

Genomic imprinting disorders: lessons on how genome, epigenome and environment interact

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Abstract | Genomic imprinting, the monoallelic and parent-of-origin-dependent expression of a subset of genes, is required for normal development, and its disruption leads to human disease. Imprinting defects can involve isolated or multilocus epigenetic changes that may have no evident genetic cause, or imprinting disruption can be traced back to alterations of *cis*-acting elements or *trans*-acting factors that control the establishment, maintenance and erasure of germline epigenetic imprints. Recent insights into the dynamics of the epigenome, including the effect of environmental factors, suggest that the developmental outcomes and heritability of imprinting disorders are influenced by interactions between the genome, the epigenome and the environment in germ cells and early embryos.

In therian mammals, a subset of autosomal genes is preferentially expressed from only one of the two parental chromosomes, some from the maternally inherited allele, others from the paternal allele¹. This parent-of-origin-dependent expression results from differential epigenetic marking, primarily from methylated cytosine at CpG dinucleotides of genes during gametogenesis in the male and female germ line. These genomic imprints endure for one generation, from their establishment in mature germ cells of an individual to their erasure in the gamete precursors of their progeny. Genomic imprinting thus represents a type of intergenerational epigenetic inheritance. Of note, parent-of-origin-dependent methylation differs from sequence-dependent allelic methylation, in which stochastic fluctuation among epialleles is influenced by genetic variants².

In humans, approximately 100 imprinted genes have been identified^{3–5}. Many imprinted genes have important roles during human development, and alteration of their expression and function can lead to imprinting disorders (Supplementary Table 1), congenital conditions with a lifelong impact on health and, in some cases, increased cancer risk⁶.

Molecular changes underlying imprinting disorders comprise genetic changes, such as pathogenic gene sequence variants, copy number variants and uniparental disomy (UPD), or epigenetic changes that affect the regulation of imprinted loci (epimutations). The frequency of the four types of molecular alteration varies markedly between different imprinting disorders, with the highest frequency of epimutations in the

chromosome 11p15-associated disorders Beckwith–Wiedemann syndrome (BWS) and Silver–Russell syndrome (SRS)⁷.

Epimutations that occur without detectable DNA sequence changes are referred to as primary epimutations and may represent random or environment-driven errors in the establishment or maintenance of an epigenetic programme. By contrast, secondary epimutations arise downstream from genetic changes that affect *cis*-acting elements or *trans*-acting factors⁸. As normal imprinting marks, once set, persist throughout the life course of an organism, imprinting errors originating in the germ line as primary or secondary epimutations are similarly permanently maintained in somatic tissues, resulting in disease phenotypes later in development. Primary or secondary epimutations and/or UPDs that occur after fertilization can result in somatic mosaicism (BOX 1). Although genetic alterations and epimutations differ in their nature and aetiology, they all disturb the fine-tuned balance of imprinted gene expression.

Advances in whole-genome sequencing and single-cell genome-wide analysis are driving the study of imprinting disorders arising from pathogenic variants that disrupt key epigenetic reprogramming processes in early embryogenesis. These studies are shedding new light on the dynamics of the epigenome as it passes from parents, through gametes, to offspring. Furthermore, recent studies on the interaction between the environment and the epigenomes of gametes and early embryos suggest mechanistic explanations for the sporadic occurrence of imprinting errors.

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Box 1 | Epigenetic mosaicism in imprinting disorders

Several individuals with imprinting disorders, with or without multilocus imprinting disturbances (MLIDs), have somatic mosaicism, in which tissues contain cells with imprinting aberrations and cells with appropriate allelic methylation. Mosaicism is observed with all types of primary and secondary epimutation, with the exception of erasure and establishment errors (FIG. 4), indicating a more common post-zygotic aetiology³⁶. In principle, the developmental period immediately before implantation, when the embryonic epigenome is reprogrammed, is particularly vulnerable. During this time, failure to selectively protect imprints may result in hypomethylation in individual cells and their progeny. If the event occurs late in pre-implantation development, after lineage commitment, tissue-specific epimutations may result. Conversely, failure to preserve imprints from the substantial remethylation that occurs post implantation may give rise to mosaic hypermethylation; this phenomenon may account for the hypermethylation of imprinting centre 1 (IC1), seen in Beckwith–Wiedemann syndrome (BWS)^{28,146}, and imprinted gene–differentially methylated region (DMR) hypermethylation in Kagami–Ogata syndrome¹⁴⁷.

People with Silver–Russell syndrome (SRS) or BWS often present with body asymmetry, a feature credited to mosaicism, with recent mouse models for these two imprinting disorders identifying mosaicism in bilateral organs with asymmetric growth¹⁰¹. Mosaic H19 hypomethylation is common in SRS, for which severity differs markedly between individuals¹⁴⁸. Detailed studies in another imprinting disorder, Angelman syndrome, explored the timing of such an event. In a female patient with mosaic *SNURF* hypomethylation, X chromosome analysis showed that cells with the imprinting defect had either the paternally derived or maternally derived X chromosome inactivated, suggesting that the insult occurred before X inactivation and implantation¹⁴⁹. In principle, somatic imprinting errors can occur at any time in dividing cells. Immediately following replication, the methylation pattern on the template DNA strand is recognized by the UHRF1–DNMT1 maintenance methyltransferase complex and copied onto the daughter strand. A failure to recognize or copy this pattern will result in a sustained hemi-methylated profile that will segregate in subsequent cell divisions in a tissue-restricted manner.

A phenomenon related to epigenetic mosaicism is represented by discordant monozygotic twins. Discordant monozygotic twins, in which one twin has the disorder (nearly always female and often with MLIDs) and the other is healthy, are over-represented among people with BWS^{36,37,39,150} and SRS¹⁵¹, suggesting that monozygotic twinning is connected to epigenetic disturbances in early development. The occasional presence of mild clinical features of BWS and intermediate methylation disturbance in the twin who is not affected¹⁵² supports the hypothesis that imprinting centre epimutations precede and may possibly trigger the twinning process in the early embryo.

This Review focuses on imprints that effect essentially permanent and ubiquitous changes on gene expression potential at affected loci, as opposed to tissue-specific or transient changes (BOX 2). We begin with a brief overview of the genomic basis of imprinting and its control, before reviewing the life cycle of genomic imprinting and how disruption of the individual factors involved in the establishment, maintenance and erasure of imprints can result in disease. We discuss the heritability of imprinting defects and the role of environmental insults in imprinting disorders. Finally, we highlight areas requiring additional research that could complete our understanding of imprinting disorders, as well as the new technological advances that might correct imprinting errors. For details on the evolutionary importance of genomic imprinting^{1,9}, the methods of imprinting analysis¹⁰, the physiological role of imprinted genes⁶ or chromatin mechanisms in imprinting¹¹, the reader is referred to previous authoritative reviews.

The genomic basis of imprinting

The majority of imprinted genes are found in clusters, called imprinted domains, that enable coordinated regulation by shared regulatory elements such as long non-coding

RNAs (lncRNAs) and differentially methylated regions (DMRs), that is, regions where DNA methylation differs between the maternally derived and paternally derived alleles. Each imprinted domain is controlled by an independent imprinting centre, which is generally characterized by a germline differentially methylated region (gDMR), also known as a primary DMR (FIG. 1). Approximately 35 gDMRs associated with imprinted loci have been identified in the human genome¹² (Supplementary Table 2). gDMRs are also characterized by different chromatin configurations on parental chromosomes, with histone marks characteristic of closed chromatin (for example, histone 3 lysine 9 dimethylation (H3K9me2), histone 3 lysine 9 trimethylation (H3K9me3) and histone 4 lysine 20 trimethylation (H4K20me3)) on the methylated allele and histone marks characteristic of open chromatin (for example, H3K4me2 and H3K4me3) on the unmethylated allele^{4,11,13} (FIG. 1). The methylated and unmethylated gDMR alleles are recognized by different transcription factors whose function is to direct differential epigenetic modification and imprinted expression of the locus¹⁴ (FIG. 1). Whereas maternally methylated gDMRs are more numerous, intragenic and generally correspond to promoters, often of lncRNAs, gDMRs methylated on paternal chromosomes are intergenic and may function as insulators or enhancers^{1,15} (Supplementary Table 2).

Of note, in multigenic imprinted domains, the imprinting centre often directs the expression of genes from both the chromosome on which it is methylated and the opposite parental chromosome; this situation arises from the regulatory interactions between imprinting centres and the gene products, both coding and non-coding, under their control (FIG. 2). In some cases, loss of methylation (LOM) and gain of methylation (GOM) of the same imprinting centre result in ‘mirror’ disorders that are broadly characterized by opposite clinical features and gene expression patterns, for example, in the case of BWS and SRS⁷ (FIG. 2; Supplementary Table 1).

