

# Methods for Diagnosing Mastitis



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## KEYWORDS

• Bovine • Mastitis • Intramammary infection • Diagnosis

## KEY POINTS

- The most common cause of mastitis is an intramammary infection.
- Considering cost and ease of data collection, somatic cell count is the most common diagnostic test used for the detection of subclinical mastitis.
- Bacteriologic culture and polymerase chain reaction are the primary methods currently in use to diagnose intramammary infection.
- There is no gold standard for the diagnosis of mastitis or intramammary infection.

## INTRODUCTION

Mastitis is defined as inflammation of the mammary gland. The most common cause of mastitis is an intramammary infection (IMI). An IMI refers to the presence of an infectious organism in the mammary gland. Although these two often go hand in hand and the terms are frequently used interchangeably, no single diagnostic test is able to define both. A diagnosis of mastitis is generally based on measuring the inflammatory response, whereas diagnosis of an IMI is based on identification of the inciting infectious agent. Diagnosis of mastitis by measuring indicators of inflammation is often used as an indirect method to identify cows with an IMI.

## DIAGNOSIS OF MASTITIS

### *Clinical Mastitis*

Mastitis can be characterized as clinical or subclinical. Clinical mastitis is defined as visibly abnormal milk from a mammary quarter. With forestripping, that is, visual examination of a stream of milk collected immediately before routine milking, clinical mastitis can easily be detected (**Fig. 1**). Clinical mastitis can be defined based on severity as mild, moderate, or severe.<sup>1</sup> Severity scoring systems can be used to determine appropriate treatment and the risk of an undesirable outcome.<sup>2</sup>

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**Fig. 1.** Forestripping can help to identify cases of clinical mastitis in the parlor.

- Mild clinical mastitis: Abnormal milk only (usually manifest by clots, flakes, and/or changes in the color and consistency of the milk secretion).
- Moderate clinical mastitis: Abnormal milk and abnormal mammary gland (manifest by inflammatory changes in the tissue such as redness, heat, pain, and swelling).
- Severe clinical mastitis: Abnormal milk, abnormal mammary gland, and sick cow (manifest by changes in body temperature, rumination rate, appetite, hydration status, and demeanor).<sup>2</sup>

### ***Subclinical Mastitis***

Subclinical mastitis is defined as the presence of inflammation with a normal appearing mammary gland and visibly normal milk. Many tests have been evaluated for the diagnosis of subclinical mastitis. Some of the more common ones are listed here.

- Somatic cell count (SCC): Concentration of leukocytes (primarily) per milliliter of milk. Leukocytes comprise 80% of the somatic cells in uninfected quarters and 99% in infected quarters.<sup>3</sup> The most important factor that causes a rise in SCC is an IMI.
- Lactose: The percentage of lactose in mastitic milk is lower. This change occurs owing to tissue damage causing decreased synthetic ability of the enzyme systems in the secretory cells, resulting in reduced lactose biosynthesis.<sup>4</sup>
- Lactate dehydrogenase (LDH): An enzyme found in most tissues, including the cytoplasm of leukocytes. When cell damage occurs, to either mammary epithelial cells or leukocytes, LDH is released into the milk.<sup>4</sup> Some commercially available mastitis detection tools incorporate measurement of LDH activity.

- *N*-acetyl- $\beta$ -D-glucosaminidase (NAGase): A lysosomal enzyme that is released into the milk from damaged mammary epithelial cells and, to a lesser extent, from milk somatic cells.<sup>5,6</sup>
- Acute phase proteins: Haptoglobin and milk amyloid A have been found in milk owing to their migration from blood into milk across the blood–milk barrier because of increased capillary permeability and loss of tight junctions, or through local production by milk leukocytes or mammary epithelial cells.<sup>7</sup>
- Conductivity: Electrical conductivity (EC) of milk increases with mastitis owing to an increase in sodium and chloride concentrations and a decrease in the potassium concentration.<sup>4</sup> Several milking equipment manufacturers have used EC as an in-line method of detecting mastitis.

