

Álgebra Linear e Aplicações

- *Método de Gram-Schmidt e decomposição QR.*



MÉTODO DE GRAM-SCHMIDT

TEOREMA: SEJA $S = \{u_1, \dots, u_n\} \subset \mathbb{R}^m$ UM CONJUNTO LINEARMENTE INDEPENDENTE. LOGO EXISTE UM CONJUNTO ORTONORMAL $B = \{e_1, \dots, e_n\}$ TAL QUE $[u_1, \dots, u_k] = [e_1, \dots, e_k]$, PARA TODO $k \in \{1, \dots, n\}$.

OBS: AQUI $[z_1, \dots, z_n] = \{\alpha_1 z_1 + \dots + \alpha_n z_n : \alpha_1, \dots, \alpha_n \in \mathbb{R}\}$ É O ESPAÇO GERADO POR $\{z_1, \dots, z_n\}$.

DEMO: FAREMOS A PROVA POR INDUÇÃO FINITA.

O TEOREMA VALE PARA $n=1$:

SEJA $S = \{u_1\}$. NESTE CASO, BASTA DEFINIR $e_1 = \frac{u_1}{\|u_1\|}$. ASSIM, $B = \{e_1\}$.

SE O TEOREMA VALE PARA $n \geq 1$, ENTÃO ELE VALE PARA $n+1$:

SEJA $S = \{u_1, \dots, u_n, u_{n+1}\}$. PELA HIPÓTESE DE INDUÇÃO, $\exists \{e_1, \dots, e_n\}$ TAL QUE $[u_1, \dots, u_j] = [e_1, \dots, e_j]$, $\forall j \in \{1, \dots, n\}$.

DEFINIÇÃO DE e_{n+1}

DEFINIMOS $\tilde{e}_{n+1} = u_{n+1} - \sum_{j=1}^n \langle u_{n+1}, e_j \rangle e_j$. NOTE QUE $\tilde{e}_{n+1} \neq 0$, POIS SE $\tilde{e}_{n+1} = 0$, ENTÃO $u_{n+1} = \sum_{j=1}^n \langle u_{n+1}, e_j \rangle e_j \in [e_1, \dots, e_n] = [u_1, \dots, u_n]$. LOGO $u_{n+1} = \alpha_1 u_1 + \dots + \alpha_n u_n$.

$\Rightarrow \{u_1, \dots, u_{n+1}\}$ NÃO É L.I. ABSURDO. ASSIM, PODEMOS DEFINIR $e_{n+1} = \frac{\tilde{e}_{n+1}}{\|\tilde{e}_{n+1}\|}$

NOTE QUE O CONJUNTO $\{e_1, \dots, e_{n+1}\}$ É ORTONORMAL.

COMO $\|e_j\| = 1$, $\forall j \in \{1, \dots, n+1\}$ E $\langle e_j, e_k \rangle = S_{jk}$, PARA $j, k \in \{1, \dots, n\}$, FALTA APENAS MOSTRAR QUE $\langle e_j, e_{n+1} \rangle = 0$, $\forall j \in \{1, \dots, n\}$. DE FATO, TEMOS PARA $\ell \in \{1, \dots, n\}$:

$$\langle e_{n+1}, e_\ell \rangle = \|\tilde{e}_{n+1}\|^{-1} \left[\langle u_{n+1}, e_\ell \rangle - \sum_{j=1}^n \langle u_{n+1}, e_j \rangle \underbrace{\langle e_j, e_\ell \rangle}_{\delta_{j\ell}} \right] = \|\tilde{e}_{n+1}\|^{-1} [\langle u_{n+1}, e_\ell \rangle - \langle u_{n+1}, e_\ell \rangle] = 0.$$

POR FIM, VAMOS MOSTRAR QUE $[u_1, \dots, u_{n+1}] = [e_1, \dots, e_{n+1}]$.

