



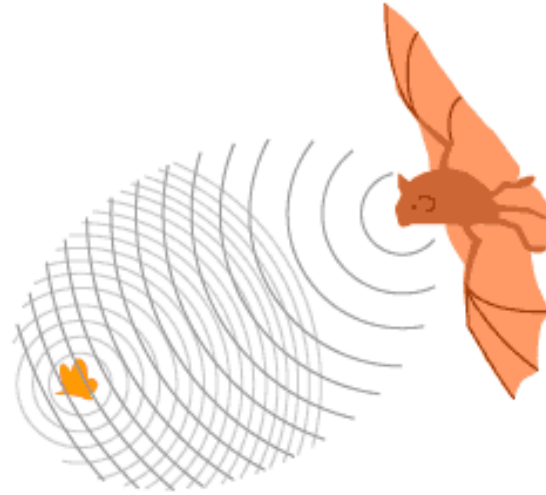
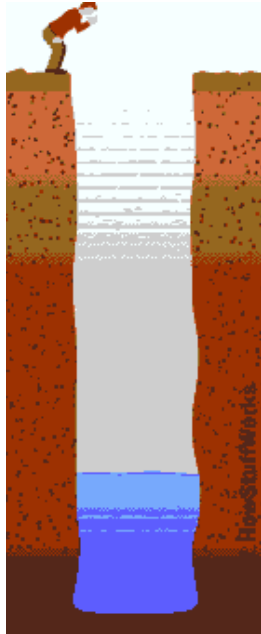
Elastografia por ultrassom

Prof. Theo Z. Pavan

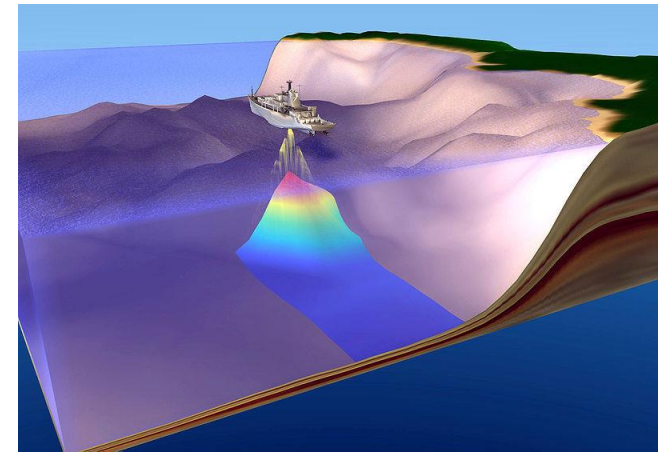
Universidade de São Paulo, FFCLRP, Departamento de Física

Ultrassom

Som audível



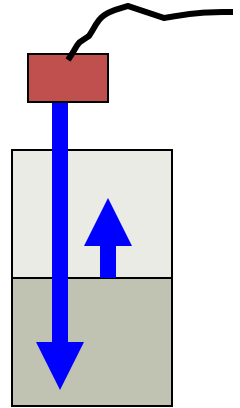
Ultrassom ~ kHz



 **Ultrassonografia diagnóstica 1 a 15 MHz.**

Impedância acústica (Z)

O eco só surge quando o feixe de ultrassom passa por dois meios com diferentes impedâncias.



🌀 **Z** - impedância acústica

🌀 **ρ** - densidade do meio

🌀 **V** - velocidade do som nesse meio

$$Z = \rho \cdot v$$

Ultrassonografia

A ultra-sonografia, ou ecografia, é um método diagnóstico que aproveita o eco produzido pelo som para ver em tempo real as reflexões produzidas pelas estruturas e órgãos do organismo



Aparelho de ultra-som



Transdutor

Eco

Onda incidente

Frequência de 2 até 14 Mhz

Os ecos gerados são interpretados através de computação gráfica. Quanto maior a frequência, maior a resolução obtida

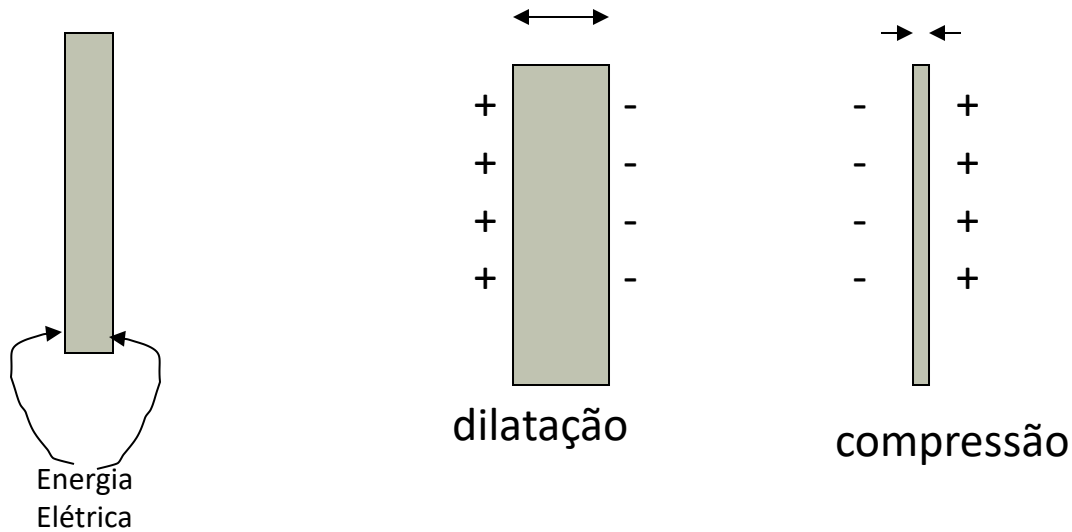
Ecografia



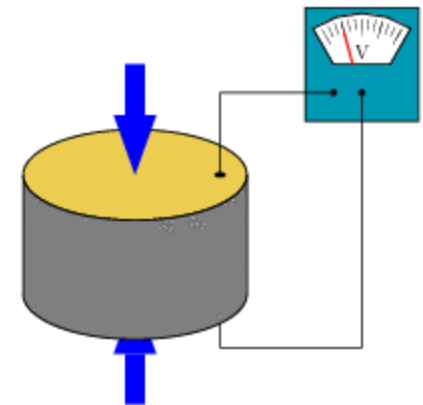
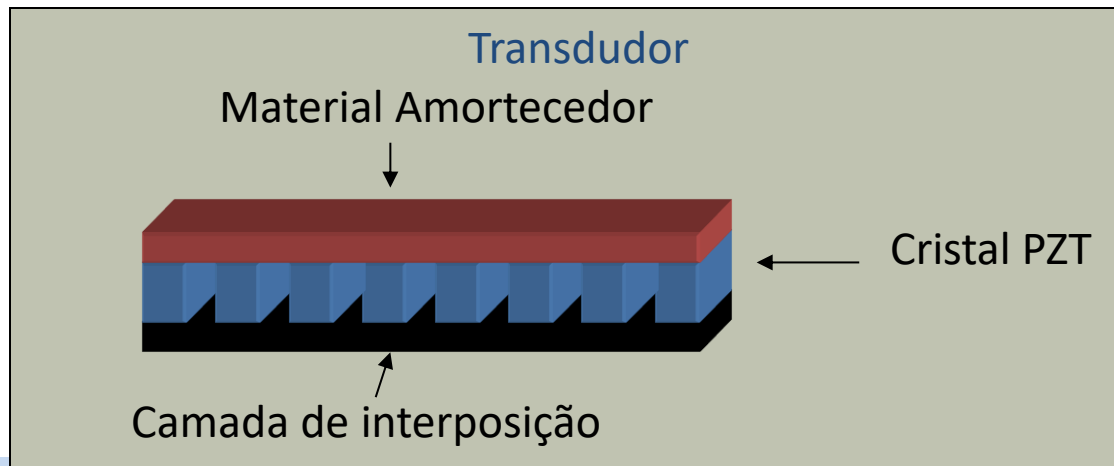
Transdutores



