



ESCOLA POLITÉCNICA DA UNIVERSIDADE DE SÃO PAULO

# Biological Motor Control

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Sistemas Mecânicos



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1. Introduction: Motivation and goals
2. Reflex control
  - Low-level control
  - Reflex modulation
3. Impedance control
  - Theoretical foundations (Hogan, 1985)
  - Equilibrium-point models
4. Internal model
  - Principles of operation
  - Optimal control
  - Robot control example
5. Pathological motor control
  - International classification of disabilities
  - Motor disturbances:
    - » Spasticity, CVA, Parkinson, CP, ...

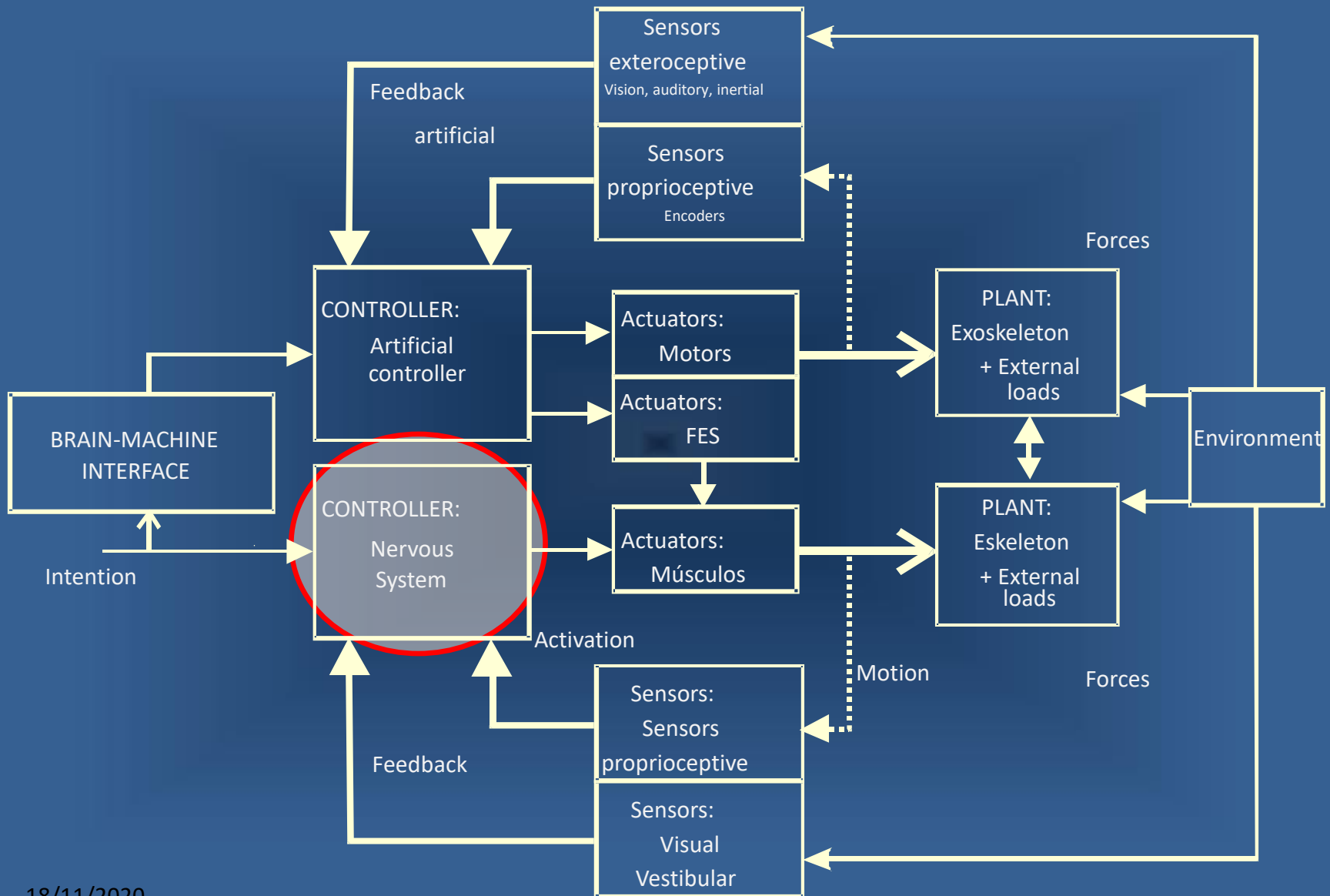


# Introduction

- Motivation
  - Understanding the system
  - Intervention:
    - Rehabilitation
    - Training
  - Functional compensation
  - Functional electrical stimulation
  - Development of bioinspired control systems



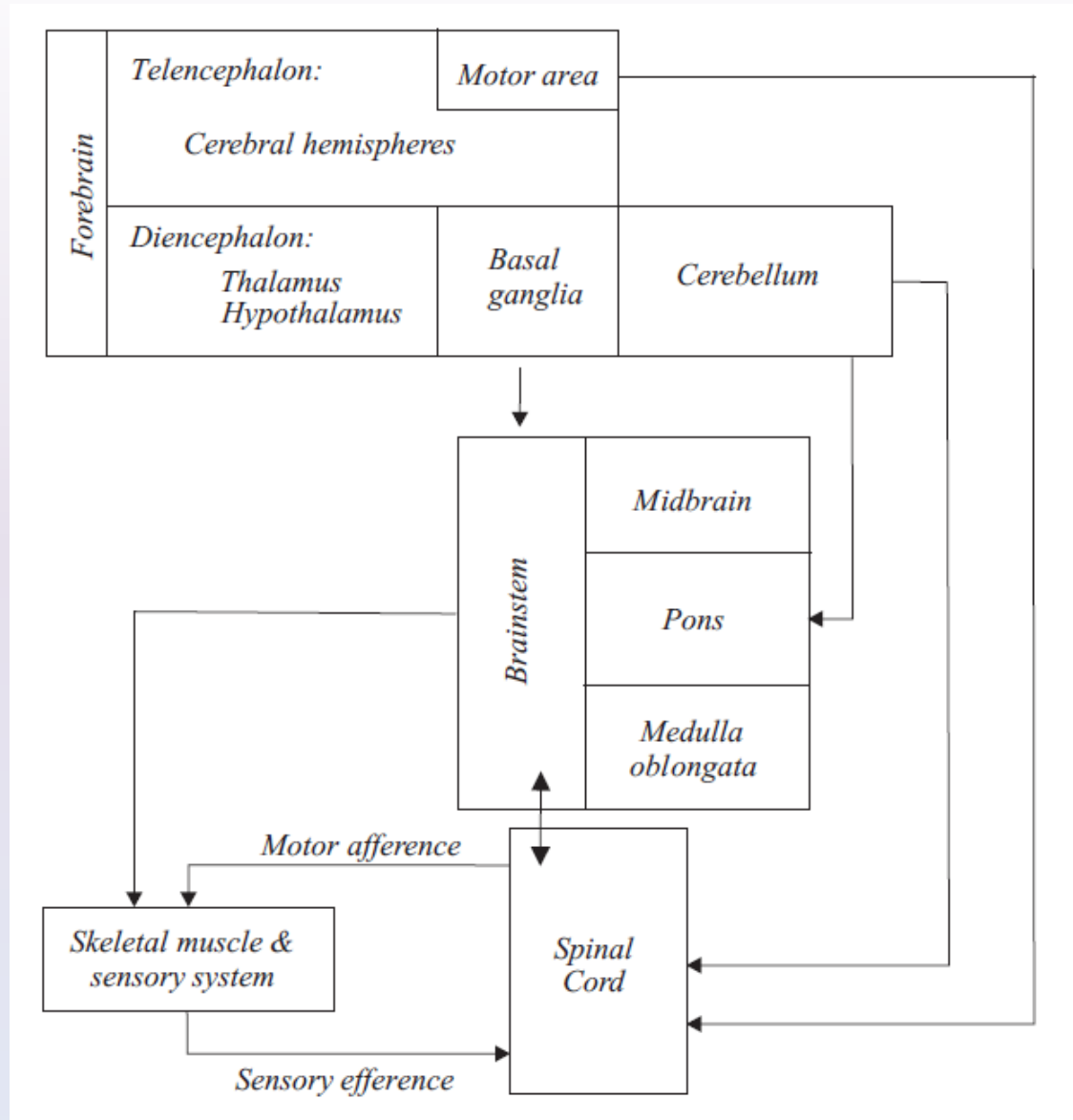
# Motor compensation





# Goals

- Introduce the Nervous system as a controller:
  - Hierarchical structure
  - Reflexes and modulation
  - “Optimal” interaction with the environment
- Controversies in the biological motor control:
  - Equilibrium-point theories
  - Internal models theories
- Motor control problems:
  - Motor control disturbances cause disabilities
  - Summary of the motor disturbances



Chapter 2. Basis for Bioinspiration and Biomimetism in Wearable Robots. Forner-Cordero, et al. Wearable Robots: Biomechatronic Exoskeletons. Editor: J. L. Pons (2008) John Wiley & Sons, Ltd.

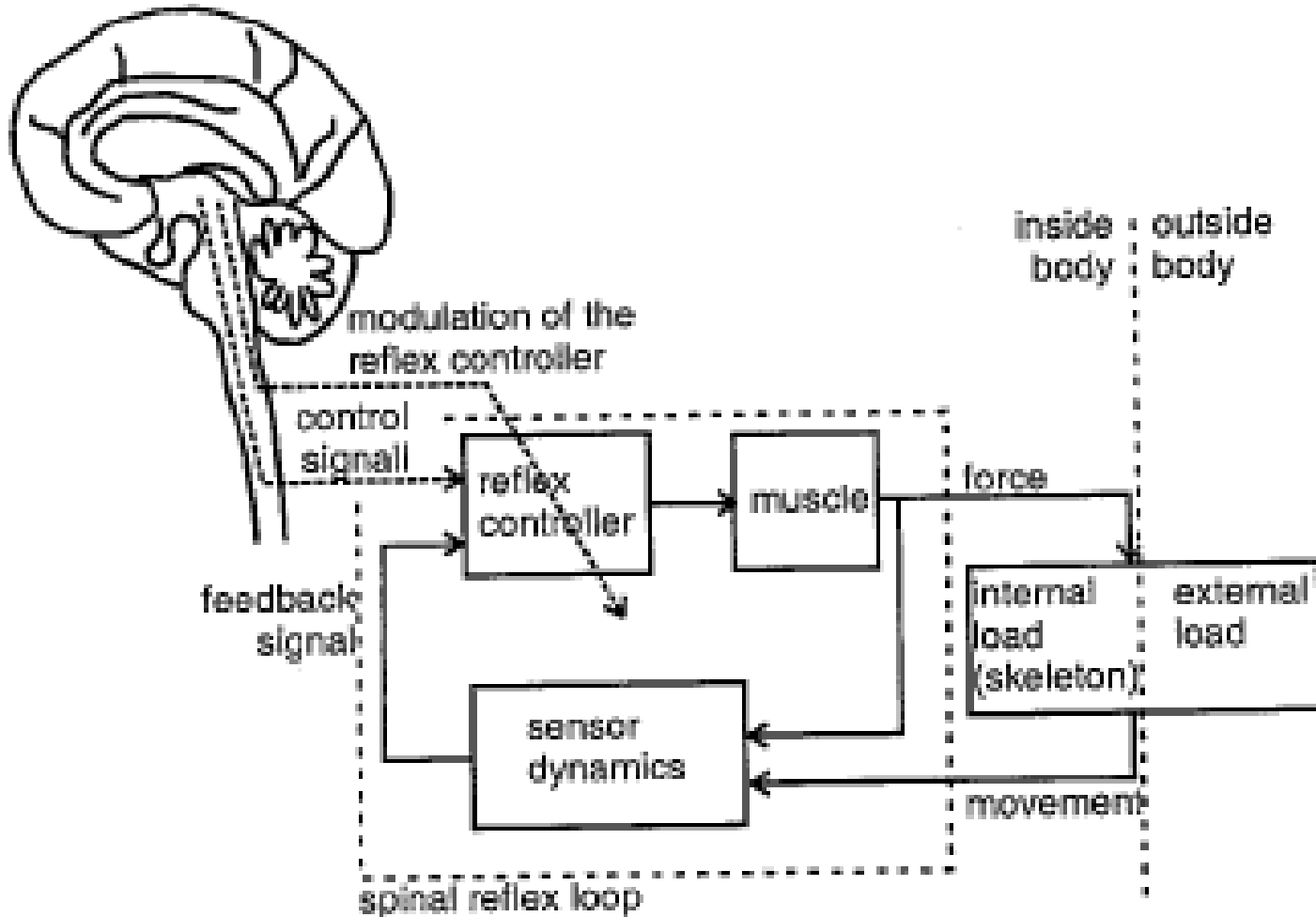


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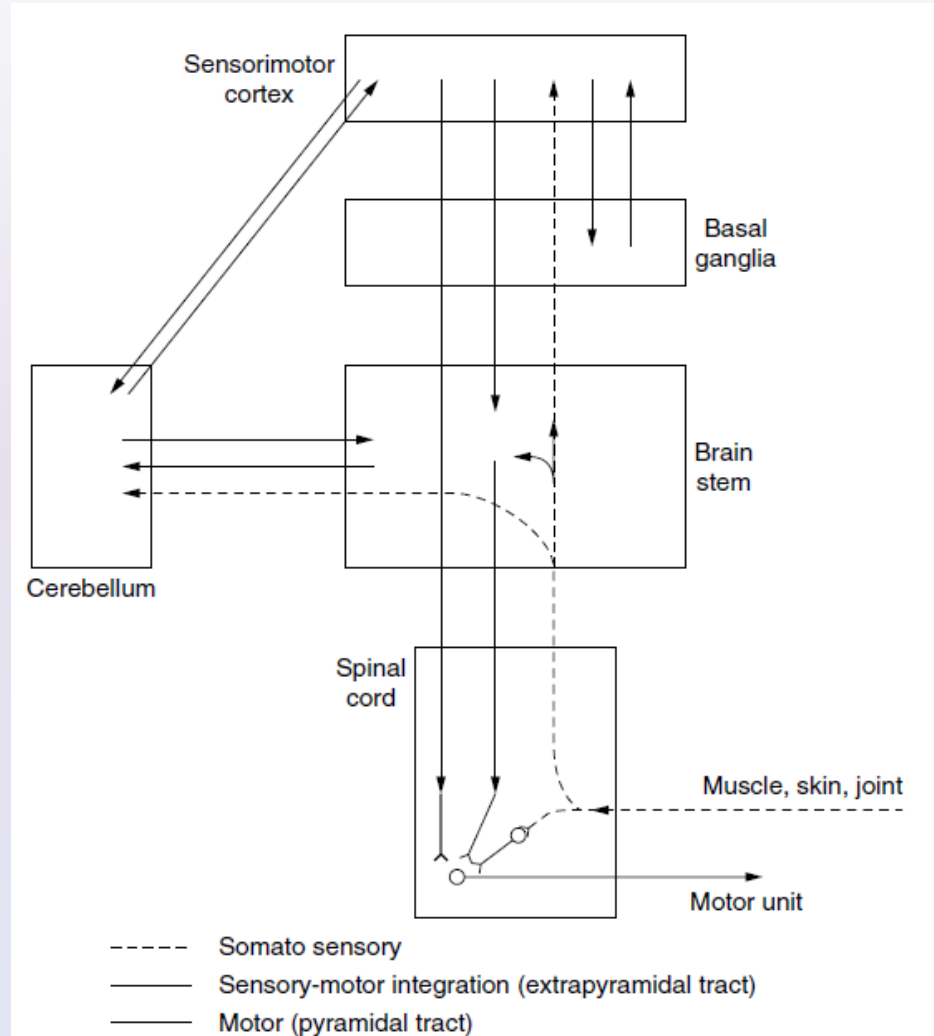
# Biomechatronics (Notes)







