709	33	13.193	92.578	48.195	15.468
34	13.919	94.421	49.259	15.677	34	13.381	93.294	48.289	15.446
35	14.088	95.088	49.342	15.645	35	13.567	93.998	48.379	15.425
36	14.255	95.743	49.421	15.614	36	13.753	94.691	48.466	15.406
37	14.422	96.389	49.497	15.585	37	13.938	95.375	48.549	15.388
38	14.588	97.026	49.570	15.556	38	14.124	96.049	48.629	15.372
39	14.753	97.654	49.640	15.529	39	14.309	96.714	48.706	15.357
40	14.918	98.274	49.708	15.503	40	14.494	97.370	48.781	15.343
41	15.083	98.885	49.774	15.478	41	14.678	98.018	48.852	15.331
42	15.248	99.487	49.837	15.455	42	14.861	98.658	48.922	15.318
43	15.412	100.080	49.898	15.434	43	15.043	99.288	48.989	15.307

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Idade meses	Meninos				Idade meses	Meninas			
	Peso	Esta- tura	PC	IMC		Peso	Esta- tura	PC	IMC
44	15.577	100.666	49.957	15.414	44	15.225	99.911	49.053	15.297
45	15.742	101.244	50.015	15.395	45	15.406	100.525	49.116	15.287
46	15.906	101.814	50.070	15.377	46	15.586	101.131	49.177	15.278
47	16.070	102.378	50.124	15.360	47	15.765	101.730	49.236	15.271
48	16.234	102.938	50.176	15.344	48	15.944	102.321	49.293	15.264
49	16.398	103.494	50.226	15.328	49	16.123	102.906	49.349	15.259
50	16.562	104.046	50.276	15.313	50	16.302	103.484	49.403	15.254
51	16.725	104.596	50.323	15.299	51	16.481	104.056	49.456	15.252
52	16.889	105.144	50.370	15.286	52	16.659	104.623	49.508	15.250
53	17.053	105.692	50.415	15.273	53	16.837	105.185	49.558	15.250
54	17.216	106.238	50.459	15.261	54	17.015	105.741	49.608	15.250
55	17.380	106.782	50.502	15.249	55	17.193	106.292	49.657	15.252
56	17.543	107.326	50.544	15.238	56	17.370	106.837	49.704	15.255
57	17.707	107.869	50.585	15.227	57	17.546	107.378	49.751	15.258
58	17.870	108.411	50.625	15.217	58	17.721	107.913	49.796	15.262
59	18.032	108.952	50.665	15.208	59	17.895	108.443	49.841	15.266
60	18.195	109.492	50.704	15.199	60	18.069	108.968	49.885	15.270
61	18.357	110.031	50.742	15.191	61	18.241	109.488	49.928	15.275
62	18.497	110.497	50.775	15.184	62	18.389	109.935	49.965	15.280

Fonte: WHO, 2006.

Anexo 19. Tabela do percentil 50 do índice de massa corporal, estatura e peso de crianças e adolescentes (5 a 19 anos), para o sexo masculino e feminino

Idade meses	Meninos			Idade meses	Meninas		
	IMC	Estatura	Peso		IMC	Estatura	Peso
61	15.264	110.265	18.506	61	15.244	109.602	18.258
62	15.262	110.801	18.680	62	15.243	110.126	18.433
63	15.260	111.334	18.856	63	15.243	110.645	18.607
64	15.260	111.864	19.034	64	15.244	111.160	18.781
65	15.262	112.390	19.213	65	15.245	111.670	18.954
66	15.264	112.911	19.394	66	15.246	112.175	19.128
67	15.268	113.428	19.576	67	15.249	112.677	19.300
68	15.274	113.941	19.761	68	15.252	113.174	19.473
69	15.280	114.450	19.947	69	15.255	113.667	19.646
70	15.288	114.955	20.134	70	15.259	114.156	19.818
71	15.296	115.455	20.324	71	15.264	114.642	19.991
72	15.306	115.951	20.514	72	15.270	115.124	20.164
73	15.317	116.443	20.705	73	15.276	115.604	20.338
74	15.328	116.932	20.898	74	15.283	116.081	20.512
75	15.341	117.420	21.092	75	15.291	116.557	20.688
76	15.354	117.905	21.287	76	15.300	117.031	20.866
77	15.368	118.388	21.483	77	15.310	117.504	21.046
78	15.382	118.870	21.681	78	15.320	117.977	21.227
79	15.398	119.351	21.880	79	15.331	118.449	21.411
80	15.414	119.830	22.080	80	15.344	118.921	21.598
81	15.430	120.308	22.281	81	15.357	119.393	21.787
82	15.447	120.785	22.484	82	15.372	119.865	21.980
83	15.465	121.260	22.687	83	15.387	120.337	22.175