Allele-specific expression in somatic cells. Imprinted genes can display monoallelic expression in most or all cell types, but for some genes, imprinted expression is restricted to specific tissues (for example, *UBE3A*^{16,17}) or developmental windows (for example, *KCNQ1* (REF.¹⁸)), or monoallelic expression and/or methylation can differ between individuals^{19–21}. To control the allele-specific expression of imprinted genes in somatic cells, gDMRs direct the establishment of additional allele-specific epigenetic features within the imprinted domain during development. These include secondary DMRs (also known as somatic DMRs), which correspond mostly to gene promoters and transcription factor binding sites²⁰ (Supplementary Table 2), chromatin modifications, higher-order chromatin structures^{22,23} (possibly resulting from CTCF–cohesin interactions; FIG. 2) and lncRNAs with silencing capacity for flanking imprinted genes in *cis*^{1,24} (FIG. 1). In other cases, imprinted gDMRs direct alternative splicing, transcription elongation or polyadenylation site usage, which results in allele-specific transcript isoforms^{20,25}. A minority of genes with parent-of-origin-dependent expression in somatic tissues have no evident DMR in their vicinity²⁰, and

Genomic imprinting

The epigenetic marking of a gene on the basis of parental origin that results in monoallelic expression.

Epialleles

Epigenetic profiles that are maintained in somatic tissues, resulting in interindividual variation.

Imprinting disorders

Diseases associated with disruption of imprinted gene expression that can be caused by genetic or epigenetic defects.

Uniparental disomy

(UPD). A genetic defect characterized by the presence of two copies of a chromosome or part of the chromosome derived from only one parent.

Box 2 | Transient imprinting

A transient form of imprinting has been described in both mouse and human pre-implantation embryos^{5,51,153}, whereby DNA methylation is either lost on the maternal alleles or acquired by the paternal alleles post implantation. At the *Gpr1-Zdbf2* locus, transient monoallelic expression of the non-coding RNA *Gpr1-As* mediates the accumulation of methylation at the *Zdbf2* differentially methylated region (DMR), whose stable maintenance in adult somatic tissues regulates *Zdbf2* allelic expression¹⁵³. More recently, widespread transient imprinting derived from oocyte-specific methylation has been demonstrated in human placenta²¹.

Epigenetic marks other than DNA methylation may also mediate transient imprinting, although this has not been reported in humans²⁶. In mouse morula, some loci that display maternal allele-specific histone 3 lysine 27 trimethylation (H3K27me3) marks are expressed from their paternal alleles. This form of imprinted expression is largely lost later in development in the embryonic cell lineage but is retained at a few loci in extra-embryonic tissues²⁶. Further studies are needed to determine whether this form of DNA methylation imprinting is conserved in other species and what impact it has on gene expression and phenotypes at later developmental stages. It is possible that transient and DNA methylation-independent monoallelic expression controls the establishment of secondary germline DMRs and consequently leads to a more stable imprinted expression in somatic tissues.

Epimutations

With reference to imprinting disorders, epigenetic changes that affect the regulation of imprinted loci. An epimutation is primary if there is no detectable genetic cause and secondary if it is associated with a genetic cause.

cis-acting elements

DNA sequences that regulate the expression of a gene that is present on the same chromosome.

trans-acting factors

Proteins that regulate the expression of a gene.

Epigenetic reprogramming

The erasure of pre-existing epigenetic marks that enable subsequent remodelling of chromatin.

Epigenome

The chromatin modifications influencing genome function but not involving the underlying DNA sequence that can be propagated through cell division.

Imprinting centre

Also known as imprinting control region. A functional definition of germline differentially methylated regions (gDMRs) that have been shown through either genetic targeting in mice or mutations in humans to regulate imprinted gene expression. Not all gDMRs have been shown to be imprinting centres.

their allele-specific expression may be controlled by epigenetic features other than DNA methylation²⁶.

Tandem repeats are a prominent feature of imprinting centres²⁷. Some repeats function to concentrate a high density of binding sites for transcription factors that regulate imprinted gene expression; for example, tandem repeats in the *H19-IGF2* intergenic DMR concentrate methylation-restricted binding of ZFP57 and CTCF, which are critical for imprinting^{28,29} (FIG. 1). In this case, recombination of the tandem repeats can result in recurrent imprinting defects³⁰. By contrast, deletion of a large array of repeats of long-interspersed elements (LINE-1) in the *Dlk1-Dio3* imprinting domain in mouse embryonic stem cells did not disrupt imprinting or, seemingly, normal development of either maternal or paternal mutant mice³¹, a finding that does not support a role for these repeats in imprinting.

Imprinted gene products intensify their fine-tuned regulation by cooperation in an imprinted gene network (IGN)^{32,33}. For example, in mouse tissues, the transcription factor PLAGL1 (REF³²) and lncRNA *H19* (REF³³) have been shown to regulate, in a DNA-methylation-independent manner, the mRNA level of several members of an IGN controlling growth. As another example, the human lncRNA *IPW*, which resides within the Prader-Willi syndrome (PWS) locus on chromosome 15, is able to regulate the expression of *MEG3* on chromosome 14 by targeting the H3K9 histone methyltransferase G9A (also known as EHMT2) to its imprinting centre³⁴. Furthermore, many imprinted gene clusters encode microRNAs (miRNAs) and small nucleolar RNAs (snoRNAs), which may be involved in the post-transcriptional control of imprinted genes³⁵. These interactions might explain some of the observed overlap in the phenotypes of different imprinting disorders (Supplementary Table 1).

Multilocus imprinting disturbances. A subset of individuals with imprinting defects exhibit multilocus imprinting disturbances (MLIDs), that is, imprinting disruptions at multiple loci across the genome. MLIDs are confined to epimutation subgroups of imprinting

disorders (Supplementary Table 1) and involve loci associated with known imprinting disorders and those not currently linked with specific phenotypes^{36,37}. To date, most people with MLIDs have clinical features characteristic of one imprinting disorder, notably BWS, SRS or transient neonatal diabetes mellitus (TNDM), probably owing to the high frequency of epimutations in these imprinting disorders. However, epigenotype-phenotype correlations are not always obvious, possibly because of the spectrum of epimutations involved or their mosaic nature^{37–39} (BOX 1).

The imprinting life cycle and disease

Throughout their generational lifespan (FIG. 3), genomic imprints must be maintained and preserved from epigenetic reprogramming in somatic cells. Many factors are involved in these complex processes, and DNA binding sites can be targets of mutations that cause human imprinting disorders (Supplementary Table 3).

Imprinting centre methylation dynamics in germ cells.

Of the ubiquitous gDMRs present in somatic tissues, all but two originate from the oocyte^{5,12} (Supplementary Table 2). This disparity reflects fundamental differences in the mechanisms of methylation acquisition in the female and male germ lines and in the treatment of parent-of-origin-derived methylation in the zygote²¹ (FIG. 3). In primordial germ cells (PGCs), the precursors of sperm and oocytes, germline specification requires remodelling of the epigenome as a prerequisite for gametogenesis. Our knowledge of these processes comes chiefly from studies in mice^{40,41}, and the characterization of human PGCs has revealed subtle interspecies differences, but, overall, the global erasure of methylation is comparable^{42–44}.

A hallmark of PGC remodelling is imprint erasure. Genome-wide demethylation of 5-methylcytosine (5mC) is a passive process during PGC expansion that results from diminished protein levels of the de novo DNA methyltransferase DNMT3A and of UHRF1, the recruitment factor of the maintenance DNA methyltransferase DNMT1. Reprogramming of imprinted methylation follows slower kinetics. In mice, it is associated with oxidation of 5mC to 5-hydroxymethylcytosine (5hmC) by ten-eleven translocation 5mC dioxygenase 1 (TET1) and TET2; this modification is not recognized by the maintenance methylation machinery and therefore promotes passive demethylation^{40,41,44,45}.

Errors in the erasure process have been observed in patients with rare, sporadic imprinting disorders (FIG. 4). In the case of GOM at the PWS–Angelman syndrome (AS) imprinting centre (also known as the *SNURF*: transcription start site (TSS) DMR), grandmaternal methylation is not erased in paternal PGCs. As a result, the paternal allele retains this maternal imprint⁴⁶ (FIG. 4a). Similarly, the hypermethylation of imprinting centres in sperm from individuals with subfertility is consistent with incomplete erasure of imprints⁴⁷.