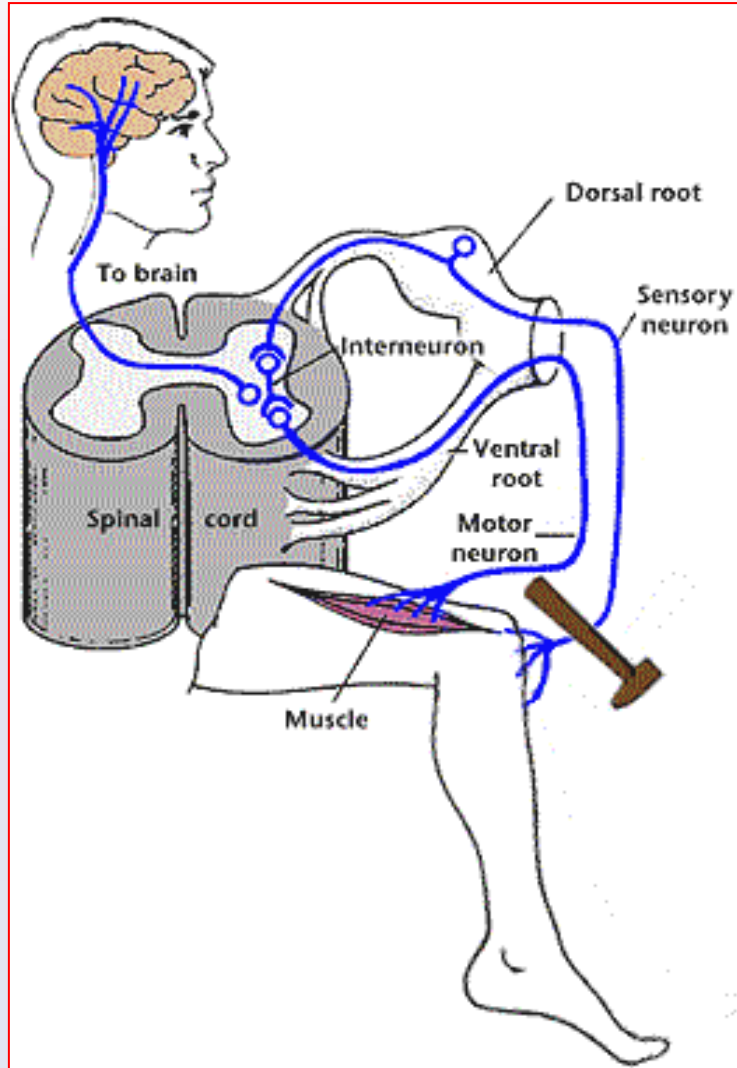
# Muscle control structure



Adaptado de  
McMahon, 1984.  
Muscles, Reflexes and  
Locomotion.



# Low-level reflex control



- Reflection:

- Stereotyped preprogrammed reaction as a response to a stimulus

- Simple reflex:

- Myostatic monosynaptic reflex (stretching)

- Polyinate reflexes:

- Reflex flexor the withdrawal

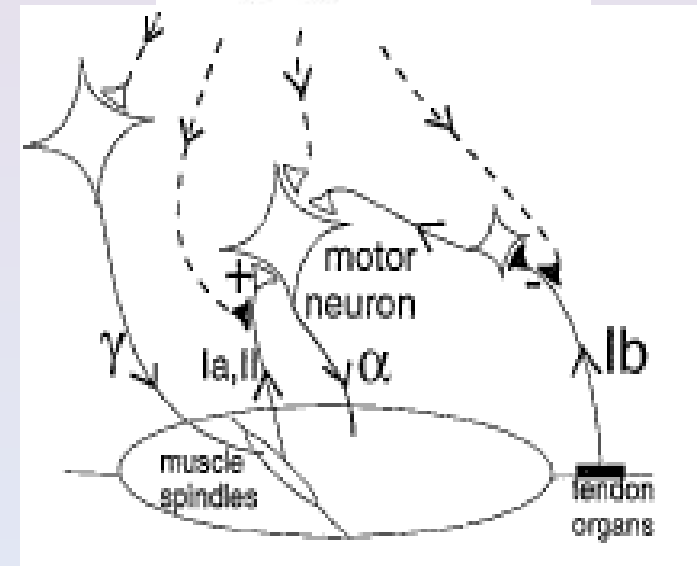
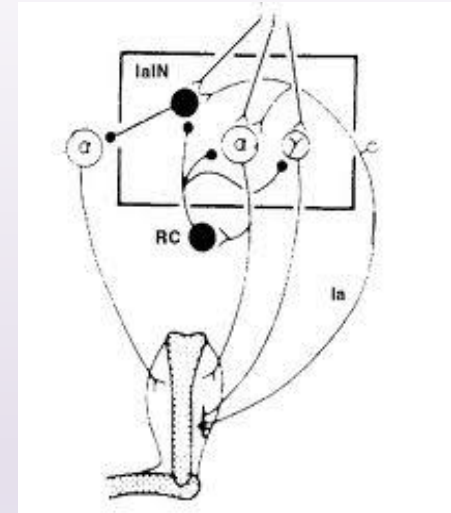
- Reflexes: modulated by higher levels

-



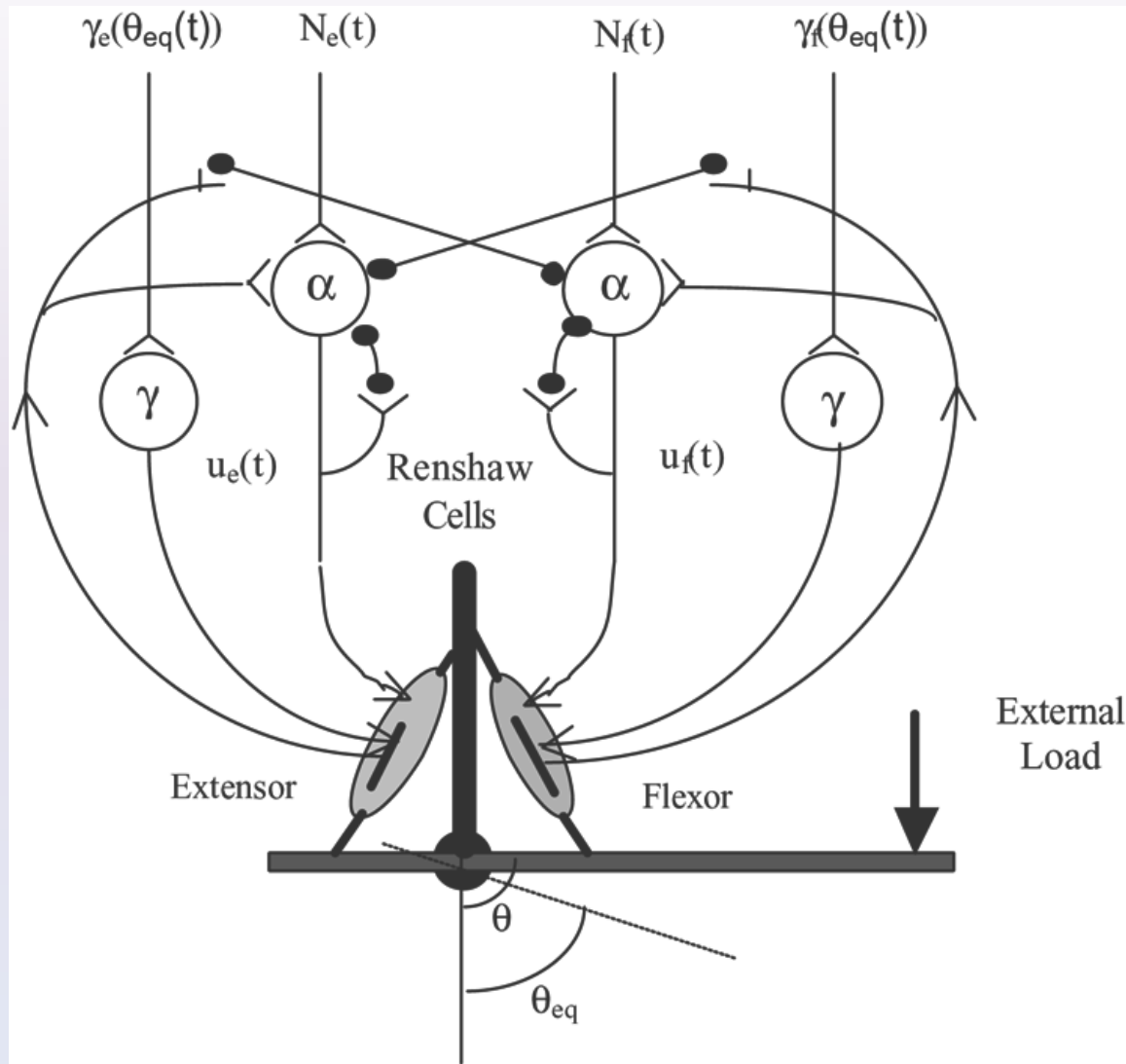
# Low-level reflex control

- Motorneurons- $\alpha$ 
  - Efferent signals
  - Afferent signals
    - Spindles, GTO
  - Feedback system
- Reflexes:
  - Delay: 60 ms for the leg
- Motorneurons- $\gamma$ 
  - Muscle spindles





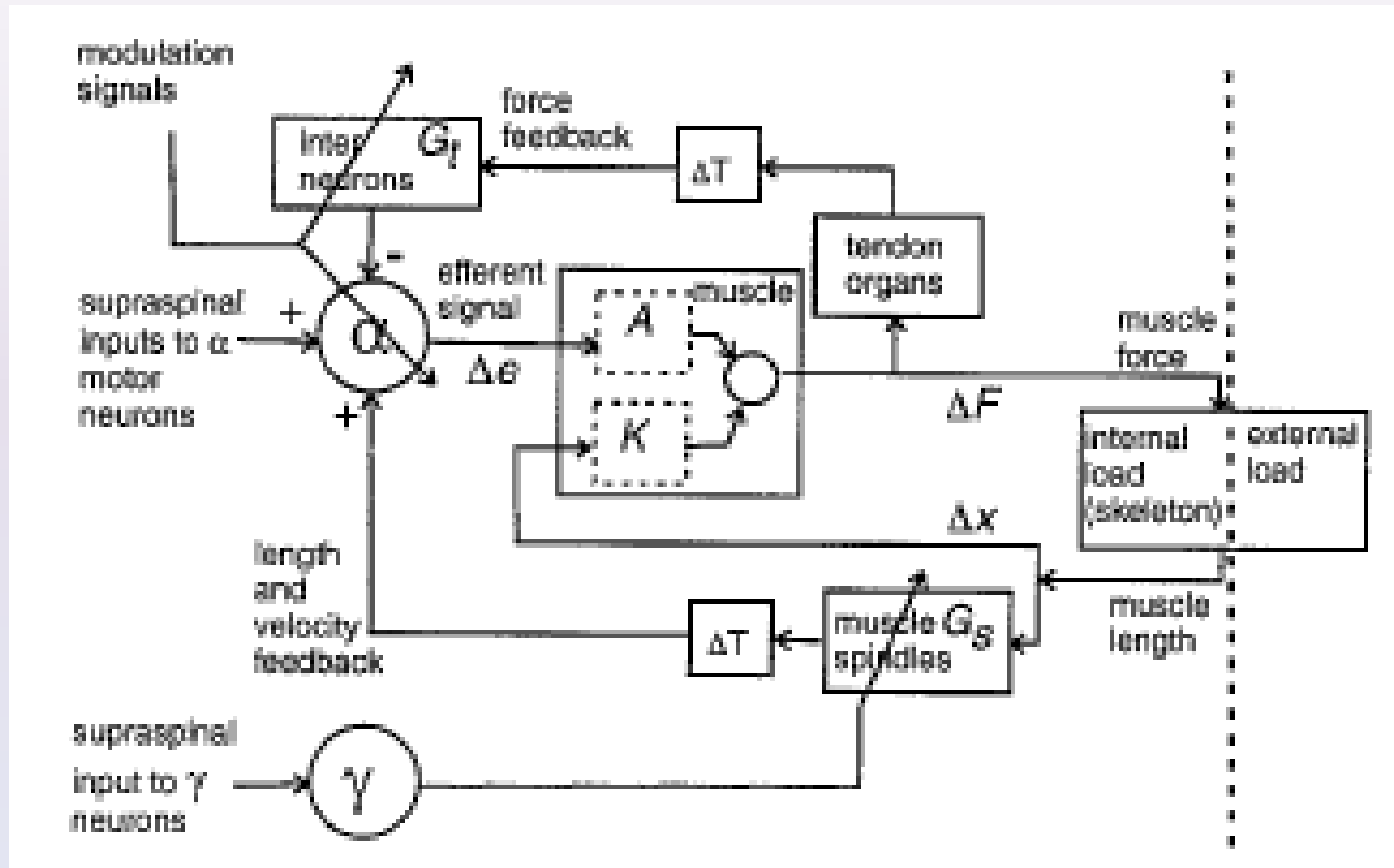
# Low-level reflex control



Lan et al, 2005



# Low-level reflex control



Adaptado de Houk, 1974



# Low-level reflex control

- Central efference:
  - Motoneurons
  - Pre e post synaptic inhibition on sensory afferent
  - Interneurons
- Impedance control:
  - Gain changes:
    - High or low stiffness



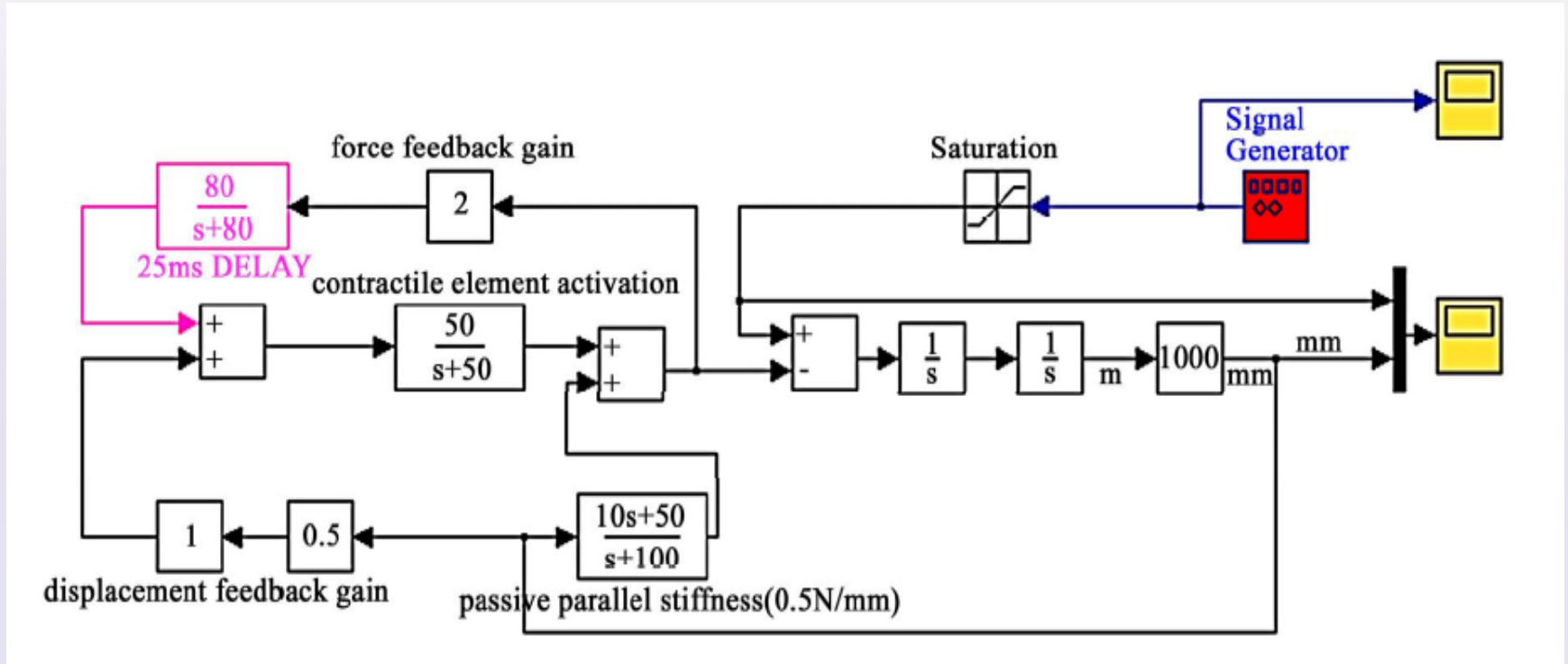
# Example. Linear model

## Condições estáticas

- Linearity assumption:  $\Delta e_f = G_s \Delta x - G_t \Delta F$
- Force depends on efference  $e$  and muscle stretching  $x$ :  $\Delta F = A \Delta e_f + K \Delta x$
- Muscle stiffness:  $\Delta F / \Delta x = (K + A G_s) / (1 + A G_t)$ 
  - $G_s \ll K/A$  e  $G_t \ll 1/A \Rightarrow$  Stiffness =  $K$  (intrinsic)
  - $G_t \ll 1/A \Rightarrow$  Stiffness =  $K + A G_s$
  - $A G_s \gg K$  e  $A G_t \gg 1 \Rightarrow$  Stiffness =  $G_s / G_t$