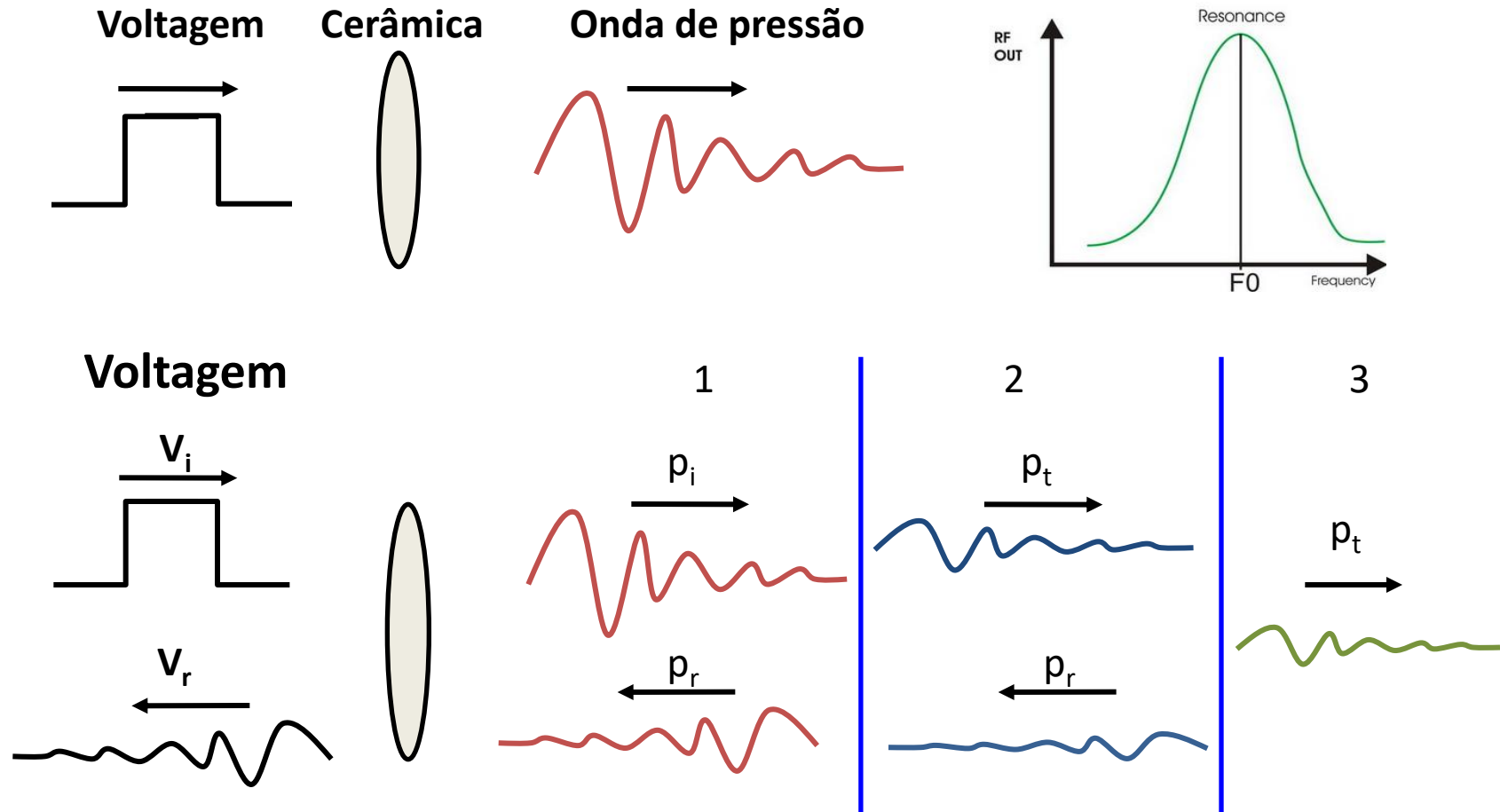
Elementos piezelétricos



Descoberto pelos irmãos Pierre e Jacques Curie, na França, em 1880

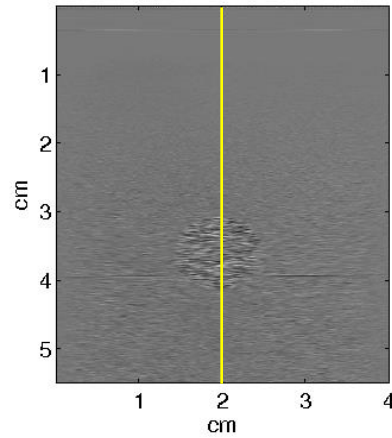
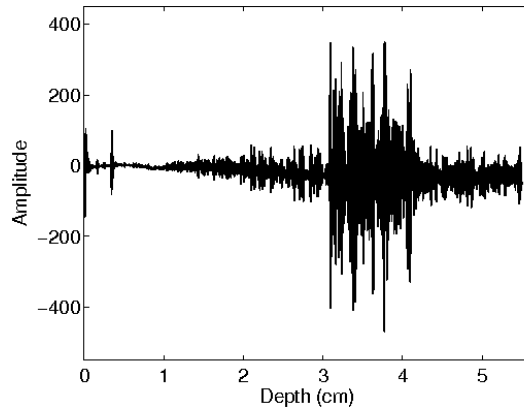


O que é um sinal de RF?



