



Review article

Beyond the obvious: Environmental health implications of polar polycyclic aromatic hydrocarbons



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ABSTRACT

The genotoxic, mutagenic and carcinogenic effects of polar polycyclic aromatic hydrocarbons (polar PAHs) are believed to surpass those of their parent PAHs; however, their environmental and human health implications have been largely unexplored. Oxygenated PAHs (oxy-PAHs) is a critical class of polar PAHs associated with carcinogenic effects without enzymatic activation. They also cause an upsurge in reactive oxygen species (ROS) in living cells. This results in oxidative stress and other consequences, such as abnormal gene expressions, altered protein activities, mutagenesis, and carcinogenesis. Similarly, some nitrated PAHs (N-PAHs) are probable human carcinogens as classified by the International Agency for Research on Cancer (IARC). Heterocyclic PAHs (polar PAHs containing nitrogen, sulphur and oxygen atoms within the aromatic rings) have been shown to be potent endocrine disruptors, primarily through their estrogenic activities. Despite the high toxicity and enhanced environmental mobility of many polar PAHs, they have attracted only a little attention in risk assessment of contaminated sites. This may lead to underestimation of potential risks, and remediation end points. In this review, the toxicity of polar PAHs and their associated mechanisms of action, including their role in mutagenic, carcinogenic, developmental and teratogenic effects are critically discussed. This review suggests that polar PAHs could have serious toxicological effects on human health and should be considered during risk assessment of PAH-contaminated sites. The implications of not doing so were argued and critical knowledge gaps and future research requirements discussed.

1. Introduction

It has been more than four decades since the US Environmental Protection Agency (EPA) released a list of 16 representative polycyclic aromatic hydrocarbons (PAHs). This list, popularly known as 16 US EPA PAHs, has over the years gained tremendous recognition as a representative for all non-polar (homocyclic) and polar (heterocyclic/substituted) PAHs. This group of compounds has subsequently played a unique and vital role in environmental and analytical sciences (Andersson and Achten, 2015). However, PAHs comprise several thousand molecules (Achten and Andersson, 2015) that are not being considered. The continuous focus on the 16 US EPA PAHs implies the non-inclusion of many likely toxic compounds (Andersson and Achten, 2015). Importantly, more hydrophilic and mobile polar PAHs such as

oxygenated PAHs (oxy-PAHs), nitrated PAHs (N-PAHs) and N/S/O-heterocyclic PAHs are also not included in the list. This trend implies that the toxicological effects of PAHs in most contaminated sites are underestimated (Andersson and Achten, 2015), raising the question on the effectiveness of current global risk assessment and remediation of PAH-contaminated sites (Witter and Nguyen, 2016).

Polar PAHs are of global concern due to their toxicity, persistence, and mobility in the environment (Achten and Andersson, 2015; Wang et al., 2011). Also, the presence of electronegative atoms makes them more reactive and potentially more toxic compared to homocyclic PAHs (Achten and Andersson, 2015). For instance, some oxy-PAHs and N-PAHs do not require enzymatic activation to exert toxic effects, whereas related homocyclic/parent PAHs, such as B[a]P, require activation (Debajyoti Ghosal et al., 2016). In addition, N/S/O-heterocycles and

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their metabolites have been linked to endocrine disruption, e.g. with 7-ethoxyresorufin O-deethylase (EROD) induction and estrogenic activities (Brinkmann et al., 2014; Kuch et al., 2010). In most assays, these groups of polar PAHs with nitrogen, oxygen, or sulphur substituted atoms have caused similar or even higher toxicity compared to homocyclic PAHs (Wang et al., 2011; Brinkmann et al., 2014; Chibwe et al., 2015; Wincent et al., 2015).

The toxic properties, as well as the lack of monitoring and control, of polar PAHs by regulatory authorities in risk assessment is a significant cause of concern (Wincent et al., 2015). Therefore, this review aims to describe the mechanism of toxicity of polar and non-polar PAHs and their potential risks to human and environmental health. Specifically, this review will: a. Utilise the physicochemical characteristics of polar and non-polar PAHs to explain the differences in their mobility, bioavailability, and toxicity behaviours; b. Explain the possible impacts of polar PAHs toxicity on human health; and c. Suggest efficient remediation approaches for polar PAHs.

1.1. Sources and types of PAHs

Polycyclic aromatic hydrocarbons are produced from both natural and anthropogenic sources with the latter constituting the significant sources. While natural sources include forest or bushfires, diagenesis, and volcanic eruptions, anthropogenic sources consist of various pyrolytic processes during industrial operations, incineration, vehicular emissions and power generation among others (Wei et al., 2015a). Pyrolytic PAHs are released into the atmosphere in smoke, leading to their deposition on water and in soil (Vignet et al., 2014). Smoke, especially from tobacco, is primarily composed of PAHs and more importantly, polar PAHs. Many studies have confirmed the presence of > 500 types of PAHs in cigarette smoke (St Helen et al., 2012; Roemer et al., 2004; Hang, 2010). Both active smoking and second-hand smoke (SHS) exposure are important sources of toxic PAHs (St Helen et al., 2012). Petrogenic PAHs and their derivatives are present in crude oil and petroleum products often introduced into environmental media as a result of oil spills (Wei et al., 2015a; Bandowe et al., 2014). Polycyclic aromatic hydrocarbons can also be biogenic, resulting from certain terrestrial and aquatic microorganisms (Achten and Hofmann, 2009).

In addition to these primary sources, polar PAHs could indirectly result from homocyclic PAHs through different secondary processes such as (photo) chemical degradation (i.e. reaction with O₃, OH and NO_x) (Bamforth and Singleton, 2005; Lundstedt et al., 2007; Vione et al., 2006). Polar PAHs include oxygenated PAHs (oxy-PAHs), nitrated PAHs (N-PAHs) and, nitrogen, sulphur and oxygen (N/S/O)-Heterocyclic PAHs (Fig. 1).

1.2. Substituted PAHs

1.2.1. Oxygenated PAHs (oxy-PAHs)

Oxygenated (oxy-)PAHs are ketone and quinone substituted PAHs, that result directly from incomplete atmospheric combustion or tropospheric conversion of PAHs (Albinet et al., 2006; Shen et al., 2011) and other precursor molecules (Webb et al., 2006). Tropospheric conversion occurs from atmospheric reactions of PAHs with oxidative species such as ozone, hydroxyl, and nitrate radicals as well as UV-induced photoreactions (Vione et al., 2006). Incomplete metabolism of PAHs in contaminated soil during bioremediation can also yield oxy-PAHs (Lemieux et al., 2008). Oxygenated PAHs are regarded as dead-end products due to the numerous processes through which they are formed (Layshock et al., 2010). Based on functional groups, they have been classified into two major types: carbonyl and hydroxylated PAHs (Lundstedt et al., 2007). Carbonyl PAHs contain one or more carbonylic oxygen atoms attached to the aromatic ring structure, while hydroxylated PAHs contain one or more hydroxyl groups (Fig. 1). Oxy-PAHs are found in the environment as their parent

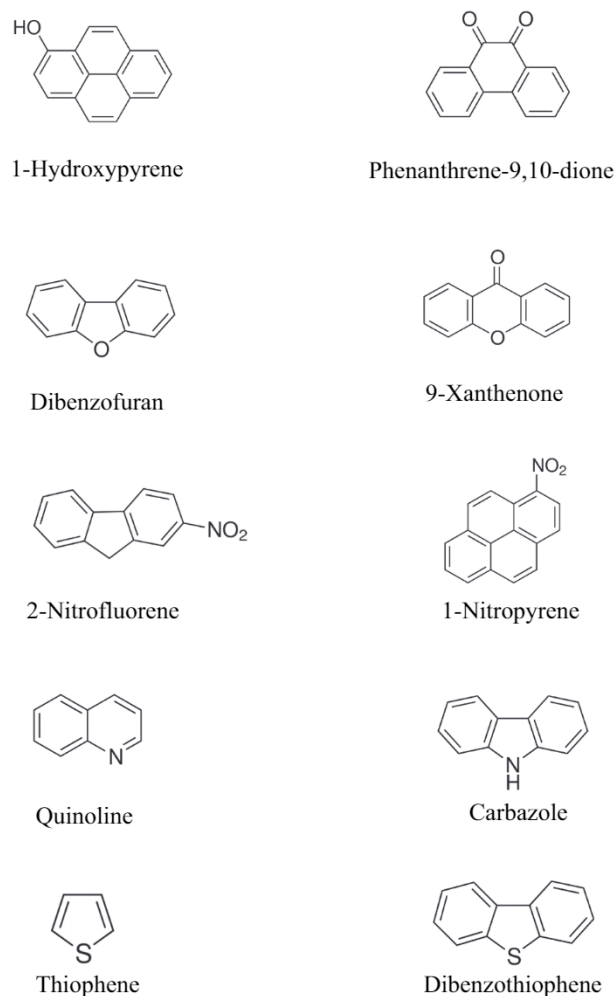


Fig. 1. Structural formulae of representative polar polycyclic aromatic hydrocarbons.