$$\begin{aligned} \text{DE FATO, } \alpha_1 u_1 + \dots + \alpha_n u_n + \alpha_{n+1} u_{n+1} &= \tilde{\alpha}_1 e_1 + \dots + \tilde{\alpha}_n e_n + \frac{\alpha_{n+1}}{\|e_{n+1}\|} u_{n+1} \\ &\hookrightarrow e_{n+1} = \frac{1}{\|e_{n+1}\|} (u_{n+1} - \sum_{k=1}^n (\alpha_{n+1}, e_k) e_k). \\ &= \beta_1 u_1 + \dots + \beta_n u_n + \frac{\alpha_{n+1}}{\|e_{n+1}\|} u_{n+1} \in [u_1, \dots, u_n, u_{n+1}]. \\ &\hookrightarrow [e_1, \dots, e_n] = [u_1, \dots, u_n] \end{aligned}$$

LOGO $[e_1, \dots, e_{n+1}] \subset [u_1, \dots, u_{n+1}]$.

$$\begin{aligned} \text{POR OUTRO LADO, } \alpha_1 u_1 + \dots + \alpha_n u_n + \alpha_{n+1} u_{n+1} &= \tilde{\alpha}_1 u_1 + \dots + \tilde{\alpha}_n u_n + \frac{\alpha_{n+1}}{\|e_{n+1}\|} \alpha_{n+1} e_{n+1} \\ &\hookrightarrow u_{n+1} = \|\tilde{\alpha}_{n+1}\| e_{n+1} + \sum_{k=1}^n (\alpha_{n+1}, e_k) e_k \in [u_1, \dots, u_n] \\ &= \beta_1 e_1 + \dots + \beta_n e_n + \|\tilde{\alpha}_{n+1}\| \alpha_{n+1} e_{n+1} \in [e_1, \dots, e_n, e_{n+1}]. \\ &\hookrightarrow [e_1, \dots, e_n] = [u_1, \dots, u_n] \end{aligned}$$

LOGO $[e_1, \dots, e_{n+1}] \supset [u_1, \dots, u_{n+1}]$



O TEOREMA ACIMA NOS FORNECE O SEGUINTE ALGORITMO.

ALGORITMO (GRAM-SCHMIDT)

ENTRADA: n VETORES L.I's $\{u_1, \dots, u_n\}$ DE \mathbb{R}^m .

SAINDA: n VETORES ORTONORMAIS $\{e_1, \dots, e_n\} \subset \mathbb{R}^m$ TAIS QUE $[u_1, \dots, u_n] = [e_1, \dots, e_n]$, $\forall 1 \leq k \leq n$.

EM PARTICULAR, $\{e_1, \dots, e_n\}$ É BASE ORTONORMAL DE $[u_1, \dots, u_n]$.

$e_1 = \frac{u_1}{\ u_1\ }$ PARA $j = 2, \dots, n$: $e_j = u_j - \sum_{k=1}^{j-1} (e_k^T u_j) e_k$ $e_j = \frac{e_j}{\ e_j\ }$
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EXEMPLO 1: $S = \left\{ \underbrace{(2, 1)}_{M_1}, \underbrace{(3, 2)}_{M_2} \right\}$

$$e_1 = \frac{(2, 1)}{\|(2, 1)\|} = \left(\frac{2}{\sqrt{5}}, \frac{1}{\sqrt{5}} \right)$$

$$\tilde{e}_2 = (3, 2) - \langle (3, 2), (2, 1) \rangle \left(\frac{2}{\sqrt{5}}, \frac{1}{\sqrt{5}} \right) = (3, 2) - \left(\frac{16}{5}, \frac{8}{5} \right) = \left(-\frac{1}{5}, \frac{2}{5} \right).$$

$$e_2 = \frac{\left(-\frac{1}{5}, \frac{2}{5} \right)}{\| \left(-\frac{1}{5}, \frac{2}{5} \right) \|} = \left(-\frac{1}{\sqrt{5}}, \frac{2}{\sqrt{5}} \right)$$

$$\Rightarrow (3, 2) = \left(\frac{16}{5}, \frac{8}{5} \right) + \left(-\frac{1}{5}, \frac{2}{5} \right) = \frac{8}{\sqrt{5}} (2, 1) + \frac{1}{\sqrt{5}} \left(-\frac{1}{5}, \frac{2}{5} \right)$$

$$B = \{e_1, e_2\} = \left\{ \left(\frac{2}{\sqrt{5}}, \frac{1}{\sqrt{5}} \right), \left(-\frac{1}{\sqrt{5}}, \frac{2}{\sqrt{5}} \right) \right\}$$