# Example. Simulink model

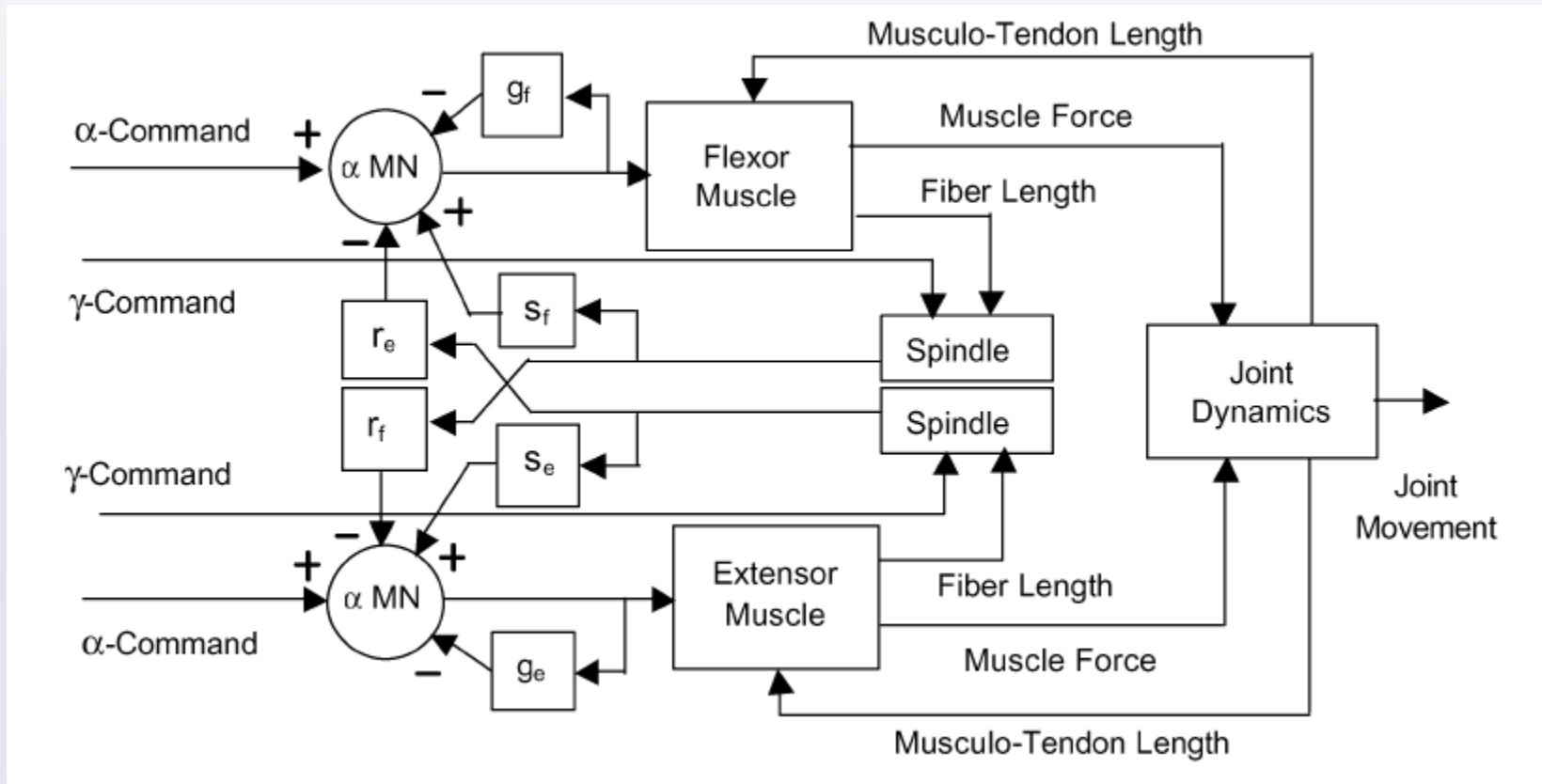


Behbahani&Jafari, 2009





# Example. Cocontraction model

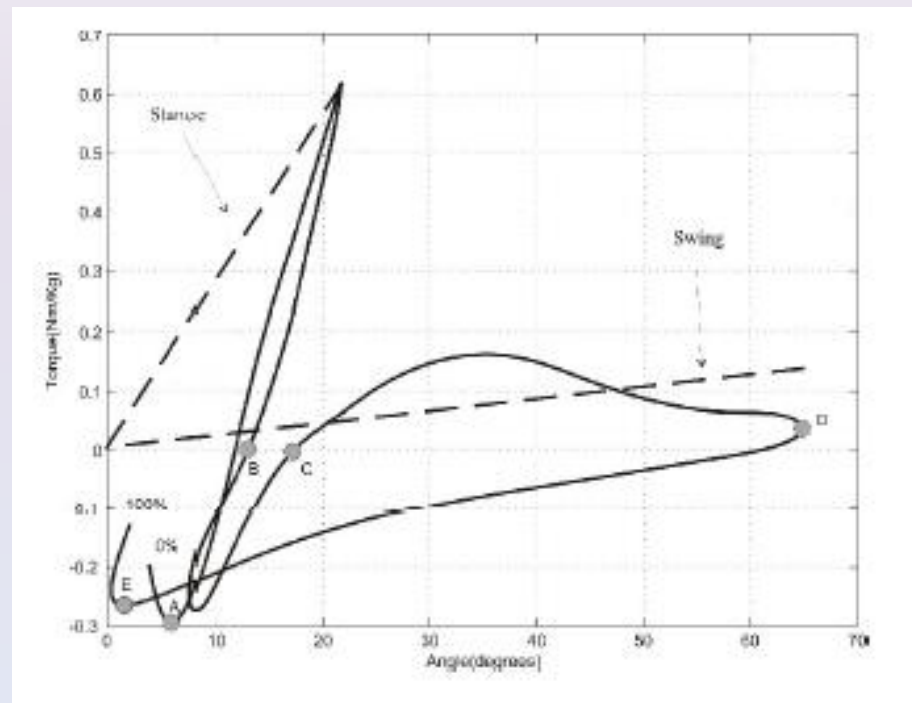


Lan et al, 2005



# Reflex modulation

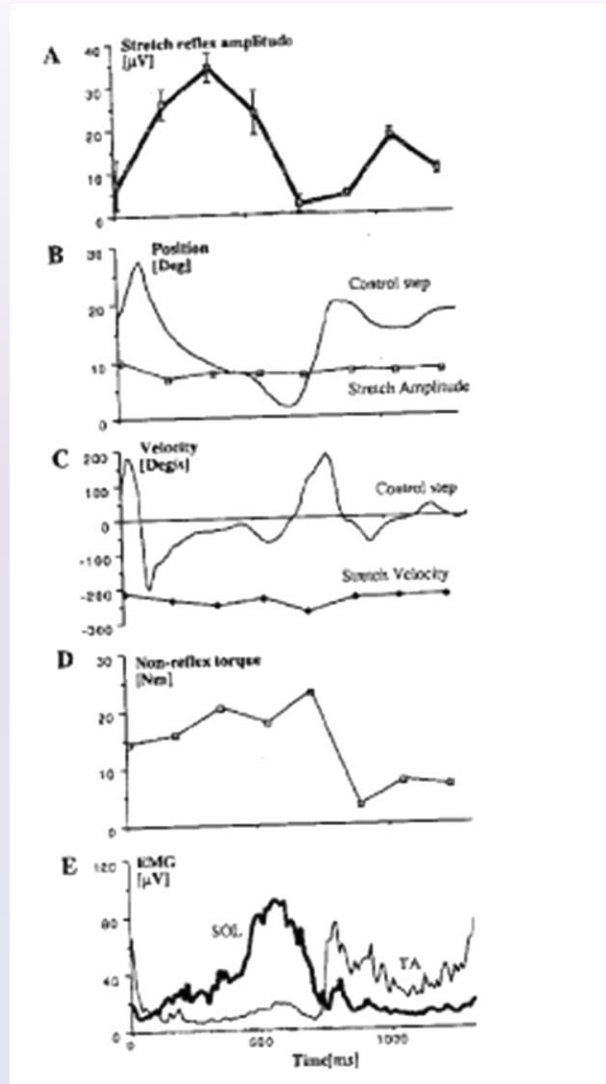
- Central modulation of sensory feedback signals
- Varies during the task
- Modulation during the cycle of travel:
- Support: high load. High stiffness
- Oscillation: low stiffness