Modo B - Transformada de Hilbert

Imagem RF



Histogram

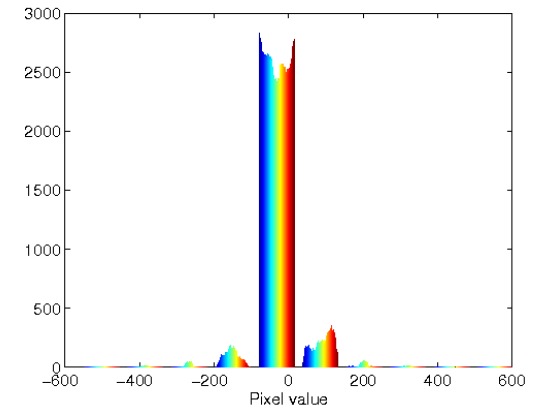
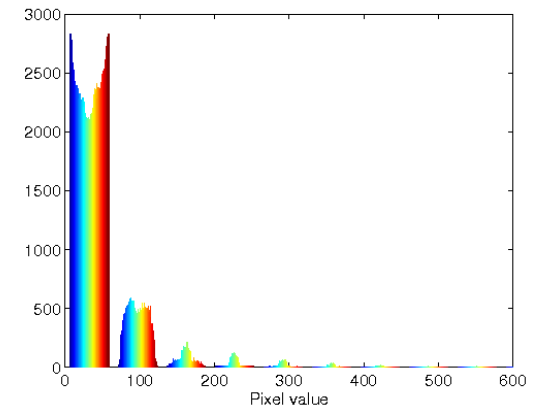
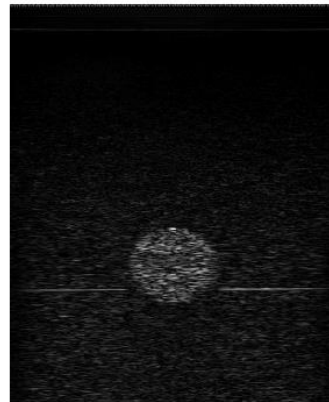
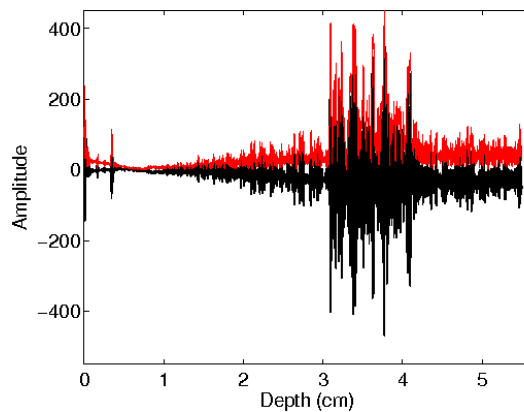
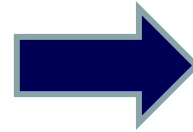


Imagem Modo B







Introdução - Elastografia

**MUDANÇAS DAS
CARACTERÍSTICAS
MECÂNICAS DE
UM TECIDO**



PATOLOGIA

 Tumores mamários

- Benignos (fibroadenoma)   Rígidos
- Malignos (carcinoma)   Rígidos

Introdução - Elastografia

Elastografia por ultrassom;

- Perturbar o tecido mecanicamente;
- Investigar a resposta do tecido usando ultrassom.

Dinâmica;

- Exemplo: Sonoelastografia, Elastografia por força de radiação acústica.

Quasi-estática;

- Mão Livre.



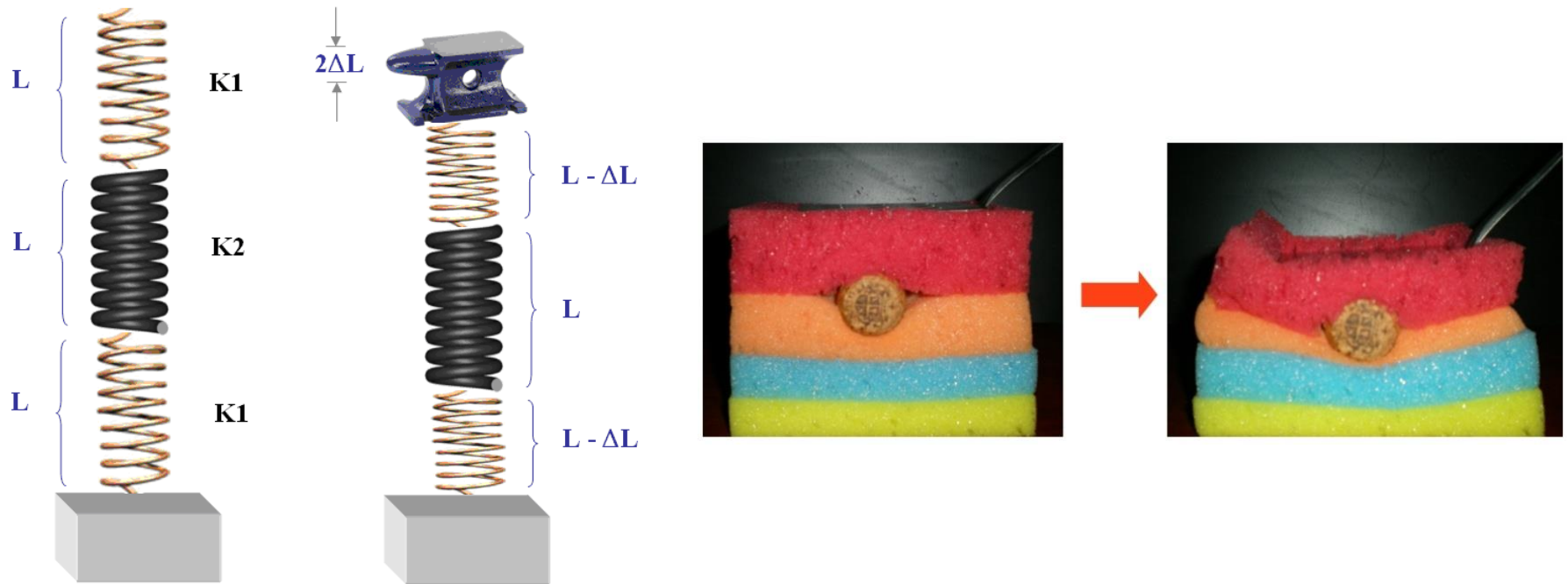
Motivações

J.Ophir,E.I.Cespedes,H.Ponnekanti,Y.Yazdi,andX.Li,

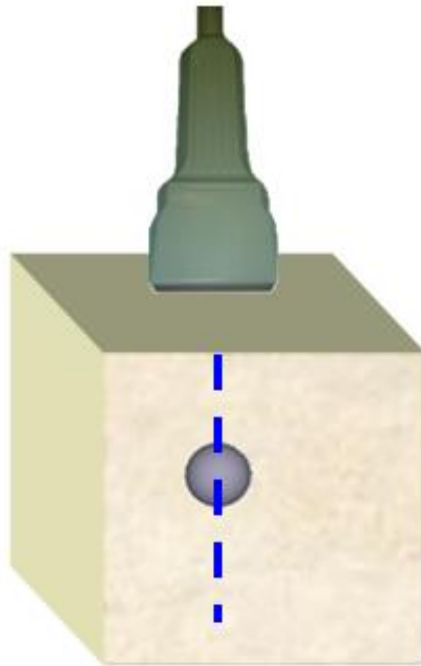
“Elastography: A method for imaging the elasticity in biological tissues,” *Ultrasound Imaging*, vol. 13, pp. 111–134, 1991.

