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### The European Randomized Study of Screening for Prostate Cancer – Prostate Cancer Mortality at 13 Years of Follow-up

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#### Conflicts of interest

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#### Abstract

**Background**—The European Randomized study of Screening for Prostate Cancer (ERSPC) is a randomized multi-center trial with a predefined centralized database, analysis plan and core age group (55–69 years) evaluating prostate-specific antigen (PSA) testing in eight European countries.

**Methods**—The present results are based on prostate cancer (PCa) incidence and mortality truncated at 9, 11, and 13 years of follow-up in the intervention arm (offered PSA testing) relative to the control arm. A secondary analysis corrected for selection bias due to non-participation was performed. Because of incomplete follow-up, only incidence and no mortality data at 9 years follow-up are reported for the French centers.

**Findings**—The rate ratio (RR) of PCa incidence between the intervention and control arms was 1.91 after 9 years (1.64 including France), 1.66 after 11 years and 1.57 after 13 years. The RR of PCa mortality was 0.85, 0.78 and 0.79 at 9, 11 and 13 years respectively (95% confidence interval 13-year 0.69–0.91, p = 0.001). This corresponds to a relative risk reduction of 21% and an absolute risk reduction of death from PCa at 13 years of 0.11 per 1,000 person-years or 1.28 per 1,000 men randomized, which is equivalent to one PCa death averted per 781 men invited for screening or one per 27 additional PCa detected. PCa mortality reduction in screened men after adjustment for non–participation was 27%.

**Interpretation**—This update of ERSPC confirms a substantial PCa mortality reduction due to PSA testing, with a substantially increased absolute effect at 13 years compared to findings after 9 and 11 years.

Funding—All sources of funding per center are indicated in the "Web extra material" section.

**Trial identification**—This trial is registered under Current Controlled Trials number: ISRCTN49127736.

#### Keywords

Prostate cancer; prostate specific antigen (PSA); randomised controlled trial; mortality; mass screening

#### Introduction

The European Randomized study of Screening for Prostate Cancer (ERSPC) has demonstrated significant reductions in prostate cancer (PCa) mortality after 9 and 11 years of follow-up<sup>1, 2</sup>. In spite of this, screening for prostate cancer remains controversial because of adverse effects such as overdiagnosis, which is estimated to comprise 40–50% of screen-detected cases and often results in overtreatment with subsequent side effects<sup>3–5</sup>. However a modeling study, partly based on ERSPC data, showed with a 4-year screening interval a gain of 52 life-years and a gain of 41 quality of life adjusted life years (QALY's) despite some reduction in quality of life owing to overdiagnosis and long-term side-effects of treatment<sup>5</sup>.

The present report gives updated PCa mortality results with follow-up through 2010, with analyses truncated at 9, 11 and 13 years of follow-up. For the first time, we include France in the analysis of PCa incidence at 9 years of follow-up, but not of PCa mortality because of incomplete follow-up to the end of 2010.

#### **Methods**

#### Study design

The ERSPC is a multi-center, randomized screening trial with the main goal to compare PCa mortality between an intervention arm invited to screening and a control arm with no intervention offered. The trial was initiated in 1993 in the Netherlands and in Belgium<sup>6, 7</sup>. Five other centers (Sweden, Finland, Italy, Spain and Switzerland) joined the study between 1994 and 1998. Two French centers started in 2000 and 2003.

#### **Randomization and Masking**

The ERSPC trial protocol has been published previously<sup>1, 2, 8, 9</sup>. In short, eligible subjects (men aged 50–74 years of age at time of randomization) were identified from population registers and randomization was performed individually based on random numbers (with 1:1 allocation, except in Finland where an intervention/control ratio of approximately 1:1.5 was used). Due to different legal regulations, randomization after informed consent was used in some and randomization before consent in other countries<sup>8, 9</sup>. Allocation of participants to the trial arms was concealed to the investigators.