PAHs (Lundstedt et al., 2007).

Studies, which investigated the abundance of oxy-PAHs in soil and atmospheric particulate matter, showed a close correlation between oxy-PAHs and PAHs (Walgraeve et al., 2010; Bandowe and Wilcke, 2010). Higher concentrations of individual oxy-PAHs compared to corresponding parent-PAHs have been reported in contaminated sites undergoing bioremediation (Lundstedt et al., 2007). It could be due to the accumulation of oxy-PAHs at PAH-contaminated sites since most bioremediation methods promote PAH degradation/transformation (Palanisami et al., 2018) Worse still, these transformation products are not routinely monitored (Bamforth and Singleton, 2005).

1.2.2. Nitrated PAHs

These are nitro-functional group-containing derivatives of PAHs (Fig. 1). Nitrated PAHs could result from PAH degradation, pyrolysis or incomplete combustion of fossil fuels and biomass from industries, household stoves and heaters, waste incinerators and natural fires and vehicles (Bandowe and Meusel, 2017). As transformation products of PAHs, they are formed through reactions of particulate-bound PAHs with N₂O₅, NO₂, and NO₃ radicals during atmospheric transport (Jariyasopit et al., 2014; Zimmermann et al., 2013). Nitrated PAHs are generated as waste products of industrial and pharmaceutical processes because of their usage during the production process, as solvents, corrosion inhibitors, etc. (Padoley et al., 2008). They are also common pollutants in diesel vehicle exhaust (Bamford and Baker, 2003). Along with heterocyclic aromatic hydrocarbons, N-PAHs are known

constituents of petroleum-based products such as seal coat pavement sealant (Titaley et al., 2016; Wei et al., 2015b). The concentrations of N-PAHs compared to other PAHs are usually lower (about 1–2 orders of magnitude) with diesel engines emitting greater concentrations of N-PAHs than gasoline engines (Pham et al., 2013). Combustion temperature is an important determinant of N-PAH/PAH ratio (Deng and Chan, 2017) and it is useful in identifying emission sources (Pham et al., 2013). Although the concentrations of N-PAHs in the environment are smaller compared to other PAHs, they are nonetheless of great concern to human health due to their potent mutagenic and carcinogenic properties (Bandowe and Meusel, 2017). Like oxy-PAHs they might not require enzymatic activation to express toxicity. 1-Nitropyrene, for example, is classified as a probable human carcinogen by the International Agency for Research on Cancer (IARC) (Alves et al., 2016).

1.2.3. Nitrogen, sulphur and oxygen-heterocyclic PAHs

Nitrogen, sulphur and oxygen-heterocyclic PAHs contain nitrogen, sulphur and oxygen atoms within the aromatic rings (Fig. 1). About two-thirds of existing aromatic compounds are heterocycles (Bleeker et al., 2001), emphasizing the importance of these compounds in the environment. Heterocyclic PAHs are different in origin, chemical and biological properties from N-PAHs, S-PAHs and oxy-PAHs, which have their heteroatoms as substituents (Andersson and Achten, 2015). Nitrogen, sulphur and oxygen-heterocyclic PAHs can also be referred to as polycyclic aromatic nitrogen heterocycles (PANHs, e.g. indole, acridine); polycyclic aromatic sulphur heterocycles (PASHs, e.g. dibenzothiophene); and polycyclic aromatic oxygen heterocycles (PAOHs, e.g. benzonaphthofuran) (Andersson and Achten, 2015).

These compounds are introduced into the environment from sources similar to other PAHs as well as pharmaceutical and pesticide production, among others (Alves et al., 2016). Nitrogen, sulphur and oxygen-heterocyclic PAHs are significant constituents of bitumen and bitumen emissions (IARC, 2013) and may also originate from natural sources, such as alkaloids, mycotoxins, or nucleotides (Feldmannova et al., 2006). However, they are released predominantly as anthropogenic contaminants through incomplete combustion of fossil fuels, spills or industrial effluents or as a result of oil drilling and refining, wood preservation, and tobacco smoking (Bleeker et al., 2002). In some toxicity assays, N/S/O-heterocyclic PAHs displayed similar or even greater toxicity compared to their homocyclic analogues (Brinkmann et al., 2014).

2. Physico-chemical properties of homocyclic, heterocyclic and substituted PAHs

The physicochemical properties of polar PAHs determine their fate, transport, partitioning and movement within and between environmental compartments as well as toxicological attributes. Variation in physicochemical characteristics of PAHs is related to the functional group polarities and number of rings (Achten and Andersson, 2015). Generally, the boiling point (BP) and the octanol-water partition coefficient (K_{OW}) increase with the number of aromatic rings in the PAH structure, while vapour pressure (V_p) and aqueous solubility decrease with a number of rings (Achten and Andersson, 2015) (Table 1). The presence of polar functional groups impacts higher aqueous solubility and lower K_{OW} to polar PAHs compared to parent PAHs with a similar ring number (Table 1). There is, therefore, potential greater mobility of polar PAHs in environmental media such as soil and sediment compared to parent PAHs. Hydrophilicity, have been shown to, increase in the order $NO_2 < COOH < OH < CN < NH_2 < dione$ (Achten and Andersson, 2015) resulting in greater mobility of oxy-PAHs compared to other substituted PAHs. The substitution of a carbon atom by a nitrogen or oxygen atom in N/O heterocyclic PAHs makes these substances relatively more polar. Sulphur-heterocycles, compared to other polar PAHs, have been shown to imply a similar environmental behaviour (Bleeker et al., 2002).

Furthermore, differences in the structure and size of individual PAHs may result in substantial variability in their toxicological properties (Larcher et al., 2014). Higher molecular weight compounds, for example, exhibit greater toxicities than the lower molecular weight ones (Bamforth and Singleton, 2005; Larcher et al., 2014). This could be as a result of their comparatively greater hydrophobicity and tissue partitioning (Bandowe and Meusel, 2017). Also, compounds with oxygen and nitrogen heteroatoms are more toxic than homocyclic hydrocarbons probably because of their higher reactivity (Achten and Andersson, 2015).

Regarding V_p , polar PAHs are typically characterised by lower values compared to their parent PAHs (Table 1). Lower V_p values partly explain greater partitioning into atmospheric particulate phase compared to the gaseous phase and affinity for finer particulate matter (Lui et al., 2016). They can, therefore, enter human lungs and even blood through the particulate matter ($PM_{2.5}$ and PM_{10}) which have been shown to have the ability to permeate various tissues and organs thereby exerting greater toxic effects (Lui et al., 2017; Ringuet et al., 2012; Agudelo-Castañeda et al., 2017). For highly soluble carcinogens, such as N-heterocyclic PAHs, the associated adverse effects could be more deleterious than other PAHs (Chen and Preston, 2004), as their dissolution occurs more readily in the lungs.