Adapted from Cullell et al, 2008



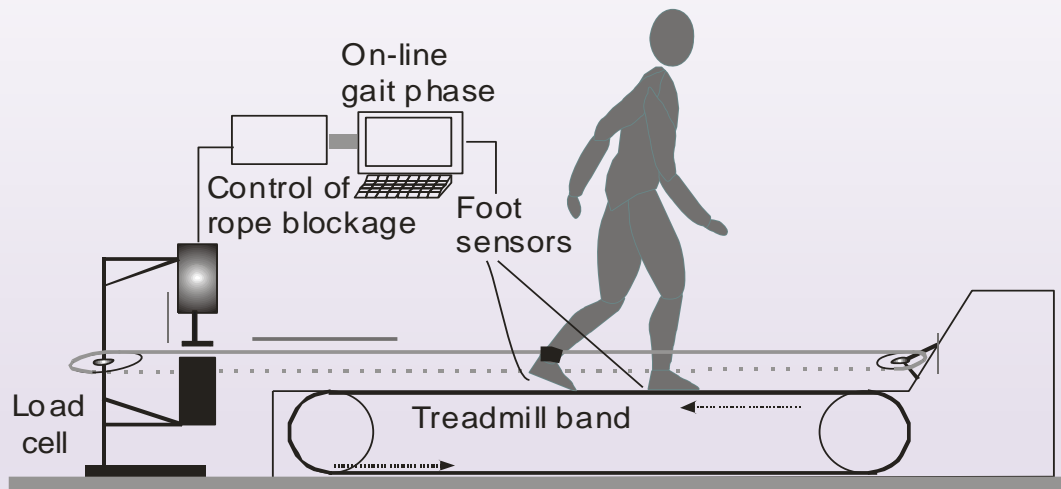
# Reflex modulation



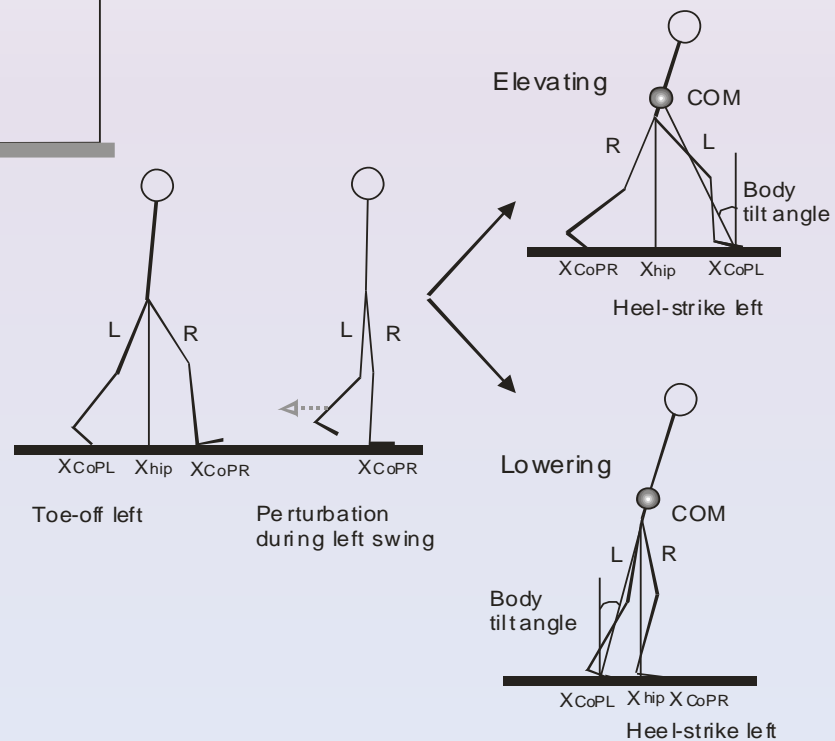
Adapted from Sinkjaer, 1996



# Reflex modulation?

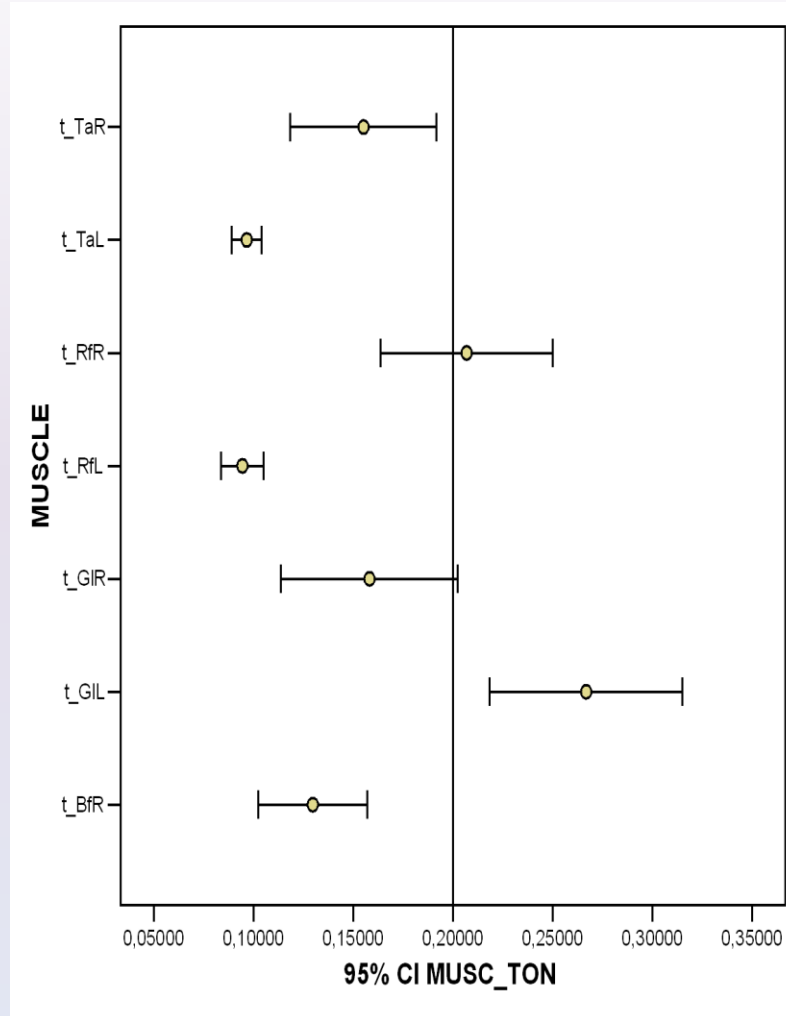


Adapted from Forner-Cordero et al, 2003





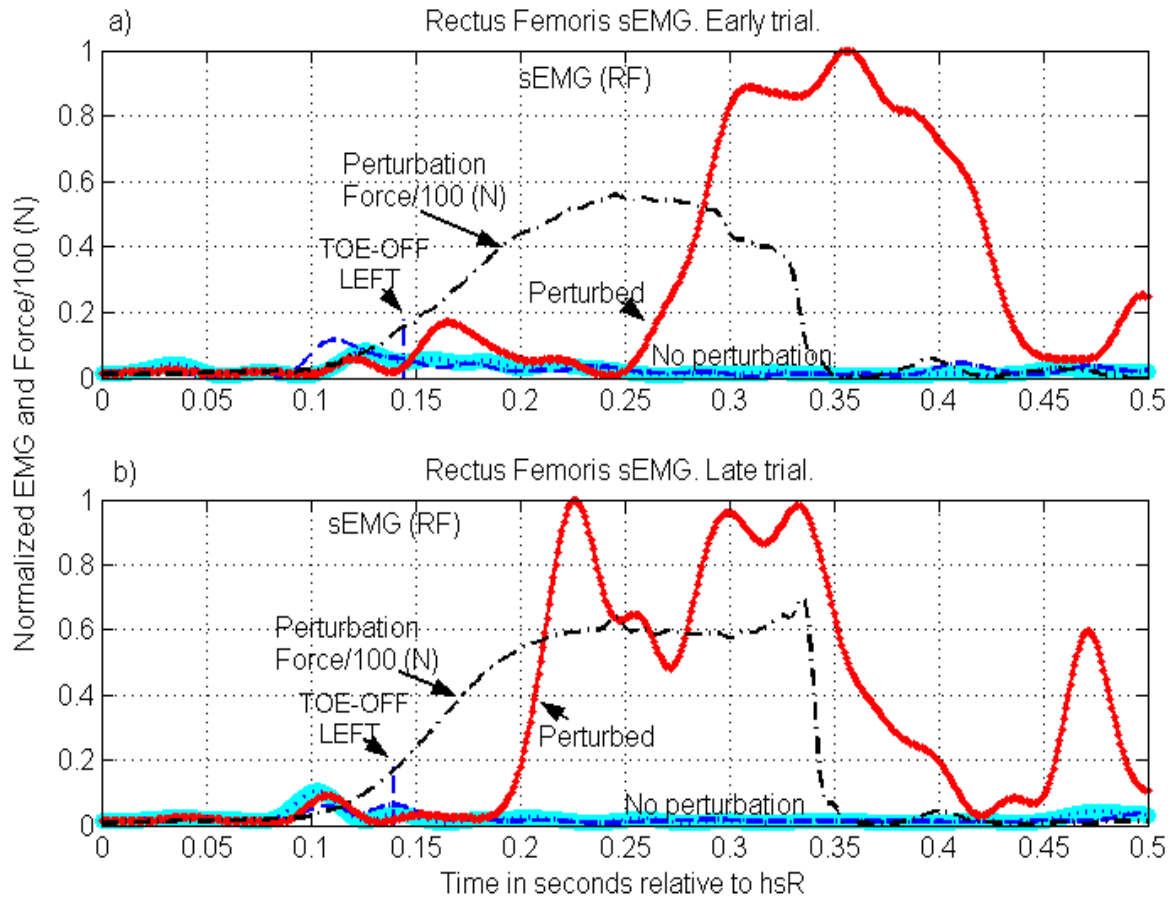
# Reflex modulation?



Forner-Cordero et al, 2015



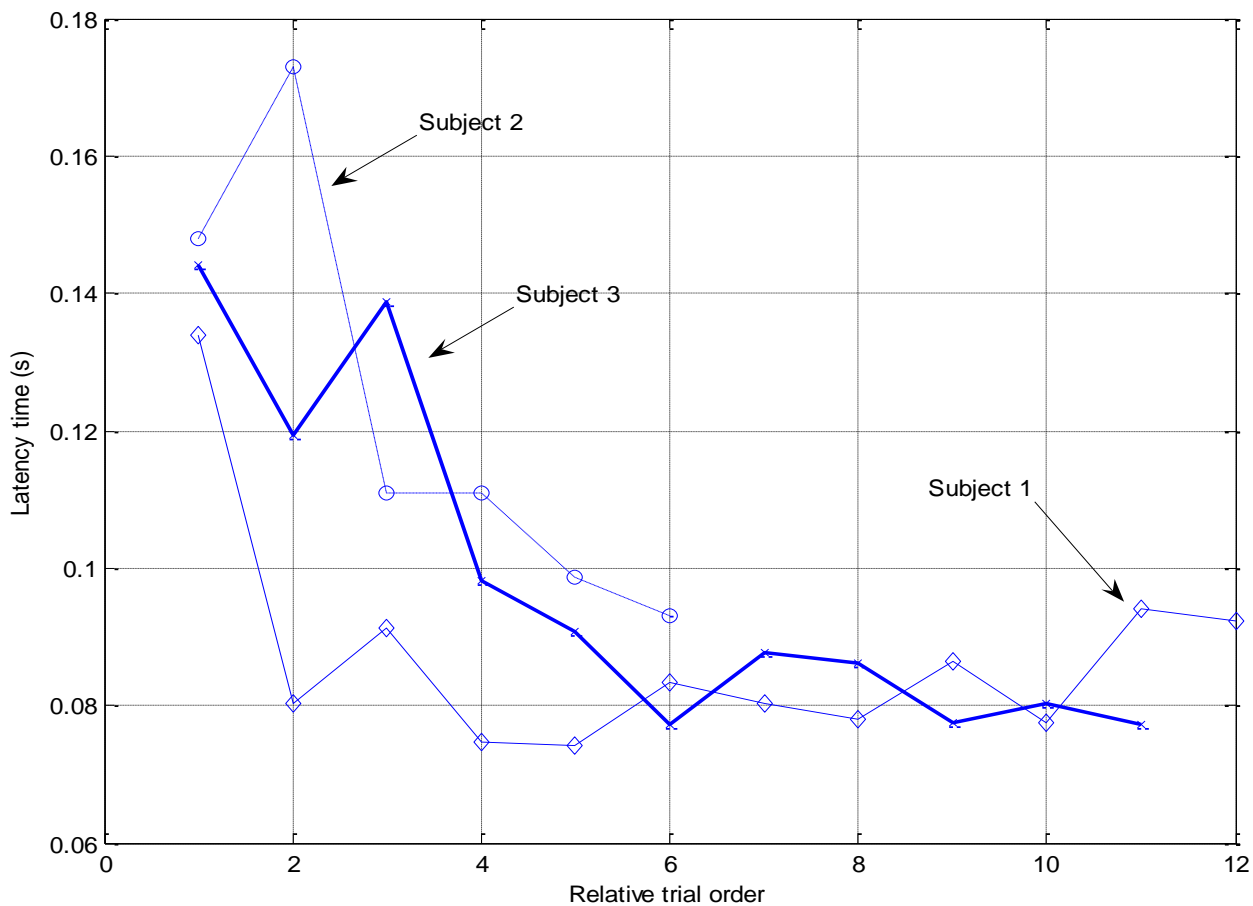
# Reflex modulation?



Forner-Cordero et al, 2007



# Reflex modulation?



Forner-Cordero et al, 2015

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# Impedance control

- Control:

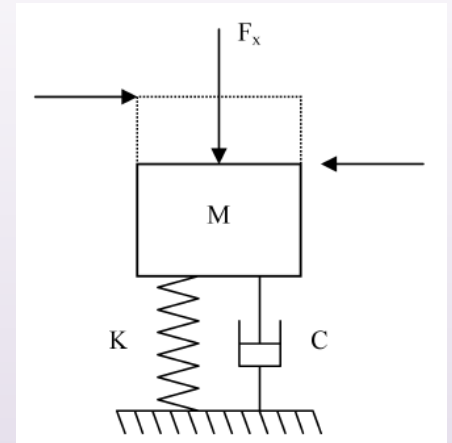
- Position

- Force

- Mechanical impedance:

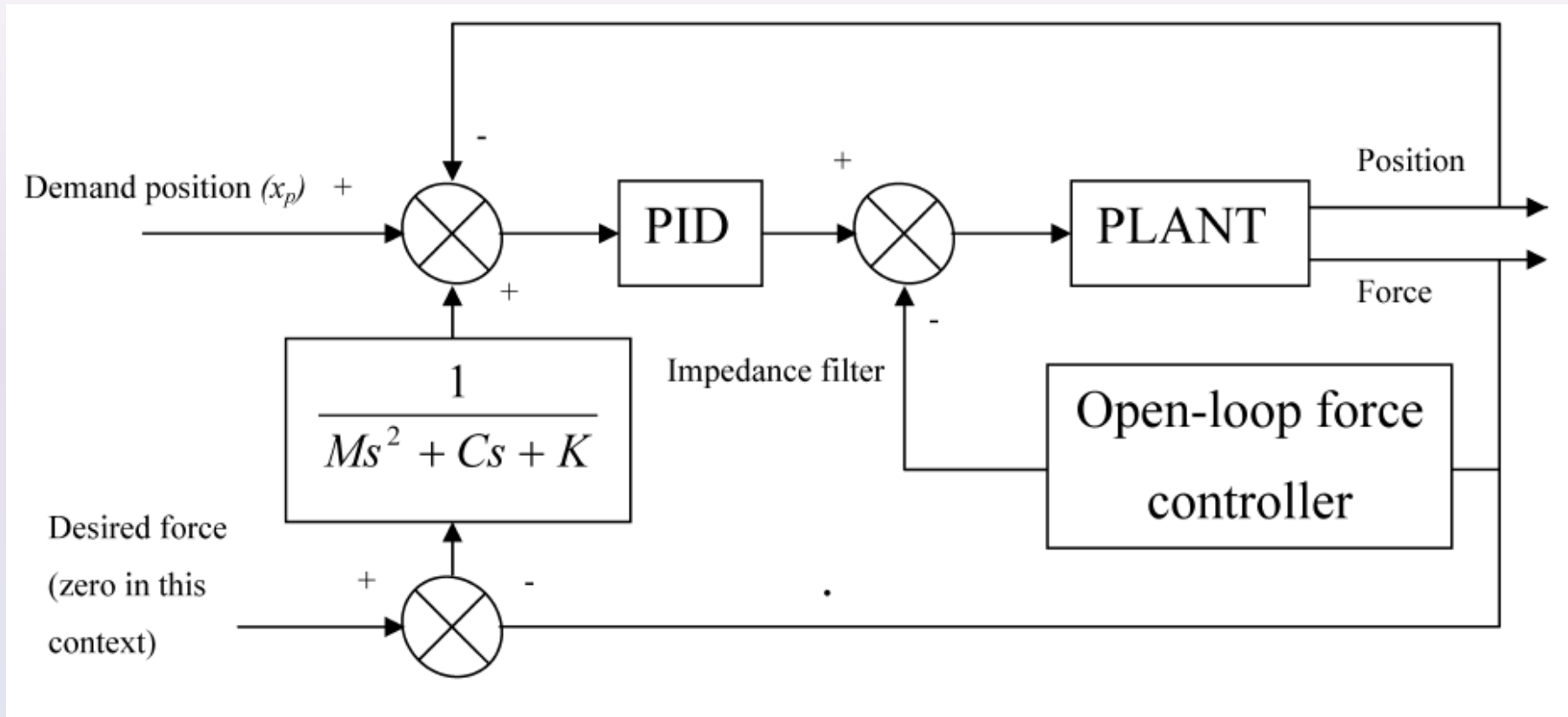
- Fixes the relation between forces and displacements

$$\frac{x_i}{F_x} = \frac{1}{Ms^2 + Cs + K}$$





# Impedance control



Richardson et al, 2006



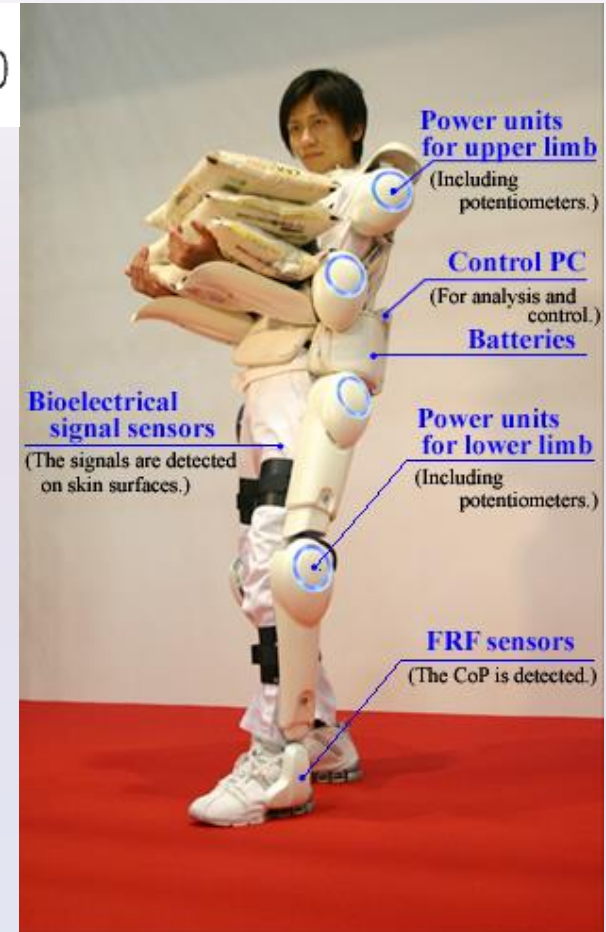
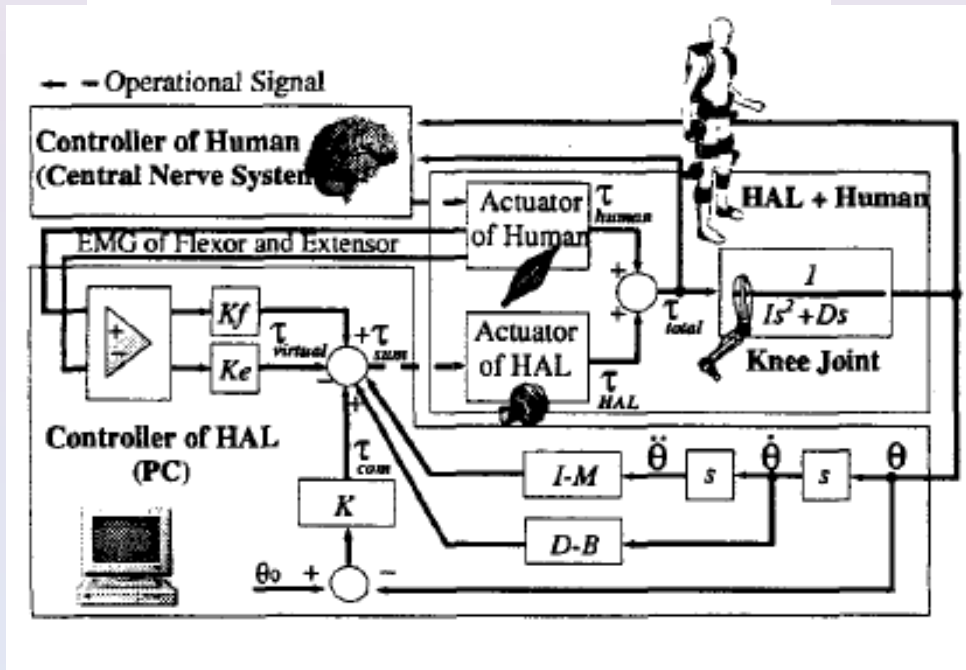
# Example: HAL-3 e HAL-5