#### **Recruitment of participants**

Recruitment was completed by the end of 2003, except in France with recruitment up to 2005. The screening interval of four years (two years in Sweden) was chosen on the basis of

lead time estimated as >8 years at the time of trial initiation<sup>10, 11</sup>. Prostate-specific antigen (PSA) determination in serum with a cut-off of 3.0 ng/ml was the main screening test and indication for biopsy (an ancillary test was used for men with PSA 3.0–3.9 ng/ml in Finland and Italy). Sextant biopsies were initially recommended for screen-positive men, in line with practice recommendations during the initiation of ERSPC. Screening was discontinued after three screening rounds in Belgium, Finland and Spain and after two rounds in France, but continued up to five rounds in the Netherlands and ten in Sweden. During 1994 and 1995, performance criteria were established as indicators of successful conduct of the trial. These criteria included: a pilot study, randomization with concealed allocation, adherence to the common trial protocol, participation in quality control assessments and continuous conduct of the study (recruitment, screening and data collection)<sup>8</sup>. An independent quality control committee was in charge of the supervision of compliance with the performance criteria. Full access to the ERSPC data, including disease-specific mortality outcome, was provided by the protocol after the first end-point publication<sup>1</sup>.

#### Primary end-points

The primary endpoint of the study is PCa mortality<sup>12</sup>. Overall mortality was assessed mainly to ensure comparability between the trial arms, as no reduction in overall mortality was anticipated from the intervention (given the small fraction of all deaths caused by PCa). Data on overall mortality were obtained by linkage to national registries. PCa deaths were ascertained by local, independent, causes of death committees evaluating all deaths in men diagnosed with PCa and/or PCa as a cause of death in the death certificate, blinded to trial arm and following the same algorithm in all centers<sup>13</sup>. If consensus was not reached, the international causes of death committee was consulted. Of the evaluated deaths, those classified as 'definitely PCa' and 'probably PCa' and intervention related deaths were used as the outcome events in the analysis. Death certificates were used in Finland after a very high concordance with committee assignments was demonstrated ( $\kappa$ >0.9)<sup>14</sup>.

Safety assessments were conducted by the independent Data Monitoring Committee. Stopping rules covered an excess of overall or PCa mortality in the screening arm relative the control arm<sup>15</sup>.

#### Statistical analysis

The primary analysis evaluated PCa mortality and addressed the upfront agreed core age group 55–69 years, with follow-up through 2010 truncated at 9, 11 and 13 years. All results were calculated with the control group for Finland weighted by approximately 1:1.5. The analysis was carried out on the basis of the intention-to-treat (or intention-to-screen, ITS) principle, comparing groups formed by randomization regardless of compliance with the assignment. Rate ratios (RR) were calculated using Poisson regression. Reported p-values are two-sided. In addition, an analysis of mortality in men screened, corrected for selection bias due to non-participation, was performed<sup>16</sup>. France was excluded from all analyses of PCa mortality because of incomplete follow-up (median follow-up for the two French centers was only 6.4 and 7.5 years). France was included in a secondary analysis of PCa incidence using the follow-up period 1–9 years. An analysis considering all available ages is included as part of the appendix tables 1–3 and appendix figures 1, 2. A further secondary

analysis shows the results per center for the core age group excluding France (Appendix table 4). No adjustment of significance for alpha-spending in sequential analyses was applied because the present analysis is protocol-based and not driven by statistical significance<sup>17, 18</sup>. Cumulative PCa mortality by arm was calculated using the Nelson-Aalen method<sup>17</sup>. Number needed to invite (NNI) to avert one PCa death was calculated as the inverse of the absolute risk reduction and number needed to detect (NND) as the NNI multiplied by the excess PCa incidence in the intervention group.

#### Role of funding sources

Most funding was obtained from national cancer research funding agencies, European funding in the form of Framework programs, some private sponsors and an unconditional grant of the former Beckman/Hybritech company. All details are given in the "Web extra material".

#### Results

#### Screening results

In the core age group of men aged 55–69 years, excluding France, 162,388 were randomized, of whom 145 died between randomization and screening. With data truncated at 13 years of follow-up, 7,408 PCa cases were diagnosed in the intervention arm and 6,107 cases in the control arm (Figure 1).

The median age at randomization was 60.2 years. The overall compliance with biopsies was 85.6% of 23,574 screen-positive tests. On average, men in the intervention group were screened 2.3 times (ranging from 1.6 times in Belgium with a 7-year interval to 3.5 times in Sweden with a 2-year interval). Of the screen-positive men who underwent a biopsy, 24.2% were diagnosed with PCa within 12 months after testing (Table 1).

#### Prostate cancer incidence and mortality

With follow-up truncated at 13 years, PCa incidence was 9.55 per 1,000 person-years in the intervention and 6.23 in the control arm, corresponding to a RR of 1.57 (95% CI 1.51–1.62) (Table 2a).

