

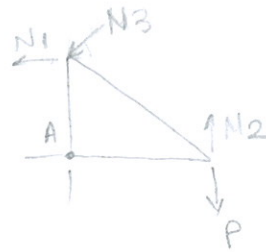
$1, 2, 3: EA$

$\sin \gamma = \frac{3}{5}$

$\cos \gamma = \frac{4}{5}$

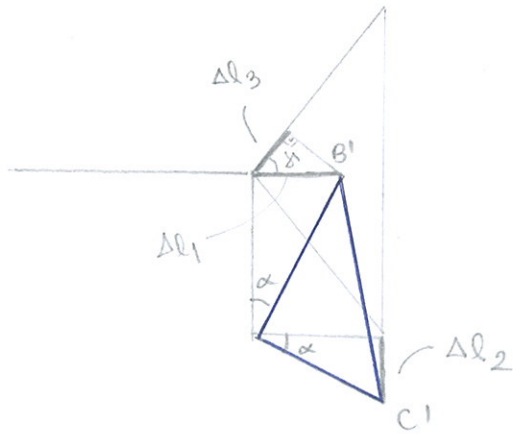
$GH = 2$

equilíbrio de ABC:  $\sum M_A = 0:$



$N_1 \cdot 3a + N_3 \cdot \cos \gamma \cdot 3a + N_2 \cdot 4a - P \cdot 4a = 0$

$3N_1 + \frac{12}{5}N_3 + 4N_2 - 4P = 0 \quad (I)$



compatibilidade:

$\frac{\Delta l_1}{3a} = \frac{\Delta l_2}{4a} \Rightarrow \Delta l_1 = \frac{3\Delta l_2}{4} \Rightarrow \frac{N_1 \cdot 4a}{EA} = \frac{3}{4} \cdot \frac{N_2 \cdot 6a}{EA} \Rightarrow N_2 = \frac{8}{9}N_1 \quad (II)$

$\cos \gamma = \frac{\Delta l_3}{\Delta l_1} \Rightarrow \Delta l_1 = \frac{\Delta l_3}{\cos \gamma} \Rightarrow \Delta l_1 = \frac{5\Delta l_3}{4} \Rightarrow \frac{N_1 \cdot 4a}{EA} = \frac{5}{4} \cdot \frac{N_3 \cdot 5a}{EA} \Rightarrow N_3 = \frac{16}{25}N_1 \quad (III)$

de I, II e III:  $3N_1 + \frac{12}{5} \cdot \frac{16}{25}N_1 + 4 \cdot \frac{8}{9}N_1 - 4P = 0$

$(3 + 1,536 + 3,56)N_1 = 4P \Rightarrow N_1 = \frac{4}{8,1}P = 0,49P \quad (T)$

$N_2 = \frac{8}{9} \cdot 0,49P = 0,43P \quad (T) \quad N_3 = \frac{16}{25} \cdot 0,49P = 0,31P \quad (C)$