Modelo da perna: pendulo M, B, K Impedância desejada

$$I \frac{d^2\theta}{dt^2} + D \frac{d\theta}{dt} + C \left( \theta, \frac{d\theta}{dt} \right) = \tau + J^T F_e \quad J^T F_e = M \frac{d^2\theta}{dt^2} + B \frac{d\theta}{dt} + K(\theta - \theta_0)$$

O torque de compensação:

$$\tau_{com} = (I - M) \frac{d^2\theta}{dt^2} + (D - B) \frac{d\theta}{dt} + K(\theta_0 - \theta) + C \left( \theta, \frac{d\theta}{dt} \right)$$



Lee & Sankai, 2002, 2003



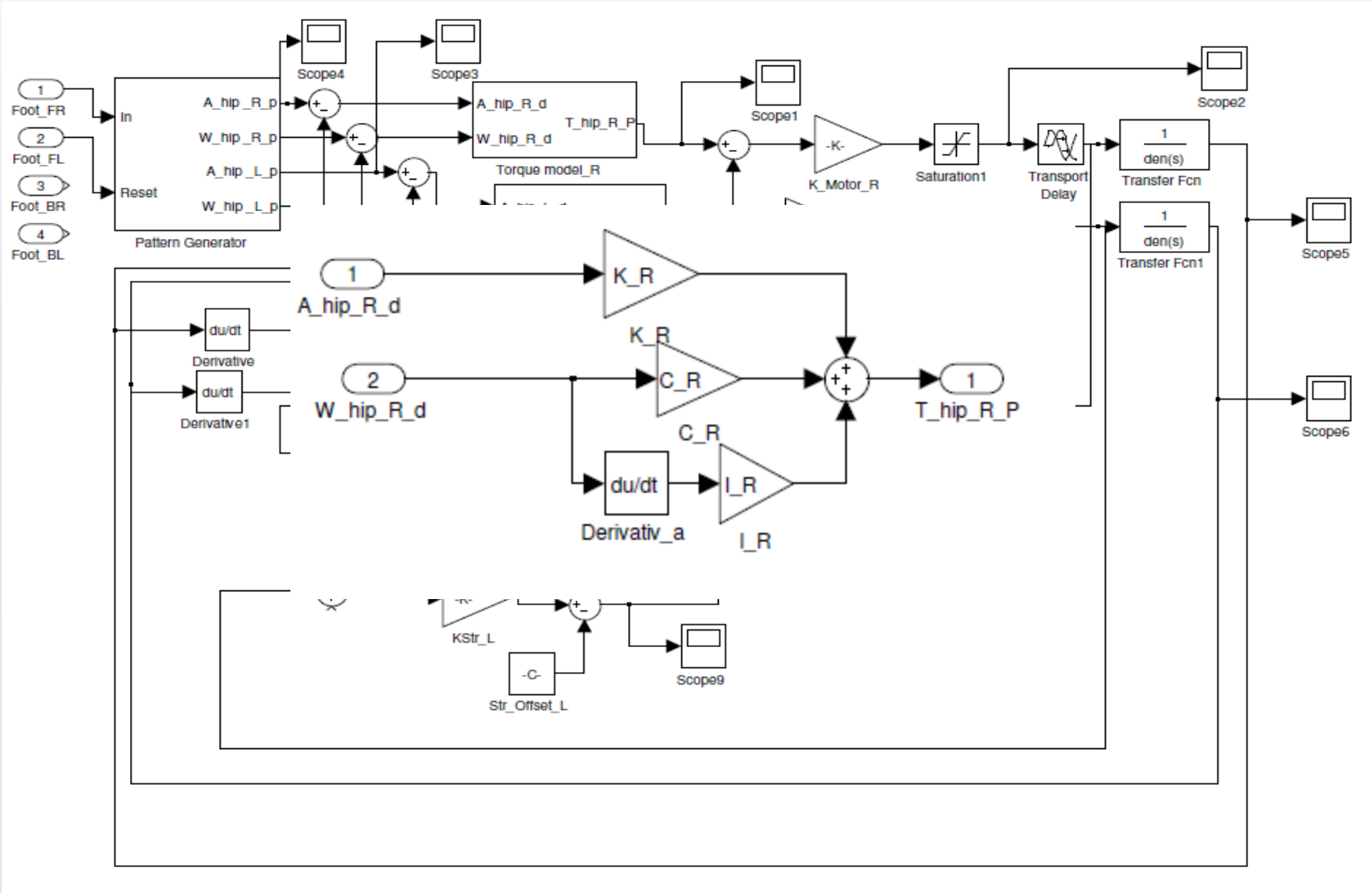
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# Exoskeleton HAL



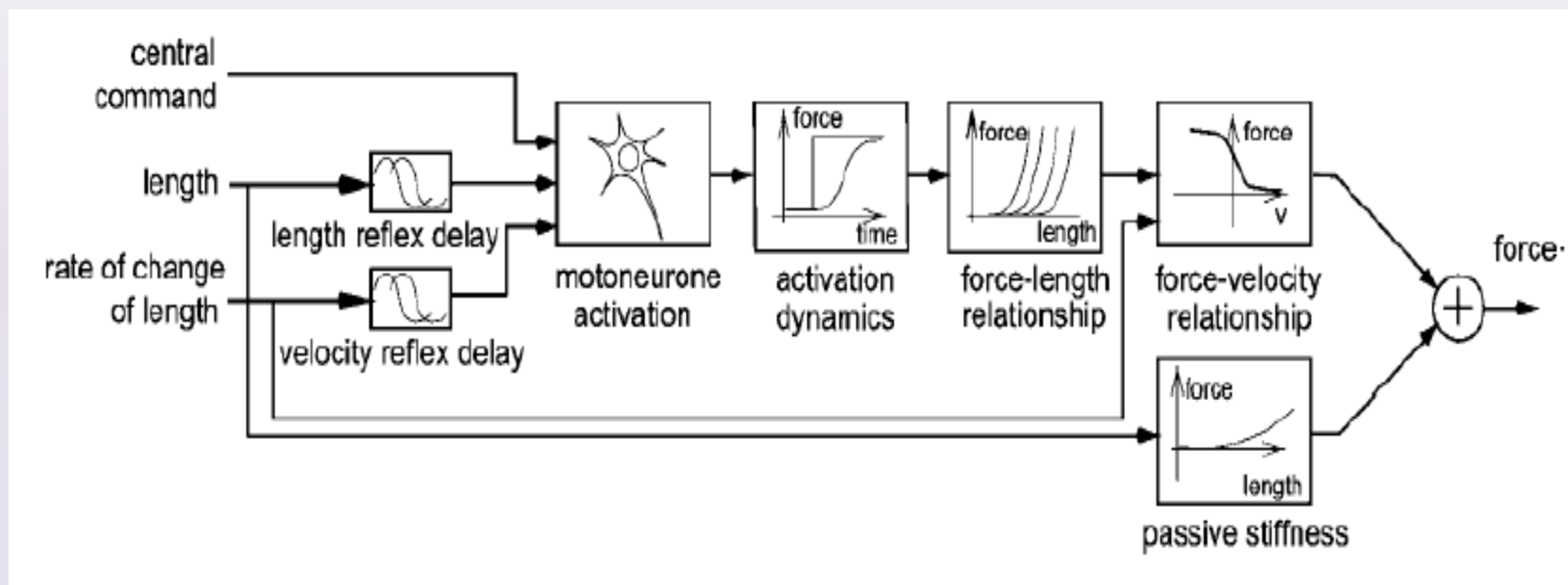


# Example





# Equilibrium point models



Feldman, 1986



# Equilibrium point models

Threshold muscle length:

$$\lambda^* = \lambda - \mu v + \rho + \alpha(t)$$

Muscle is active if the current muscle length ( $x$ ) exceeds the threshold length,  $\lambda^*$ :

$$x - \lambda^* > 0$$

Muscle activation is proportional to

$$A = [x - \lambda^*]^+$$

Muscle force:

$$F = f(A, v, t)$$

Motor action results from the tendency to diminish the gap between  $x$  and  $\lambda^*$ , i.e., reach a

$$\min A$$

The range of  $\lambda$  regulation,  $[\lambda_-, \lambda_+]$ , is greater than the biomechanical range of changes in the muscle length,  $[x_-, x_+]$ .

Feldman, 2009

Level	Control form
A single motoneuron or muscle	threshold muscle length, $\lambda$
Muscles spanning a single joint	threshold joint angle
Several joints of the arm	threshold configuration of the hand threshold aperture of fingers threshold arm configuration
All skeletal muscles	threshold or referent body configuration
Effectors or whole body in the environment	threshold localization of effectors or whole body in the environment



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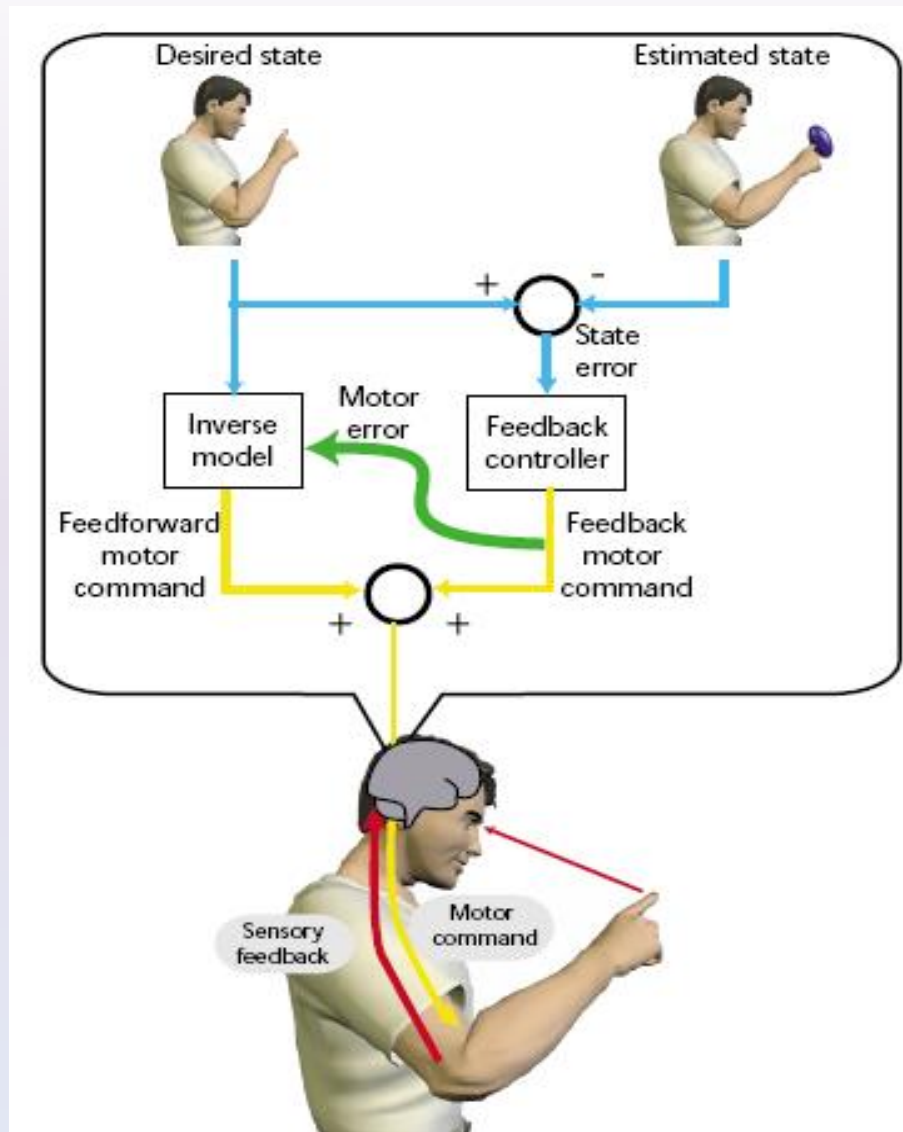
# Internal model

## ■ Neural processes:

- Replicate the dynamics of the body and its surroundings
- Predict the sensory consequences of motor action
- They compare prediction and measurement
- Robustness:
  - Delays and
  - Noise in sensors
- Learning:
- Model update