With follow-up truncated at 13 years, PCa mortality was 0.43 per 1,000 person-years in the intervention arm and 0.54 per 1,000 person-years in the control arm translating into a RR of 0.79 (95% CI 0.69–0.91, p=0.001), or a relative risk reduction of 21% in men randomized to screening (Table 2b, Figure 2). A similar RR of 0.78 (95% CI 0.66–0.91, p=0.002) was seen after 11 years. After adjustment for non-participation, RR's of 0.71 and 0.73 were seen after 11 and 13 years, relative risk reductions of 29 and 27% (p=0.001 and p<0.001 respectively).

The absolute risk reduction in PCa mortality at 13 years of FU, in the intervention compared to the control arm after adjustment for the randomization ratio 1:1.5 in Finland, was 0.11 PCa deaths per 1,000 person-years or 1.28 PCa deaths per 1,000 men, which yielded a number needed to invite (NNI) of 781 (95% CI 490–1929) and a number needed to detect (NND) of 27 (95% CI 17–66) (Table 3). The NNI and NND are substantially decreased from follow-up to 9 (NNI 1410, NND 48) and 11 years (NNI 979, NND 35)<sup>1, 2</sup>.

As shown in table 4, all-cause mortality did not differ between the two trial arms (18.6 and 18.9 per 1,000 person-years in the core age group, RR 1.00 (95% CI 0.98–1.02, p=0.82)).

Correction for selection bias due to non-participation resulted in adjusted RRs for PCa mortality of 0.71 (95% CI 0.58–0.88) at 11 years and 0.73 (0.61–0.88) at 13 years, corresponding to relative risk reductions 29% and 27%, respectively (Table 2b).

In addition to the core age group, a significant reduction in PCa mortality was found for all 181,999 men aged 50–74 years at entry (excluding France), with a rate ratio 0.83 (95% CI 0.73–0.94, p=0.004) (Table 4). The screening effect did not differ significantly across five-year bands in the core age group or over the entire age range, but, most likely by chance, a significant PCa mortality reduction was found in the age group 65–69 years and a non-significantly increased PC mortality was seen in the screening arm in the age group 70+. However, the latter men were screened only once and this may explain the lack of an effect of starting screening late in life.

Figure 3 shows the PCa mortality rate by trial arm in four year intervals from date of randomization. The RRs decreased from 0.88 to 0.82 and 0.72 during years 0–4, 4–8 and 8–12 (relative risk reductions of 12%, 18% and 28%).

An analysis of PCa mortality in the intervention and control arms in the core age group of individual centers shows significant RR's only for Sweden (RR 0.62) and the Netherlands (RR 0.67) (appendix table 4). A more extensive comparison including adjustments to non-compliance is pending.

#### Discussion

The results of our primary analysis based on extended follow-up up to 13 years indicate no further increase in the relative effect of screening on PCa mortality with an RR of 0.79, similar to 11 years<sup>2</sup>, but an enhanced absolute mortality reduction of 0.11 per 1,000 personyears of 1.28 per 1,000 men randomized. In line with ERSPC rules of participation and reporting (8) France is included in the analysis of incidence, but not in that of mortality because of incomplete follow-up to the end of 2010. The absolute effect i.e. absolute risk reduction is a key indicator of the effectiveness of screening and it should guide decision-making at both policy and patients levels. At 13 years of follow-up, one death from PCa was averted per 781 men invited to screening, which is reduced from 979 at 11 years and from 1,410 at 9 years. At 13 years of FU men in the intervention arm were screened on average 2.3 times. For comparison, the corresponding figures of NNI estimated for breast cancer screening trials are 1339–2000 based on 13 year follow-up<sup>19</sup>. The NND, which expresses the mortality reduction in relation to excess incidence, was estimated as 27 at 13 years, 35 at 11 years and 48 at 9 years.

In terms of relative effect, most of the screening impact was achieved during the follow-up years 1–11 with little further divergence occurring during the years 11–13. The secondary analysis correcting for non-attendance showed a RR of 0.73, a relative risk reduction of 27% for screened men, at 13 years follow-up (Table 2b).

#### Differences between age groups and centers

PCa mortality was significantly lower in the screened arm in the core age group and for all ages.