“O principal objetivo dessa modalidade de imagem é encontrar a diferença das propriedades mecânicas entre os tumores de mama benignos e malignos e minimizar a realização de biópsias desnecessárias.” (Jonathan Ophir)

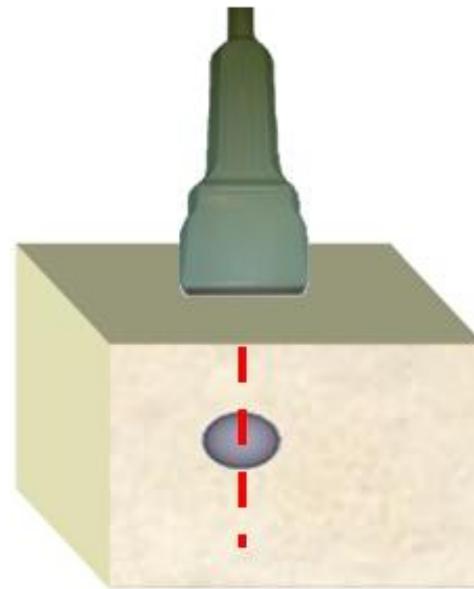
(Quasi) Static - Elastography



Elastography

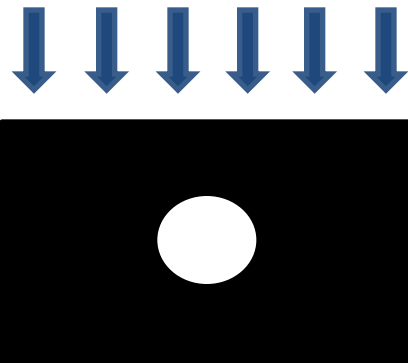
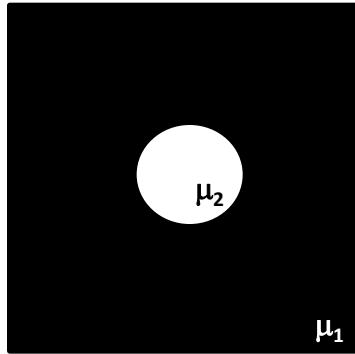


Before Compression

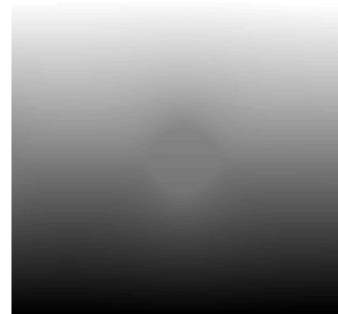


After Compression

Displacement - Strain



Displacement



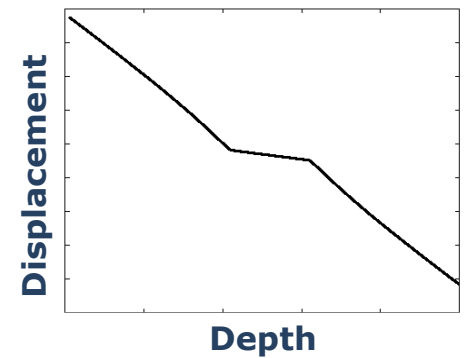
$$\varepsilon_x = \frac{\partial U_x}{\partial x}$$

ε → Strain

U → Displacement



Strain



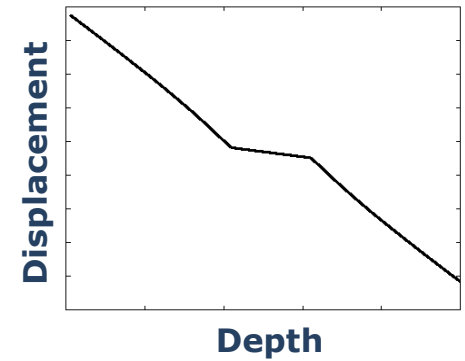
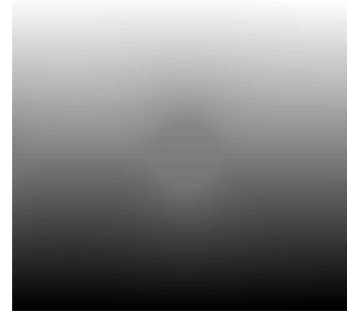
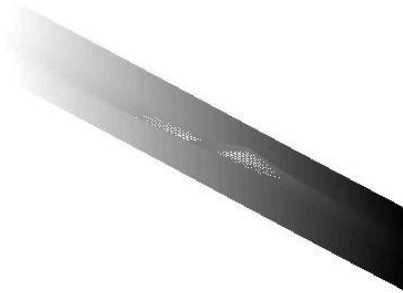
Displacement – Elastogram

Surface

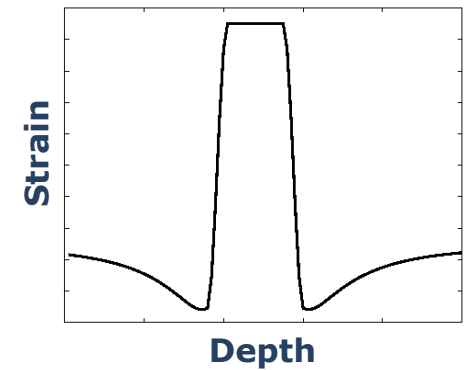
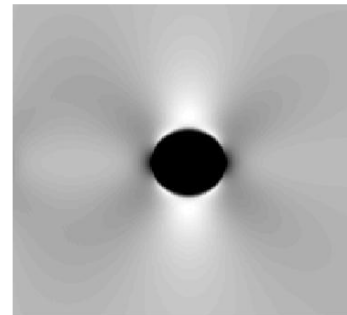
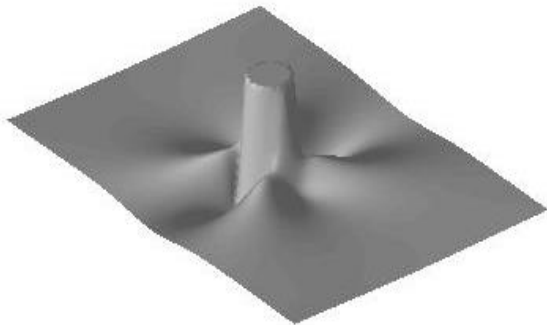
2D - Image

