

Abbreviated Mental test Score

This is a quick and easy test that can be used in the consultation.

EACH QUESTION SCORES ONE POINT	
1. Age	<input type="checkbox"/>
2. Time to nearest hour	<input type="checkbox"/>
3. An address - for example 42 West Street - to be repeated by the patient at the end of the test	<input type="checkbox"/>
4. Year	<input type="checkbox"/>
5. Name of hospital, residential institution or home address, depending on where the patient is situated	<input type="checkbox"/>
6. Recognition of two persons - for example, doctor, nurse, home help etc	<input type="checkbox"/>
7. Date of birth	<input type="checkbox"/>
8. Year first world war started	<input type="checkbox"/>
9. Name of present monarch	<input type="checkbox"/>
10. Count backwards from 20 to 1	<input type="checkbox"/>
<u>Total score</u>	
A SCORE OF LESS THAN SIX SUGGESTS DEMENTIA	

If you think someone has dementia:

- **Use the abbreviated mental test score (above). This is only a rough guide to diagnosis.**
- **Carry out routine blood tests.**
- **If in doubt, refer to specialist - a general psychiatrist, old age psychiatrist, or neurologist depending on age of patient and who is available locally.**

If diagnosis is confirmed:

- **Encourage the carer to join the Alzheimer's Disease Society or Alzheimer Scotland - Action on Dementia.**
- **Services: refer to Social Services for assessment.**
- **Benefits: your patient should claim attendance allowance or disability living allowance care component and discount on their council tax bill. Provide the appropriate certificate.**
- **Ensure follow up.**