2.1. Fate and behaviour of polar PAHs

2.1.1. Polar PAHs in soil

The fate and behaviour of PAHs in soil could be determined by factors such as the rate of sorption and sequestration, volatilisation, leaching, degradation and uptake by plants (Srogi, 2007). The hydrophobic nature (high K_{ow} values) of homocyclic PAHs makes them relatively less soluble in water (Han et al., 2015). In soil, they tend to sorb strongly to soil surfaces through hydrophobic interactions, especially with time (Chiou et al., 1998).

The mechanism of polar PAHs sorption to soils and sediments varies depending on their individual physicochemical properties. In addition to non-specific hydrophobic interaction with soil organic matter, N-PAHs partition extensively and predominantly to solid phases of the soil through strong π - π interactions, and complexation between nitro-groups and cations or surface oxygen in clay (Bandowe and Meusel, 2017). The strong interaction and relatively lower solubility of N-PAHs make them less mobile and leachable in soils (Bandowe and Meusel, 2017) compared to other polar PAHs. Also, the rate of volatilisation of N-PAHs from soil is very low as a result of low V_p and Henry's Constant (H), and high octanol-air partition coefficient (K_{OA}). In contrast, oxy-PAHs and the N/O-heterocyclic PAHs are highly leachable and partition more readily into the aqueous phase due to their lower K_{ow} and organic carbon-water partition coefficient (K_{oc}) values, thereby sorbing less to organic matter and other carbonaceous materials in soils (Achten and Andersson, 2015).

Investigation of the concentrations of polar PAHs in soils are scarce. However environmentally relevant concentrations have been reported in a few studies (Table 2).

The reported concentrations of oxy-PAHs were higher than those of N-PAHs and heterocyclic PAHs (Table 2). The comparatively lower concentrations of N-PAH to the concentrations of oxy-PAHs may be due to their susceptibility to degradation (Bandowe and Meusel, 2017). Also, gas works and coking plants are likely more viable sources of polar PAHs compared to agricultural and urban activities (Table 2).

2.1.2. Polar PAHs in air

As with soil, the fate and behaviour of polar PAHs in the air, particularly gaseous or particulate phase partitioning, varies with their physicochemical properties. Molecular weight and V_p play important roles in particulate matter (PM) partitioning (Alves et al., 2017). Chemicals with $V_p < 1.3 \times 10^{-3}$ Pa partition almost entirely into the PM and low-molecular-weight compounds (≤ 202 g/mol) partition more

Table 2
Mean concentrations of Σ Polar PAHs in PAH-impacted soils of selected countries.

Country	City/region	Source	Number of sites considered	(ug/g/dw)	References		
Oxy-PAHs							
Australia	South Australia	Gasworks	10	161.01	(Palanisami et al., 2018)		
		Creosote site	10	53.3			
		Wood preservation	10	29.81			
	Victoria	Gasworks	10	118.28			
		Creosote site	10	58.27			
		Wood preservation	10	37			
	New South Wales	Gasworks	10	326.5			
		Creosote site	10	55.02			
	Sweden	Western Australia	Oil industry site	10		16.04	(Lundstedt et al., 2007)
			Husarviken	16		426.66	
Lulea		16	106.76				
Holmsund		16	252.88				
Boden		14	9.38				
Germany	Berlin	Gas works	18	16.21	(Bandowe and Wilcke, 2010)		
		Urban	18	0.206			
	North Region	Coking plant	6	57.6			
	North Region	Wood preservation	6	39.1			
France	Homecourt	Coking plant	8	113.12	(Biache et al., 2008)		
	Neuver-Maisons	Coking plant	8	543.36			
Slovakia	Bratislava	Chemical waste dump	14	2.69	(Agudelo-Castañeda et al., 2017)		
Czech Republic	Tyn-Lipnik	Urban site	3	35.96	(Zdráhal et al., 2000)		
Uzbekistan	Angren	Agricultural soils	12	1.9	(Musa Bandowe et al., 2010)		
N-PAHs							
Italy	Catania	Urban soil	1	0.00014	(De Guidi et al., 2016)		
China	Eastern China	Agricultural soils	82	0.05	(Sun et al., 2017)		
Heterocyclic PAHs							
	Beijing, China	Agricultural soils	8	0.06	(Zhihuan et al., 2008)		
		Industrial soils	1	0.068			
		Urban grassland	1	0.78			

into the gaseous phase (Walgraeve et al., 2010). Nitrated PAHs exhibit lower V_p compared to other PAHs of similar ring numbers (Bandowe and Meusel, 2017). Greater partitioning of high molecular weight polar PAHs into the PM compared to the low molecular weight polar PAHs have been reported (Yebra-Pimentel et al., 2015).

Parameters such as K_{OA} and gas-particle partition coefficient (K_p) are also important factors in PAHs gas-PM partitioning. Higher K_{OA} and K_p values imply greater partitioning into PM and vice-versa. In addition to higher Mw and lower V_p , N-PAHs, for example, are prevalent in PM due to greater K_{OA} and K_p compared to other polar PAHs (Alves et al., 2017). N-PAHs concentrations, during winter, was about 0.2–100 $\mu\text{g}/\text{m}^3$ and 0.0–20.0 $\mu\text{g}/\text{m}^3$ in particulate and gaseous phase respectively, in a French rural site study (Albinet et al., 2006).

Varying chemical properties results in varying bonding strength between polar PAHs and PM. Nitrated heterocyclic PAHs, because of their ionic properties, sorb to atmospheric PM through ionic and polar intermolecular forces (Arp et al., 2008). Hydrophobic and weak van der Waal forces are prevalent in other related PAHs (Arp et al., 2008; Bandowe et al., 2016). The strength of interaction between the compound and PM plays a vital role in contaminant concentration and persistence. Polar PAHs concentration in the atmospheric PM and gaseous phases have been reported in many studies (Table 3).

2.1.3. Polar PAHs in water

Polar PAHs could be deposited in aquatic ecosystems directly from atmospheric particulate matter or as fallout from rain (Uno et al., 2017). Nitrated-PAHs exhibit lower K_{ow} , Koc and H values, implying their ready partitioning into the aqueous phase (Bandowe and Meusel, 2017). However, despite this, solubility (S) of N-PAHs have been reported to be low compared to other polar PAHs (Bandowe and Meusel, 2017). Oxy-PAHs partition better into the aqueous phase and demonstrates higher solubility and lower lipophilicity (Adrion et al., 2016; Lundstedt et al., 2014). The aqueous solubilities of N/S/O-heterocyclic PAHs are lower than other PAHs due to the presence of oxygen and low K_{ow} . The water-soluble

fraction of coal tar consists of about 40% of N/S/O heterocycles (Blum et al., 2011). N-heterocyclic PAHs can exist in ionic form due to the presence of an unpaired electron in their structure. This acid/base characteristic has the potential of improving their dissolution in water during precipitation and in water bodies (Alves et al., 2016; Bandowe et al., 2016). The aqueous solubility of a quinolone, for example, is more than two orders of magnitude higher than, the most soluble homocyclic PAH, naphthalene (Blum et al., 2011).

High solubilities of polar PAHs makes them of priority importance in the pollution of water bodies and aquifers. Persistent N/S/O heterocyclic PAHs contaminant plumes have been reported in coal tar underground water pollution (Blum et al., 2011). Relatively high concentrations, persistence and toxicity of polar PAHs in water bodies have important ecological health implications.

2.2. Comparison of non-polar and polar PAH bioavailability in soil

Most substituted and heterocyclic PAHs are more bioavailable than their parent PAHs, as they are more polar (Alves et al., 2017). A bioavailable compound is freely available to cross an organism's cellular membrane for assimilation, transformation and degradation (Semple et al., 2004). Contaminant bioavailability and the associated risks to biota is closely related to their partitioning behaviour in environmental media. Homocyclic (non-polar) and polar PAHs partition differently in the soil, air and water thereby exerting varying bioavailability and risks to living organisms (Srogi, 2007; Tsibart and Gennadiev, 2013).