### Somatic Cell Count

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Taking cost and ease of data collection into consideration, SCC or the logarithmic transformation of SCC, the somatic cell score (SCS), is the most common diagnostic test used for the detection of subclinical mastitis. In a laboratory setting, SCC can be measured using microscopy, referred to as direct microscopic SCC or by using automated electronic cell counters. The direct microscopic SCC method is performed by spreading a specific volume of milk within a calibrated area of a microscopic slide. After the milk dries, the slide is stained, and visible cells are counted within the defined area. The method is labor intensive, requires a high-quality microscope, and necessitates thorough training of personnel to gain proficiency. Automated electronic cell counters, which commonly are based on flow cytometric methods, allow for rapid and easy determination of SCC. Creameries, Dairy Herd Information Association, and other dairy organizations use automated electronic cell counters, making these data highly accessible. Portable counters are also available and can be used to test SCC in the laboratory or on the farm.

At the herd level, SCC data are generally available on every shipment of milk that leaves the farm and these data provide an estimation of overall udder health among cows contributing to the bulk tank milk. At the cow level, herds that use a testing laboratory such as the Dairy Herd Information Association, generally have monthly data reflecting the udder health of each cow, and these data can be used in parallel to predict which cows have healthy mammary glands versus those with acute, resolved, or chronic cases of subclinical mastitis (Fig. 2).

Although cow-level composite SCC samples are useful for separating infected from uninfected cows, these data are imperfect. The sensitivity of composite SCC as an indicator for IMI in at least one-quarter ranges from 30% to 89%, whereas the specificity ranges from 60% to 90%.<sup>8–10</sup> The sensitivity and specificity using a threshold of 200,000 cells/mL for a single composite SCC obtained closest to the time of culture were 44% and 87%, respectively, for cows infected with any pathogen and 65% and 73%, respectively, for cows infected with major pathogens.<sup>10</sup>

The most accurate relationship between IMI and SCC exists at the quarter level. Data suggest that uninfected quarters have a mean SCC of approximately 70,000 cells/mL<sup>11,12</sup> and an SCC of 200,000 cells/mL or greater or an SCS of 4 or higher is often used as a threshold to define infected quarters.<sup>11</sup> That said, diagnostic sensitivity of quarter-level SCC for subclinical mastitis can also be imperfect, and somewhat depends on the pathogen inciting the mastitis. Middleton and colleagues<sup>13</sup> reported that sensitivity of quarter-level SCC using a threshold of 100,000 cells/mL (SCS = 3) was 0.60 for all bacterial IMI, 0.53 for coagulase negative staphylococcal IMI, 0.96 for coagulase positive staphylococcal IMI, and 0.71 for IMI with non-*agalactiae* *Streptococcus*-like organisms.

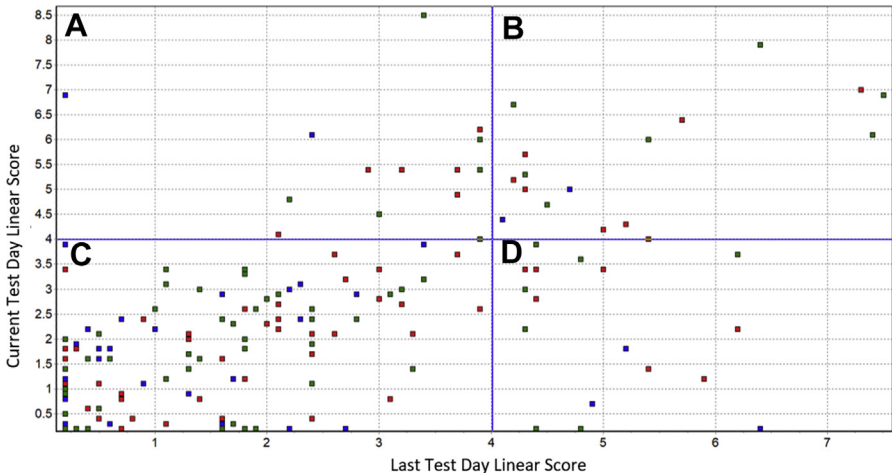
Other limitations have been identified that impact the use of SCC as a diagnostic tool. Milk SCC can remain elevated for some time after an organism has been eliminated, resulting in a false-positive test for IMI. Also, although IMI is the predominant factor associated with variation in the SCC, other factors can affect the SCC including herd, cow, breed, quarter, month of sampling, season, stage of lactation, age of the cow, parity, frequency of milking, and stressors.<sup>14–17</sup>

### ***Estimating the Somatic Cell Count at the Cow Side***

A number of cow-side methods have been developed and studied for counting or approximating milk SCC.