Our previous reports<sup>1, 2</sup> did not include France because of short follow-up. French data are shown here for the first time in an analysis of incidence up to 9 years of follow-up. The French centers have mean follow-up periods of only 6.2 and 7.3 years, the lowest compliance with biopsy indications (28.9 and 50.9%), contributed with only 1–2 rounds of screening and their incidence data are suggestive of a very high contamination rate (PCa incidence RR 1.1 for the screening arm, Table 1). Inclusion of these centers in the analysis of data truncated at 9 years gave a RR of PCa incidence of 1.64 (1.58–1.69) compared with 1.91 (1.83–1.99) without these centers (Table 2a).

Differences in the screening effect were seen between centers but none of these were significant (Appendix table 4, France excluded). PCa mortality reduction was significant in the Swedish and Dutch centers, but not in the others. Finland, the largest component, still does not show a significant mortality reduction. Differences between centers are most likely due to differences in length of follow-up, underlying incidence and mortality, as well as contamination in the control arm, but possibly also to performance of screening and to the duration of the intervention.

Possible mechanisms which may explain the lack of further increase of the relative effect by screening in the 1-11 versus 1-13 year periods may include non-compliance in the intervention arm and contamination in the control arm by screening, as well as a decreasing difference in the frequency of screening between the intervention and control arm, reflected in approaching PCa incidence rates (rate differences of incidence in the intervention versus control arms at years 1-9 versus 1-13 are 4.90 versus 3.32 per 1,000 person-years respectively). In addition, latent advanced PCa at the time of randomization (influence of advanced, incurable cases detected in the first screen on PCa mortality)<sup>20</sup> may approach the end of their treated natural course. In addition, biopsy compliance or variations in treatment may have an impact. A complete adjustment for contamination and non-participation according to<sup>16</sup> is not possible at present because of unavailability of opportunistic PSAtesting data in the control arm in some centers. The change of the occurrence of T1c disease in the control arm over time might serve as a surrogate. An increase of the T1c detection rate per 1,000 person-years within the control arm of the core age group from 0.85 during year 1 to 3.58 during year 12 was seen (appendix table 5, excluding France). It is also possible that the follow-up is still too short to see the full effect of PSA screening, given the long natural history of screen detected PCa. Although the follow-up from randomization is 13 years, the median follow-up from diagnosis of PCa is only 6.4 and 4.3 years in the intervention and control arms (data not shown), and previous studies have shown that the natural course of early PCa usually is in the range of 15–25 years<sup>21, 22</sup>. Differences in treatment for PCa with similar tumor characteristics between the two arms of the trial could, in theory, explain apparent differences assigned to screening. A previous analysis, however, showed that this is unlikely<sup>23</sup>. This analysis shows only one major difference in treatment between arms, a higher rate of radiotherapy combined with endocrine treatment in favor of the control group. An update of the evaluation of treatments per arm and center is in preparation. In addition,

an alternative analysis applying the excess mortality methodology was conducted and reported<sup>24</sup>. This analysis takes into account the differences in deaths which may be related to treatment. The results of this analysis does not differ from the data reported in the present report.

As previously, no difference in all-cause mortality was seen. As in other cancer screening trials (except lung cancer and regionally cervix cancer), all-cause mortality is not an endpoint, but similar death rates confirm the comparability of the trial arms.

#### Harmful effects of screening

Overdiagnosis occurs in approximately 40% of the screen-detected cases<sup>3, 4</sup> resulting in a high risk of overtreatment with unavoidable adverse effects, which is a major adverse consequence of prostate cancer screening. Our current results show a 1.57-fold higher incidence in the screening arm (absolute excess 3.44 per 1,000 person-years), which is consistent with earlier assessments. Yet, our recent modeling study showed a favorable balance of benefits (mortality reduction) and harms (positive net impact despite a smaller gain in Quality of Life Adjusted Life Years (QALYs) than life-years overall)<sup>5</sup>. The model estimate of over diagnosis is 41%. Assuming no over diagnosis increases QALY'S gained per 1000 men screened annually from 56 to 79. To avoid over diagnosis, preferably by avoiding unnecessary biopsies, and to decrease the very large number of men who must be screened, biopsied, and treated to help a few is a top current research priority.

#### Limitations

Our study has limitations including heterogeneity between centers which is not excluded by the analysis of homogeneity in terms of screening protocol and performance, contamination in the control arm (reported in the range of 23–40%) and the short follow-up (more than 70% of all participants of the study population are still alive).

