

$$1 \text{ Kcal} = 4184 \text{ J} = 1 \text{ Cal}$$

$$1 \text{ Kcal/min} = 69,7 \text{ W}$$

$$100 \text{ W} = 1,43 \text{ Kcal/min}$$

$$w = \frac{J}{s}$$

cal:  $\rightarrow x (J)$   
 alno go  $\rightarrow y J$   
 cal: data  $\rightarrow z J$   
 gantor  $\rightarrow$   
 madrugada  $\rightarrow$

