

A Closer Look at the Spectrum of Helium

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A common introductory physics laboratory experiment consists of using a sodium light source to calibrate a diffraction grating and using the grating to observe the spectrum of hydrogen and then calculating the wavelengths. Almost any reference consulted shows the four Balmer lines of the hydrogen spectrum with their accepted wavelengths.¹ The wavelengths can also be calculated from the Balmer formula using the Rydberg constant. The results obtained usually agree with the theoretical values, and some insight into the connection between the observed wavelengths and the structure of the hydrogen atom is usually gained from the experiment. This generally provides a complete and satisfactory laboratory experience.

However, when observing the spectrum of helium, this type of experience is more difficult to achieve. Figure 1 shows nine observed visible lines in the helium spectrum, and Table I shows their calculated wavelengths. The first three violet lines are very dim, but they are there and can be found with a little finesse and darkness. The values of the helium wavelengths are more difficult to find in references than those of hydrogen and if they are found, only six or seven lines are usually shown.²



Fig. 1. Nine observed lines of the helium spectrum. In many discharge tubes the yellow and green lines show dimmer lines of the same color right next to them. These “ghost images” are not part of the spectrum and can cause confusion.

He	spectral-line	wavelength nm	from Fig. 2 nm	% difference
			388.9	
1	dim-violet	394	396.5	0.63
2	dim-violet	416	402.6	3.33
3	dim-violet	427	412.1	3.62
4	violet	441	447.1	1.36
5	blue	469	471.3	0.49
6	green	502	501.6	0.08
7	yellow	589	587.6	0.24
8	red	668	667.8	0.03
9	dim-red	710	706.5	0.50
			728.1	

Table I. Calculated wavelengths of nine observed lines of helium spectrum compared with wavelengths of visible transitions found on the helium energy-level diagram.

Also, when working with helium in an introductory course there is usually very little insight gained into the structure of the atom. The first theoretical treatment of helium usually seen is the modification of Bohr theory for singly ionized helium.³ This of course has nothing to do with the lines observed in the laboratory because atoms in the standard helium discharge tubes are not singly ionized. Therefore theoretical values of the observed helium wavelengths can-

not be calculated in the same way they are for hydrogen. Often at the introductory level you end up having to tell students that the mathematics necessary to analyze multi-electron atoms is extremely complex and “beyond the scope of the course.” Leaving a subject hanging like that is less than satisfying both for the students (even those who do not plan to eventually study quantum mechanics) and the instructor. It is, however, possible to investigate the spectrum of helium a little bit more without going beyond the scope of the course; in the process you and your students will join in a laboratory experience that does include some insight into the structure of the helium atom.

To find a detailed explanation of the spectrum of helium, it is necessary to consult works on atomic physics somewhat beyond the introductory level. I have found Herzberg’s book *Atomic Spectra and Atomic Structure*⁴ very useful and include here the energy-level diagram for helium (see Fig. 2) from this work.

Although the diagram is much more complex than the analogous one for hydrogen,⁵ the wavelengths of the transitions are shown. The visible transitions are those on the diagram with wavelengths from about 4000–7000 angstroms. They were converted to nanometers for Table I