OBSERVE QUE:

$$[u_1] = [e_1]$$

$$[u_1, u_2] = [e_1, e_2]$$

OBS: NOTE QUE $u_1 = \sqrt{5} e_1$

$$u_2 = \frac{8}{\sqrt{5}} e_1 + \frac{1}{\sqrt{5}} e_2$$

EXEMPLO 2: $S = \{ (1, 0, 1), (1, 0, 0), (2, 1, 0) \}$

$$e_1 = \frac{(1, 0, 1)}{\|(1, 0, 1)\|} = \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right)$$

$$\tilde{e}_2 = (1, 0, 0) - \langle (1, 0, 0), (1, 0, 1) \rangle \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right) = (1, 0, 0) - \left(\frac{1}{2}, 0, \frac{1}{2} \right) = \left(+\frac{1}{2}, 0, -\frac{1}{2} \right)$$

$$e_2 = \frac{\tilde{e}_2}{\|\tilde{e}_2\|} = \sqrt{2} \tilde{e}_2 = \sqrt{2} \left(\frac{1}{2}, 0, -\frac{1}{2} \right) = \left(\frac{1}{\sqrt{2}}, 0, -\frac{1}{\sqrt{2}} \right)$$

$$\begin{aligned} \tilde{e}_3 &= (2, 1, 0) - \langle (2, 1, 0), \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right) \rangle \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right) - \langle (2, 1, 0), \left(\frac{1}{\sqrt{2}}, 0, -\frac{1}{\sqrt{2}} \right) \rangle \left(\frac{1}{\sqrt{2}}, 0, -\frac{1}{\sqrt{2}} \right) \\ &= (2, 1, 0) - (1, 0, 1) - (1, 0, -1) = (0, 1, 0) \end{aligned}$$

$$e_3 = \frac{\tilde{e}_3}{\|\tilde{e}_3\|} = (0, 1, 0)$$

$$B = \{e_1, e_2, e_3\} = \left\{ \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right), \left(\frac{1}{\sqrt{2}}, 0, -\frac{1}{\sqrt{2}} \right), (0, 1, 0) \right\}$$

OBS: NOTE QUE $u_1 = \sqrt{2} e_1$

$$u_2 = \frac{1}{\sqrt{2}} e_1 + \frac{1}{\sqrt{2}} e_2$$

$$u_3 = \sqrt{2} e_1 + \sqrt{2} e_2 + e_3$$

$$[e_1] = [u_1]$$

$$[e_1, e_2] = [u_1, u_2]$$

$$[e_1, e_2, e_3] = [u_1, u_2, u_3]$$

DECOMPOSIÇÃO QR

SEJA A UMA MATRIZ $m \times n$. SUPONHA QUE AS COLUNAS DE A SEJAM VETORES

LINEARMENTE INDEPENDENTES DE \mathbb{R}^m (PARA ISTO É NECESSÁRIO QUE $m \geq n$).

$$\text{Assim, } A = \begin{bmatrix} | & | \\ v_1 & \dots & v_n \\ | & | \end{bmatrix}, \quad v_j \in \mathbb{R}^m, \quad \forall j \in \{1, \dots, n\}.$$

APLICANDO GRAM-SCHMIDT AO CONJUNTO $S = \{v_1, \dots, v_n\}$, CONSTRUÍMOS UM CONJUNTO ORTONORMAL $\{e_1, \dots, e_n\}$ TAL QUE $[v_1, \dots, v_n] = [e_1, \dots, e_n]$, $\forall k \in \{1, \dots, n\}$.

PORTANTO, $v_j \in [e_1, \dots, e_n]$. LOGO $v_j = \sum_{i=1}^n r_{ij} e_i$

SEJA \tilde{R} A MATRIZ $n \times n$ DEFINIDA POR $\tilde{R}_{ij} = \begin{cases} r_{ij}, & 1 \leq i \leq j \\ 0, & i > j \end{cases}$