1D - Plot

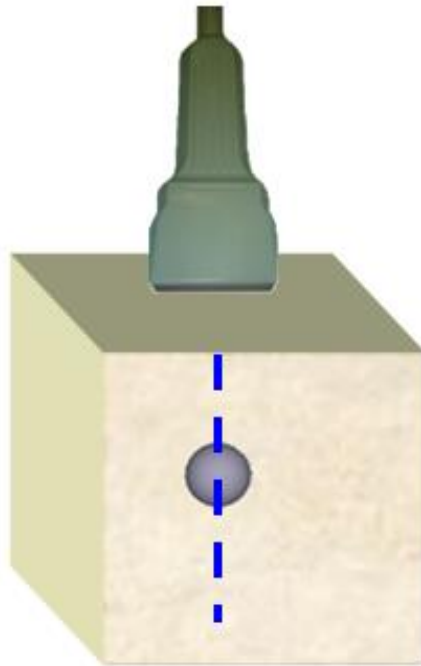
Displacement



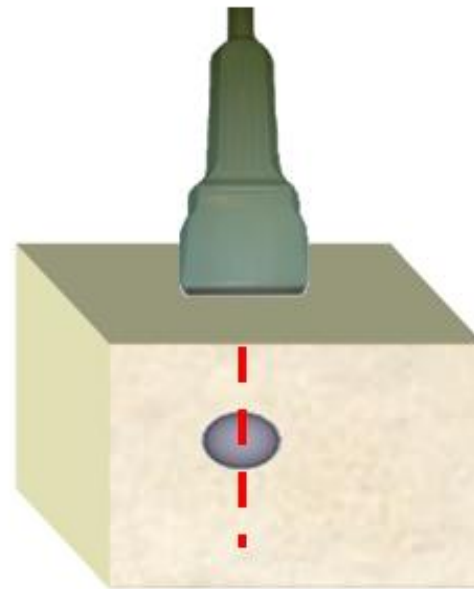
Strain



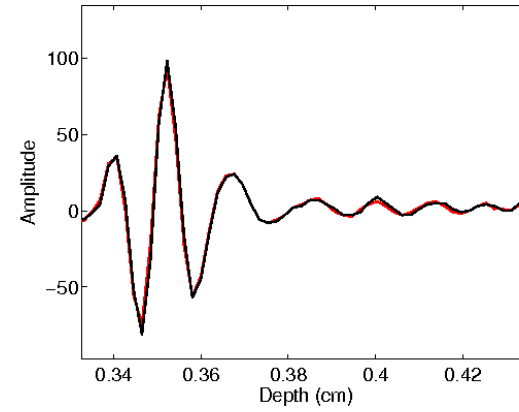
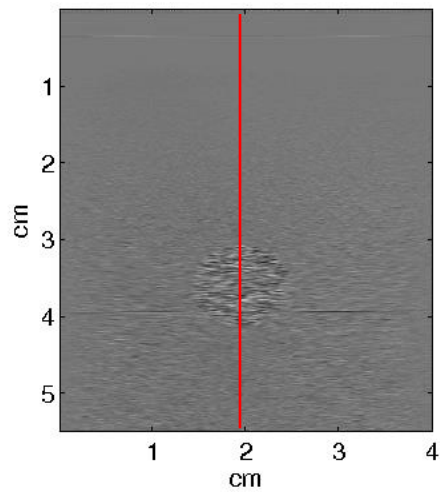
Elastography



Before Compression

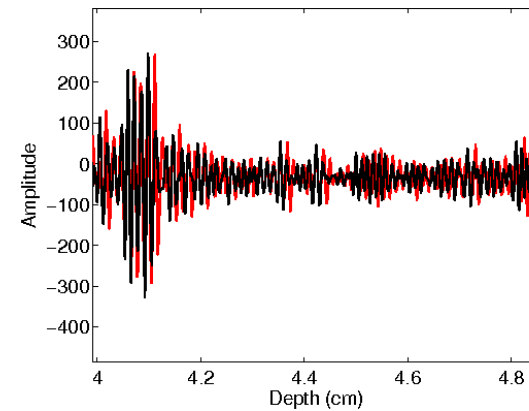
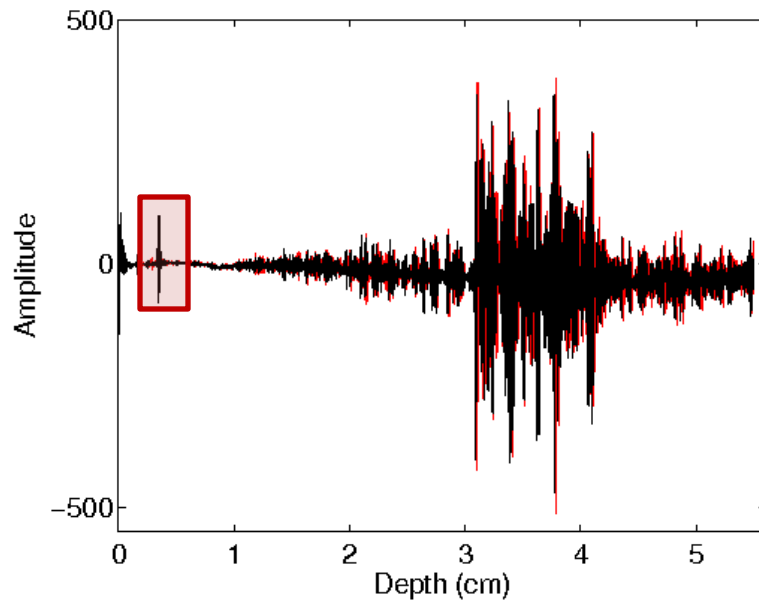
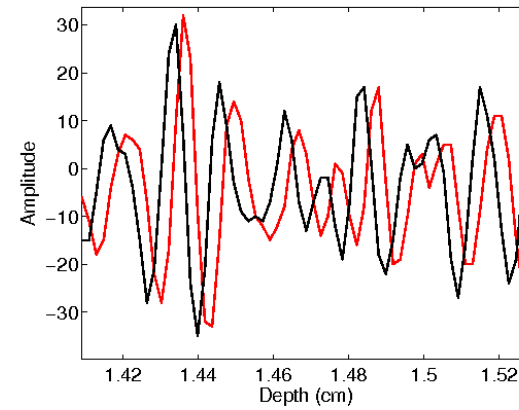