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Idade meses	Meninos			Idade meses	Meninas		
	IMC	Estatura	Peso		IMC	Estatura	Peso
84	15.483	121.734	22.892	84	15.404	120.810	22.374
85	15.502	122.205	23.097	85	15.421	121.284	22.576
86	15.521	122.675	23.303	86	15.440	121.759	22.782
87	15.541	123.143	23.510	87	15.459	122.234	22.990
88	15.561	123.609	23.718	88	15.480	122.710	23.202
89	15.581	124.074	23.927	89	15.501	123.187	23.418
90	15.602	124.536	24.137	90	15.524	123.665	23.637
91	15.624	124.996	24.348	91	15.548	124.144	23.859
92	15.646	125.454	24.560	92	15.572	124.623	24.085
93	15.668	125.910	24.772	93	15.598	125.104	24.315
94	15.690	126.364	24.986	94	15.625	125.587	24.548
95	15.713	126.816	25.200	95	15.652	126.071	24.785
96	15.737	127.265	25.416	96	15.681	126.556	25.026
97	15.761	127.713	25.633	97	15.711	127.042	25.271
98	15.785	128.159	25.851	98	15.742	127.530	25.520
99	15.809	128.603	26.071	99	15.773	128.020	25.772
100	15.834	129.047	26.291	100	15.806	128.511	26.028
101	15.860	129.489	26.513	101	15.839	129.004	26.288
102	15.886	129.930	26.736	102	15.874	129.498	26.552
103	15.912	130.370	26.960	103	15.909	129.993	26.819
104	15.938	130.810	27.186	104	15.945	130.490	27.090
105	15.965	131.25	27.414	105	15.982	130.989	27.364
106	15.992	131.688	27.643	106	16.019	131.490	27.641
107	16.020	132.127	27.875	107	16.058	131.991	27.921

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Idade meses	Meninos			Idade meses	Meninas		
	IMC	Estatura	Peso		IMC	Estatura	Peso
108	16.049	132.565	28.109	108	16.096	132.494	28.204
109	16.078	133.003	28.346	109	16.136	132.999	28.490
110	16.108	133.440	28.585	110	16.176	133.505	28.779
111	16.138	133.877	28.828	111	16.217	134.012	29.071
112	16.169	134.313	29.073	112	16.258	134.520	29.366
113	16.201	134.748	29.322	113	16.300	135.030	29.665
114	16.233	135.183	29.574	114	16.343	135.541	29.966
115	16.266	135.617	29.829	115	16.386	136.053	30.272
116	16.300	136.050	30.088	116	16.430	136.567	30.580
117	16.335	136.483	30.350	117	16.475	137.082	30.893
118	16.370	136.915	30.616	118	16.520	137.599	31.210
119	16.406	137.347	30.885	119	16.566	138.117	31.532
120	16.443	137.780	31.159	120	16.613	138.636	31.858
121	16.481	138.212		121	16.661	139.158	
122	16.519	138.645		122	16.710	139.680	
123	16.558	139.080		123	16.760	140.205	
124	16.597	139.516		124	16.810	140.731	
125	16.638	139.954		125	16.861	141.259	
126	16.679	140.395		126	16.914	141.789	
127	16.720	140.839		127	16.967	142.321	
128	16.763	141.286		128	17.021	142.853	
129	16.806	141.737		129	17.076	143.387	
130	16.850	142.192		130	17.132	143.922	
131	16.894	142.650		131	17.188	144.458	

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Idade meses	Meninos			Idade meses	Meninas		
	IMC	Estatura			IMC	Estatura	
132	16.939	143.113		132	17.246	144.993	
133	16.985	143.580		133	17.304	145.528	
134	17.031	144.051		134	17.364	146.062	
135	17.078	144.528		135	17.424	146.595	
136	17.126	145.009		136	17.485	147.126	
137	17.175	145.496		137	17.546	147.655	
138	17.224	145.989		138	17.609	148.180	
139	17.273	146.488		139	17.672	148.702	
140	17.324	146.993		140	17.736	149.220	
141	17.375	147.504		141	17.800	149.732	
142	17.427	148.022		142	17.865	150.239	
143	17.480	148.548		143	17.931	150.739	
144	17.533	149.081		144	17.997	151.233	
145	17.588	149.621		145	18.063	151.718	
146	17.643	150.169		146	18.130	152.195	
147	17.698	150.726		147	18.197	152.663	
148	17.755	151.290		148	18.264	153.121	
149	17.812	151.862		149	18.331	153.568	
150	17.870	152.442		150	18.399	154.004	
151	17.929	153.030		151	18.466	154.429	
152	17.989	153.623		152	18.533	154.842	
153	18.049	154.222		153	18.601	155.244	
154	18.110	154.826		154	18.668	155.633	
155	18.171	155.433		155	18.735	156.010	