LOGO $v_j = \sum_{i=1}^n e_i \tilde{R}_{ij}$. ASSIM,

$$A = \begin{bmatrix} | & | \\ v_1 & \dots & v_n \\ | & | \end{bmatrix} = \underbrace{\begin{bmatrix} | & | \\ e_1 & \dots & e_n \\ | & | \end{bmatrix}}_{:= \tilde{Q}} \underbrace{\begin{bmatrix} r_{11} & r_{12} & r_{13} & \dots & r_{1n} \\ 0 & r_{22} & r_{23} & \dots & r_{2n} \\ 0 & 0 & r_{33} & \dots & r_{3n} \\ \vdots & \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & 0 & \dots & r_{nn} \end{bmatrix}}_{:= \tilde{R}}$$

$$\text{NOTE QUE } \tilde{Q}^T \tilde{Q} = \begin{bmatrix} -e_1 & \dots \\ \vdots & \dots \\ -e_n & \dots \end{bmatrix} \begin{bmatrix} | & | \\ e_1 & \dots & e_n \\ | & | \end{bmatrix} = \begin{bmatrix} e_1^T e_1 & & \\ & \ddots & \\ & & e_n^T e_n \end{bmatrix} = I$$

PROVAMOS, ASSIM, O SEGUINTE RESULTADO.

TEOREMA 1: SEJA A UMA MATRIZ $m \times n$ CUJAS COLUNAS SÃO VETORES LINEARMENTE INDEPENDENTES EM \mathbb{R}^m .

LOGO EXISTEM MATRIZES \tilde{Q} $m \times n$ E \tilde{R} $n \times n$ TAIS QUE:

- $A = \tilde{Q}\tilde{R}$
- $\tilde{Q}^T\tilde{Q} = I$, I A IDENTIDADE $n \times n$.
- \tilde{R} UMA MATRIZ TRIDIAGONAL SUPERIOR.

COROLÁRIO: SEJA A UMA MATRIZ $m \times n$ CUJAS COLUNAS SÃO VETORES LINEARMENTE INDEPENDENTES EM \mathbb{R}^m .

LOGO EXISTEM MATRIZES Q $m \times m$ E R $m \times n$ TAIS QUE:

- $A = QR$
- Q É UMA MATRIZ ORTOGONAL
- R É UMA MATRIZ TRIANGULAR SUPERIOR.

DEMO: SABEMOS QUE $A = \begin{bmatrix} | & | \\ v_1 & \dots & v_n \\ | & | \end{bmatrix} = \begin{bmatrix} | & | \\ e_1 & \dots & e_n \\ | & | \end{bmatrix} [R]$

SEJAM $e_{n+1}, \dots, e_m \in \mathbb{R}^m$ TAIS QUE $\{e_1, \dots, e_m\}$ SEJA UMA BASE ORTONORMAL DE \mathbb{R}^m .

DEFINIMOS A MATRIZ ORTONORMAL $Q = \begin{bmatrix} | & | \\ e_1 & \dots & e_m \\ | & | \end{bmatrix}$ E A MATRIZ TRIANGULAR SUPERIOR $R = \begin{bmatrix} \tilde{R} \\ 0 \end{bmatrix}$,

EM QUE \tilde{R} É MATRIZ $n \times n$ COMO NO TEOREMA 1 E 0 É A MATRIZ NULA $(m-n) \times n$

$$\text{Assim } QR = \begin{bmatrix} | & | \\ e_1 & \dots & e_m \\ | & | \end{bmatrix} \begin{bmatrix} n_{11} & \dots & n_{1m} \\ 0 & n_{22} & \dots & n_{2m} \\ 0 & 0 & \dots & n_{mm} \\ 0 & 0 & \dots & 0 \end{bmatrix} = \begin{bmatrix} | & | \\ \sum_{k=1}^m R_{k1} e_k & \dots & \sum_{k=1}^m R_{kn} e_k \\ | & | \end{bmatrix}$$

$$\text{NOTE QUE } \sum_{k=1}^m R_{ki} e_k = \sum_{k=1}^m \tilde{R}_{ki} e_k = \sum_{k=1}^i n_{ki} e_k = v_i. \text{ LOGO } QR = \begin{bmatrix} | & | \\ v_1 & \dots & v_n \\ | & | \end{bmatrix} = A \quad \blacksquare$$