## ■ Where and how are they implemented?

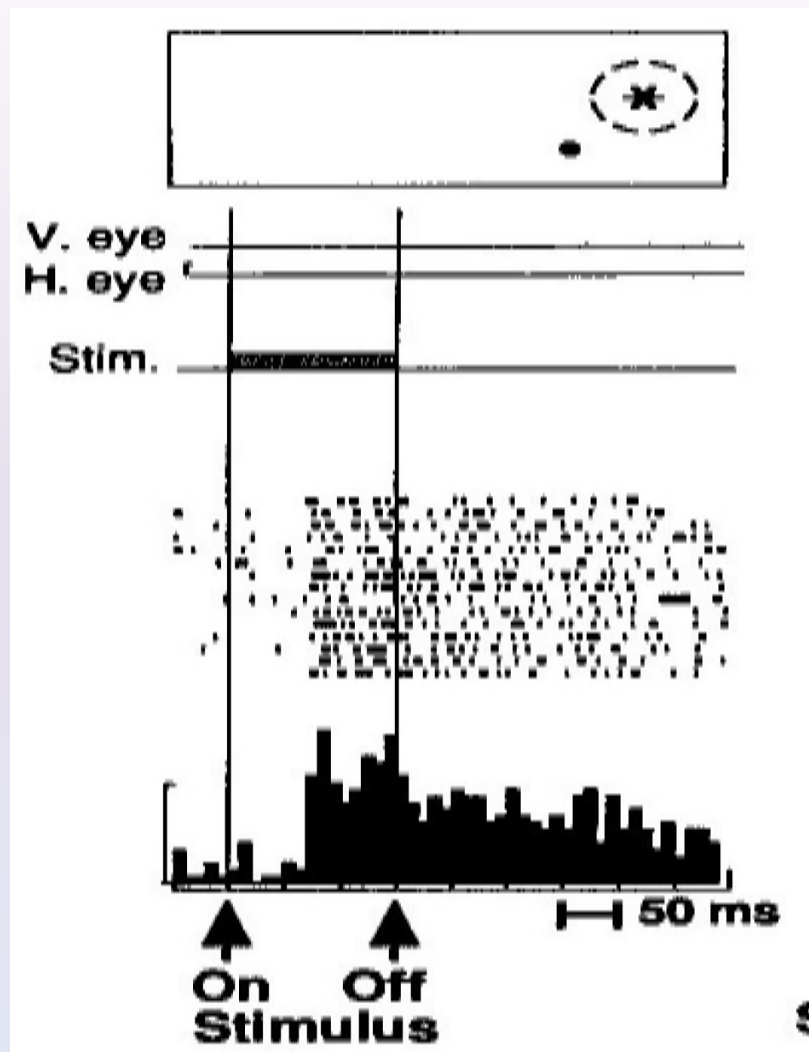
# Internal model



Wolpert and Ghahramani, Nat Neurosci. 2003



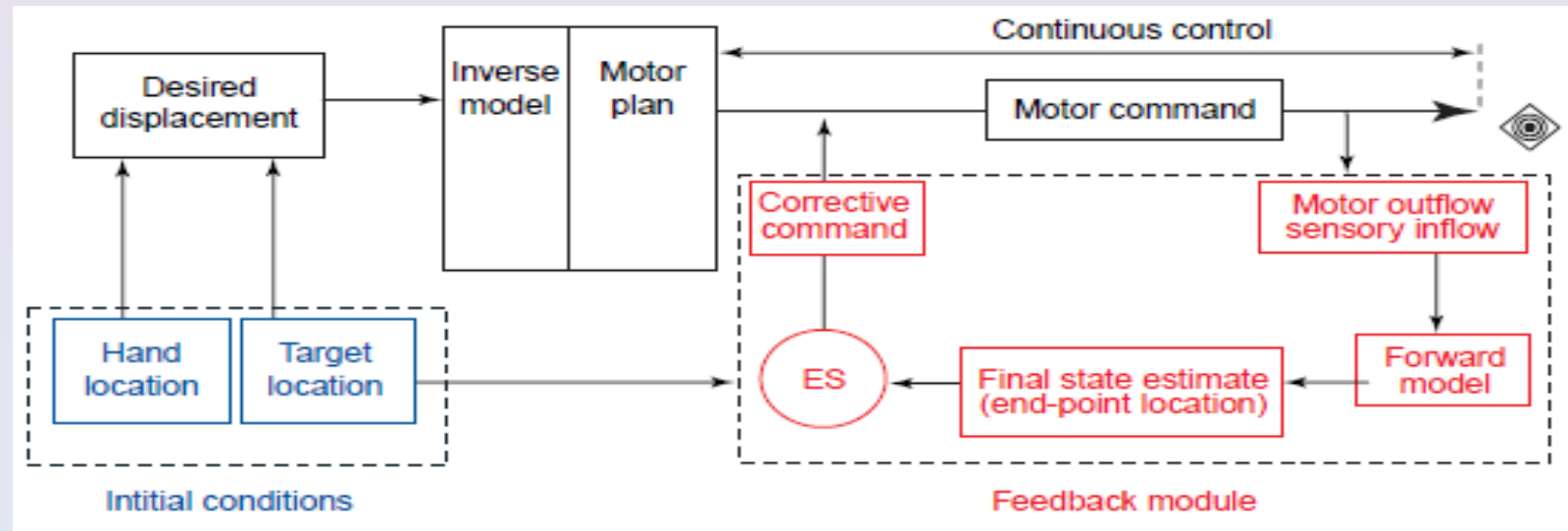
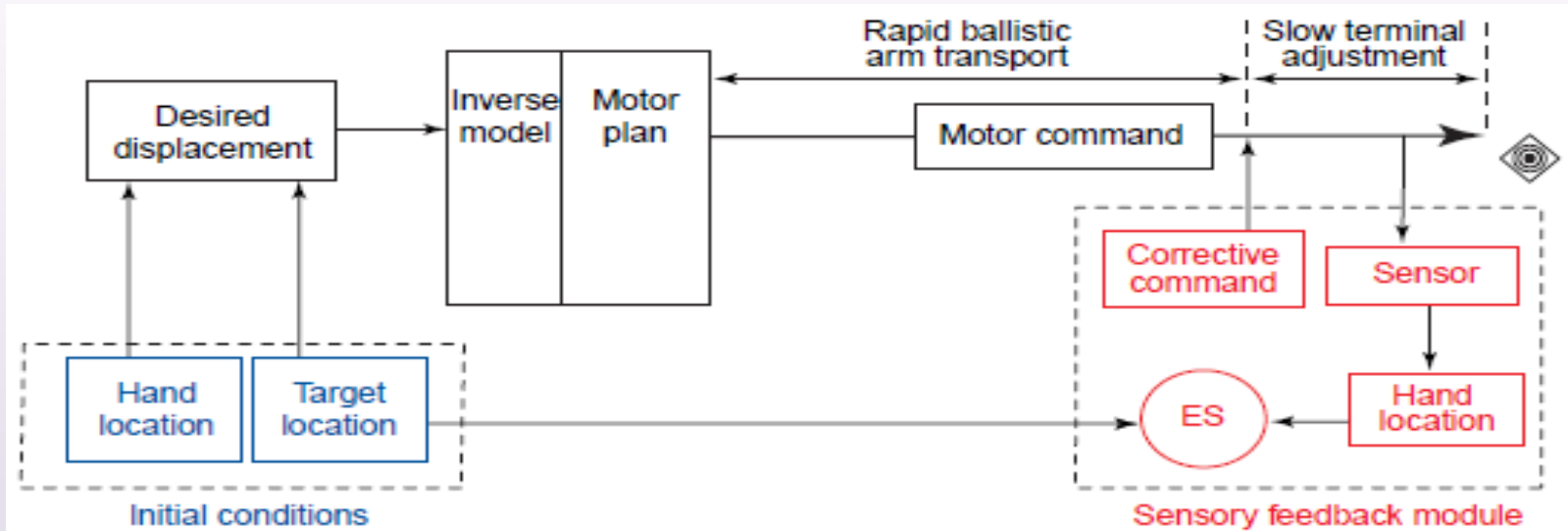
# Internal model. Evidence



Duhamel, 1992

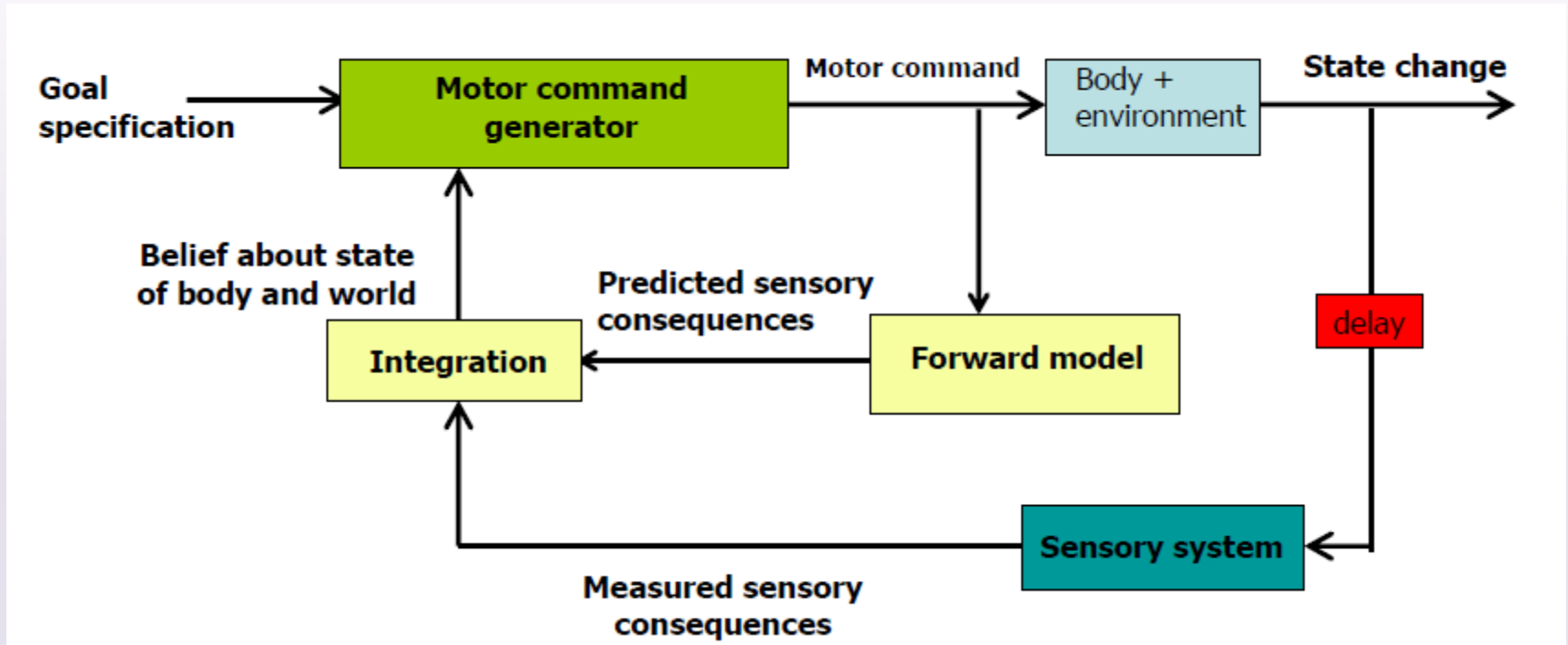


# Internal model





# Internal model. Usefulness



Shadmehr, Lecture Notes

- Improves perception of the surroundings
- Avoids the problem of delays



# Internal model. Optimal control

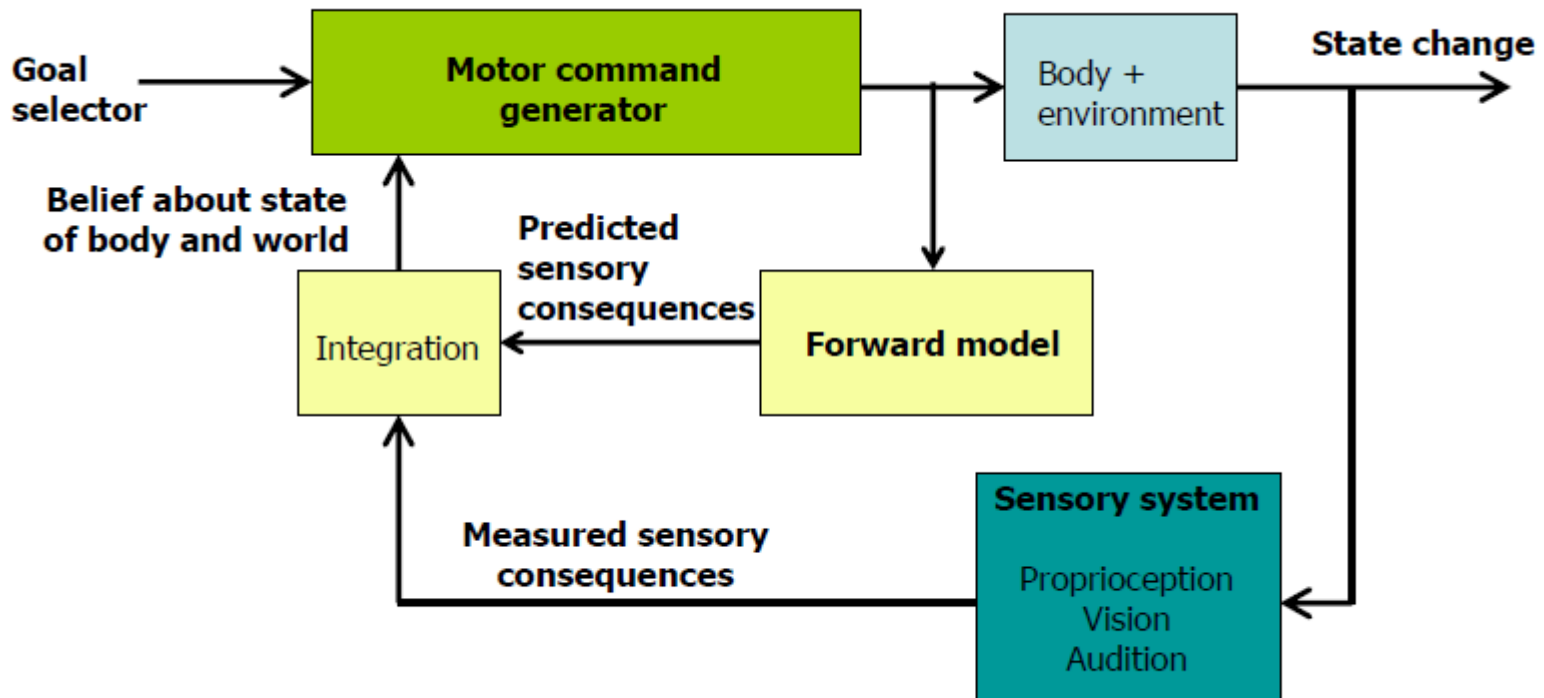
## Motor command generator as a stochastic optimal controller

Actual state of the system  
(eye state, target state, etc.)

Todorov (2005)

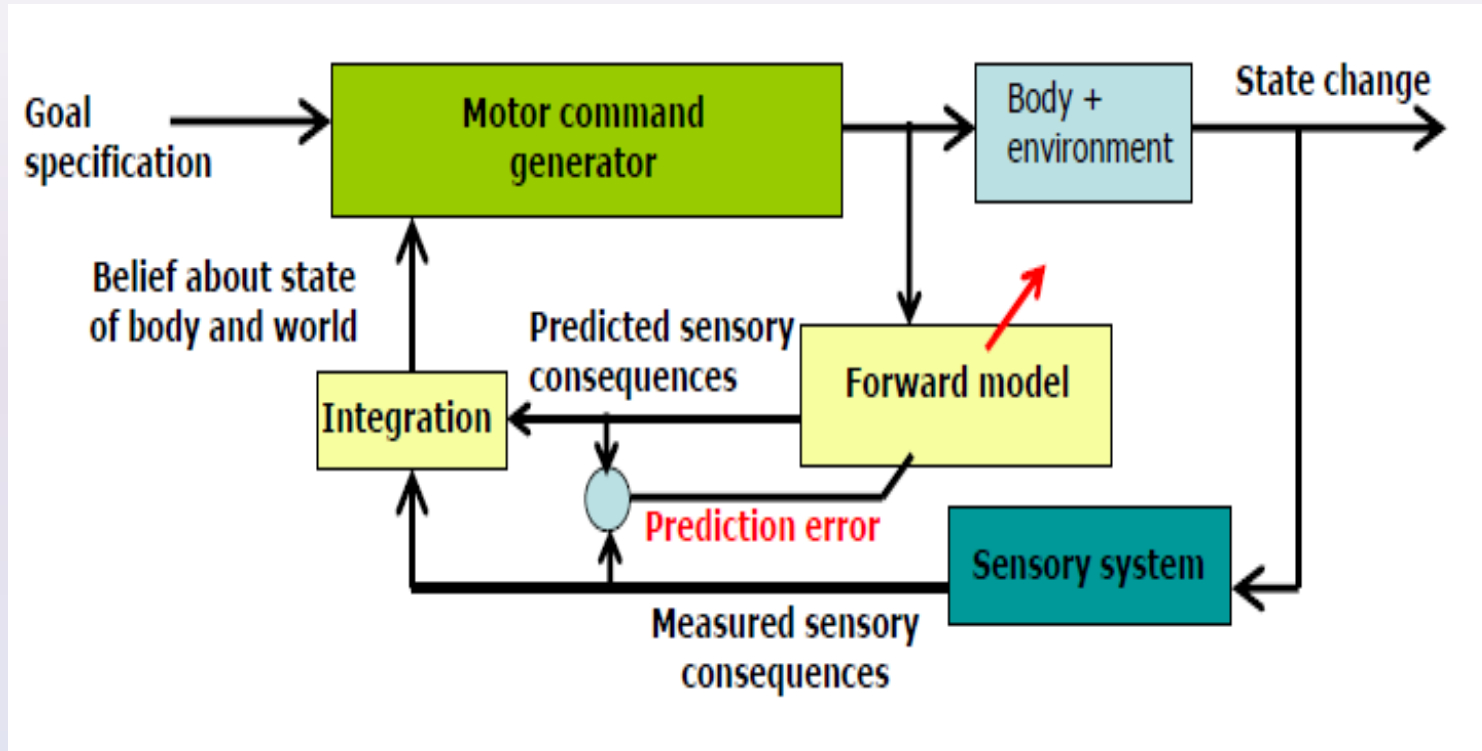
Signal dependent motor noise

$$\mathbf{x}^{(k+1)} = A\mathbf{x}^{(k)} + C\left(\mathbf{u}^{(k)} + \boldsymbol{\varepsilon}_u^{(k)}\right)$$





