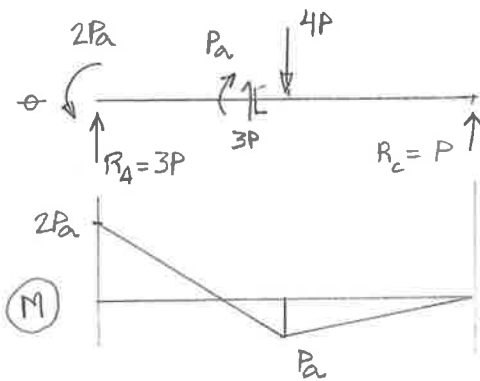


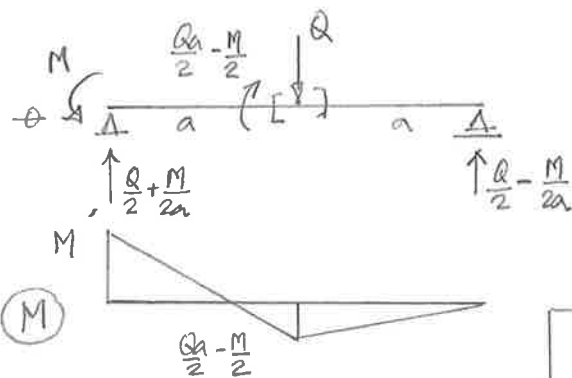
a) Energia de deformação expressa em função da força P , $U(P)$



$$\begin{aligned} \sum \mathcal{C} \quad & \left\{ -2Pa + R_A \times 2a - 4P \times a = 0 \Rightarrow R_A = 3P \right. \\ \uparrow \quad & \left. \left\{ R_A + R_C = 4P \Rightarrow R_C = P \right. \right. \end{aligned}$$

$$\begin{aligned} U(P) &= \sum_{b=1}^2 \int_0^b \frac{M^2}{2EI} dx = \int_0^a \frac{M^2}{2EI} dx + \int_a^{2a} \frac{M^2}{2EI} dx \\ &= \frac{1}{2EI} \left\{ \frac{a}{6} [2(2Pa)^2 + (Pa)^2 - 2(2Pa \times Pa)] + \frac{a}{3} (Pa)^2 \right\} \\ &= \frac{1}{2EI} \left\{ Pa^3 + \frac{Pa^3}{3} \right\} \Rightarrow \boxed{U(P) = \frac{2Pa^3}{3EI}} \end{aligned}$$

b) Energia de deformação expressa em função de M e Q , $U(M, Q)$



$$\begin{aligned} U(M, Q) &= \frac{1}{2EI} \left\{ \frac{a}{6} [2(M^2 + (\frac{Q-M}{2})^2)] - 2[M(\frac{Q-M}{2})] \right. \\ &\quad \left. + \frac{a}{3} (\frac{Q-M}{2})^2 \right\} \\ &= \frac{1}{2EI} \left\{ \frac{a}{6} [2M^2 + \frac{Q^2}{2} - QaM + \frac{M^2}{2} - MQa + M^2] \right. \\ &\quad \left. + \frac{a}{3} (\frac{Q^2}{4} - \frac{QM}{2} - \frac{M^2}{4}) \right\} \end{aligned}$$

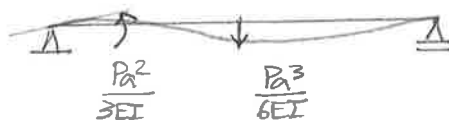
$$\boxed{U(M, Q) = \frac{a}{12EI} [4M^2 - 3MQa + Q^2a^2]}$$

verif.: $U(M=2Pa, Q=4P) = \frac{a}{12EI} [16Pa^2 - 24Pa^2 + 16Pa^2] = \frac{2Pa^3}{3EI}$ OK

c) $\varphi_A = \frac{\partial U}{\partial M} \Big|_{\substack{M=2Pa \\ Q=4P}} = \frac{a}{12EI} [8M - 3Qa] = \frac{a}{12EI} [16Pa - 12Pa] \Rightarrow \boxed{\varphi_A = \frac{Pa^2}{3EI} \text{ (}\nearrow \text{ rad)}}$

$v_B = \frac{\partial U}{\partial Q} \Big|_{\substack{M=2Pa \\ Q=4P}} = \frac{a}{12EI} [-3Ma + 2Qa^2] = \frac{a}{12EI} [-6Pa^2 + 8Pa^2] \Rightarrow \boxed{v_B = \frac{Pa^3}{6EI} \text{ (}\downarrow \text{)}}$