EXEMPLO 1: $A = \begin{bmatrix} 2 & 3 \\ 1 & 2 \end{bmatrix}$. SABEMOS QUE

$$\begin{bmatrix} 2 \\ 1 \end{bmatrix} = \sqrt{5} \begin{bmatrix} \frac{2}{\sqrt{5}} \\ \frac{1}{\sqrt{5}} \end{bmatrix}$$

$$\begin{bmatrix} 3 \\ 2 \end{bmatrix} = \frac{8}{\sqrt{5}} \begin{bmatrix} \frac{2}{\sqrt{5}} \\ \frac{1}{\sqrt{5}} \end{bmatrix} + \frac{1}{\sqrt{5}} \begin{bmatrix} -\frac{1}{\sqrt{5}} \\ \frac{3}{\sqrt{5}} \end{bmatrix}$$

Logo $Q = \begin{bmatrix} \frac{2}{\sqrt{5}} & -\frac{1}{\sqrt{5}} \\ \frac{1}{\sqrt{5}} & \frac{2}{\sqrt{5}} \end{bmatrix}$ e $R = \begin{bmatrix} \sqrt{5} & \frac{8}{\sqrt{5}} \\ 0 & \frac{1}{\sqrt{5}} \end{bmatrix} \Leftrightarrow \begin{bmatrix} 2 & 3 \\ 1 & 2 \end{bmatrix} = \begin{bmatrix} \frac{2}{\sqrt{5}} & -\frac{1}{\sqrt{5}} \\ \frac{1}{\sqrt{5}} & \frac{2}{\sqrt{5}} \end{bmatrix} \begin{bmatrix} \sqrt{5} & \frac{8}{\sqrt{5}} \\ 0 & \frac{1}{\sqrt{5}} \end{bmatrix}$

EXEMPLO 2: $A = \begin{bmatrix} 1 & 1 & 2 \\ 0 & 0 & 1 \\ 1 & 0 & 0 \end{bmatrix}$.

SABEMOS QUE $\begin{bmatrix} 1 \\ 0 \\ 1 \end{bmatrix} = \sqrt{2} \begin{bmatrix} \frac{1}{\sqrt{2}} \\ 0 \\ \frac{1}{\sqrt{2}} \end{bmatrix}$, $\begin{bmatrix} 1 \\ 0 \\ 0 \end{bmatrix} = \frac{1}{\sqrt{2}} \begin{bmatrix} \frac{1}{\sqrt{2}} \\ 0 \\ \frac{1}{\sqrt{2}} \end{bmatrix} + \frac{1}{\sqrt{2}} \begin{bmatrix} \frac{1}{\sqrt{2}} \\ 0 \\ -\frac{1}{\sqrt{2}} \end{bmatrix}$, $\begin{bmatrix} 2 \\ 1 \\ 0 \end{bmatrix} = \sqrt{2} \begin{bmatrix} \frac{1}{\sqrt{2}} \\ 0 \\ \frac{1}{\sqrt{2}} \end{bmatrix} + \sqrt{2} \begin{bmatrix} \frac{1}{\sqrt{2}} \\ 0 \\ -\frac{1}{\sqrt{2}} \end{bmatrix} + \begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix}$

Logo $Q = \begin{bmatrix} \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 \\ 0 & 0 & 1 \\ \frac{1}{\sqrt{2}} & -\frac{1}{\sqrt{2}} & 0 \end{bmatrix}$ e $R = \begin{bmatrix} \sqrt{2} & \frac{1}{\sqrt{2}} & \sqrt{2} \\ 0 & \frac{1}{\sqrt{2}} & \sqrt{2} \\ 0 & 0 & 1 \end{bmatrix}$

$$\Rightarrow \begin{bmatrix} 1 & 1 & 2 \\ 0 & 0 & 1 \\ 1 & 0 & 0 \end{bmatrix} = \begin{bmatrix} \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 \\ 0 & 0 & 1 \\ \frac{1}{\sqrt{2}} & -\frac{1}{\sqrt{2}} & 0 \end{bmatrix} \begin{bmatrix} \sqrt{2} & \frac{1}{\sqrt{2}} & \sqrt{2} \\ 0 & \frac{1}{\sqrt{2}} & \sqrt{2} \\ 0 & 0 & 1 \end{bmatrix}$$