# Internal model. Learning



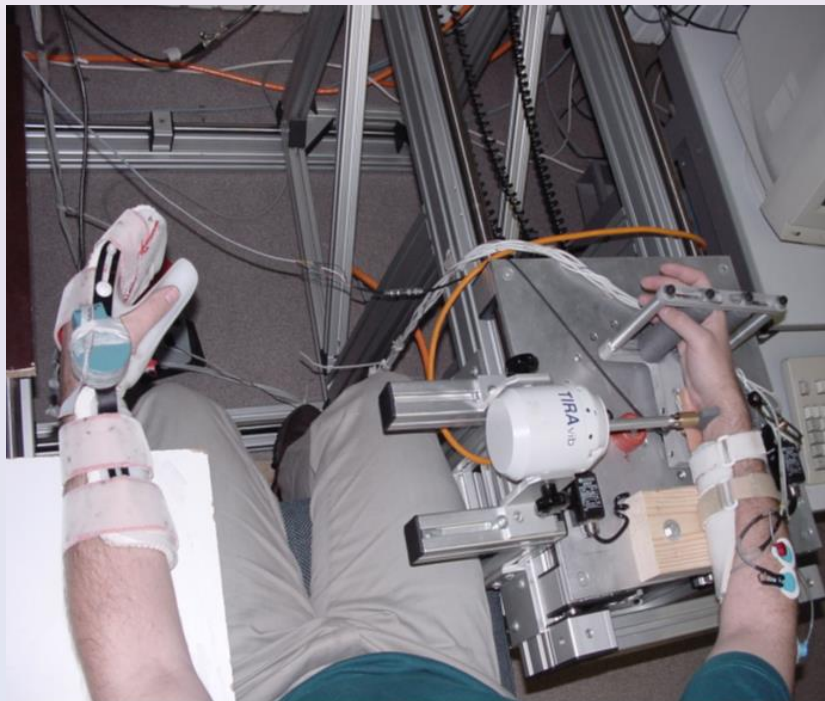


# Motor control neurophysiology

## Experiments with Transcranial Magnetic Stimulation

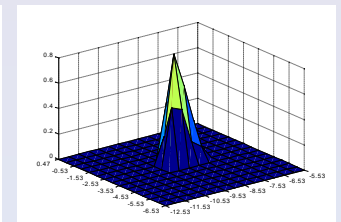
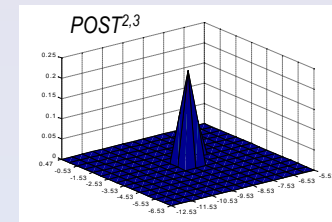
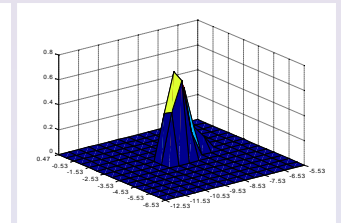
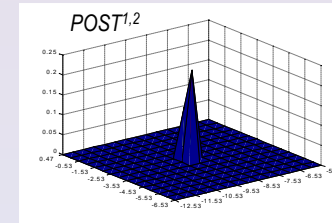
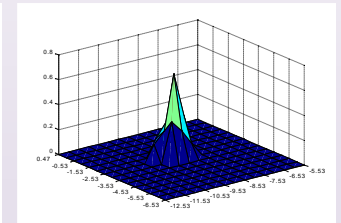
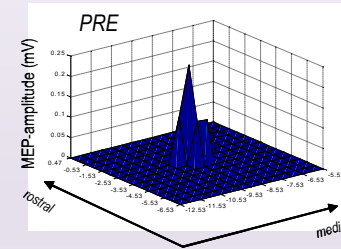
Modification of the motor maps of the cerebral cortex by vibrating the muscular tendon:

Proprioceptive illusion!



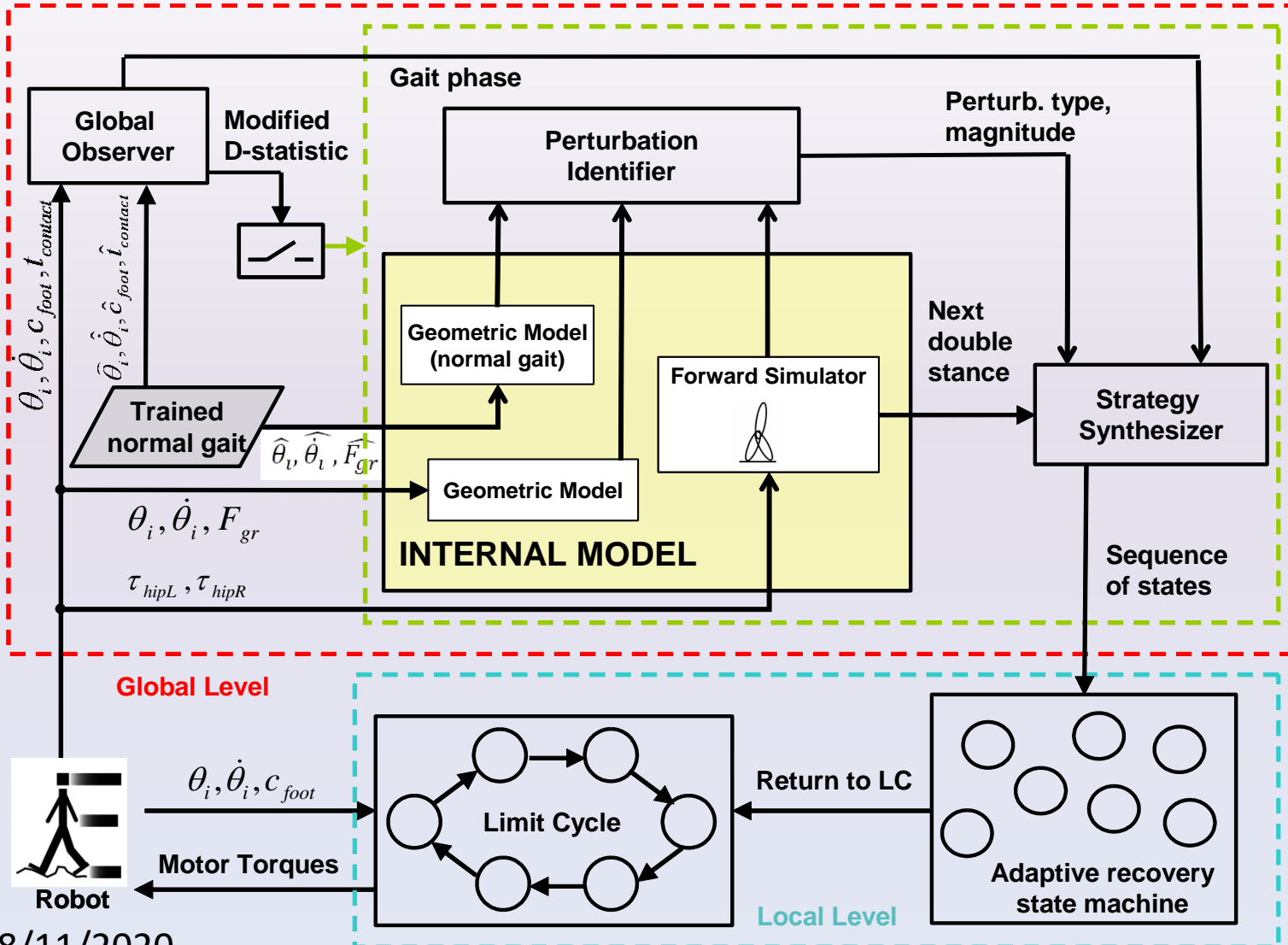
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ECR





# ESBiRRobot control architecture



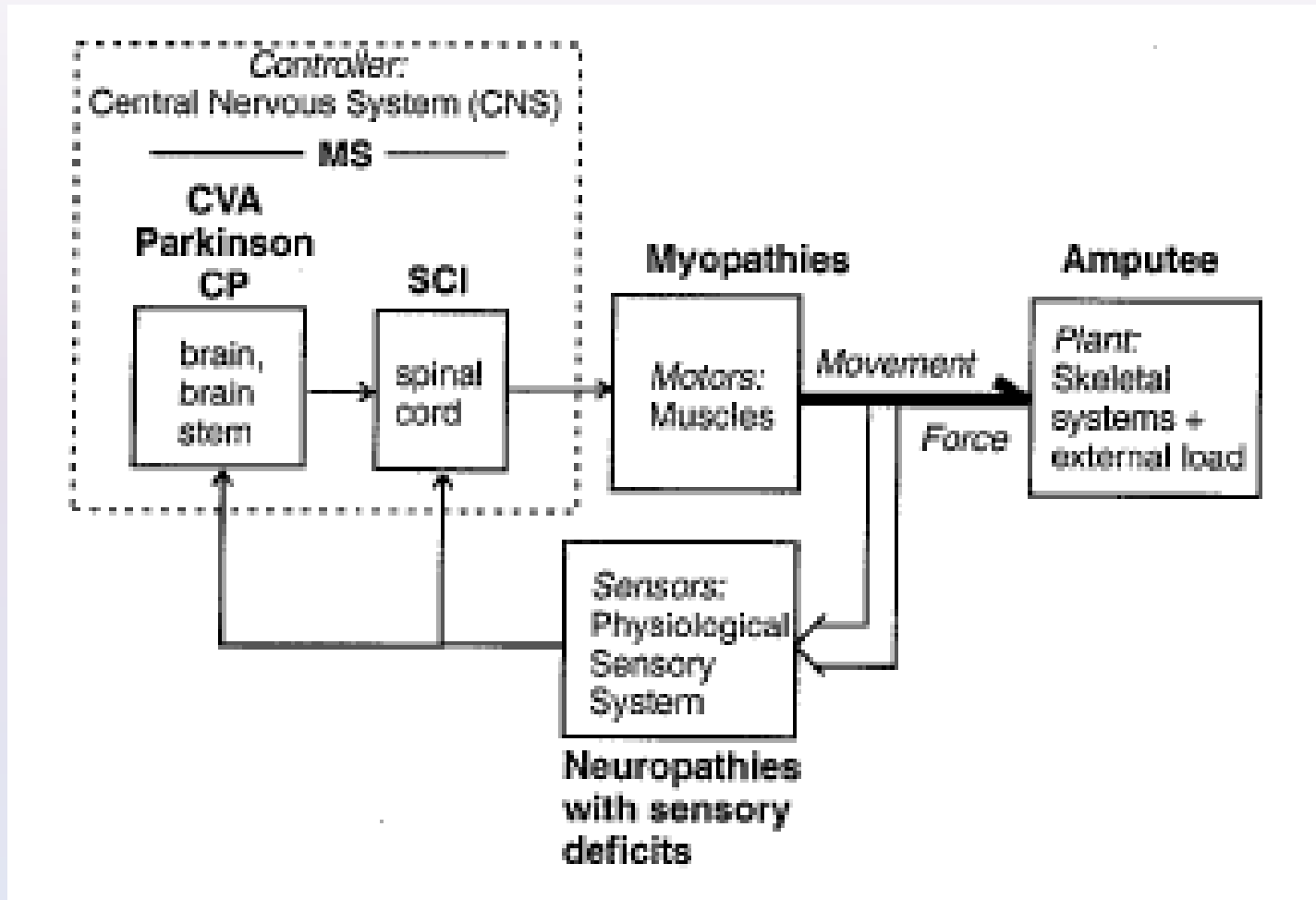


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# Pathological motor control





## Motor pathologies

### – Cerebro-vascular Accident (CVA)

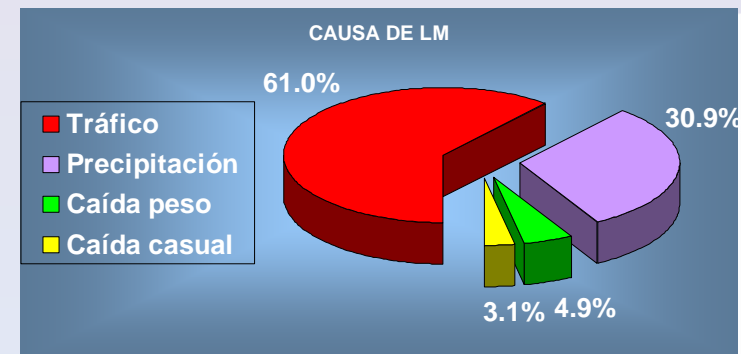
- Disturbance in the vascular flow. Cortex injury.
  - Hemiplegia/paresia upper and lower limbs

### – Cerebral Palsy (CP):

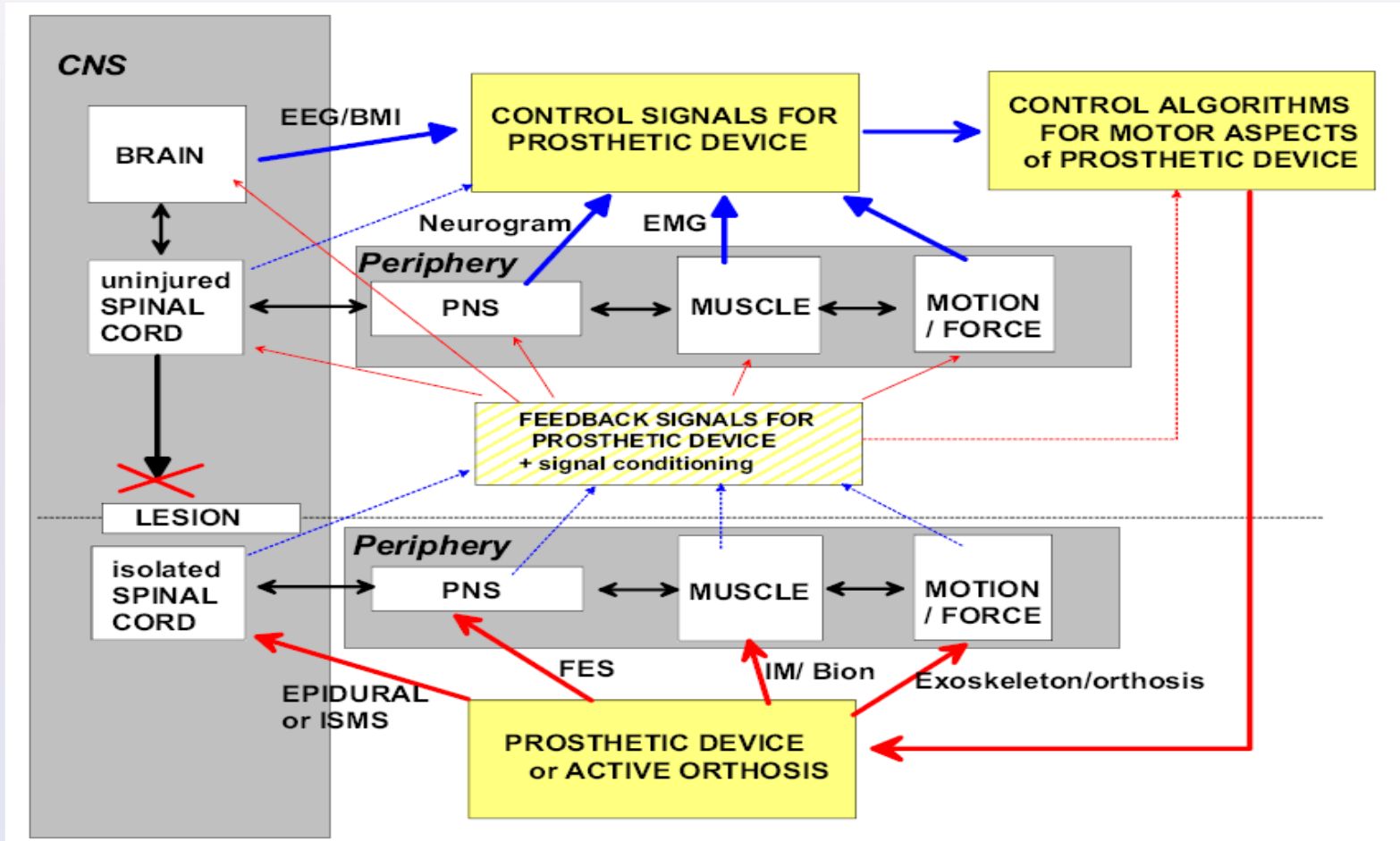
- Cortical injury congenital
  - Hemiplegia/paresia upper and lower limbs