In soil, contaminant bioavailability is influenced by environmental conditions, such as soil aggregation, wetness, dryness and aeration. Environmental loss processes, including but not limited to, volatilisation, biodegradation, transformation, leaching, uptake by biota, and physical mass transport also influence contaminant bioavailability (Fig. 2). Importantly, sequestration of contaminants in soil reduces their bioavailability, and may result from contaminant incorporation into natural organic matter, diffusion into soil mesopores and intra-particle

Table 3
Atmospheric Concentrations of some Environmentally-Relevant Polar PAHs.

Compound	Location	Sampling season	Concentration Pg/m ³	Phase	References
Naphthalene-1,4-dione	Athens, Greece	Winter	150	TSP	(Chung et al., 2006)
		Spring	60	TSP	
	Santiago, Chile	Winter	14.4	PM _{2.5}	(Tsapakis et al., 2002)
		Spring	61.6	PM _{2.5}	
9H-fluorene-9-one	San Dimas, CA, USA	Summer	60–140	PM _{2.5}	(Cho et al., 2004)
	Birmingham, UK	All	4600–5800	TSP and gas	(Harrad et al., 2003)
	Munich, Germany	All	220–460	TSP	(Schnelle-Kreis et al., 2005)
	Marseille area, France	Summer	190–6908	PM ₁₀	(Albinet et al., 2007)
Anthracene-9,10-dione	Fresno, CA, USA	Winter	470	TSP	(Chung et al., 2006)
		Spring	10		
		Summer	210		
	Maurienne valleys, France	Winter	1770–2360	PM ₁₀ and gas	(Albinet et al., 2007)
Chrysene-5,6-dione	Munich, Germany	Summer	130–470		
		All	1.4–82	PM _{2.5}	(Lintelmann et al., 2006)
Benzo[a]pyrene-1,6-dione	Munich, Germany	All	1.4–82	PM _{2.5}	(Lintelmann et al., 2006)
		1-Nitropyrene	Baltimore, MD, USA	Winter	27
1-Nitropyrene	Forte Meade, MD, USA	Summer	8.1		
		Winter	21	TSP and gas	(Bamford and Baker, 2003)
	Bologna, Italy	Summer	1.4		
		Winter	5–32	PM ₁ and PM _{2.5}	(Sarti et al., 2017)
9-Nitrophenanthrene	Bologna, Italy	Summer	10–330		
		Winter	1–15.6	PM ₁ and PM _{2.5}	(Sarti et al., 2017)
Quinoline		Summer	0.5–68		
		Winter	1–15.6	PM ₁ and PM _{2.5}	(Sarti et al., 2017)
Acridine		Summer	bdl-357	PM _{2.5}	(Alves et al., 2017)
		Winter	bdl-90		
Carbazole		Summer	bdl-373	PM _{2.5}	(Alves et al., 2017)
		Winter	bdl-102		
Benzo(h)quinolone		Summer	bdl-97	PM _{2.5}	(Alves et al., 2017)
		Winter	bdl-103		
		Summer	bdl-129	PM _{2.5}	(Alves et al., 2017)
		Winter	bdl-136		

Notes: TSP indicates - Total Suspended Particle. bdl indicates - below the detection limit.

micro- or nano-pores, adsorption into rubbery or glassy solid organic matter, aging, and microbial recalcitrance (Doick et al., 2005). These processes influence contaminant bioavailability; however, the influences on bioavailability will also be dependent on contaminant physicochemical properties.

With increasing soil-contaminant contact time, homocyclic PAHs are expected to be more highly sequestered and less bioavailable than polar PAHs (Lundstedt et al., 2007; Bleeker et al., 2001; Enell et al., 2016). As a result of higher mobility and bioavailability, toxicity effects of polar PAHs may be more acute compared to the non-polar PAHs which are more likely to exhibit chronic effects (Lui et al., 2017).

3. Toxicity of PAHs

3.1. Routes of exposure of polar PAHs

The routes of exposure of polar PAHs are not different from the non-polar PAHs. Polar PAHs exposure could be through water, air, soil and food sources. Routes of exposure, therefore, include ingestion, inhalation and dermal/eye absorption. Polycyclic aromatic hydrocarbons' routes of exposure have been well discussed elsewhere (Rengarajan et al., 2015).

3.2. Aryl hydrocarbon receptor (AhR) activation by PAHs

Exposure to PAHs presents a significant human health risk due to their mutagenic and carcinogenic properties (Lemieux et al., 2015a; Lemieux et al., 2015b). Polycyclic Aromatic Hydrocarbons are unique because they do not directly induce DNA damage. Toxicity is derived from the detoxification mechanisms of cells or organisms (Martins et al., 2013). In an attempt to eliminate PAHs from the organism, and to increase water solubility and facilitate excretion (Lemieux et al., 2016). This is a microsomal CYP

monooxygenase-catalysed reaction often referred to as “activation” (Bleeker et al., 2002). The PAH-ligand/AhR activation usually results in the formation of highly reactive genotoxic metabolites, such as diol epoxides and quinones (Bleeker et al., 2002; Baird et al., 2005). These reactive intermediate compounds have the potential to form adducts with DNA (Baird et al., 2005; Moorthy et al., 2015).

The AhR plays important roles in detoxification of PAHs (Fig. 3) through the regulation of bioactivating and detoxifying (CYP) enzymes (Baird et al., 2005; Nebert et al., 2004). Furthermore, PAH carcinogenicity as well as some other toxic effects, are strongly linked to their capacity to activate the AhR (Vondráček et al., 2017). The AhR-inducing potencies of PAHs are believed to contribute to their tumour-promoting activities (Safe et al., 2013) due to the AhR's role in the regulation of cell proliferation, migration, invasion or survival of neoplastic cells (Safe et al., 2013; Dever and Opanashuk, 2012; Dietrich and Kaina, 2010). However, ligands exhibit varying levels of AhR activation, and the correlation between the AhR-inducing capacity and carcinogenicity of PAHs is not direct for some compounds (Larsson et al., 2012). Oxy-PAHs, for example, have been shown to be weak AhR activators (Lui et al., 2017); however, they remain one of the most toxic PAHs known. This is because they generate OH radical directly or through activation, causing fatal damages to biological molecules as a result of oxidative stress (Fig. 3). These include DNA, proteins and lipids damage leading to increased genetic instability, inflammation, proliferation, reduction of antioxidants, apoptosis and angiogenesis (Dasgupta et al., 2014).

3.3. Mechanism of activation of genotoxic PAHs

The process of AhR activation begins when polar and non-polar PAHs bind to the ligand-dependent transcription factor. This results in the activation of a battery of genes including cytochrome P450 (CYP1A1, CYP1A2 and CYP1B1). Three pathways exist according to