APLICAÇÃO MMQ: Se $A = QR$, então $A^T A \lambda = A^T b$ equivale a

$$R^T Q^T Q R \lambda = R^T Q^T b \Leftrightarrow R^T R \lambda = R^T Q^T b \Leftrightarrow \underbrace{R \lambda = Q^T b}_{\text{FÁCIL DE RESOLVER! } R \text{ É TRIANGULAR SUPERIOR}}$$

EXEMPLO: ACHE $\lambda = (\alpha_1, \alpha_2)$ TAL QUE $\alpha_1(1, 0, 1) + \alpha_2(1, 0, 0)$ SEJA A MELHOR APROXIMAÇÃO DE $(1, 2, 3)$, ISTO É, λ MINIMIZA $(1 - \alpha_1 - \alpha_2)^2 + 2^2 + (3 - \alpha_1)^2$.

QUEREMOS "RESOLVER" (NO SENTIDO DE MMQ) O SISTEMA ABAIXO:

$$\underbrace{\begin{bmatrix} 1 & 1 \\ 0 & 0 \\ 1 & 0 \end{bmatrix}}_A \underbrace{\begin{bmatrix} \alpha_1 \\ \alpha_2 \end{bmatrix}}_\lambda = \underbrace{\begin{bmatrix} 1 \\ 2 \\ 3 \end{bmatrix}}_B. \text{ SABEMOS QUE } \underbrace{\begin{bmatrix} 1 & 1 \\ 0 & 0 \\ 1 & 0 \end{bmatrix}}_A = \underbrace{\begin{bmatrix} \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} \\ 0 & 0 \\ \frac{1}{\sqrt{2}} & -\frac{1}{\sqrt{2}} \end{bmatrix}}_Q \underbrace{\begin{bmatrix} \sqrt{2} & \frac{1}{\sqrt{2}} \\ 0 & \frac{1}{\sqrt{2}} \end{bmatrix}}_R$$

ASSIM, λ DEVE SATISFAZER $R\lambda = Q^T B$, OU SEJA,

$$\begin{bmatrix} \sqrt{2} & \frac{1}{\sqrt{2}} \\ 0 & \frac{1}{\sqrt{2}} \end{bmatrix} \begin{bmatrix} \alpha_1 \\ \alpha_2 \end{bmatrix} = \begin{bmatrix} \frac{1}{\sqrt{2}} & 0 & \frac{1}{\sqrt{2}} \\ 0 & 0 & -\frac{1}{\sqrt{2}} \end{bmatrix} \begin{bmatrix} 1 \\ 2 \\ 3 \end{bmatrix} = \begin{bmatrix} 2\sqrt{2} \\ -\sqrt{2} \end{bmatrix}$$

$$\text{LOGO } \alpha_2 = -\sqrt{2} \sqrt{2} = -2$$

$$\sqrt{2}\alpha_1 + \frac{1}{\sqrt{2}}\alpha_2 = 2\sqrt{2} \Rightarrow \sqrt{2}\alpha_1 = 2\sqrt{2} + \sqrt{2} = 3\sqrt{2} \Rightarrow \alpha_1 = 3.$$

PORTANTO, $3(1, 0, 1) - 2(1, 0, 0) = (1, 0, 3)$ É O VETOR PROCURADO.

OBSERVAÇÃO FINAL: SE $A = QR$, PODEMOS ACHAR FACILMENTE OS ELEMENTOS DE R .

SEJA $\begin{bmatrix} | & | \\ M_1 & \dots & M_n \\ | & | \end{bmatrix} = \begin{bmatrix} | & | \\ q_1 & \dots & q_n \\ | & | \end{bmatrix} \begin{bmatrix} \pi_{11} & \dots & \pi_{1n} \\ 0 & \ddots & \vdots \\ \vdots & & \pi_{nn} \end{bmatrix}$, ENTÃO
COLUNAS ORTHONORMAIS.