Remethylation and imprint acquisition occur asynchronously between the sexes, with de novo methylation in the male germ line occurring before birth and maintained through many cycles of mitotic division before

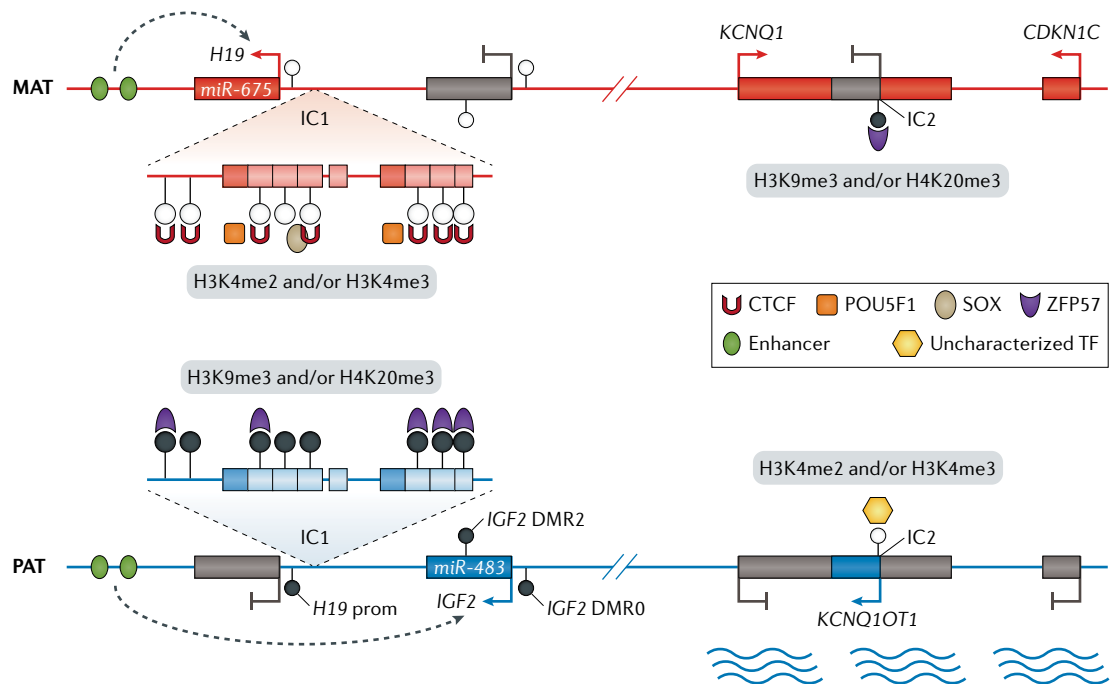


Fig. 1 | Chromosome 11p15.5 as an example of an imprinted gene cluster. Within the telomeric domain, enhancers (green ovals) direct transcription of the long non-coding RNA (lncRNA) *H19* and the intragenic microRNA (miRNA) *miR-675* on the maternal chromosome (MAT; red line) and that of the growth factor gene *IGF2* and the intragenic *miR-483* on the paternal chromosome (PAT; blue line). The imprinting centre of the telomeric domain (IC1; inset), also known as the *H19-IGF2* intergenic differentially methylated region (DMR), contains tandem repeats (light red and light blue rectangles) and is bound by the transcription factors (TFs) CTCF, POU5F1 and SOX2, which maintain the unmethylated status of the maternal allele, whereas ZFP57 maintains the methylated status of the paternal allele. IC1 and IC2 are also characterized by different chromatin configurations on parental chromosomes, with repressive histone marks, such as histone 3 lysine 9 dimethylation (H3K9me2), H3K9me3 and H4K20me3 on the methylated allele, and permissive histone marks, such as H3K4me2 and H3K4me3, on the unmethylated allele. Secondary DMRs (*H19* promoter (prom), *IGF2* DMR0 and *IGF2* DMR2) are paternally methylated. The imprinting centre of the centromeric domain (IC2), also known as *KCNQ1OT1*:transcription start site (TSS) DMR, is maternally methylated and directs maternal-specific expression of *KCNQ1* and the cell cycle regulator *CDKN1C*. On the paternal allele, a lncRNA intragenic to *KCNQ1* (*KCNQ1OT1*) is transcribed (wavy blue lines), suppressing in cis the expression of coding genes in the region. IC2 methylation and silencing of the *KCNQ1OT1* promoter are maintained through interaction with ZFP57 on the maternal chromosome, while as yet uncharacterized TFs sustain *KCNQ1OT1* transcription on the paternal allele. Active alleles are represented with red (maternal) and blue (paternal) oblong rectangles, and inactive alleles are represented with grey oblong rectangles.

Germine differentially methylated region (gDMR).

A region of differential DNA methylation between the parental alleles in somatic cells that originates from the gametes. gDMRs that survive embryonic reprogramming are generally associated with imprinted genes.

Loss of methylation (LOM).

With reference to imprinting disorders, loss of differential imprinting centre methylation detected in individuals that causes deregulation of imprinted genes in the domain controlled by the imprinting centre.

entry into meiosis, while female germ cells remain hypomethylated until maturation (FIG. 3). De novo methylation and imprint acquisition initiate in meiotically arrested (at prophase I) mouse oocytes following birth and are largely completed by the germinal vesicle stage of development and resumption of meiosis^{42,48–51}. Such dynamics have not been extensively studied in human oocytes⁵²; however, in humans, meiosis II oocytes and the first and second polar bodies have comparable methylation, including at imprinted maternally methylated gDMRs⁴⁹ (D.M., unpublished observations), which suggests that the timings are similar to those of mice.

In mouse, the majority of methylation is deposited in oocytes by DNMT3A and its obligate, catalytically inert cofactor DNMT3L^{51,53,54}, whereas both DNMT3A and DNMT3B contribute in male germ cells⁵⁵. DNMT1 has an auxiliary role, ensuring symmetric methylation of CpG sites in oocytes⁵⁶. Transcription and the underlying chromatin signature are important factors that determine methylation acquisition⁵⁰. Transcription in oocytes is required for methylation at numerous gDMRs⁵⁷, which may render

the chromatin more accessible to the de novo methylation machinery and/or might be associated with specific chromatin changes. The co-transcriptional histone H3K36me3 mark is deposited at intragenic CpG islands and is subsequently recognized by DNMT3A and DNMT3B^{38,59}. Successive removal of dimethylation and trimethylation of histone H3K4 by KDM1A or KDM1B (known previously as AOF2 or LSD1 and AOF1 or LSD2, respectively) enables direct interaction between DNMT3L and the unmodified histone tail^{60–62}. Despite being a generic methylase in mouse oocytes, DNMT3L is not detectable by expression profiling in human oocytes between the germinal vesicle phase and meiosis II⁶³, suggesting that it is not required for de novo methylation in the human female germ line. In male mouse germ cells, transcriptional readthrough is involved in acquisition of imprinting centre methylation, whereas histone H3K4 methylation and promoter activity are present at maternal imprinting centres that are protected from de novo methylation⁶⁴.

Failure to establish imprints during gametogenesis can result in imprinting disorders. The establishment