Despite evidence of the effectiveness of PSA-screening in reducing PCa mortality from our trial, the uncertain balance between benefits and harms needs to be considered in decisions about population screening. Informed decision-making, using well-designed decision aids, is necessary for individuals who consider PSA-based screening for PCa<sup>25, 26</sup>. Another issue which requires consideration is the different outcome of the ERSPC and prostate arm of the Prostate, Lung, Colon and Prostate Cancer screening trial (PLCO) of which a recent update again reports no effect on PCa mortality<sup>27</sup> in spite of the diagnosis of more PCa in the screen arm. The comparability of the two trials is subject to heavy debate<sup>28, 29</sup>. Complications of diagnostic procedures have recently been reported in two other publications<sup>30, 31</sup>.

#### Panel: research in context

**Summary of previous research findings**—The ERSPC study has been published previously in 2009 and 2012<sup>1, 2</sup>. Results have changed significantly, mainly concerning the absolute effect of screening on prostate cancer mortality. The number needed to invite changed from 1,410 to 1,055 and the number needed to detect from 48 to 37. The relative difference in mortality between the screening and control arm improved from 20% to 21%

but the level of significance increased from p=0.04 to p=0.001 with 9 versus 11 years of follow-up. A systematic review was not conducted by the ERSPC; the recent Cochrane analysis of all screening trials is subject to heavy debate, mainly concerning the comparability of ERSPC with other screening trials<sup>29</sup>.

**Interpretation**—Our data show a significant relative reduction of prostate cancer mortality comparing the screening and control group of 21% and 27% in those men who actually participated. The main downside of screening is a high rate of overdiagnosis and overtreatment which are discussed in our report and which has been subject to a previous publication<sup>5</sup>. This leads the authors to the concluding statement that the time for population based screening has not arrived.

What clinicians and healthcare providers need to know—The fact that the time of population based screening has not come should not withhold clinicians and other healthcare providers to consider the application of PSA driven testing to men who wish to undergo such study. In the present situation extensive, well-balanced information should be given and discussed preferably on the basis of validated decision aids<sup>25</sup>. Instruments to decrease the proportion of unnecessary biopsies and the risk of overdiagnosis in the form of risk calculators are freely available on the internet (www.prostatecancer-riskcalculator.com). Our hope lies in the further development of multi-parametric MRI imaging technology of the prostate.

#### Conclusions

With data truncated at 13-years of follow-up, our study continues to demonstrate a significant 21% relative PCa mortality reduction in favor of screening, with one PCa death averted per 781 men invited and 27 excess cases detected. The relative risk reduction in men actually screened was 27% after adjustment for selection effects. In spite of these findings further quantification of harms and their reduction are still considered as pre-requirements for the introduction of population based screening.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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All details of the of the international coordination and per participating country/center are given in the "Web extra material" section. Financial contributors, agencies and the only contributing company had no influence on study design, collection, analysis or interpretation of data. Sponsors were not involved in the writing or decision to submit this report.

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\* Low risk= T1,T2 with Gleason score (GS) <= 6; Intermediate risk = T1,T2 with GS 7 and T3 with GS <=7; High risk = T1,T2,T3 with GS 8-10 and T4 with any GS; M1 or PSA > 100 may occur any T stage or GS ; "Missing " – missing T stage or GS, not M1 or Psa>100

#### Figure 1.

Flow diagram of the ERSPC trial; core age group, excluding France.

Schröder et al.





Schröder et al.



PC Mortality rate in each arm by 4 year period

Follow up period (yrs)	0-4	4-8	8-12
Rate ratio	0.88	0.82	0.72

Figure 3.

Nelson Aalen estimates of cumulative PCa mortality in each arm by 4 year period (all centers, France excluded).

# Table 1

Randomization, participants and results of screening all centres (core age group, cut-off date December 31, 2010, data truncated at 13 years of follow-up).