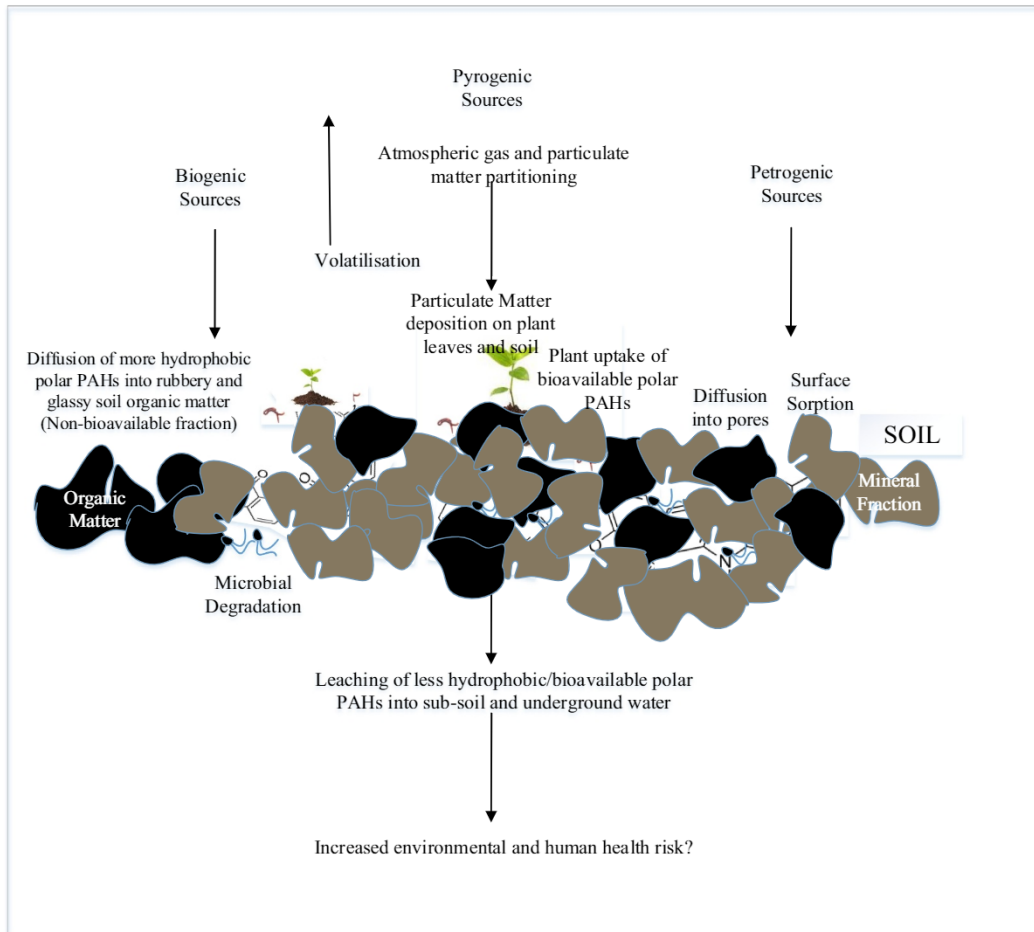


Fig. 2. Conceptual fate of polar PAHs in soil.

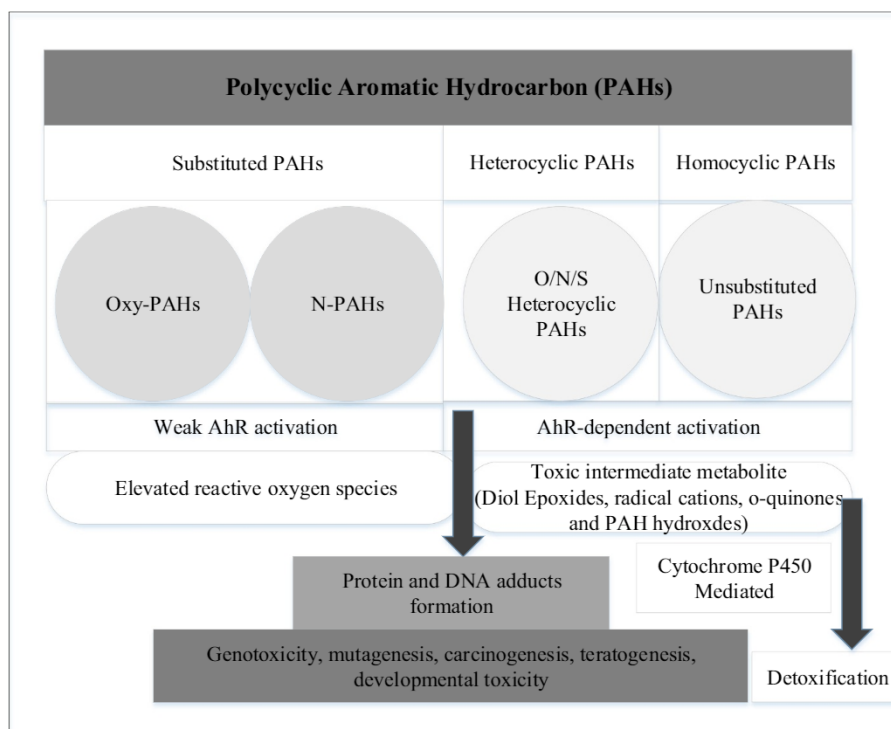


Fig. 3. Mechanism of homocyclic, heterocyclic and substituted-PAH toxicity.

(Moorthy et al., 2015). The CYP1A1/1B1 and epoxide hydrolase pathway (CYP/EH pathway) (Fig. 3) is the most common pathway, occurring mostly in homocyclic and heterocyclic PAHs (Benigni and Bossa, 2011) and resulting in the production of catechols, quinones and diol epoxides which interact with tissue nucleophiles (Fig. 3). The activation pathways were stated in (Benigni and Bossa, 2011) to include: initial epoxidation by cytochrome P450 monooxygenases; epoxide hydrolase (EH) enzyme-controlled hydrolysis to trans-diol and epoxidation of the terminal ring adjacent to a ‘bay’ or ‘fjord’ region which produces highly mutagenic and carcinogenic compounds. The other two existing pathways are CYP peroxidase, and dihydrodiol dehydrogenases (DDs) catalysed aldo-keto reductases pathway (AKR pathway). These result in the formation of unstable radical cations and redox-active o-quinones, respectively (Dasgupta et al., 2014; Benigni and Bossa, 2011). Unstable radical cations react with DNA to form adducts while redox cycling of o-quinones could lead to the formation of reactive oxygen species (ROS) and ultimately carcinogenesis.

Carcinogenicity and mutagenicity of polar PAHs, in most cases, follow similar mechanisms as the non-polar PAHs with many of them requiring metabolic activation (Fig. 3). However, the presence of heteroatoms in polar PAHs may influence the process. For example, in the radical cation pathway, the presence of heteroatoms may influence the ionisation potential of the molecules and hence the possibility of forming a stable radical cation (Xue and Warshawsky, 2005). The mechanism of N-PAHs toxicity follows the AhR activation process resulting in DNA damage, DNA adduct formation, changes in gene and protein expression, cell cycle alterations, increased levels of ROS and pro-inflammation (Andersson et al., 2009; Park and Park, 2009). However, N-PAHs can form covalently bonded DNA adducts through ring oxidation or nitro reduction pathways (Watt et al., 2007), while homocyclic PAHs utilise a single pathway of hepatic oxidative activation. The ability to produce covalently bonded DNA adducts through two pathways makes N-PAHs more potent carcinogens than homocyclic PAHs (Deng and Chan, 2017). Biotransformation of N/S/O-heterocyclic PAHs can alter their toxicity. Genotoxicity of acridine was significantly enhanced when it was biotransformed to acridone (Bleeker et al., 1999). N/S/O-heterocycles, including dinaphthofurans, 2-(2-naphthalenyl) benzothio-phenene, are major cytochrome P4501A (CYP1A)-inducing compounds. In one study, the identified non-priority N/S/O-heterocycles were found to be significantly more potent than the reference compound, benzo[a]pyrene (Brack and Schirmer, 2003). Oxy-PAHs are believed to be less potent activators of AhR (Wincent et al., 2015; Wincent et al., 2016). They exert toxicity directly or indirectly (Fig. 4) through the stimulation of oxidative stress and alkylation of cellular nucleophiles, respectively (Benigni and Bossa, 2011).

3.4. Oxidative stress and oxy-PAH toxicity

Oxidative stress is an important consequence of oxy-PAH toxicity. Oxidative stress results from a disturbance in the balance between the production of reactive oxygen species (ROS) and antioxidant defences. It is a state of imbalance between oxidants and antioxidants in the body that favours oxidants (e.g. superoxide, hydrogen peroxide and hydroxyl radical), potentially leading to cell damage as a result of severe oxidative stress and resulting in the formation of oxidised cellular macromolecules. This damage induces and activates biological responses such as inflammation and apoptosis (Fig. 4).