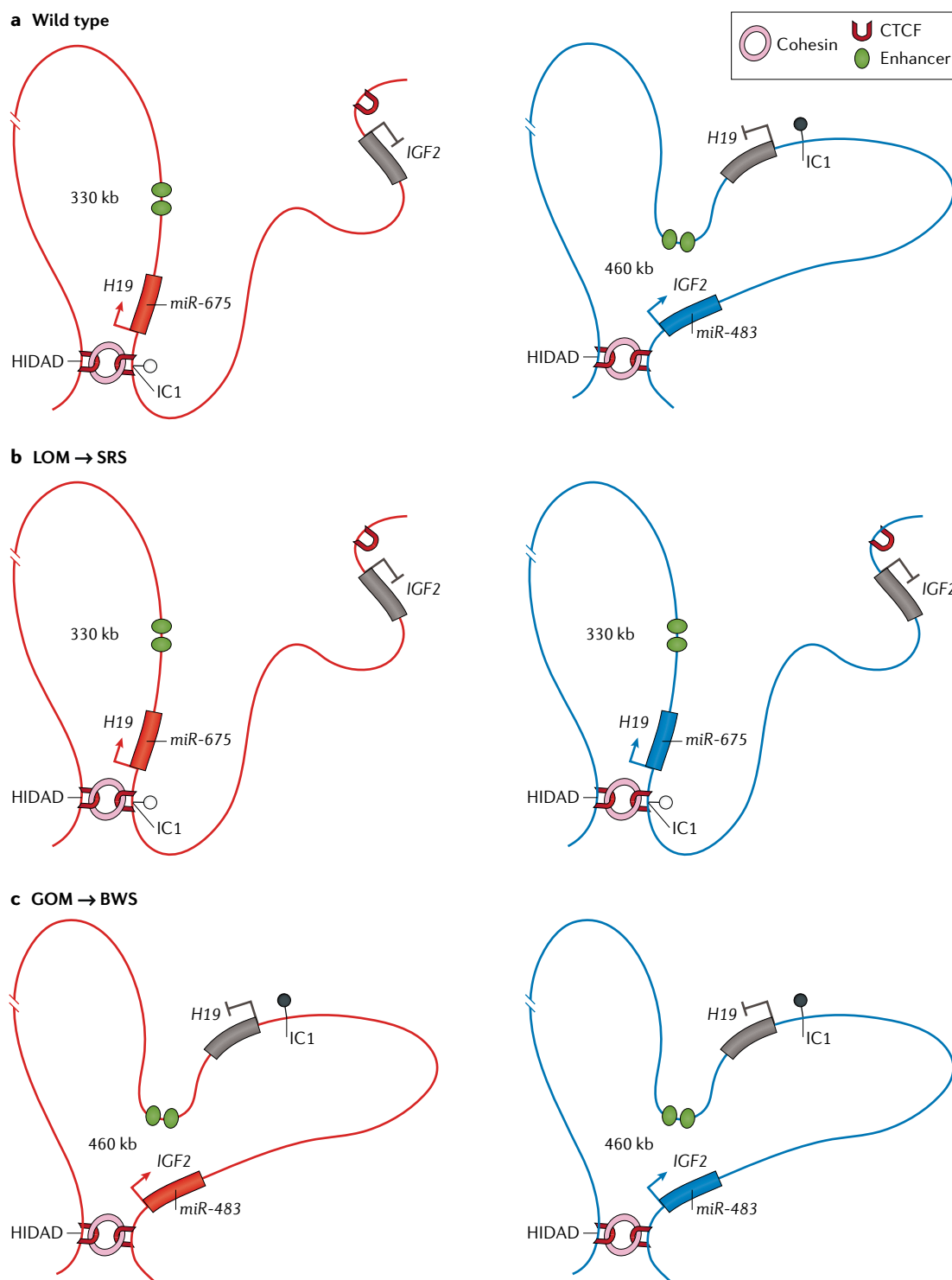


Fig. 2 | The imprinted 11p15.5 region as an example of an epigenetic error in imprinting disorders. a | Model of the 11p15.5 region represented as alternative chromatin loops on the maternal and paternal chromosomes. The model is based on the results of chromatin conformation capture studies in human cells^{22,23}. Loop anchors occur at CTCF–cohesin binding sites. On the maternal chromosome (red line), a loop is formed between a distal region (HIDAD) located at 1.72 Mb and the unmethylated imprinting centre 1 (IC1). On the paternal chromosome (blue line), the formation of this loop is prevented by methylation of IC1, and an alternative loop is formed between HIDAD and the *IGF2* promoter. Alternative loops may facilitate differential activation of *H19* and *IGF2* by common enhancers on the maternal and paternal chromosomes, respectively¹⁵⁶. **b** | Chromosome interactions and gene expression changes predicted by the looping model as a consequence of IC1 loss of methylation (LOM) in Silver–Russell syndrome (SRS)¹⁵⁶. *H19* is activated and *IGF2* is silenced on both parental chromosomes. **c** | Chromosome interactions and gene expression changes predicted by the looping model as a consequence of IC1 gain of methylation (GOM) in Beckwith–Wiedemann syndrome (BWS)¹⁵⁶. *H19* is silenced and *IGF2* is activated on both parental chromosomes. Chromosome distances are not to scale.

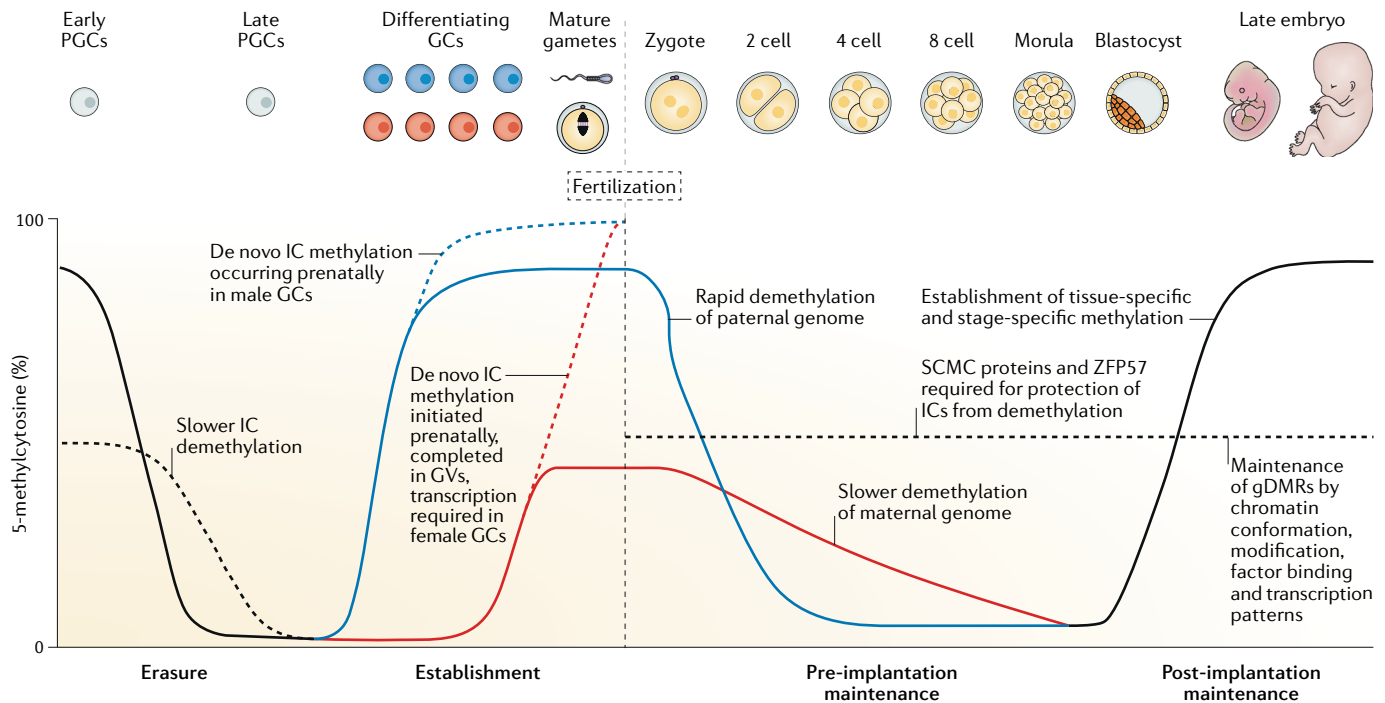


Fig. 3 | The life cycle of imprints. DNA methylation reprogramming during human development. Methylation of imprinting centres (ICs) (dashed black line) is erased more slowly than that of the rest of the genome (black line) in primordial germ cells (PGCs) and re-established with different kinetics in male (paternal ICs, dashed blue line; whole genome, blue line) and female (maternal ICs, dashed red line; whole genome, red line) germ cells. After fertilization, the maternally and paternally derived genomes are widely demethylated, while differential methylation between maternal and paternal IC alleles (50% level) is maintained pre-implantation and post-implantation. Factors and events involved in each stage, 5-methylcytosine level and approximate timing of imprint erasure, establishment and pre-implantation and post-implantation maintenance are indicated. gDMRs, germline differentially methylated regions; GVs, germinal vesicles; SCMC, subcortical maternal complex.

Gain of methylation (GOM). With reference to imprinting disorders, gain of methylation on the unmethylated allele of the imprinting centre. It is detected in people and causes deregulation of imprinted genes in the domain controlled by the imprinting centre.

Secondary DMRs
Also known as somatic differentially methylated regions (DMRs). Regions of differential DNA methylation between parental alleles that do not originate in the germ line. They are regulated in a hierarchical fashion by a nearby imprinting centre region.

Multilocus imprinting disturbances (MLIDs). Methylation anomalies at imprinted differentially methylated regions in individuals with imprinting disorders in addition to those that are normally associated with disease.

of gDMRs involves several enzymatic steps, any of which may be prone to stochastic errors. In oocytes, deficient transcription through CpG islands destined to be gDMRs can result in failure to establish maternal imprints⁵⁷; in such cases, there would be no mosaicism⁶⁵ (FIG. 4b). Genetic mutations that affect transcription through a gDMR have been identified in individuals with rare BWS with complete and isolated lack of methylation at imprinting centre 2 (IC2), the imprinting centre of the centromeric domain of the BWS–SRS locus (also known as *KCNQ1OT1*:TSS DMR)^{66,67}. Disruption of germline transcription is probably also present in people with AS who have non-mosaic LOM of the *SNURF*:TSS DMR and deletions of the smallest region of deletion overlap for AS (AS-SRO)⁶⁸.

Imprinting centre methylation dynamics in the early embryo. The divergent DNA methylation patterns of oocyte and sperm are harmonized by the time the embryo reaches the blastocyst stage^{51,69}, as part of the extensive epigenetic reprogramming that underpins zygotic genome activation (ZGA) and that is required first to acquire totipotency and subsequently to initiate differentiation (BOX 3; reviewed elsewhere⁷⁰). The murine paternal genome is demethylated early in the first cell cycle, in part by TET3-induced oxidation of 5mC^{5,49,69,71}, whereas maternal demethylation occurs predominantly passively,

by replicative dilution during cleavage-stage divisions, possibly through the restricted activity or localization of DNMT1 and its accessory factors^{72,73} (FIG. 3). Studies in human systems are currently limited but indicate differences in the abundance and roles of DNMTs in the oocyte and embryo⁶³. However, in both humans and mice, whereas most gDMRs lose DNA methylation in pre-implantation stages^{49,51}, imprinting centres evade the embryonic wave of epigenetic reprogramming, and studies of both mouse models and human patients with rare imprinting disorders suggest they do so through interaction with critical factors expressed in the oocyte and early embryo.