- California mastitis test (CMT): A qualitative measurement of SCC. The reagent causes lysis of cell membranes and precipitation of the cell DNA and proteins resulting in change in viscosity of the reagent when added to milk.
- Wisconsin mastitis test (WMT): A modification of the CMT developed to increase the objectivity of measuring the viscosity. A modification of the WMT has been adapted for on-farm use<sup>18</sup> that can be performed in a few minutes and results in a semiquantitative measurement of the SCC; however, the test requires a refrigerated sample collected within 5 hours of testing.
- Esterase activity test: A qualitative test that converts the results of an enzymatic reaction into an estimated SCC. Requires 5 to 45 minutes of incubation, depending on the test type.

With regards to cow-side methods, again, not all methods have been researched appropriately. A modified WMT test was evaluated in the laboratory and found to have similar results to electronic somatic cell counting with a high degree of agreement when a threshold of 205,000 cells/mL was used to define an IMI.<sup>18</sup> However,



**Fig. 2.** Computer software can be used to plot somatic cell score from current (y-axis) and previous (x-axis) Dairy Herd Information Association test days to help determine mastitis status. (A) Cows with new cases of mastitis (low previous test day somatic cell count [SCC], high current test day SCC). (B) Cows with chronic cases of mastitis (high previous test day SCC, high current test day SCC). (C) Healthy cows (low previous test day SCC, low current test day SCC). (D) Cows with cured cases of mastitis (high previous test day SCC, low current test day SCC). (Courtesy of Scott E. Poock, University of Missouri, Columbia, MO.)

when using this same test in a cow-side manner, it markedly underestimated the SCC,<sup>19</sup> making it impractical for on-farm use.

The CMT, when used at a cut point of trace or higher, had a much higher test sensitivity and specificity than the cow-side version of the WMT test. When comparing the CMT, cow-side WMT, and 3 esterase tests, the CMT provided the most accurate, practical, and least cost on-farm screening test to predict subclinical mastitis at dry-off.<sup>20</sup> The CMT also provided a faster and more accurate cow-side screening test to predict subclinical mastitis defined as an SCC of greater than 200,000 cells/mL at dry-off and freshening.<sup>19</sup>

The sensitivity and specificity of the CMT has been evaluated in multiple studies. When evaluating the tests ability to detect an IMI with a major mastitis pathogen (*Staphylococcus aureus*, *Streptococcus spp.*, and gram-negative organisms) in early lactation, the sensitivity was 82.4% and specificity was 80.6% on day 4 of lactation.<sup>21</sup> When assessed to determine the ability of the CMT to identify IMI with any pathogen, including minor pathogens, the sensitivity was much lower at 61%, but specificity was the same at 80%.<sup>13</sup> When assessing the CMT to identify IMI at dry-off at the cow level for all pathogens, the sensitivity was 70% and specificity was 48%.<sup>22</sup> Overall, although the CMT lacks diagnostic sensitivity for detecting any IMI, when IMI are caused by major pathogens sensitivity is reasonable, suggesting that CMT is still a useful screening tool for the more inflammatory mastitis pathogens.<sup>23</sup>