Many studies confirm the higher toxicity of oxy-PAHs (e.g. quinones) compared to parent PAHs, due to oxidative stress (Benigni and Bossa, 2011). Toxicity of some oxy-PAHs resulted in the induction and expression of antioxidant genes in zebra fish (Timme-Laragy et al., 2009; Van Tiem and Di Giulio, 2011) because of the upsurge in ROS. Redox-responsive genes (gst, gpx, gcl and sod) were observed at 48 h post-fertilisation (hpf) in zebra fish embryos exposed to benz(a)an- al., 2013). Oxy-PAH toxicity may malformation and dysfunction, DNA

breakdown, apoptosis and protein and lipid degradation (Dranka et al., 2011) as well as mutation and cancer. Phenanthrenequinone, 1, 9-benz-10-anthrone and xanthone exposures increased expression of several oxidative stress-related genes and decreased oxygen consumption rate (OCR) which is a measurement of mitochondrial respiration (Knecht et al., 2013). Some oxy-PAHs are considered extremely toxic compared to others, producing harmful superoxides and killing the majority of cells in a human cell mutagenicity assay (Durant et al., 1996). Reactive oxygen species also affect signal transduction pathways and the regulation of gene expression, thereby playing important roles in the tumour-promoting stage of carcinogenesis (Benigni and Bossa, 2011).

3.5. Comparison of non-polar and polar PAHs toxicity

3.5.1. Genotoxicity

The genotoxicity of polar PAHs has been compared to homocyclic PAHs in many studies. They all show comparable or higher genotoxic effects in polar PAHs. In one of such studies, the genotoxicity of acenaphthenequinone, 7,12-benz[a]anthracenequinone, acenaphthene, benz[a]anthracene and benzo[a]pyrene on Japanese Medaka embryo were investigated using a Comet assay (Dasgupta et al., 2014). It was found that oxy-PAHs caused significant increases in DNA damage after 48 h at the lowest tested concentration of 5 µg/L (Dasgupta et al., 2014). Nitrogen heterocycles were significantly more genotoxic and more potent inducers of AhR than their unsubstituted analogues in a study that investigated cytotoxicity and potential to activate AhR, utilising an in-vitro H4IIELuc transactivation cell assay (Iva Sovadinova et al., 2006). In the same way, a statistically significant increase in genotoxicity, after bioremediation, was reported in a study examining the genotoxic effect of post-remediation soil sample extracts, using the DT₄₀ chicken lymphocyte bioassay. Bioreactor treatment of a PAH-contaminated soil resulted in increased genotoxicity throughout the treatment cycle (Hu et al., 2012). The increased genotoxicity was attributed to polar products resulting from bioremediation (Chibwe et al., 2015; Hu et al., 2012).

3.5.2. Mutagenicity

Polar PAHs are more mutagenic than homocyclic PAHs. Despite their relatively smaller concentration in the environment, polar PAHs exert greater mutagenic effects on organisms (Wang et al., 2011). In an assay investigating the direct and indirect-acting mutagenicity of PM_{2.5} and the potential for DNA damage to human lung cells, ΣN-PAH and Σoxy-PAH concentrations, which were just 8% of the Σ parent PAH concentrations, exhibited direct-acting mutagenicity which was 200% higher than the indirect-acting mutagenicity of the homocyclic PAHs (Wang et al., 2011). In another study, organic extracts from ambient air particles showed higher direct mutagenic potency on two strains of Salmonella (Bocchi et al., 2017). The mutagenic potencies of acenaphthenequinone and 7,12-benz[a]anthracenequinone were comparable to that of acenaphthene, benz[a]anthracene and benzo[a]pyrene, especially during more extended periods of exposure (7 days) of Medaka fish embryos (Dasgupta et al., 2014). Increased mutagenicity was observed after aerobic bioremediation of PAH-contaminated soil as a result of the production oxy-PAHs and other polar and toxic PAH transformation products (Chibwe et al., 2015). Working with air particulate samples, oxy-PAH and N-PAH fractions from Beijing, China were shown to be twice as mutagenic as the parent fraction (Wang et al., 2011).

Some oxy-PAHs that have demonstrated their potential for mutagenicity include perinaphthene, benzanthrone, acenaphthenequinone, 7,12-benz[a]anthracenequinone and benzo[cd]pyrene (Dasgupta et al., 2014; Durant et al., 1996). Diesel exhaust particulate-1, 8-dinitropyrene had the strongest direct-acting mutagenicity in an Ames test using strains of *Salmonella typhimurium* (Hayakawa et al., 1997). The mutagenicity of 1-nitropyrene, 1, 8-dinitropyrene and 3-nitrofluoranthene could be up to 2×10^5 times greater than those of

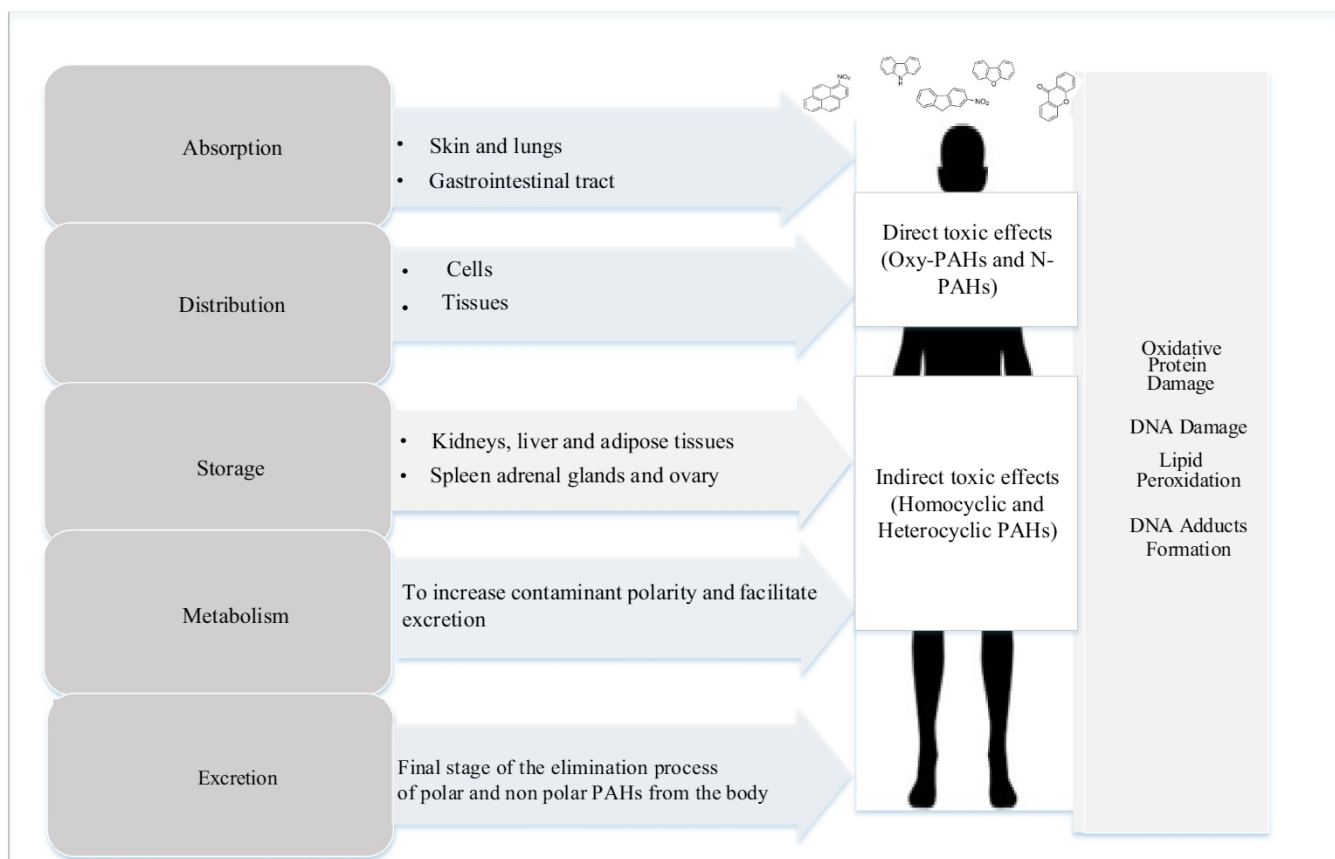


Fig. 4. Polar and non-polar PAH toxicokinetics.

the parent PAHs, even at low concentrations (Durant et al., 1996; Zhang et al., 2014).