Oocyte factors. DPPA3 (also known as STELLA or PGC7) is required for the maintenance of DNA methylation in the early mouse embryo and protects 5mC from conversion to 5hmC in the maternal pronucleus by associating with H3K9me2-marked chromatin⁷⁴. *Dppa3* is a maternal-effect gene; concepti of maternal null mice rarely progress beyond the two-cell stage, and their genomes are severely demethylated⁷⁵.

Maternal-effect variants in NLRP proteins and associated factors have been implicated in pregnancy outcomes including hydatidiform mole and infertility, as well as monozygotic twinning, pregnancy loss and MLID^{37,39,76,77} (FIG. 4c,d). Women with biallelic-inactivating *NLRP7*

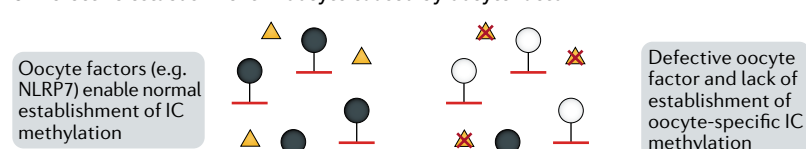
a Defective erasure in PGCs



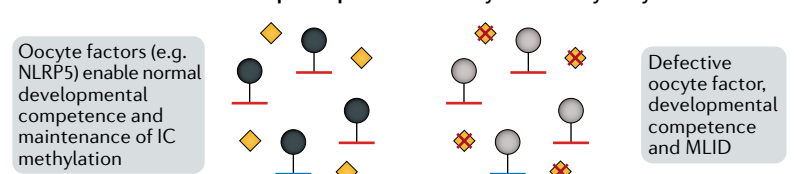
b Defective establishment in oocyte caused by transcription alteration



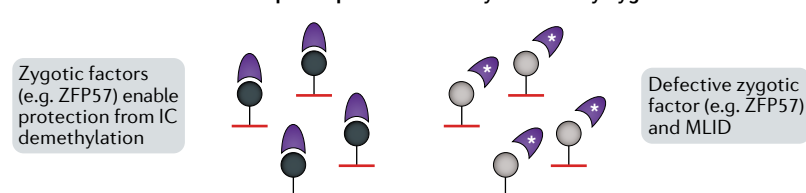
c Defective establishment in oocyte caused by oocyte factor



d Defective maintenance in pre-implantation embryo caused by oocyte factor



e Defective maintenance in pre-implantation embryo caused by zygotic factor



f Defective maintenance in pre-implantation embryo caused by alteration of factor binding to methylated IC



g Defective maintenance in post-implantation embryo caused by alteration of factor binding to unmethylated IC



Zygote

A fertilized ovum before the first cell division that represents the earliest stage of embryonic development. The genome of the zygote is a combination of the DNA in each gamete.

mutations are affected by familial hydatidiform mole (FHM)⁷⁸, in which nonviable products of conception have normal biparental genomic constitution but complete loss of maternal imprinting marks. The high penetrance of FHM suggests that *NLRP7* is involved in oocyte-specific imprint establishment⁷⁹ (FIG. 4c), but hypomorphic maternal *NLRP7* variants have been associated with MLIDs⁸⁰.

Fig. 4 | Mechanisms of imprinting errors in human diseases. In each panel, normal mechanisms are on the left, and defective mechanisms are on the right. **a** | Defective imprinting centre (IC) methylation erasure in primordial germ cells (PGCs). **b** | Defective transcription (dashed red arrow) across IC and imprint establishment in oocyte. **c** | Defective oocyte factor (striking pink triangle) affecting imprint establishment in oocyte. **d** | Defective oocyte factor (striking pink diamond) affecting developmental competence and imprint maintenance in pre-implantation embryo. **e** | Defective zygotic factor (white asterisk) and imprint maintenance in pre-implantation embryo. **f** | Defective target site (indicated with x) for transcription factor protecting methylated IC and imprint maintenance in pre-implantation embryo. **g** | Defective target site for transcription factor recognizing unmethylated IC and imprint maintenance in post-implantation embryo. Methylated and unmethylated ICs are represented by black lollipops and white lollipops, respectively. Mosaic methylation is indicated by grey lollipops. Multilocus imprinting disturbances (MLIDs) are indicated by loss of methylation (LOM) at multiple ICs. Maternally methylated ICs are in red, paternally methylated ICs in blue. Trans-acting factors are as in FIG. 1. GOM, gain of methylation.

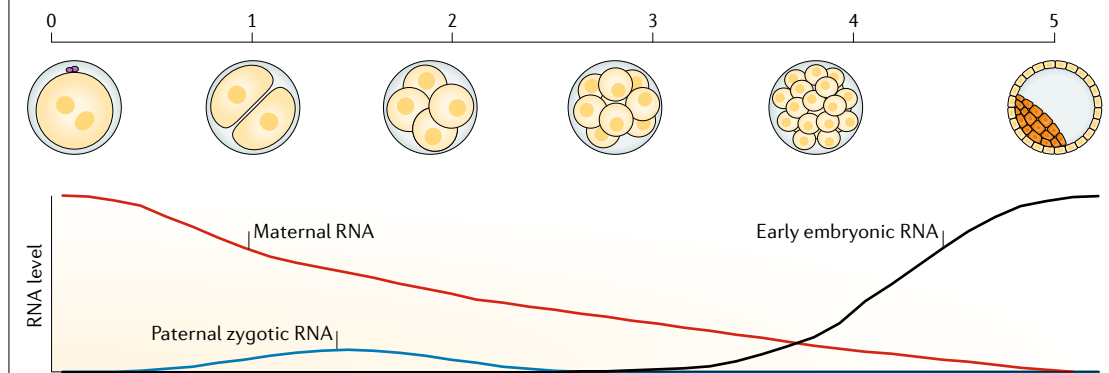
In mouse, *NLRP5* and its associated proteins are referred to as the subcortical maternal complex (SCMC)⁸¹. These proteins are highly expressed in the oocyte, but their mRNA and protein abundance decline to undetectable levels by blastulation⁸². Maternal ablation of SCMC gene function compromises embryo development, with frequent demise between the two-cell and blastula stage, and disruption of processes including maintenance of genome integrity, euploidy, mitochondrial function and gene transcription and translation^{83–85}. A mouse model of maternal *NLRP2* deficiency showed severe reproductive compromise, with embryo demise at all developmental stages and mosaic LOM and GOM at imprinted loci, indicating that abnormal subcellular localization of DNMT1 and/or SCMC members causes early embryonic loss and imprinting defects⁸⁶.

The effects of maternal SCMC variants suggest a link between DNA methylation, genome integrity and developmental competence in the early embryo. If the competence of an embryo is severely compromised, both ploidy and DNA methylation may be intolerably affected, leading to embryo demise. If errors in ploidy and/or methylation are tolerated, the embryo may survive blastulation and continue development, with ongoing differentiation overwriting early epigenetic errors — except for imprints, which are indelible in somatic cells. Evidence for this process comes from reports of pre-implantation genetic diagnosis of embryos with maternal-effect *NLRP7* mutations in which all cleavage-stage embryos arrested and had various maternal aneuploidies⁸⁷. Arguably, if an embryo had presented with a normal chromosome complement, it would have likely developed into a molar pregnancy or one with severe MLIDs owing to disturbed maternal imprints. Hence, MLID may be no more or less than evidence of embryonic crises during the critical window encompassing epigenetic reprogramming and ZGA, with an ascertainment bias for live birth and normal ploidy.

Box 3 | Zygotic genome activation

Epigenetic reprogramming and zygotic genome activation (ZGA) are intimately linked in the early embryo (see the figure; maternal (red line), early zygotic (blue line) and embryonic (black line) transcripts are shown). The approximate timing (in days) of human cleavage-stage divisions and blastulation is shown. Upon maturation, the oocyte ceases transcription and translation, which do not resume in a human embryo until it reaches the eight-cell stage; therefore, the early embryo relies substantially on maternally provided oocyte protein and RNA. From the time of fertilization, maternal RNA is progressively degraded. The paternal genome supports an early wave of transcription (see the figure; blue line) that is essential for major ZGA¹⁵⁴.