### **Other Measures of Mammary Gland Inflammation**

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Among the other tests available to detect subclinical mastitis discussed at the beginning of this section, few have been validated against reference methods, for example, SCC measurement or detection of IMI, making it challenging to determine which of these is the best detection method. Of those methods that have been evaluated, it has been found that the SCC provides superior diagnostic performance in detecting IMI-negative and IMI-positive cows than LDH and NAGase.<sup>23,24</sup> The milk amyloid A enzyme-linked immunosorbent assay has been shown to be as accurate as the SCC.<sup>25</sup> Other investigators have shown that haptoglobin performs better than milk amyloid A, because a constant increase in the haptoglobin concentration was found in the milk along with increasing quantities of bacterial DNA.<sup>7</sup> Although acute phase proteins may be useful, currently they are not an economically feasible option for diagnosing subclinical mastitis. Like with SCC, cow factors can also affect other measurements used to diagnosis subclinical mastitis, such as LDH and NAGase, and in some cases to a greater extent than SCC.<sup>23</sup>

Although EC is commonly used as an in-line indicator of mastitis, for example, in automated milking systems, its usefulness in detecting cases of mastitis is impacted by multiple factors, including whether the case is clinical or subclinical and changes in milk composition. At the cow-level interquarter comparisons of EC improve test sensitivity and specificity.<sup>26</sup> Hand-held EC meters for cow-side use tend to perform poorly for detecting IMI and seem to be inferior to SCC measurement or CMT. Milk lactose concentration can likewise be measured in-line and has been used to predict IMI.<sup>27</sup> A recent study suggested that, when using attribute weighting analysis of data collected longitudinally during milking (milk volume, protein concentration, lactose concentration, milking time, peak flow, and EC) and comparing these data to 3 SCC thresholds for the detection of subclinical mastitis ( $\geq 250,000$ ,  $\geq 200,000$ , or  $\geq 150,000$  cells/mL), in the absence of SCC, lactose concentration followed by EC were strong indicators of subclinical mastitis.<sup>28</sup>

None of the diagnostic tests used to define mastitis can specify the pathogen causing the infection and, therefore, excludes the information necessary to make a

treatment decision. Thus, it is recommended to follow up a diagnosis of mastitis with a diagnostic test to determine the cause of the IMI.

## DIAGNOSIS OF INTRAMAMMARY INFECTION

In general, the goals of determining the cause of an IMI are to either select a treatment protocol or determine where control measures need to be implemented or improved on the farm to reduce disease incidence and improve udder health and milk quality. As with SCC, data can be collected at the herd (bulk tank) or pen (in-line sampling), cow, or mammary quarter levels. Bacteriologic culture and polymerase chain reaction (PCR) are the primary methods currently in-use to diagnose IMI. Most PCR assays use real-time multiplex PCR to identify an array of common mastitis pathogens. Regardless of diagnostic method used, there is no true gold standard available to diagnose an IMI.

### Culture

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Bacterial culture techniques are generally inexpensive and simple to perform, but need to be performed using standardized repeatable methods.<sup>29</sup> Although many mastitis pathogens are readily grown under aerobic conditions on a blood-based agar medium, some pathogens require specific growth media and growth conditions, for example, *Mycoplasma* spp. After culture results are obtained, definitions need to be established to standardize diagnoses.

Standardized methods are described for characterizing bacteria in bulk tank milk.<sup>29</sup> In general, the goals of bulk tank cultures are to (1) monitor raw milk quality and (2) gain herd-level information about the presence of mastitis pathogens, particularly contagious mastitis pathogens such as *S aureus*, *Streptococcus agalactiae*, and *Mycoplasma* spp. The presence of other potential mastitis pathogens in bulk milk may or may not be associated with IMI because many of the other bacteria could come from nonmammary sources, for example, contaminated teat skin and soiled or poorly sanitized milking equipment. The standard plate count (SPC) gives an estimate of the total bacterial load in the bulk tank. The laboratory pasteurized count gives an estimate of thermophilic bacteria (those that survive pasteurization), and the preliminary incubation count estimates the number of psychotropic bacteria (those that grow at cold temperatures). Recommended thresholds for SPC, laboratory pasteurized count, and preliminary incubation count are less than 5000 CFU/mL, less than 100 CFU/mL, and less than 10,000 CFU/mL, respectively.<sup>29</sup> Increases in the SPC, laboratory pasteurized count, and preliminary incubation count can be associated with poor udder cleanliness and/or poor milking system sanitation, but increases in the SPC alone could indicate cases of IMI.