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Idade meses	Meninos			Idade meses	Meninas		
	IMC	Estatura			IMC	Estatura	
156	18.233	156.043		156	18.801	156.375	
157	18.296	156.654		157	18.868	156.727	
158	18.359	157.266		158	18.934	157.067	
159	18.422	157.878		159	18.999	157.394	
160	18.486	158.487		160	19.064	157.708	
161	18.550	159.094		161	19.129	158.010	
162	18.615	159.696		162	19.193	158.300	
163	18.680	160.294		163	19.257	158.577	
164	18.744	160.886		164	19.320	158.842	
165	18.810	161.472		165	19.382	159.096	
166	18.875	162.050		166	19.444	159.338	
167	18.940	162.621		167	19.504	159.569	
168	19.005	163.182		168	19.565	159.789	
169	19.070	163.732		169	19.624	159.998	
170	19.135	164.272		170	19.682	160.197	
171	19.200	164.799		171	19.740	160.386	
172	19.265	165.314		172	19.797	160.564	
173	19.329	165.816		173	19.852	160.733	
174	19.394	166.305		174	19.907	160.893	
175	19.458	166.780		175	19.961	161.043	
176	19.522	167.242		176	20.013	161.184	
177	19.585	167.690		177	20.065	161.318	
178	19.649	168.126		178	20.115	161.442	
179	19.712	168.548		179	20.164	161.560	

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Idade meses	Meninos			Idade meses	Meninas		
	IMC	Estatura			IMC	Estatura	
180	19.774	168.958		180	20.212	161.669	
181	19.837	169.355		181	20.260	161.772	
182	19.899	169.739		182	20.305	161.867	
183	19.96	170.110		183	20.350	161.956	
184	20.022	170.468		184	20.393	162.039	
185	20.082	170.814		185	20.436	162.116	
186	20.143	171.147		186	20.477	162.188	
187	20.203	171.468		187	20.517	162.254	
188	20.262	171.777		188	20.556	162.315	
189	20.321	172.075		189	20.594	162.372	
190	20.38	172.361		190	20.631	162.424	
191	20.438	172.634		191	20.666	162.472	
192	20.495	172.897		192	20.701	162.516	
193	20.552	173.147		193	20.734	162.556	
194	20.608	173.386		194	20.767	162.593	
195	20.664	173.613		195	20.798	162.628	
196	20.72	173.828		196	20.829	162.659	
197	20.774	174.032		197	20.858	162.689	
198	20.829	174.225		198	20.886	162.716	
199	20.882	174.407		199	20.914	162.742	
200	20.936	174.578		200	20.940	162.767	
201	20.988	174.739		201	20.966	162.790	
202	21.04	174.890		202	20.990	162.813	
203	21.091	175.030		203	21.014	162.834	

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Idade meses	Meninos			Idade meses	Meninas		
	IMC	Estatura			IMC	Estatura	
204	21.142	175.161		204	21.037	162.854	
205	21.192	175.282		205	21.059	162.874	
206	21.242	175.395		206	21.080	162.894	
207	21.291	175.500		207	21.101	162.912	
208	21.34	175.596		208	21.121	162.930	
209	21.388	175.685		209	21.140	162.948	
210	21.435	175.767		210	21.159	162.965	
211	21.482	175.843		211	21.177	162.982	
212	21.528	175.913		212	21.194	162.998	
213	21.574	175.978		213	21.212	163.014	
214	21.619	176.038		214	21.228	163.030	
215	21.664	176.094		215	21.244	163.045	
216	21.708	176.145		216	21.260	163.060	
217	21.751	176.192		217	21.276	163.073	
218	21.794	176.237		218	21.291	163.086	
219	21.836	176.278		219	21.306	163.098	
220	21.877	176.316		220	21.320	163.109	
221	21.918	176.352		221	21.334	163.119	
222	21.958	176.385		222	21.348	163.128	
223	21.998	176.416		223	21.362	163.136	
224	22.037	176.445		224	21.375	163.142	
225	22.076	176.472		225	21.388	163.147	
226	22.114	176.498		226	21.401	163.151	
227	22.151	176.521		227	21.414	163.153	
228	22.188	176.543		228	21.427	163.155	

Fonte: WHO, 2007.