$$\begin{aligned} M_1 &= \pi_{11} q_1 \Rightarrow q_1^T M_1 = \pi_{11} q_1^T q_1 \Rightarrow \pi_{11} = q_1^T M_1 \\ M_2 &= \pi_{12} q_1 + \pi_{22} q_2 \Rightarrow q_1^T M_2 = \pi_{12} q_1^T q_1 + \pi_{22} q_1^T q_2 \Rightarrow \pi_{12} = q_1^T M_2 \quad E \quad q_2^T M_2 = \pi_{12} q_2^T q_1 + \pi_{22} q_2^T q_2 \Rightarrow \pi_{22} = q_2^T M_2 \\ &\vdots \\ M_k &= \sum_{j=1}^k \pi_{jk} q_j \Rightarrow q_1^T M_k = \sum_{j=1}^k \pi_{jk} q_1^T q_j = \sum_{j=1}^k \pi_{jk} \delta_{ij} = \pi_{ik} \Rightarrow \boxed{\pi_{ij} = q_i^T M_j} \quad \leftarrow \text{ESTA É A FÓRMULA PROCURADA!} \end{aligned}$$

EXEMPLO 1: $\underbrace{\begin{bmatrix} 2 & 3 \\ 1 & 2 \end{bmatrix}}_A = \underbrace{\begin{bmatrix} \frac{2}{\sqrt{15}} & -\frac{1}{\sqrt{15}} \\ \frac{1}{\sqrt{15}} & \frac{2}{\sqrt{15}} \end{bmatrix}}_Q \underbrace{\begin{bmatrix} \pi_{11} & \pi_{12} \\ 0 & \pi_{22} \end{bmatrix}}_R$

$$\begin{aligned} \pi_{11} &= q_1^T M_1 = \left\langle \left(\frac{2}{\sqrt{15}}, \frac{1}{\sqrt{15}} \right), (2, 1) \right\rangle = \sqrt{5}, \quad \pi_{12} = q_1^T M_2 = \left\langle \left(\frac{2}{\sqrt{15}}, \frac{1}{\sqrt{15}} \right), (3, 2) \right\rangle = \frac{8}{\sqrt{15}}, \quad \pi_{22} = q_2^T M_2 = \left\langle \left(-\frac{1}{\sqrt{15}}, \frac{2}{\sqrt{15}} \right), (3, 2) \right\rangle = \frac{1}{\sqrt{15}}. \\ \Rightarrow R &= \begin{bmatrix} \sqrt{5} & \frac{8}{\sqrt{15}} \\ 0 & \frac{1}{\sqrt{15}} \end{bmatrix} \end{aligned}$$

EXEMPLO 2: $\begin{bmatrix} 1 & 1 & 2 \\ 0 & 0 & 1 \\ 1 & 0 & 0 \end{bmatrix} = \begin{bmatrix} \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 \\ 0 & 0 & 1 \\ \frac{1}{\sqrt{2}} & -\frac{1}{\sqrt{2}} & 0 \end{bmatrix} \begin{bmatrix} \pi_{11} & \pi_{12} & \pi_{13} \\ 0 & \pi_{22} & \pi_{23} \\ 0 & 0 & \pi_{33} \end{bmatrix}$

$$\left. \begin{aligned} \pi_{11} &= q_1^T M_1 = \left\langle \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right), (1, 0, 1) \right\rangle = \sqrt{2} \\ \pi_{12} &= q_1^T M_2 = \left\langle \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right), (1, 0, 0) \right\rangle = \frac{1}{\sqrt{2}} \\ \pi_{13} &= q_1^T M_3 = \left\langle \left(\frac{1}{\sqrt{2}}, 0, \frac{1}{\sqrt{2}} \right), (2, 1, 0) \right\rangle = \sqrt{2} \\ \pi_{22} &= q_2^T M_2 = \left\langle \left(\frac{1}{\sqrt{2}}, 0, -\frac{1}{\sqrt{2}} \right), (1, 0, 0) \right\rangle = \frac{1}{\sqrt{2}} \\ \pi_{23} &= q_2^T M_3 = \left\langle \left(\frac{1}{\sqrt{2}}, 0, -\frac{1}{\sqrt{2}} \right), (2, 1, 0) \right\rangle = \sqrt{2} \\ \pi_{33} &= q_3^T M_3 = \left\langle (0, 1, 0), (2, 1, 0) \right\rangle = 1 \end{aligned} \right\} \Rightarrow R = \begin{bmatrix} \sqrt{2} & \frac{1}{\sqrt{2}} & \sqrt{2} \\ 0 & \frac{1}{\sqrt{2}} & \sqrt{2} \\ 0 & 0 & 1 \end{bmatrix}$$