After Compression

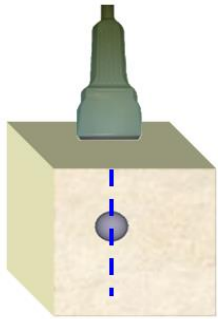


Black → Before deformation

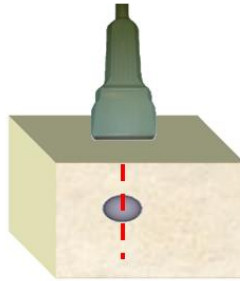
Red → After deformation



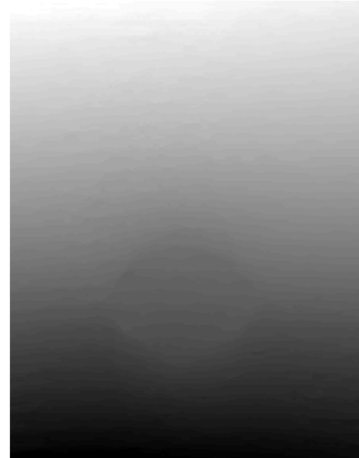
Generating the image



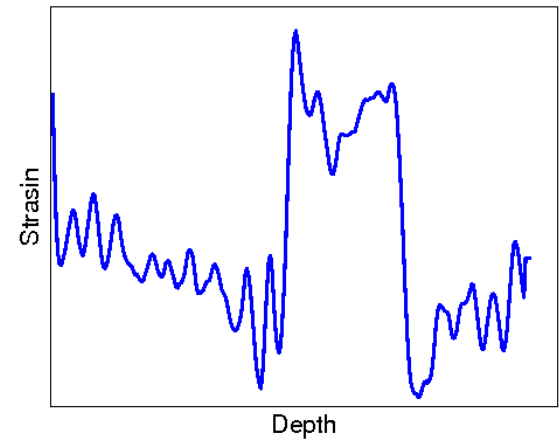
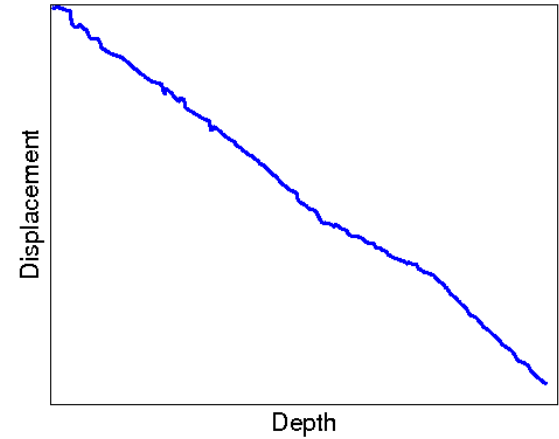
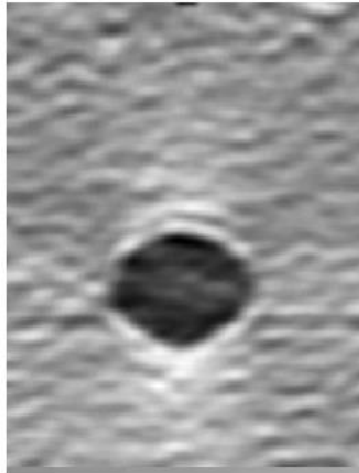
Before Compression



After Compression

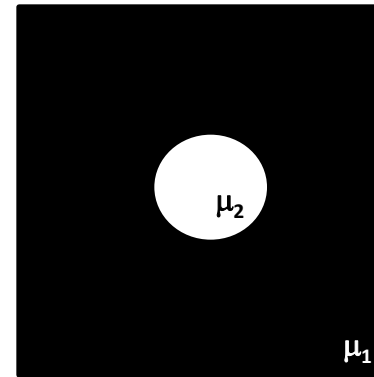


**Inclusion 2.5 times
stiffer than the
background**

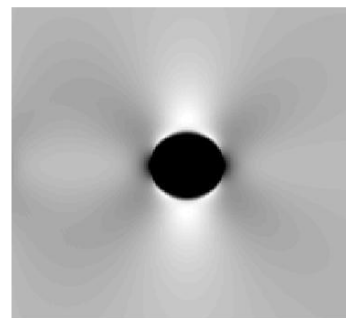


Strain Images

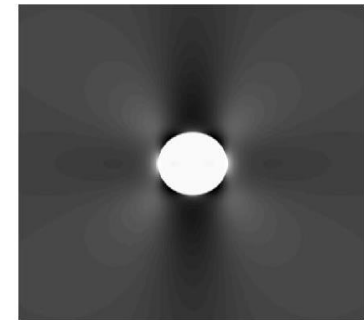
Elastic Modulus
Distribution



If $\mu_2 > \mu_1$



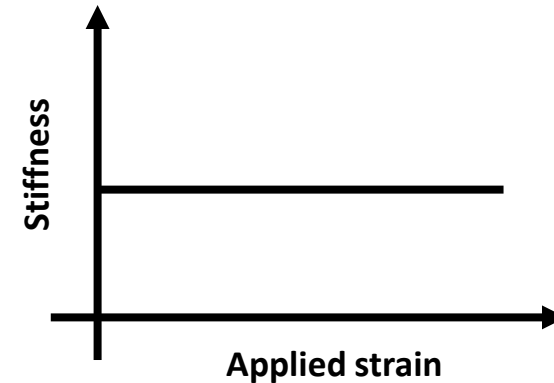
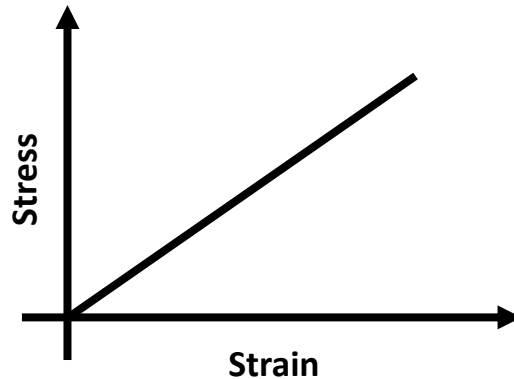
If $\mu_2 < \mu_1$



Elastogram or
Strain Imaging

What do we evaluate in elastography?

Stiffness → Young's modulus → Slope of the stress strain curve

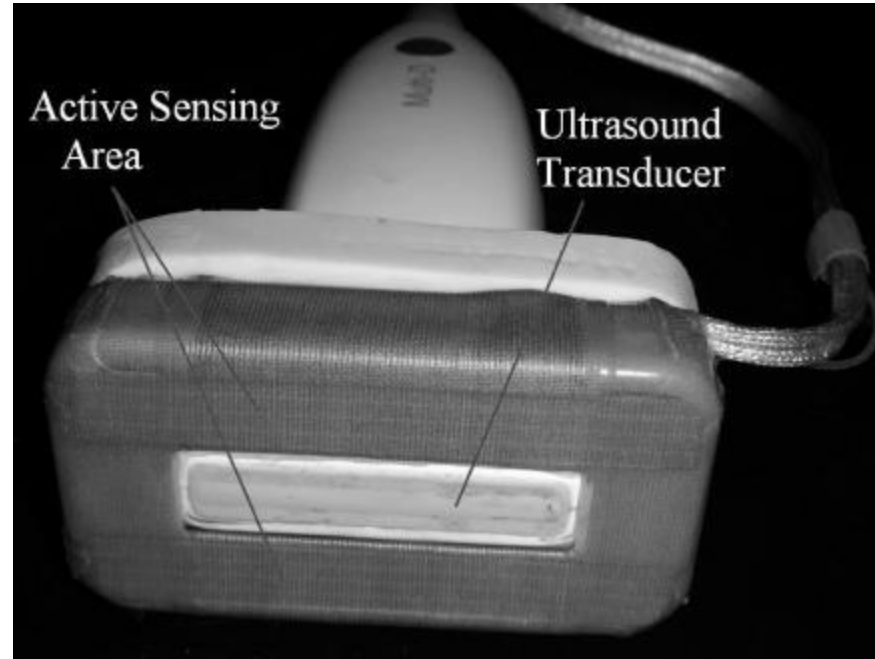


$$E = \frac{\text{stress}}{\text{strain}} = \frac{\sigma}{\varepsilon} = \frac{F / A_0}{\Delta L / L_0} = \frac{FL_0}{A_0\Delta L}$$

- E is the Young's modulus (modulus of elasticity)
- F is the force applied to the object;
- A_0 is the original cross-sectional area through which the force is applied;
- ΔL is the amount by which the length of the object changes;
- L_0 is the original length of the object.