### – Spinal Cord Injury (SCI):

- Section of the medula
  - Paraplegia / Tetraplegia



# Motor disturbances



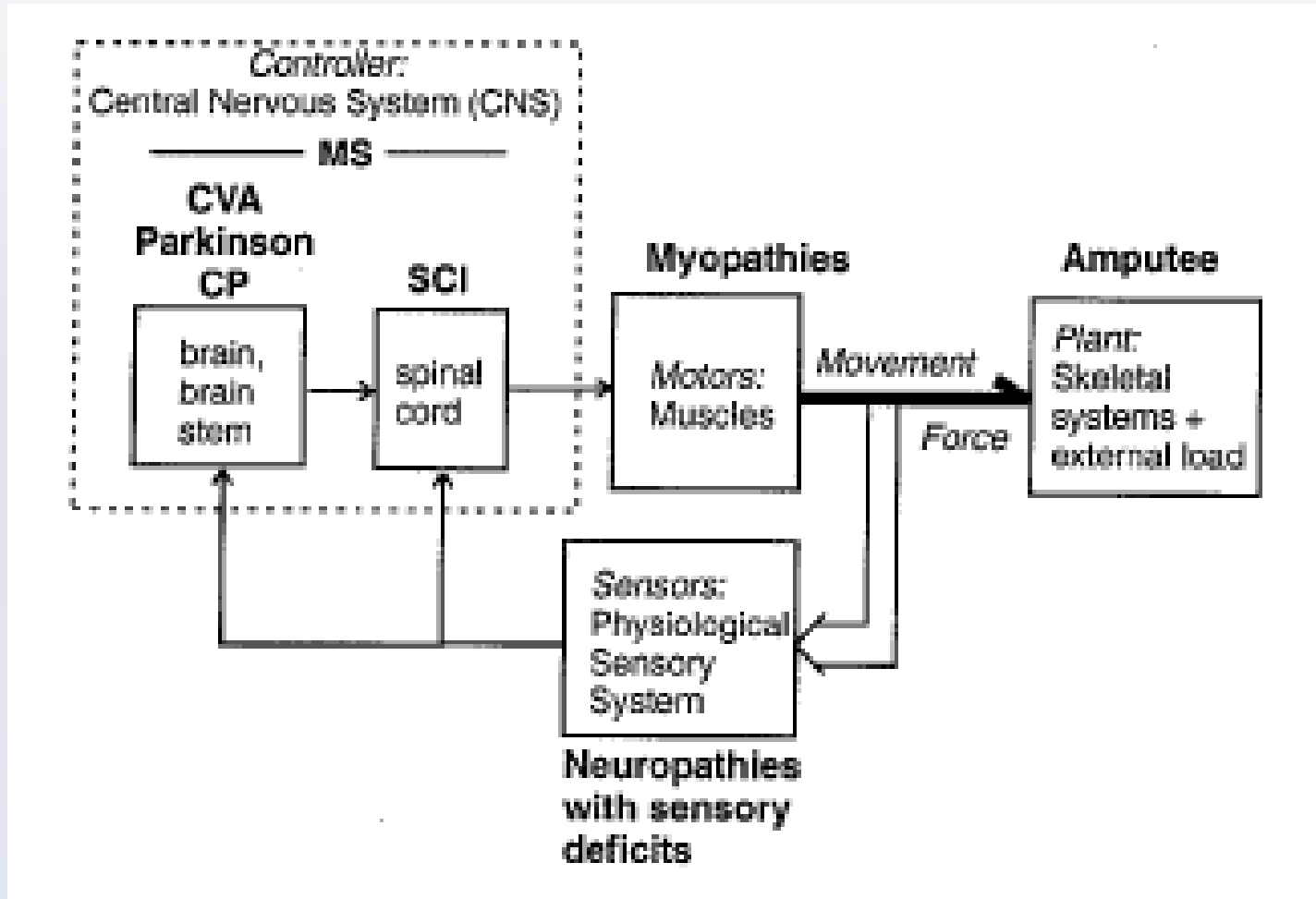


# WHO: Impairment and disability

- Impairment: abnormalities in organs and systems and body structures;
- Disability: consequences of deficiency from the point of view of:
  - functional performance, or
  - performance of activities
- Handicap (*desvantagem*) is the adaptation of the individual to the environment resulting from disability and disability



# Motor disturbances





# Spasticity

- Spastic hypertonia
- Increased muscle tone dependent on the speed
- Hyperexcitability of the stretching reflex:
  - Threshold modification
  - Increased gain
- Upper motoneuron injury





# CVA

- Neurological injury:
  - Loss of motor control
  - Changing sensations
  - Cognitive or language impairments
- Caused by altered blood flow:
  - Obstructive
  - Hemorrhagic
- Deficiency:
  - Depends on the place of injury
  - Hemiplegia
- Disability: Activities of Daily Life



# Paralisia Cerebral

- Non-progressive lesion of the imaduro brain
- Posture and movement disorders
- Deficiencies:
  - Neuromuscular control
  - Muscle weakness
  - Abnormal muscle tone: Contracture and deformities
- Disabilities:
  - Limitations of independence
  - Lack of mobility



# Parkinson

- Neurodegenerative disease
  - Idiopathic
  - Dopaminergic neurons (base ganglios)
- Deficiencies:
  - Motor: Akinesia, Hypokinesia, Bradikinesia
  - Tremor and Stiffness
  - Altered posture
- Disabilities:
  - Gait:
    - difficulty to start, stop or change direction
    - stop before lines on the ground (freezing)



# Spinal Cord Injury

- Disability:
  - Traumatic injury of the spinal medulla
  - Level:
    - Thoracic ou lumbar: Paraplegia
    - Cervical: Tetraplegia
  - Complete or incomplete
  - Inability:
    - Paraplegia: Mobility
    - Full tetraplegia: High dependency



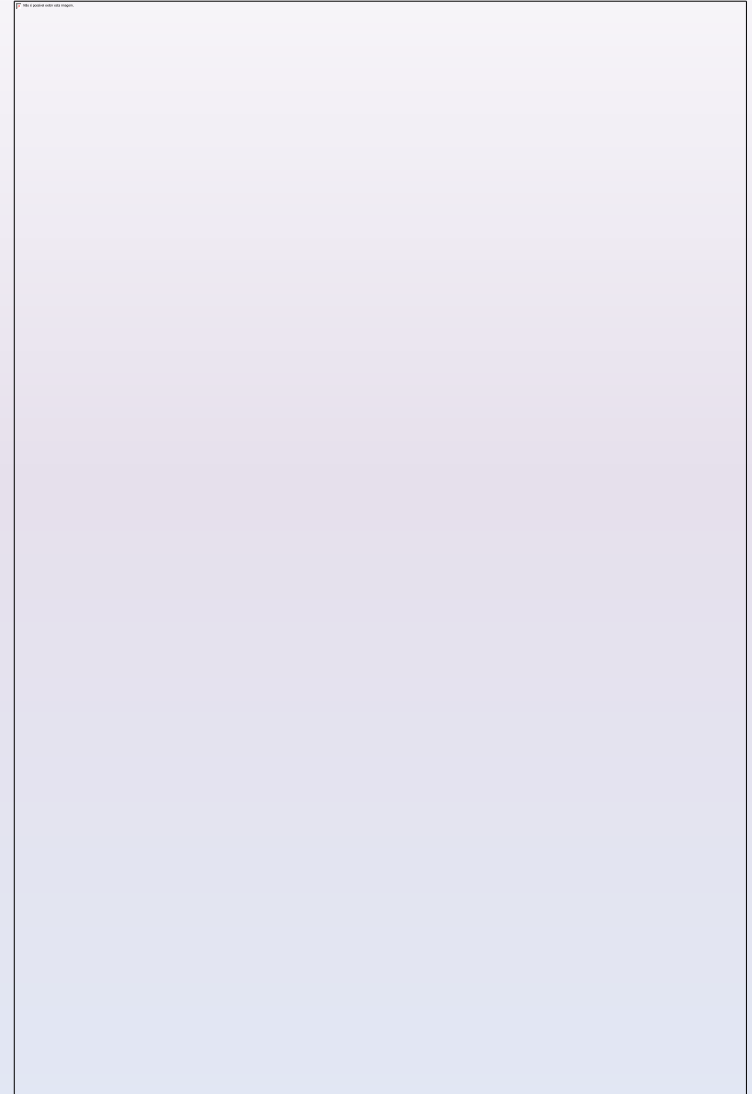
# Multiple Sclerosis

- Destruction of myelin sheaths that cover and isolate nerve fibers:
- Neuronal transmission delay:
  - Neural activity desynchronization
- Weakness, paresthesia, gait difficulties, ataxia



# Cognitive interaction

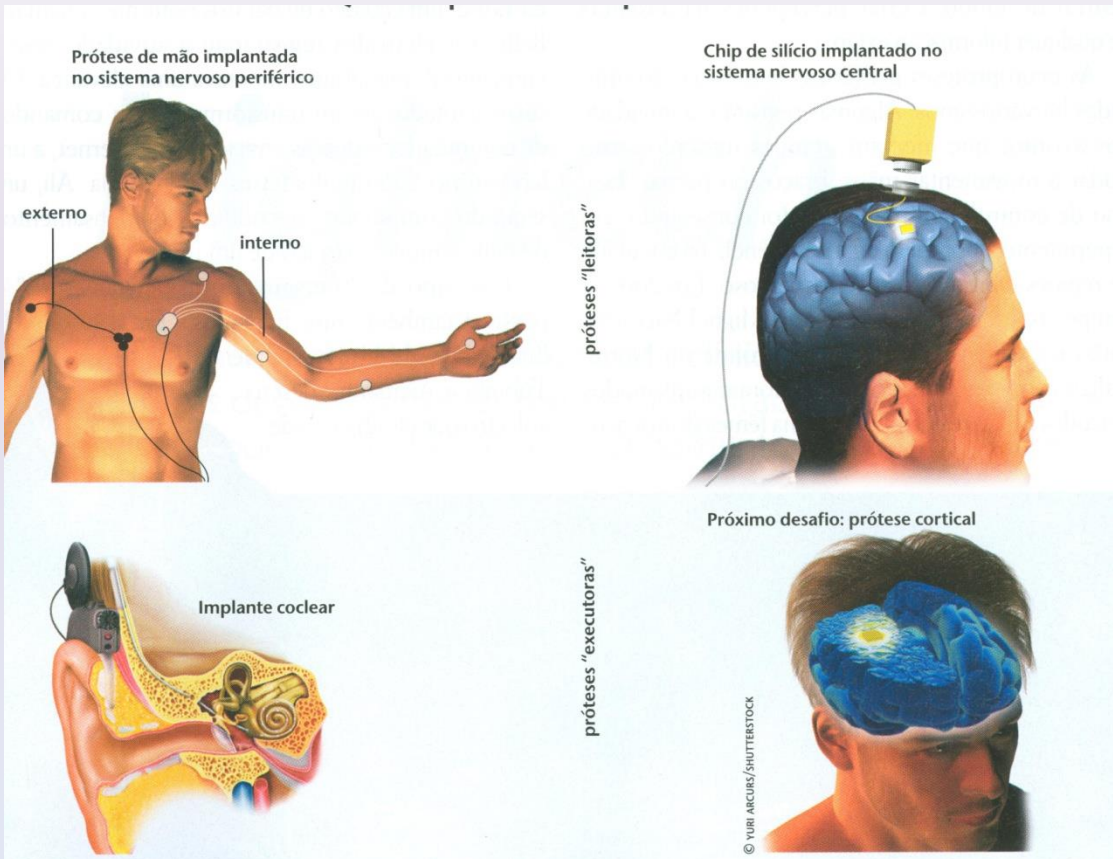
- Human =>robot:
- EMG, EEG
- NCCI Interfaces
- Robot=>Human
- Electrical stimulation
- EEF. Biomechanical models
- Epidural
- Mechanical stimulation
- Sensory feedback
- Nervous Syst Physiology





# Future rehabilitation robots

- Neuroprostheses

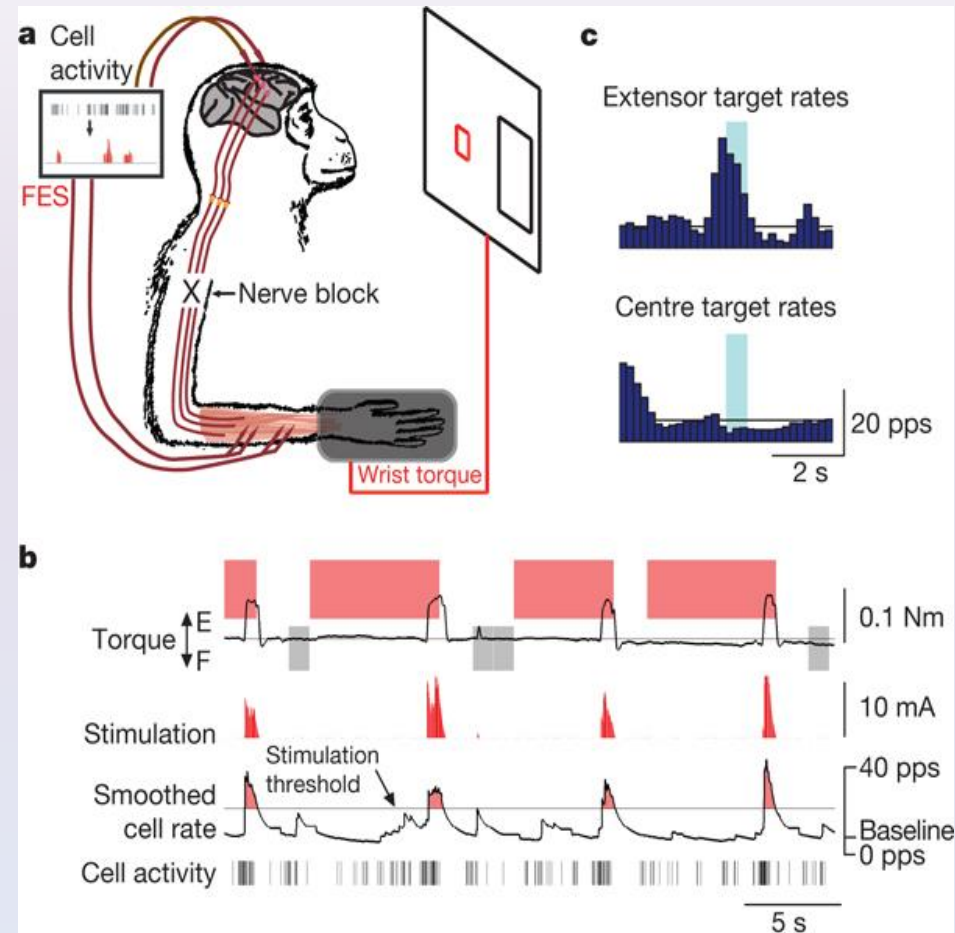


DARPA

Nicolelis, *Mente e Cerebro*, 2009

# Future rehabilitation robots

- Motor control ↔ BNCI
  - Artificial connection brain-muscle:
    - Multiple electrodes?
    - Assigning arbitrary electrode-Muscle?
  - Biomimetic solution







Muito Obrigado