3.5.3. Carcinogenicity

Carcinogenic effects of PAHs can be direct or indirect. For direct-acting carcinogens, the compound in question exerts a direct effect and requires no activation. This is the case with oxy-PAHs and some N-PAHs (Fig. 4). Direct acting carcinogenicity of 1-nitropyrene, 1, 8-dinitropyrene and 3-nitrofluoranthene, at low concentration, was ten times greater than that of homocyclic PAHs (Zhang et al., 2014). Unlike N-PAHs and oxy-PAHs, homocyclic PAHs including B[a]P and 7,12-dimethylbenzoanthracene are indirect-acting, requiring activation to exert their toxic effects (Rengarajan et al., 2015). Some N-PAHs and several N-heterocyclic PAHs are classified as probable or possible human carcinogens (IARC, 2013).

3.5.4. Developmental toxicity

The developmental toxicity malformation profile in zebrafish embryos for oxy-PAHs, N-PAHs and homocyclic PAHs, have been shown to be similar or higher in the transformation products (Chlebowski et al., 2017). In a study on the effect of coal tar and asphalt-based pavement sealcoat products, zebrafish developmental toxicity test suggested that fractions, where N-PAHs and oxy-PAHs eluted, had the most significant adverse effects (Titaley et al., 2016). Similarly, oxy-PAHs proved to be potent AhR activators and of comparable developmental toxicity as homocyclic PAHs in a study researching the effects of soil extracts from three contaminated industrial sites (Wincnet et al., 2015).

The investigation carried out on the developmental toxicity of oxy-PAHs on zebrafish embryos showed adverse effects on the observed especially yolk sac edema and body axis groupings of compounds based on

toxicity to zebrafish embryos exposed to N-PAHs and heterocyclic PAHs as well as oxy-PAHs (Knecht et al., 2013; Chlebowski et al., 2017) as indicated by least effect levels at smallest concentrations are presented in Table 4. It can be observed that regarding developmental toxicity, heterocyclic PAHs were less toxic compared to N-PAHs. All the heterocyclic PAHs are grouped in the least toxic group G except acridine which appears in group B.

3.5.5. Teratogenicity

Polycyclic aromatic hydrocarbons' teratogenic effects such as embryotoxicity (including cancers), congenital disabilities, low weight, premature delivery, delayed child development and low IQ have been well described elsewhere (Wassenberg and Di Giulio, 2004; Frederica Perera et al., 2005). Polar PAHs are believed to exhibit greater reproductive toxicities than non-polar PAHs because of their polar nature (Lubcke-von Varel et al., 2011). For example, in an in-vitro study, N-PAHs were said to disrupt the signalling pathways of retinoids; an important non-steroidal dietary hormone essential for regulation of embryonic development and homeostasis of all vertebrate tissues (Benisek et al., 2008). The investigation of some N-heterocycles' teratogenic effects on survival of first instar larvae of the midge (*Chironomus riparius*) showed that acridone was the most genotoxic of all the N-heterocycles tested in the Mutatox™ test.

Polar PAHs were shown to induce greater estrogenic effects in mixtures of PAHs in road dust, diesel exhaust particulate and sediment extracts (Lubcke-von Varel et al., 2011; Misaki et al., 2016). Specifically, heterocyclic PAHs, including carbazole, induced estrogenic activity upon metabolism using a chemically activated luciferase expression (ER-CALUX) assay (Brinkmann et al., 2014). In an ER-CALUX assay to investigate the estrogenic activities of 12 heterocyclic compounds, acridine, xanthene, indole, 2-methyl benzofuran, 2, 3-

Table 4
Polar PAH toxicity on zebra fish embryo development.

Toxicity class	N-PAHs and heterocycles	Oxy-PAHs
1. A (MOST TOXIC)	3-Nitrobenzanthrone, 1,6-dinitropyrene, and 1,3-dinitropyrene	1-4-Naphthoquinone 9-Hydroxybenzo[a]pyrene 1-4-Anthraquinone 1-4-Benzoquinone-D4 Phenanthrene-1-4-dione Pyrene-4-5-dione 1-2-Naphthoquinone Phenanthrene-quinone 1-4-Dihydroxyanthraquinone
2. B	1-Aminopyrene, acridine, 5,6-benzoquinoline	1-9-benz-10-anthrone 2-hydroxyanthraquinone benzo[a]fluorenone 6 h-benzo[c-d]pyren-6-one;naphthranthrone Perinaphthenone 2-6-dihydroxyanthraquinone benz[a]anthracene-7-12-dione benzo[c]phenanthrene [1-4]quinone 1-8-dihydroxyanthraquinone
3. C	5-Nitroacenaphthalene, 9-nitrophenanthrene, 1,8-dinitropyrene	1-Hydroxy-9-fluorenone 1-5-Dihydroxynaphthalene 2-3-Dihydroxynaphthalene 5-12-Naphthacenequinone 2-Hydroxy-9-fluorenone Acenaphthenequinone 2-6-Dihydroxynaphthalene 1-6-Dihydroxynaphthalene
4. D	9-Aminophenanthrene, 7-nitrobenz[a]anthracene, carbazole, and 2-nitroanthracene	9-10-Anthraquinone 10-Hydroxybenzo[a]pyrene 1-Hydroxyanthraquinone 2-7-Dihydroxynaphthalene Chromone 9-Fluorenon
5. E	1-Nitropyrene and 3-nitrofluoranthene	1-3-Dihydroxynaphthalene 4 h-Cyclopenta[def]phenanthren-4-one 1-2-Dihydroxyanthraquinone Aceanthrenequinone Xanthone 12-Hydroxybenzo[a]pyrene
6. F	2-Nitropyrene and dibenzofuran	
7. G (LEAST TOXIC)	2-Methylbenzofuran, 1-nitronaphthalene, 2-nitrobiphenyl, 2-nitrodibenzothiophene, 2-nitrofluoranthene, 2-nitrofluorene, 2-nitronaphthalene, 2,8-dinitrodibenzothiophene, 3-nitrobiphenyl, 3-nitrodibenzofuran, 3-nitrophenanthrene, 3,7-dinitrobenzo[k]fluoranthene, 4-nitrobiphenyl, 6-nitrobenzo[a]pyrene, 6-nitrochrysene, 7-nitrobenzo[k]fluoranthene, 8-methylquinoline, 9-nitroanthracene, Indole, Quinoline, Thianaphthene, Xanthene.	

Source: Knecht et al. (2013) and Chlebowski et al. (2017).

dimethylbenzofuran, dibenzofuran, dibenzothiophene, quinoline, and 6-methyl quinoline were positive in the ER-CALUX. They had estradiol equivalence factors (EEFs) from 2.85×10^{-7} to 3.18×10^{-5} which were similar to other xenoestrogens (e.g. alkylphenols or ...).

Table 5
Biomarkers of PAH exposure and associated disease conditions in humans.

PAH source	Region/Country	Target group	Internal dose biomarker	Associated risk/condition	Ref
1. Kitchen indoor air	North India	Male kitchen workers	Urinary PAH metabolites	Decline in lung function	(Singh et al., 2016)
2. Urban polluted air	Bangkok, Thailand	Children	Urinary 1-hydroxypyrene; PAH-DNA adducts (5-fold higher than control)	Prone to development of genotoxic diseases in future	(Ruchirawat et al., 2007)
3. Unknown	Shanghai, China	Women with breast cancer	Urinary 1-hydroxypyrene; 2-naphthol and oxidative stress/lipid peroxidation biomarkers (8-hydroxy-2'-deoxyguanosine, malondialdehyde)	Presence of breast cancer in target group	(Lee et al., 2010)
4. Vehicular emission	Copenhagen, Denmark	Non-smoking bus drivers	Repair product of mutagenic oxidation of guanine - (8-oxo-2'-deoxyguanosine	Prone to various genotoxic diseases	(Lof et al., 1999)
5. Unknown	Iran	Some infertile males	Over expression of AhR; Antagonistic suppression of sex steroid hormones by AhR	Male infertility; Loss of normal ovarian functions.	(Bidgoli et al., 2011)
6. Marijuana	United State of America	A group of marijuana smokers	Urinary PAH biomarkers (2-, 3-, and 9-hydroxyfluorene; 1-, 2-hydroxynaphthalene; 1-, 2- and 3-hydroxyphenanthrene	Prone to lung cancer	(Wei et al., 2016)
7. Metallurgy	France	Workers involved in metallurgical activities	3-Hydroxybenzo(a)pyrene	Prone to the development of various types of cancers	(Barbeau et al., 2014)
8. Coke-oven activities	Wuhan City, China	Workers exposed to coke-oven	4-Hydroxyphenanthrene	Increased risk of diabetes especially in smokers and overweight individuals	(Yang et al., 2017)
9. Multiple sources	United State of America	Women with early onset of menopause	1-Hydroxynaphthalene 2-Hydroxynaphthalene 3-Hydroxyfluorene, 9-Hydroxyfluorene,	Early onset of natural menopause	(Huang et al., 2018)