In the one-cell embryo, the maternally derived histones that replace sperm protamines do not at first establish the patterns of euchromatin and heterochromatin normally seen in somatic cells; as a result, chromatin on the paternal genome remains atypically accessible. The paternal genome supports low-level transcription of sequences normally repressed within heterochromatin, such as retroviral repeats and pioneer factors such as DUX4 (REF.¹⁵⁵). Pioneer factors support transcription of cleavage-stage transcription factors that trigger major ZGA. Upon ZGA, the genome attains a more somatic organization, blocking the return to the permissive, early pattern of transcription.



Mothers with maternal-effect variants have children with variable disturbance of both paternally methylated and maternally methylated imprinting centres (FIG. 4d). Reproductive outcomes include apparent infertility, fetal loss, hydatidiform mole, live-born children with MLIDs who exhibit clinical symptoms and live-born children with MLIDs who exhibit no clinical phenotypes^{37,39}; the only consistent feature of offspring of mothers with maternal-effect variants is MLID itself.

Zygotic factors. The KRAB zinc-finger protein (ZFP) ZFP57 acts as the focus for a multiprotein complex that protects imprinting centres from both passive and active demethylation^{88–90}. ZFP57 recognizes a hexameric motif enriched in all maternally and paternally methylated imprinting centres in mouse^{91,92}. KRAB ZFPs make up a large, expanding family; their rapid evolution seems to keep pace with the endogenous retroviruses, whose expression they suppress through DNA hypermethylation⁹³. Besides repressing retroviral transcription, ZFP57 protects DNA methylation of imprinted loci in early development. In mice, *Zfp57* is a maternal zygotic-effect gene, the ablation of which is incompatible with offspring survival⁸⁸. Human ZFP57 acts zygotically, with recessive mutations associated with the imprinting disorder TNDM and a specific pattern of MLIDs⁹⁴; however, this outcome may represent ascertainment bias of mutation patterns that are compatible with life (FIG. 4e). It is possible that additional KRAB ZFPs expressed in the oocyte, acting via a maternal effect, are involved in earlier imprinting centre maintenance in humans with a degree of redundancy among ZFPs in recruiting the KRAB repressor complex to specific gDMRs.

Human mutations have rarely been identified in other zygotic factors involved in methylation maintenance, presumably because complete ablation would be incompatible with life, as seen in mouse models (for example, *Trim28* (REF.⁹⁵), *Uhrf1* (REF.⁹⁶) and *Dnmt1* (REF.⁷²)). Nonetheless, haploinsufficiency of *TRIM28* has been associated with polyphenism, obesity and reduced expression of imprinted genes in mice and humans⁹⁷, and haploinsufficiencies of *DNMT1* and *UHRF1* have been described in association with BWS and MLIDs, respectively^{39,98}. *Cis*-acting genetic variants have been identified in imprinting centre sequences, and study of these variants can help to identify the zygotic factors that act on them to perpetuate the imprinted status (FIG. 4f,g). Inherited microdeletions in IC1 (which controls the imprinted expression of *IGF2* and *H19* at chromosome 11p15.5), mostly derived from recombination between repeats, have been described in individuals with BWS³⁰ and SRS³⁹ but, interestingly, their effects are seen only in maternal and paternal inheritance, respectively, and the methylation defects are generally mosaic. This observation suggests, once again, that imprinted states acquired in the early embryo are faithfully perpetuated in subsequent development. In individuals with SRS, no maternal transmissions have yet been reported, but it has been suggested that loss of ZFP57 binding sites may result in post-zygotic attrition of methylation²⁹ (FIG. 4f). In people with BWS, erroneous GOM of the maternal allele is thought to result from loss of SOX2 and POU5F1 binding or weakening of CTCF binding^{28,100} (FIG. 4g). Murine models demonstrate that binding sequences of CTCF and ZFP57 are involved in embryonic maintenance of IC1 imprinting^{91,101}, although some differences may exist between human and mouse species¹⁰².

Primordial germ cells

(PGCs). Stem cell-like cells found in the gonadal ridge of developing embryos that develop into gametes following sex-specific epigenetic reprogramming and meiosis.

Blastocyst

The developmental stage of a mammalian embryo just before implantation, consisting of an inner cell mass, which will form the embryo, and a cavity with an outer layer called trophoblast, which gives rise to the placenta.

Genome activation

The initiation of gene expression in the developing embryo. The initial burst of expression is termed zygotic genome activation and is regulated by pioneer transcription factors during the oocyte-to-embryo transition. Initiation of expression in cleavage embryos is referred to as embryonic genome activation.

Pronucleus

The haploid nucleus from a male or female gamete before the genetic material fuse at syngamy.

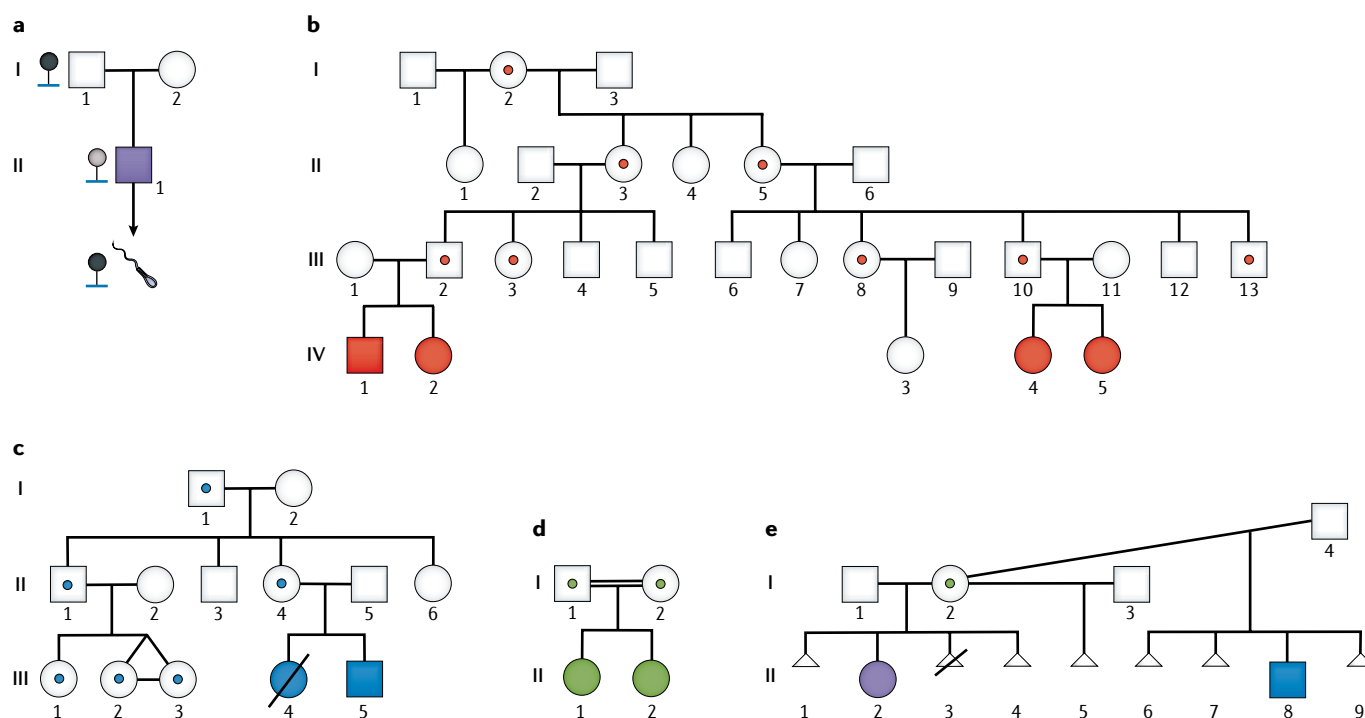


Fig. 5 | Modes of inheritance of phenotypes associated with imprinting errors. **a** | Pedigree of sporadic Silver-Russell syndrome (SRS) in which imprinting centre 1 (IC1) epimutation is corrected in the germ line of the proband. Black lollipop shows normal full methylation of paternal IC1 in blood of I:1 and in the sperm of II:1; grey lollipop, mosaic hypomethylation of paternal IC1 in blood of II:1. **b** | Pedigree showing autosomal dominant inheritance with parent-of-origin-dependent penetrance (paternal, associated with Prader-Willi syndrome (PWS)-Angelman syndrome (AS) imprinting centre mutation). **c** | Pedigree showing autosomal dominant inheritance with parent-of-origin-dependent penetrance (maternal, associated with Beckwith-Wiedemann syndrome (BWS) and/or SRS IC1 mutation). **d** | Autosomal recessive inheritance (*ZFP57* mutation). **e** | Maternal effect (*NLRP5* mutations). SRS cases, purple; PWS cases, red; BWS cases, blue; transient neonatal diabetes mellitus cases, green.

Maternal-effect gene

A gene coding for an oocyte-derived transcript or protein that is required for the early development of the embryo.