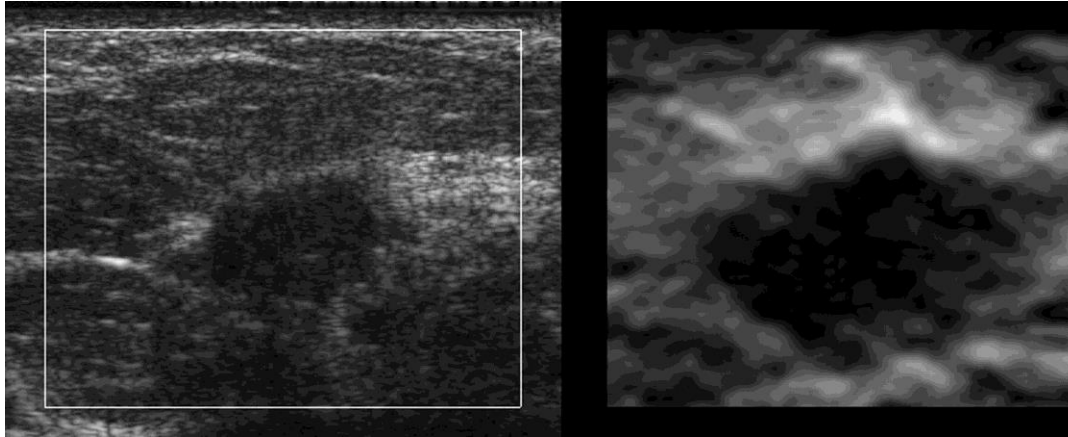
Transdutor com sensor de carga

$$E = \frac{\text{stress}}{\text{strain}} = \frac{\sigma}{\varepsilon} = \frac{F / A_0}{\Delta L / L_0} = \frac{FL_0}{A_0 \Delta L}$$

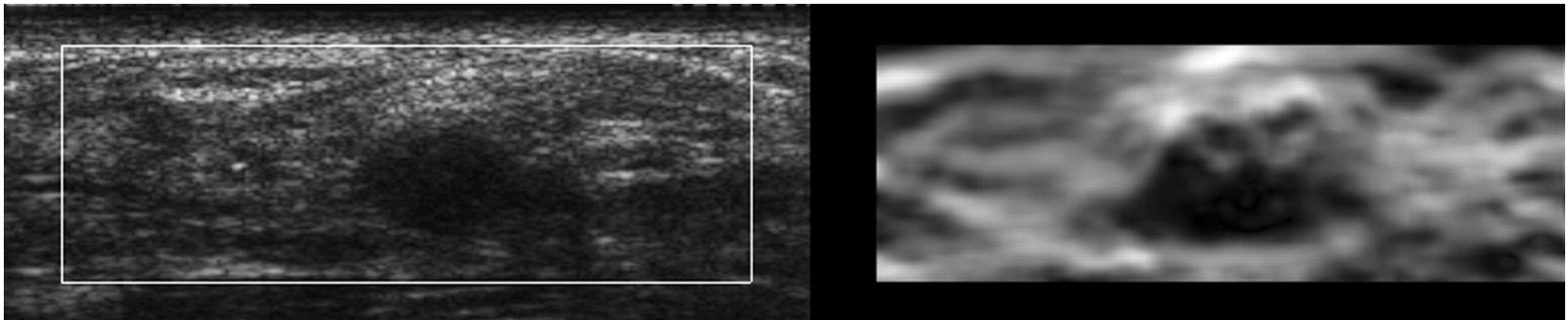


Breast Elastography

Transverse B-mode (left) and strain (right) images of **invasive ductal carcinoma** displayed side by side. The lesion on the **strain image** is much larger than that on the **B-mode** image.



Transverse B-mode (left) and strain (right) images of **fibroadenoma** displayed side by side.



Burnside E S et al. Radiology 2007; 245:401-410

Breast Elastography

1

2

3

4

5

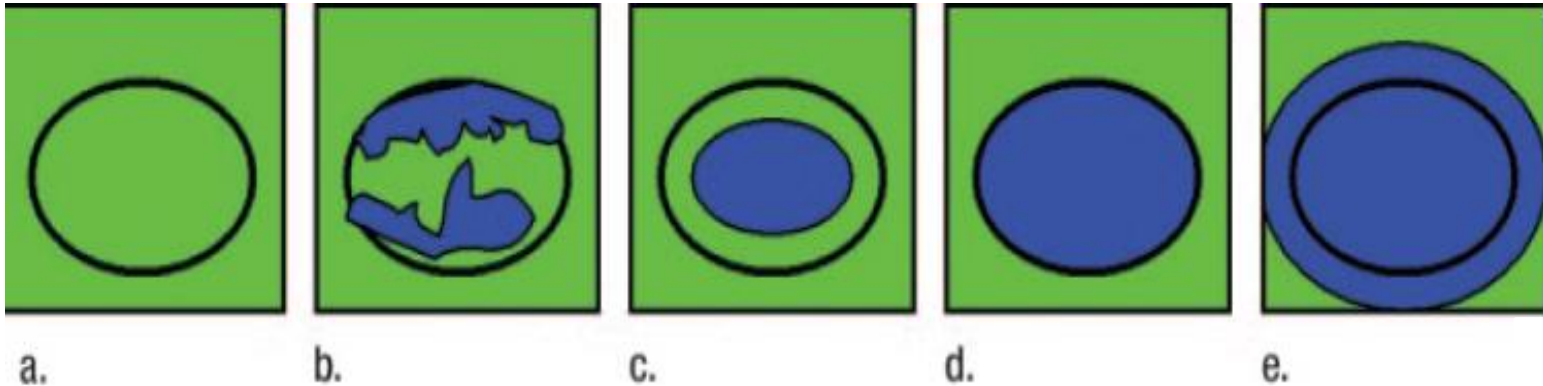


Figure 1: Images present general appearance of lesions for elasticity scores of (a) 1, (b) 2, (c) 3, (d) 4, and (e) 5. Black circle indicates outline of hypoechoic lesion (ie, border between lesion and surrounding breast tissue) on B-mode images.