ERSPC	Randomizatic	on, participaı	nts and results o	f screening p	er centre (co	re ages, cut-	off date Decemb	er 31, 2010)			
	Netherlands	Belgium	Sweden	Finland	Italy	Spain	Switzerland	Total Excluding	<b>France</b> Herault	France Tarn	
Period of randomization	Nov 1993 – March 2000	June 1991- Dec 2003	31-Dec-1994 (all randomized on same day)	Jan 1996- Jan 1999	Oct 1996 - Oct 2000	Feb 1996 – June 1999	Sep 1998 -Aug-03	France	June 2003 – Mar 2005	Dec 2000 - June 2004	Total
Median age at randomisation (years)	61.7	63.0	59.7	58.7	61.8	60.4	61.1	60.2	62.0	62.0	61.1
Randomized – N	34,833	8,562	11,852	80,379	14,517	2,197	9,903	162,243	57,662	21,349	241,254
- screening	17,443	4,307	5,901	31,970	7,266	1,056	4,948	72,891	28,793	10,879	112,563
	50.1%	50.3%	49.8%	39.8%	50.1%	48.1%	50.0%	44.9%	49.9%	51.0%	46.7%
- control	17,390	4,255	5,951	48,409	7,251	1,141	4,955	89,35	28,869	10,470	128,691
	49.9%	49.7%	50.2%	60.2%	49.9%	51.9%	50.0%	55.1%	50.1%	49.0%	53.3%
Screened at least once N	16502	3908	4478	23771	5730	1056	4810	60255	7164	4143	71,562
(%)	(94.6)	(90.7)	(75.9)	(74.4)	(78.9)	(100.0)	(97.2)	(82.7)	(24.9)	(38.1)	(63.6)
Screen tests done – N	39345	6446	15468	52142	12731	1846	12062	140,040	7164	5358	152,562
Mean no of screens / man screened	2.4	1.6	3.5	2.2	2.2	1.7	2.5	2.3	1.0	1.3	2.1
Positive tests – N	9301	1058	2897	5925	1443	354	2596	23574	1091	821	25,486
(%)	(23.6)	(16.4)	(18.7)	(11.4)	(11.3)	(19.2)	(21.5)	(16.8)	(15.2)	(15.3)	(16.7)
Biopsies – N	8332	752	2510	5404	902	263	2025	20188	315	418	20921
(% of screen positive)	(89.6)	(71.1)	(86.6)	(91.2)	(62.5)	(74.3)	(78.0)	(85.6)	(28.9)	(50.9)	(82.1)
Prostatecancers											
Screening cohort total - N	2180	417	738	3018	396	87	572	7408	1196	559	9163
Screen detected N	1809	187	570	1631	197	60	429	4883	163	121	5167
Interval and Non attender N	371	230	168	1387	199	27	143	2525	1033	438	3996
PPV (S det cancers/biopsy, %)	(21.7)	(24.9)	(22.7)	(30.2)	(21.8	(22.8)	(21.2)	(24.2)	(51.7)	(28.9)	(24.7)
Cumulative incidence (total cancers / all rand. To S arm, %)	(12.5)	(9.7)	(12.5)	(9.4)	) (5.5)	(8.2)	(11.6)	(10.2)	(4.2)	(5.1)	(8.1)
Prostatecancer											

Lancet. Author manuscript; available in PMC 2015 August 06.

#### Schröder et al.

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ERSPC	<u>– Randomizatic</u>	on, participar	its and results o	f screening p	er centre (co	re ages, cut-o	off date Decemb	er 31, 2010)			
	Netherlands	Belgium	Sweden	Finland	Italy	Spain	Switzerland	Total Excluding	France Herault	France Tarn	
Period of randomization	Nov 1993 – March 2000	June 1991- Dec 2003	31-Dec-1994 (all randomized on same day)	Jan 1996- Jan 1999	Oct 1996 - Oct 2000	Feb 1996 - June 1999	Sep 1998 -Aug-03	France	June 2003 – Mar 2005	Dec 2000 – June 2004	Total
Control group – N	1070	321	469	3609	289	52	297	6107	1094	506	707
Cumulativeincidence (%)	(6.2)	(7.5)	(6.7)	(7.5)	(4.0)	(4.6)	(0.0)	(6.8)	(3.8)	(4.8)	(0.0)
Mean follow up (SD) (years) Median follow-up (IQR) (years)	11.5 (2.8) 13.0 (1.6)	10.8 (3.1) 13.0 (4.0)	11.7 (3.0) 13.0 (0.0)	11.4 (3.0) 13.0 (1.0)	11.3 (2.7) 12.6 (2.3)	11.9 (2.3) 12.7 (0.7)	9.8 (2.0) 10.2 (2.5)	11.3 (2.9) 13.0 (1.8)	6.2 (1.1) 6.4 (0.6)	7.3 (1.5) 7.5 (0)	9.7 (3.4) 11.3 (6.4)