At the cow or mammary quarter level, factors involved in diagnosing an IMI include the number of colonies of the organism isolated from the milk sample, whether the organism is isolated in pure or mixed culture, and if a measure of inflammation is included in the definition. When a quarter milk sample results in the growth of 3 or more colony types, the sample is most likely contaminated.<sup>29</sup> However, it is important to remember that all organisms isolated from a milk sample could be the result of contamination, including known mastitis pathogens such as *S aureus*, *S agalactiae*, and *Mycoplasma* species. Single, duplicate, and triplicate quarter milk samples used in series or in parallel have been used to determined IMI status.

All culture procedures have limited sensitivity and requiring anything other than isolation of 1 colony forming unit (CFU) of an organism from 0.01 mL of milk (100 CFU/ml) further limits the sensitivity.<sup>30</sup> In general, the current recommendation for considering a single quarter sample positive for an IMI is to use 100 CFU/mL,

except for non-*aureus Staphylococcus*, where the recommendation is 200 CFU/mL.<sup>30</sup> The use of the results of duplicate and triplicate samples gives high test specificity with a decrease in test sensitivity or results in little gain compared with a single sample.<sup>31</sup> This does not mean the recommended definition stated is always appropriate, because it can depend on the organism isolated, the goals of the farm, and the control program that is planned based on the definition.

Composite milk samples, a sample containing milk from all four quarters of 1 cow, are often used for diagnosis of IMI in cows with subclinical mastitis. In general, composite samples have a low sensitivity, but a high specificity for most organisms.<sup>32</sup> The low sensitivity is caused by the dilution of bacterial numbers by milk from uninfected quarters in the composite sample, similar to the dilution seen with composite SCC. Quarter-level samples are therefore recommended as the first line in mastitis diagnosis, whereas composite samples are useful in surveillance when considering their limitations.<sup>32</sup>

### **Secondary (Confirmatory) Tests**

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After primary isolation of a bacterial colony or colonies, additional tests must be applied to determine the identity of the organism. Most laboratories and on-farm culture systems rely on an initial assessment of phenotypic characteristics to help distinguish mastitis pathogens into broad groups. Some common phenotypic tests used to crudely differentiate organisms isolated from milk include visual evaluation of colony morphology, examination of the culture medium for hemolysis, and Gram staining or KOH gelation testing. For gram-positive bacterial isolates, frequently used tests include the catalase test, coagulase test, and CAMP/esculin test to aid in the differentiation of contagious gram-positive bacteria, for example, *S aureus* or *S agalactiae*, from noncontagious gram-positive bacteria, for example, non-*aureus* staphylococci, non-*agalactiae* streptococci, or streptococcal-like organisms. For gram-negative bacterial isolates, growth on selective medium, for example, lactose fermentation on MacConkey agar, as well as triple sugar iron reaction, growth on Simmons citrate agar, oxidase test, and motility testing may be used to differentiate the various environmental gram-negative pathogens. Although these methods are useful for broadly grouping pathogens based on their putative source and also for making preliminary decisions about treatment, they are not entirely accurate.

Historically, further speciation was conducted using proprietary biochemical test panels that, based on colorimetric analysis, yielded a likely bacterial genus and species identity for a given isolate. Available data now suggest that, for some genus and species of bacteria isolated from cases of bovine mastitis, these methods are inaccurate. Hence, other methods to identify organisms to the species level have been explored. Until recently, the most commonly used alternative to biochemical testing was partial sequence analysis of bacterial housekeeping genes, with 16S rRNA being the most universal target.<sup>33</sup> The usefulness of 16S rRNA gene sequencing is limited when applied to certain staphylococcal species owing to the high degree of gene similarity.<sup>34</sup> Therefore, several other housekeeping genes have been used to differentiate staphylococcal species, including, *rpoB*,<sup>35</sup> *tuf*,<sup>36</sup> *sodA*,<sup>37</sup> *gap*,<sup>38</sup> *dnaJ*,<sup>39</sup> and *hsp60*.<sup>40</sup> Although these methods are generally considered accurate, they can be time consuming and costly to perform, and are not always readily available to mastitis diagnostic laboratories.