4. Implications of PAH toxicity on human health

Most epidemiological studies focus on homocyclic PAHs. There is inadequate attention to polar PAHs, despite being relatively more toxic than homocyclic PAHs. The findings of some epidemiological investigations on PAHs are further discussed (Table 5). This will allow for a better appreciation of the potential risks of polar PAHs to humans and other living organisms, especially as the toxicity of homocyclic PAHs is often through the effects of highly reactive polar genotoxic metabolites rather than direct effects of homocyclic PAHs (Sen and Field, 2013). In most of the studies, urinary hydroxylated PAHs (OH-PAHs) were the biomarkers used for health risk assessment of PAHs exposure (Table 5). In many case-control studies, there was a strong positive relationship between disease conditions and the presence of biomarkers — male infertility associated positively with the overexpression of AhR, in an Iranian case-control study (Table 5). Loss of ovarian functions, the decline in lung functions, development of cancers, early onset of natural menopause and incidences of diabetes are other health anomalies reported to be associated with PAH exposure in the literature (Table 5).

5. Strategies for remediation of PAH-contaminated environmental media

The presence of polar and non-polar PAHs in the environment can impact adverse effects on living organisms. Effective remediation of polluted environmental media has become very important if PAHs toxic effects are to be curtailed. The aim of remediation and particularly bioremediation is to completely remove pollutants from the environment or degrade them into less harmful forms such as CO₂ and H₂O (Yebrá-Pimentel et al., 2015). Current bioremediation of PAH-impacted soils might result in the production of toxic transformation products (usually polar PAHs) and resultant greater toxicity and risk to humans and other living organisms (Lemieux et al., 2015b).

Optimised bioremediation techniques aimed at enhancing the biodegradation processes and ensuring effective and complete pollutant degradation are being developed (Yebrá-Pimentel et al., 2015). In contaminated soils, such optimization might focus on improvement of physical and chemical properties as well as the nutrient status of the soil. Effective optimization may provide favourable conditions for microorganisms leading to improved microbial abundance and diversity (Bandowe et al., 2019). Contaminant bioavailability in soils might also improve, due to optimization (Bandowe et al., 2019). Microbial species known to degrade PAHs readily include *Pseudomonas putida* NCIB 9816, *Pseudomonas putida* G7, ND6 and BS202, *Pseudomonas* sp. C18, *Ralstoni* Sp.U2, *Cunninghamella elegans*, *Pleurotus ostreatus*, *Phanerochaete chrysosporium* (Gaur et al., 2018).

Both in situ and ex situ remediation treatments can be used in the remediation of PAH-polluted soils. Bioventing, biostimulation and bioaugmentation in situ processes have been used to introduce aeration systems, nutritive media and microbes into environmental media, respectively (Behera et al., 2018). Ex situ remediation methods include composting and biopiling (Yebrá-Pimentel et al., 2015). Both in situ and ex situ approaches are employed in remediation of polar and non-polar PAHs (Table 6).

6. Conclusion: knowledge gaps and future prospects

This review, for the first time, attempted to shed light on, the physicochemical properties, environmental behaviour, bioavailability and toxicity of polar PAHs. We have been able to show, based on the reviewed articles, that most polar PAHs are relatively more mobile and could pose more risk to humans and other living organisms. This should have positive implications for current risk assessment and abatement strategies regarding PAH-contaminated sites.

Knowledge about concentration, fate and in various environmental media.

Table 6
Methods of polar and non-polar PAHs remediation.

Contaminant	Environmental media	Strategy	Mechanism	References
Homocyclic PAHs and high molecular weight oxy-PAHs	Soil	Natural attenuation using species-rich grassland mixtures	PAH degradation due to elevated microbial biomass resulting of diverse species	(Bandowe et al., 2019)
Low and high molecular weight PAHs and oxy-PAHs	Soil	Surfactant-aided soil washing and chemical oxidation by activated persulphate	Surfactant washing to aid mass transfer of PAHs from solid to aqueous phase; PAH degradation by means of chemical oxidation	(Li et al., 2019)
Homocyclic PAHs and oxy-PAHs	Soil	Pre-treatment and ethyl lactated based fenton treatment	Pre-treatment to facilitate desorption of PAHs; fenton treatment for oxidative degradation	
Homocyclic PAHs and N/S/O heterocycles	Groundwater	Activated carbon-permeable reactive barrier	Sub-surface fluid flow management and activated carbon treatment zone	(Palm et al., 2014)
Homocyclic and S-heterocyclic PAHs	Saline soil	Natural attenuation, bioaugmentation and phytoremediation	Bioaugmentation enhances microbial population; phytoremediation utilizes plant and microbes interaction within the rhizosphere to enhance PAH degradation	(Arauda et al., 2017)

Adequate information on their toxicity also exist. This is in contrast to the lack of information on the environmental presence, partitioning dynamics, bioavailability and toxicity of heterocyclic and substituted PAHs. This lack of information limits the recognition of the potential risk polar PAHs could pose to living organisms and particularly humans.

Polar PAHs' fate in the environment could be driven by both hydrophobic and hydrophilic interactions depending on physicochemical properties, unlike non-polar PAHs that exhibit relatively similar behaviours, in environmental media, due to their unique hydrophobic nature. Strong hydrophobic behaviour in polar PAHs might translate to low concentration in environmental media, as it is with N-PAHs which also have high degradation potentials. Oxygenated PAHs, on the other hand, partitions less into organic matter and more into the aqueous phase. They are regarded as 'dead-end products' as they are highly stable in the environment, maintaining concentrations comparable to that of homocyclic PAHs.

The different behaviour and ubiquitous nature of polar PAHs in the environment, influenced by higher bioavailability of most of them, suggest greater risks. Widespread presence in the atmospheric gaseous phase, PM, soil, sediments, groundwater and various aquatic environments might result in increased environmental and human risks. Even at deficient concentrations, some polar PAHs could cause devastating health effects compared to homocyclic PAHs.

It, therefore, implies that remediation of a few targeted PAHs in contaminated sites does not correspond to a reduction in health risk. To ensure real risk abatement, risk assessment of PAHs should be holistic and consider the possible antagonistic and synergistic interactions among mixed contaminants, in contaminated sites. The current trend of individual contaminant assessment is highly deficient. Polar PAHs contribute significantly to risks posed by contaminated sites and should be included in monitoring programs or in current risk assessment models. Their lack of consideration in risk assessment could overwrite the essential objective of risk abatement.

The following research efforts are, therefore, proposed based on the identified knowledge gaps:

- Survey of the environmental abundance of polar PAHs in soils, sediments and air to establish environmental exposure levels.
- Qualitative and quantitative profiling of polar PAHs in contaminated sites to improve risk assessment efforts.
- Polar PAHs bioaccessibility/bioavailability studies to understand the actual proportion that could get into the gastrointestinal tract, blood and other vital tissues and organs of humankind.
- Toxicity studies using various bioassays to understand its genotoxic, mutagenic, carcinogenic and teratogenic effects better.
- Epidemiological studies to establish the link between high incidences of diseases and widespread presence of polar PAHs in the environment.

The ongoing research investigations within our team may address some of these critical knowledge gaps, which will help fellow scientists and regulators to refine the existing risk assessment paradigm.

Declaration of interest

None.

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