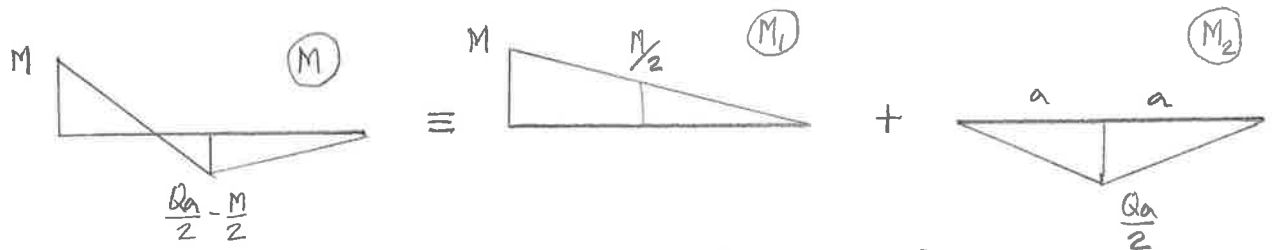
d)



Obs :

1. Outras formas de calcular a integral em b)

• Decomposição do diagrama de momentos.



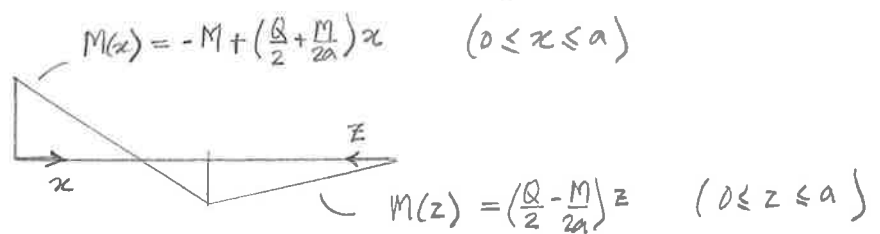
$$\int_0^{2a} \frac{M^2}{2EI} dx = \int_0^{2a} \frac{(M_1 + M_2)^2}{2EI} dx = \int_0^{2a} \frac{M_1^2}{2EI} dx + 2 \int_0^{2a} \frac{M_1 M_2}{2EI} dx + \int_0^{2a} \frac{M_2^2}{2EI} dx$$

$$= \frac{1}{2EI} \left\{ \frac{2a}{3} M^2 + 2 \left[\frac{a}{6} \left(-\frac{MQa}{2} - \frac{2MQa}{2} \right) + \frac{a}{3} \left(-\frac{M}{2} \frac{Qa}{2} \right) \right] + 2 \left[\frac{a}{3} \left(\frac{Qa}{2} \right)^2 \right] \right\}$$

$$= \frac{a}{2EI} \left\{ \frac{2}{3} M^2 + 2 \left[-\frac{MQa}{6} - \frac{MQa}{12} \right] + \frac{Qa^2}{6} \right\}$$

$$= \frac{a}{12EI} (4M^2 - 3MQa + Q^2 a^2)$$

• Integração analítica (sem usar as fórmulas de produto)



$$U(M, Q) = \int_0^a \frac{M(x)^2}{2EI} dx + \int_0^a \frac{M(z)^2}{2EI} dz = \frac{1}{2EI} \left\{ \int_0^a \left[M^2 - M \left(\frac{Q}{2} + \frac{M}{2a} \right) x + \left(\frac{Q}{2} + \frac{M}{2a} \right)^2 x^2 \right] dx + \int_0^a \left(\frac{Q}{2} - \frac{M}{2a} \right)^2 z^2 dz \right\}$$

$$= \frac{1}{2EI} \left\{ \left[M^2 x - \frac{M}{2} \left(\frac{Q}{2} + \frac{M}{2a} \right) x^2 + \frac{1}{12} \left(Q^2 + \frac{2QM}{a} + \frac{M^2}{a^2} \right) x^3 \right]_0^a + \left[\frac{1}{12} \left(Q^2 - \frac{2QM}{a} + \frac{M^2}{a^2} \right) z^3 \right]_0^a \right\}$$

$$= \frac{1}{2EI} \left\{ \left[M^2 a - \frac{M^2 a}{2} - \frac{MQa^2}{2} + \frac{Q^2 a^3}{12} + \frac{QM a^2}{6} + \frac{M^2 a}{12} + \frac{Q^2 a^3}{12} - \frac{QM a^2}{6} + \frac{M^2 a}{12} \right] \right\}$$

$$= \frac{1}{2EI} \left\{ \frac{2}{3} M^2 a - \frac{MQa^2}{2} + \frac{Q^2 a^3}{6} \right\} = \frac{a}{12EI} (4M^2 - 3MQa + Q^2 a^2)$$

//

↪

2. Teorema de Maxwell

↳ M e Q unitários aplicadas alternadamente.

$$\left. \begin{aligned} \bar{\varphi}_A &= \frac{\partial U}{\partial M} \Big|_{\substack{M=0 \\ Q=1}} = -\frac{a^2}{3EI} \\ \bar{v}_B &= \frac{\partial U}{\partial Q} \Big|_{\substack{M=1 \\ Q=0}} = -\frac{a^2}{3EI} \end{aligned} \right\} \underline{OK}$$