Hydatidiform mole

A benign gestational trophoblastic disease developing during pregnancy and resulting from abnormal fertilization. It is characterized by trophoblastic proliferation and little or no embryonic tissue. It is commonly sporadic and contains only sperm DNA. Occasionally, it can be biparental, recurrent and familial, following an autosomal recessive mode of inheritance.

Penetrance

The proportion of individuals in a population with a specific genotype who show an associated phenotypic trait. Incomplete penetrance occurs when not all individuals carrying a dominant deleterious genetic variant express the associated clinical phenotype.

In summary, it seems that imprinting centre sequences have characteristics that support allele-specific gene expression, chromatin organization and DNA methylation in the early embryo, enabling these patterns to evade early embryonic reprogramming and subsequently persist in somatic tissues.

Intergenerational inheritance of imprinting defects.

Most imprinting disorders caused by epimutations occur in individuals with no relevant family history (primary epimutation). In such cases, the underlying molecular cause may be associated with an environmental insult or stochastic error, and the risk of additional cases in the family is minimal. Consistent with the hypothesis of non-heritability of primary epimutations, a methylation defect shown to have originated in an individual with SRS was subsequently abolished in the person's germ line¹⁰³ (FIG. 5a). However, a subset of isolated cases may have an underlying genetic cause even in the absence of a family history (secondary epimutation). Multiple genetic causes of secondary epimutations have been identified, providing important information on the *cis*-acting elements and *trans*-acting factors involved in imprinting control. Often, these cases are autosomal dominantly inherited, with parent-of-origin effects on penetrance such that the epimutation and clinical phenotype appear only upon maternal or paternal transmission

(for example, familial PWS with paternally inherited imprinting centre mutations⁴⁶ (FIG. 5b) and familial BWS associated with maternally inherited IC1 micro-deletions³⁰ (FIG. 5c) and *POU5F1*-binding site variants¹⁰⁰). However, autosomal recessively inherited TNDM is caused by pathogenic variants in *ZFP57* (REF.⁹⁴) (FIG. 5d), and maternal pathogenic variants in maternal-effect genes (*NLRP2*, *NLRP5*, *NLRP7*, *PADI6* and *OOEP*)³⁹ (FIG. 5e) are associated with MLIDs in offspring. In the case of maternal-effect variants, the recurrence risk after an affected pregnancy can be up to 100% (recurrence may be avoided by oocyte donation), although even in the most severe forms, penetrance may be incomplete (for example, *NLRP7* FHM), and there may be variable phenotypic expression^{37,39}.

Genetic variants associated with imprinting centre epimutations can demonstrate variable clinical presentation and incomplete penetrance²⁸ or apparent anticipation with increased clinical severity over multiple generations¹⁰⁴. These findings suggest that, whereas highly penetrant variants, such as those disrupting transcription factor binding, exhibit obvious, penetrant phenotypes, genomic variants with lower penetrance may need to be identified by comprehensive sequencing efforts. Consistent with this hypothesis, a recent study demonstrated that frequent sequence variants have subtle effects on imprinted methylation, expression

Subcortical maternal complex

(SCMC). A large multiprotein complex comprising NLRP5, OOE, TLE6, PADI6 and KHDC3L that localizes to the outermost regions of the cytoplasm in oocytes and is excluded from regions of cell-to-cell contact in cleavage embryos.

Endogenous retroviruses

Also known as retrotransposons. Repetitive genetic elements present in the genome that, similarly to retroviruses, use the activity of reverse transcriptase to move from one locus to another.

Protamines

Basic proteins that largely replace histones in the nucleus of mature sperm for more condensed DNA packaging.

Haploinsufficiency

A situation in which one-half of the normal level of a gene product, usually as a consequence of a loss-of-function mutation, is not sufficient for normal function.

and phenotype²⁰, suggesting that imprinting is a more quantitative than categorical phenomenon.

Environmental influences on imprinting

In addition to genetic causes of imprinting centre epimutations, environmental factors can influence the imprinting process. In humans, evidence for this phenomenon derives from assisted reproductive technologies (ARTs)¹⁰⁵. Other environmental influences on imprinting centres include nutritional status or exposure to chemical pollutants in utero¹⁰⁶. In many cases, changes in methylation represent increased variability on the methylated allele, likely relating to a failure of maintenance, or an adaptive response to external stimuli.

Assisted reproductive technologies. ARTs are usually performed for male and/or female infertility and include procedures such as ovarian hyperstimulation to obtain multiple oocytes for retrieval, in vitro fertilization (IVF), intracytoplasmic sperm injection (ICSI) and embryo culture and transfer, which all coincide with critical events in epigenome reprogramming. Reports of ART-conceived children with rare imprinting disorders (for example, AS and BWS) first suggested a potential link with the occurrence of epimutations at imprinting centres^{107–109} (FIG. 6). Epidemiological studies have provided further evidence for an increased risk of having children with BWS, AS or SRS when using ART^{105,110}; however, the absolute risk is very small (for example, for BWS, the risk is as much

as tenfold greater with ART than without ART, and it occurs in <0.1% of all children conceived with the help of ARTs)¹¹⁰. ARTs have also been associated with an increased frequency of MLIDs, although this finding has not been universal^{111,112}. MLIDs and large offspring syndrome (a condition with similarities to BWS) have been observed in bovine fetuses conceived by IVF¹¹³. In pigs, global genomic DNA methylation and/or gene expression, including imprinted loci and genes involved in epigenetic reprogramming, were altered in blastocysts produced by IVF and were partially restored with the addition of natural reproductive fluids¹¹⁴. Furthermore, superovulation and embryo-transfer induced developmental defects and imprinting centre epimutations in the placenta of mouse models¹¹⁵.

In addition to ART-related procedures, infertility per se has been linked to the pathogenesis of imprinting disorders (FIG. 6). The frequency of AS with epimutations was shown to be increased in subfertile couples, independent of IVF, ICSI or embryo culture¹¹⁶. Moreover, impaired methylation of imprinting centres was reported in sperm of subfertile men⁴⁷. Furthermore, unrecognized ART-associated epigenetic alterations have been suggested to play a role in the increased risk of low birthweight and congenital anomalies that have been reported in ART-conceived children¹¹⁷ and animal models¹¹⁸. Maternal age and delayed ovulation or fertilization are associated with depletion of oocyte proteins and RNA stores and altered developmental

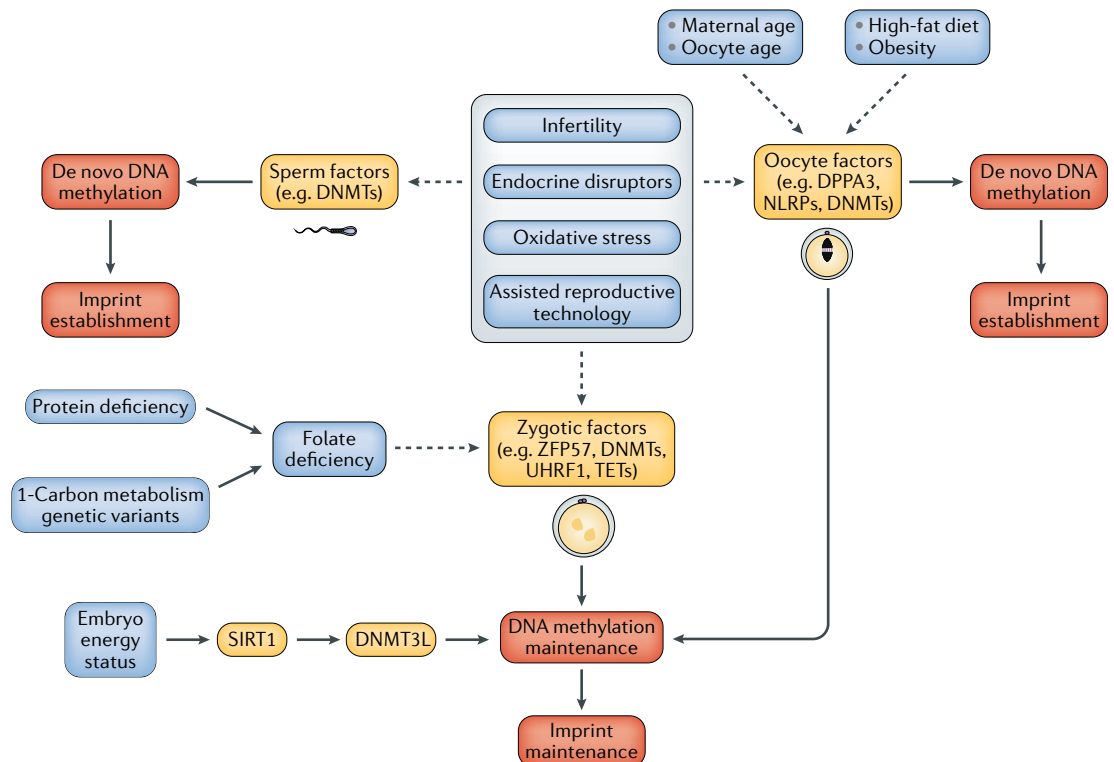


Fig. 6 | Interaction between environmental and genetic factors and its impact on genomic imprinting. The diagram summarizes the evidence obtained in humans and animal models of interaction of environmental factors and physiopathological conditions (depicted in light blue) with gametic and zygotic factors (yellow) involved in de novo and maintenance methylation and impacting imprinting establishment and maintenance (red). Continuous lines indicate functional contribution; dashed lines indicate functional interference.