In the last few years, matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF) mass spectrometry has been evaluated for the genus and species identification of mastitis pathogens. This technology is becoming widely adopted in many diagnostic and research laboratories. MALDI-TOF is a high-throughput technology that uses a protein fingerprint and a database of reference spectra to determine a bacterial species. This test has been validated as an accurate secondary test for some mastitis

pathogens. Overall, MALDI-TOF has been found to be accurate in diagnosis of *Staphylococcus* spp.<sup>41,42</sup> and *Corynebacterium* spp.<sup>43</sup> Although this method has been determined to be a rapid technique for speciation of bacteria, the initial equipment set up is costly and, for the most part, it requires the organism be cultured first. One recent study has determined that MALDI-TOF can be used in a culture-independent fashion to identify bacterial species in experimentally inoculated milk samples. However, the required colony forming unit per milliliter to make an accurate diagnosis was very high, generally much higher than expected in naturally occurring cases of IMI in the field; therefore, direct from milk MALDI-TOF is not currently recommended owing to the high likelihood of false negative results in cows infected with mastitis pathogens.<sup>44</sup>

### ***On-Farm Culture Systems***

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Although milk cultures can be performed by veterinary practices and diagnostic laboratories, there can be a benefit to having cultures performed on the farm giving producers ready access to timely data for making targeted treatment decisions. On-farm systems can include traditional plating methods using nonselective media such as blood agar or using a combination of selective media such as MacConkey agar for gram-negative pathogens, TKT agar for streptococci, and Baird-Parker for staphylococci.<sup>45</sup> Other simplified options include the use of biplates or triplates that use a combination of these media on a single segregated Petri dish or use of commercially available selective culture films.

Biplate and triplate systems are commercially available. The biplate system has 2 agar types, one for selective growth of gram-negative organisms and one for the selective growth of gram-positive organisms. The triplate has 3 agar types, which in addition to differentiating gram-positive from gram-negative organisms, also helps differentiate staphylococcal species from streptococcal species.<sup>46</sup> Microbial growth films are commercially available for aerobic counts, coliform counts, and staphylococcal counts. One limitation of using the aerobic count bacterial growth film is that it does not allow for species identification, making it impossible to differentiate contamination from an IMI.<sup>47</sup>

With the use of selective medias, it is expected that on-farm culture systems will not detect all mastitis pathogens.<sup>46</sup> These systems are often most successful when interpretation is simplified, such as to differentiate growth from no growth, gram-positive from gram-negative, or for a triplate system, staphylococci from streptococci.<sup>45,46</sup> On-farm culture systems are generally aimed at broadly categorizing mastitis pathogens to select treatment and are not designed to make species-level pathogen diagnoses.<sup>48</sup>

### ***Real-Time Multiplex Polymerase Chain Reaction***

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Although culture-based methods are still the mainstay in many diagnostic laboratories and veterinary practices for diagnosing IMI, culture-independent methods for identifying bacterial pathogens in milk have become more common over the last decade. The first PCR for the identification of pathogens associated with IMI was made commercially available in 2008. When compared with culture-based methods, PCR is faster, because the results can be provided to the producer within 4 hours, and it has been found to be more sensitive when compared with traditional culture.<sup>49</sup> PCR has been shown to provide a diagnosis for 43% to 47% of mastitic milk samples that were negative based on conventional culture.<sup>50,51</sup> The results of the PCR assay are expressed as a cycle threshold value (Ct); the lower the Ct value, the greater the amount of DNA of the specific pathogen being detected is in the sample and thus the greater the likelihood of a true positive diagnosis. Generally, the cutoff for a positive result is a Ct value of 37.0.<sup>52</sup>



Commercial PCR assays are available for detecting mastitis-causing pathogen DNA in mammary quarter milk samples, cow-level composite milk samples, and bulk tank milk samples. Bulk tank PCR assays can be used in the same way as bulk tank cultures as an indicator of udder health, milking time hygiene, and storage conditions on the farm. Additionally, application of PCR to bulk tank samples can be used to monitor bacteria with low prevalence, such as *S agalactiae*.<sup>53</sup> With that in mind, when using coningled milk (eg, bulk tank or pen) samples, it is recommended to only test for contagious pathogens (such as *S aureus*, *S agalactiae*, and *Mycoplasma* spp.) because there is a high probability that these bacteria originated from the mammary gland.<sup>54</sup>