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# Tables 2a and 2b

Prostate cancer incidence and mortality in the intervention and control arms during 3 time periods truncated - All centers, core age group, France excluded except for years 1-9

a) Prostate ca	ancer incid	lence									
			Intervention			Control			Date differen		
	CC	rostate Pe ancer N	rson years R	ate per 1000 erson years	Prostate Cancer N	Person years	Rate per 1000 person years	Rate Ratio <sup>I</sup> (95% CI)	per 1000 person (95% CI)	s year <sup>1</sup> Rate d	ifference 00 men <sup>I</sup>
Year 1-9 inc F1	rance	7902	835353	9.46	5726	984993	5.81	1.64 (1.58–1.65	) 3.69 (3.42–3.	95) 2	6.5
Years 1–9		6147	585627	10.50	4127	736688	5.60	1.91 (1.83–1.95	) 5.00 (4.68–5.	32) 3	0.0
Years 1–11		6797	692186	9.82	5262	873415	6.02	1.66 (1.60 –1.7)	3) 3.90 (3.61 –4.	.20) 3	5.5
Years 1–13		7408	775527	9.55	6107	980474	6.23	1.57 (1.51 – 1.6	2) 3.44 (3.16 – 3	.72) 3	4.8
b: Prostate c	ancer mort	tality									
		Intervent	tion		Contro						Adjusted rate rati
	Prostate	Person yea	ITS Rate per	Prostate	Person ye	ars Rate per	Rate Ratio <sup>1</sup>	De	Rate difference <sup>I</sup> r 1000 nersons vear	Rate difference	ın attenders <sup>1</sup>

	Rate Ratio <sup>I</sup> (95% CI)	0.85 (0.70–1.03) p=0.10	0.78 (0.66 – 0.91) P=0.002	0.79 (0.69–0.91) p = 0.001
	Rate per 1000 person years	0.37	0.46	0.54
Control	Person years	751777	896367	1011192
	Prostate Cancer deaths N	278	415	545
	Rate per 1000 person years	0.31	0.35	0.43
Intervention	Person years	614590	732133	825018
	Prostate Cancer deaths N	193	265	355
		Years 1–9	Years 1–11	Years 1-13

Lancet. Author manuscript; available in PMC 2015 August 06.

0.73 (0.61–0.88), p < 0.001

-1.28

-0.11 (-0.18 - -0.05)

0.71 (0.58 –0.88), p= 0.001

-0.46-1.02

-0.06(-0.12 - +0.01)-0.10(-0.17 - -0.04)

Rate difference per 1000 men $^{I}$ 

Rate difference<sup>1</sup> per 1000 persons year (95% CI)

Control group for Finland weighted by 1:1,5

 $^{I}$ Adjusted by centre and for the randomization ratio 1:1.5 intervention versus control group in Finland

#### Table 3

Numbers needed to be invited (NNI) and numbers needed to be diagnosed (NND) per centre and follow-up period: core age group

	11 years of	follow-up	13 years of	follow-up
	NNI (95% CI)	NND (95% CI)	NNI (95% CI)	NND (95% CI)
Excl. France	979 (594 – 2770)	35 (21–96)	781 (490 – 1929)	27 (17–66)

Table 4

All cause and prostate cancer mortality by age at randomization, France excluded.

Intervention arm				Control arm			Rate Ratios	95% CI	P-value
All cause mortali	ity								
	Deaths (N)	Person years	Rate per 1000 personyears	Deaths (N)	Person years	Rate per 1000 personyears			
Core age group	15369	825018	18.6	19108	1011192	18.9	1.00	0.98 - 1.02	0.82
All ages	18251	935185	19.5	21992	1120432	19.6	1.00	0.98 - 1.02	0.98
Prostate cancer me	ortality								
Age groups (yrs)									
<=54	9	64265	60.0	7	62312	0.11	0.84	0.28-2.49	0.75
55-59	114	411834	0.28	174	524314	0.33	0.81	0.93 - 1.03	0.09
60–64	121	240895	0.50	159	280404	0.57	06.0	0.71 - 1.15	0.41
62-69	120	172289	0.70	212	2064774	1.03	0.69	0.55-0.87	0.002
70+	99	45903	1.44	58	46928	1.24	1.17	0.82 - 1.66	0.40
Core age group	355	825018	0.43	545	1011192	0.54	0.79	0.69 - 0.91	0.001
All ages	427	935185	0.46	610	1120432	0.54	0.83	0.73-0.94	0.004
				c					

Test for heterogeneity: (PC mortality) All ages  $\chi^2 4 = 6.26$  p= 0.18 Core age group  $\chi^2 2 = 2.31$  p= 0.32