Anticipation

A phenomenon whereby the symptoms of a genetic disorder become apparent at an earlier age or with greater severity in succeeding generations.

Assisted reproductive technologies

(ART). Techniques used to achieve pregnancy during the treatment of infertility. ARTs cover a wide spectrum of treatments including the use of fertility drugs, intrauterine insemination and in vitro fertilization and/or intracytoplasmic sperm injection.

fitness of embryos^{119–121}, suggesting that maternal-effect genes can be critically vulnerable to these or other challenges that occur during ART procedures (FIG. 6).

Disentangling the effects of infertility and ART in the aetiology of imprinting disorders in humans is difficult, and not all studies have shown an association between ART and altered methylation, with some reports suggesting that there is no increase in mosaicism or methylation aberrations at imprinted gDMRs^{122,123}. Other groups have reported perturbed imprinting in pre-implantation embryos suitable for transfer¹²⁴, suggesting that — similar to aneuploidy — epigenetic mosaicism in early embryos may be a normal occurrence. The rarity of ART-associated imprinting disorders suggests that they may result from a combination of multiple interacting factors, including specific aspects of ART protocols, infertility, genetic susceptibility and stochastic effects (FIG. 6). Moreover, epidemiological surveys often have ascertainment bias for live-born offspring with clinically blatant phenotypes associated with imprinting disorders, whereas the frequency of clinical pregnancy, though well known to be limited with ART, is not considered. Potentially, individuals with imprinting disorders represent the subset of IVF outcomes with the least pervasive disturbances and the most recognizable clinical features, and a more definitive study will require consideration of both the epigenome and genome integrity of nonviable products of conception at all stages.

Nutrition and metabolic disorders. Certain developmental windows are especially vulnerable to abnormal nutritional states¹²⁵, including pre-implantation and early post-implantation development and lineage segregation, when epigenetic modifications are re-established. Recent studies have indicated that maternal metabolic disorders can have lasting effects on offspring through many pathways, which are beginning to be characterized (FIG. 6). For example, maternal dietary and genetic obesity have been shown to reduce *Dppa3* expression in mouse oocytes; the resultant significant increase in 5hmC and concomitant reduction in 5mC in maternal pronuclei produce subsequent hypomethylation at several imprinted gDMRs¹²⁶.

Nutritional status can also affect epigenetic profiles at imprinted loci in a variety of ways. It is possible that the availability of free methyl donors, such as S-adenosylmethionine (SAM), a substrate for DNA and protein methylation, is limited, with evidence that methyl-deficient diets, folate levels and genetic variants in proteins involved in one-carbon metabolism all affect imprinted methylation patterns at the 11p15.5 imprinted gene cluster^{98,127,128}. In these studies, the presence of missense amino acid substitutions in genes regulating the abundance of SAM or the inhibitory S-adenosylhomocysteine (SAH) correlated with aberrant imprinted methylation^{127,128}; one of these studies also revealed a link between low vitamin B₁₂ levels and *H19* methylation maintenance¹²⁷. Functional genetic variants of DNMT1 in people with BWS were observed in combination with single-nucleotide variants of folate metabolism pathway genes⁹⁸, suggesting that decreased DNMT1 enzymatic activity could be exaggerated by extreme

SAM:SAH ratios. Furthermore, the *ZFP57* locus is a folate-sensitive region, and its genomic binding regions are metastable epialleles responsive to periconceptual conditions^{129,130}. In mouse, withdrawal of maternal dietary protein permanently altered imprinted expression of *Cdkn1c* in offspring, which was maintained into adulthood and occurred through a folate-dependent mechanism of DNA methylation loss¹³¹. However, not all studies on isocaloric protein restriction during pregnancy have shown altered imprinted methylation in the offspring¹³², suggesting that any deregulation is likely a consequence of a general effect on global methylation. Recent evidence suggests that cells have important energy status sensors that protect the cells against metabolic stress by directly regulating epigenetic processes. For example, the NAD-dependent deacetylase SIRT1 has been shown to protect methylation at imprinted loci by directly regulating acetylation of DNMT3L, at both the promoter level and protein level in mouse embryonic stem cells¹³³.

Endocrine disruptors. In addition to micronutrient availability, prenatal exposure to oestrogenic endocrine-disrupting compounds, such as bisphenol A (BPA), results in deregulation of genomic methylation and hydroxymethylation^{134,135}, with imprinting and methylation anomalies being reported for both mouse placenta¹³⁶ and developing gametes^{137,138}. Endorsing the vulnerability of imprinted loci to endocrine-disrupting compounds, prenatal BPA exposure in humans has been associated with changes in methylation at the *MEST* locus and is linked with early childhood obesity¹³⁹. *Dnmt1* expression was found to be decreased in BPA-treated mouse spermatogonia¹³⁸, and BPA exposure during oocyte maturation altered other epigenetic marks, specifically the abundance of histone modifications, and this alteration was linked to induced oxidative stress¹⁴⁰. Exposure-induced oxidative stress was shown to alter both TET enzyme expression and TET function, leading to altered 5hmC levels at numerous imprinted loci¹³⁵, which indicates that environmental toxicants also alter long-term imprinted gene regulation (FIG. 6). Indirect effects of the toxic compounds on DNA methylation could also be exerted as consequences of developmental and metabolic alterations¹⁴¹.

In summary, combined genetic and environmental predispositions may erode the gametic and zygotic competence to reprogramme the epigenome, with consequences on imprint maintenance, and insights into these effects in humans may be gained by delineating the aetiology of apparently sporadic, primary epimutations in individuals with imprinting disorders.

Conclusions and perspectives

The maintenance of differential DNA methylation of imprinting centres is fundamental for the survival of imprinting marks in the early embryo. Some of the key factors and genomic sequences involved in this process have been identified in recent years, but the causation and timing of their interactions require further clarification. This is particularly true for the SCMC proteins and possibly other oocyte-specific factors that affect DNA methylation maintenance in the early embryo, as their mechanisms of action and relationships with ZGA remain ill-defined.

Importantly, additional human-based studies are required, first to resolve key differences between human and mouse in the timing and mechanisms of epigenetic remodelling and, second, to identify genetic variants that predispose to imprinting centre epimutations on the basis of the study of individuals with rare imprinting disorders.

It has become evident that environmental changes can affect the epigenetic reprogramming of germ cells and early embryos, altering their developmental competence and causing imprinting defects. Omic and functional analyses of early embryos and nonviable reproductive outcomes will clarify the relationship between epigenomic and genomic integrity, uncover the key processes involved and enable the creation of model systems in which primary imprinting centre epimutations can be generated and explored.

Cellular-physiological approaches are beginning to uncover key interactions of imprinted gene products, their effects on growth and metabolism and their disturbance in imprinting disorders^{32–34,102}. Such approaches, and their extension to human pathophysiology, will shed light on molecular mechanisms of disease, (epi)genotype–phenotype correlations, phenotypic modification by mosaicism and MLID, and potential therapies for some of the resultant endocrine and growth disturbances.

More fundamentally, therapeutic correction of imprinting disorders might be possible by reversal of the

gene-imprinting status. Three therapeutic approaches for the neurological disorders AS and PWS have been proposed in preclinical studies^{142–144}. The AS–PWS locus contains a maternally methylated imprinting centre that directs the paternal expression of several genes, including a snoRNA cluster with a critical role in PWS and an antisense regulator (*UBE3A ATS*) of the maternally expressed E3 ubiquitin ligase *UBE3A*, the expression of which is lost in AS (Supplementary Table 1). In mouse models of AS, a topoisomerase inhibitor¹⁴² and antisense oligonucleotides¹⁴³ were able to downregulate *Ube3a* ATS and reactivate expression of the paternal *UBE3A*. In a mouse model of PWS, G9A inhibitors were used to unsilence maternal snoRNAs¹⁴⁴. Another exciting approach is the direct modification of epigenetic marks at imprinted genes using catalytically inactivated Cas9 (dCas9) fusion proteins. Although still in their infancy, dCas9–DNMT fusions have been able to target methylation to IC1 in mouse cells¹⁴⁵; if such alterations can be performed in an allelic manner, this technology could prove promising. Future experiments will be needed to demonstrate whether approaches using small molecules can revert other epimutations in imprinting disorders and possibly be applied in other human diseases arising from disruption of the epigenome.

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