Commercial PCR tests have been used on cow-level samples collected using an in-line sampling device (such as those used by Dairy Herd Information Association to collect monthly SCC samples). However, it must be remembered that these are not aseptically collected samples and are prone to risk of false-positive results because of teat skin contaminants, contaminated teat orifices, contaminated equipment, and carryover of contaminated milk from other cows.<sup>55,56</sup> Carryover can occur owing to residual milk in the unit, meter, or sampler. Carryover has been found to affect the PCR results for *S aureus* and *S agalactiae* diagnosis. Based on these data, modified cut points have been recommended for *S aureus* diagnosis when using in-line composite samples, with a Ct value of less than 32 being very likely to be infected, a Ct value of greater than 37 very likely to be IMI negative, and a Ct value of 32 to 37 being of undetermined status.<sup>55</sup>

The pros and cons of PCR compared with culture must be acknowledged (**Table 1**). Some concerns with PCR assays include the fact that they only detect the target species that are included in the PCR, which is based on the primer sets included with that

	<b>Bacteriologic Culture</b>	<b>PCR</b>
Detects	Bacterial colonies	Bacterial DNA
Diagnostic threshold	CFU/mL	Ct
Live organism	Yes	Not necessarily
Virulence factor detection	Limited (eg, hemolysins)	If PCR primers are included
Factors influencing Se	Growth media and conditions; incubation time; CFU/mL detection threshold/inoculum volume; interpreter	Included primers, primer specificity; Ct threshold
Factors influencing Sp	Contaminated sample; CFU/mL threshold/inoculum volume; interpreter	Contaminated sample; Ct threshold; detection of DNA from nonviable bacteria, primer specificity; carryover when using in-line sampler
Time to result	24 h – 10 d	4 h
Cost	Low	Currently, 4–5 × conventional culture

**Abbreviations:** CFU, colony forming units; Ct, cycle threshold; PCR, polymerase chain reaction; Se, sensitivity; Sp, specificity.

From Middleton JR, Fox LK, Pighetti G, et al. The laboratory handbook on bovine mastitis. Reprinted with permission from the National Mastitis Council Inc., New Prague, Minnesota, USA, 2017. NMC is a not-for-profit organization that provides a forum for the global exchange of information on mastitis control and milk quality. Available at: [www.nmconline.org](http://www.nmconline.org).

specific multiplex kit. There are no guidelines for how to report multispecies results. Additionally, PCR can detect DNA from dead bacteria. In an experimental challenge trial, PCR detected *Staphylococcus* spp. DNA for several days after the bacteria was no longer detected with conventional culture.<sup>57</sup> It is unknown if these were truly dead cells, if the milk contained growth inhibitors preventing bacterial growth on agar, or the bacterial load had dropped below the detection limit of conventional culture, that is, less than 100 CFU/mL.<sup>57</sup> These data are important to consider if PCR is being used as a follow-up test to assess response to treatment. Based on results of Hiitio and co-workers,<sup>57</sup> it is recommended waiting at least 2 to 3 weeks after the onset of mastitis or treatment or until the quarter milk SCC returns to normal levels before using PCR to assess response to treatment.

## SUMMARY

The diagnosis of mastitis is generally based on clinical observations or direct or indirect measures of the inflammatory response to infection, whereas the diagnosis of an IMI is based on identification of the infectious agent. Mastitis can be characterized as clinical or subclinical, with subclinical being more common and more challenging to diagnose. SCC or SCS are the most common diagnostic tests used for the detection of subclinical mastitis. Both culture and PCR can be useful in the diagnosis of an IMI; however, both have their advantages and disadvantages. Diagnosing the bacterial agent causing the IMI can help to determine treatment and prevention strategies on the farm, which in turn can help to decrease the incidence and prevalence of mastitis.

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