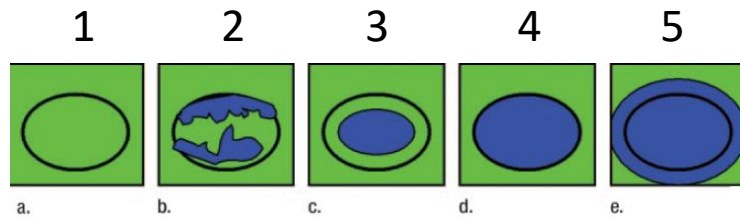
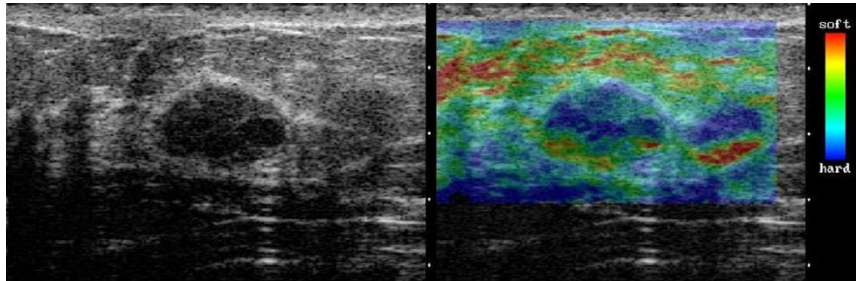
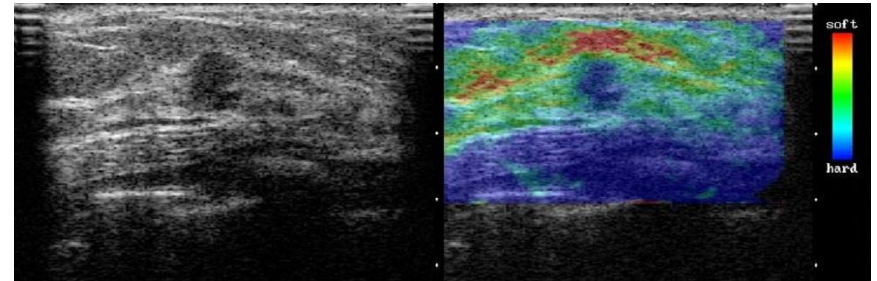


Figure 1: Images present general appearance of lesions for elasticity scores of (a) 1, (b) 2, (c) 3, (d) 4, and (e) 5. Black circle indicates outline of hypoechoic lesion (ie, border between lesion and surrounding breast tissue) on B-mode images.

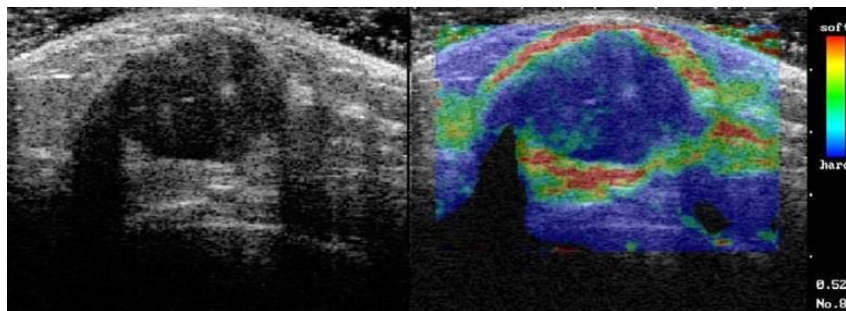
Fibroadenoma with elasticity **score of 2** in 39-year-old woman.



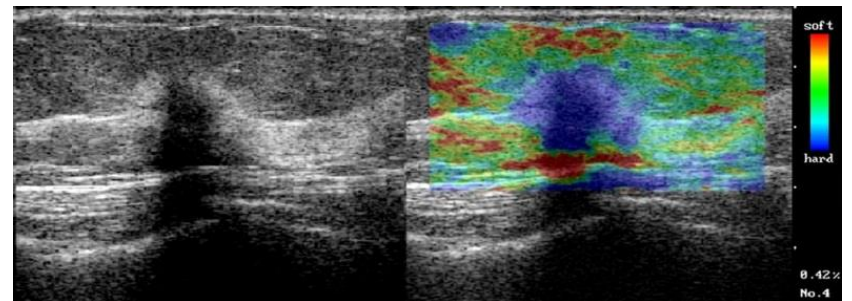
Lobular carcinoma in situ with elasticity **score of 3** in 46-year-old woman.



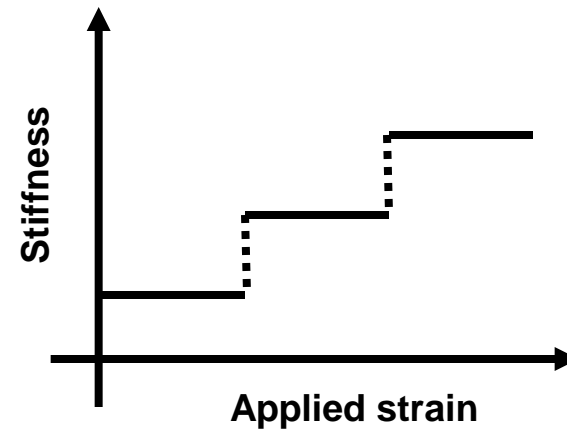
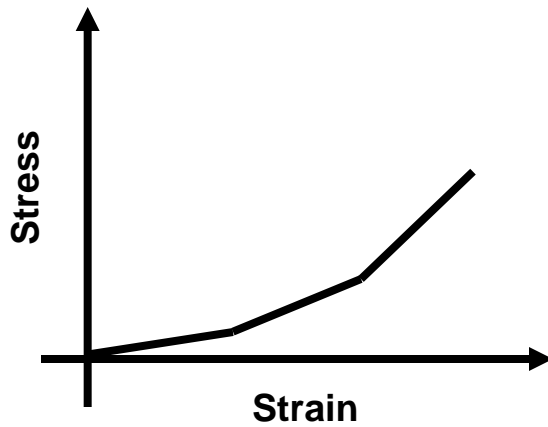
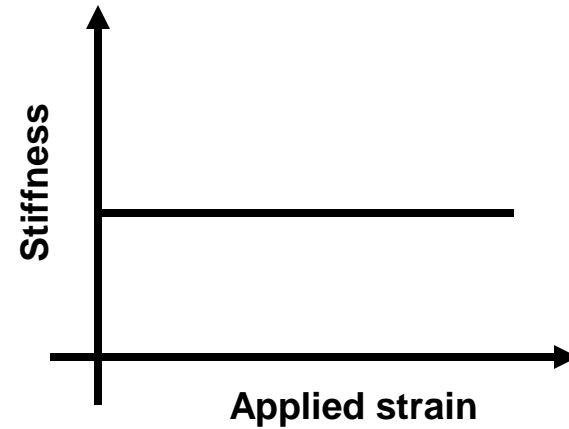
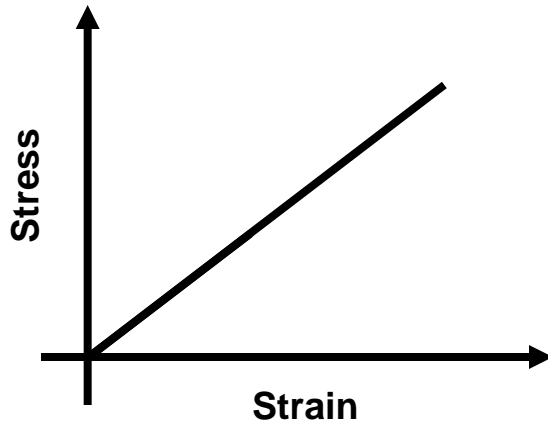
Nonscirrhous type invasive ductal carcinoma with elasticity **score of 4** in 29-year-old woman.





Scirrhous type invasive ductal carcinoma with elasticity **score of 5** in 55-year-old woman.



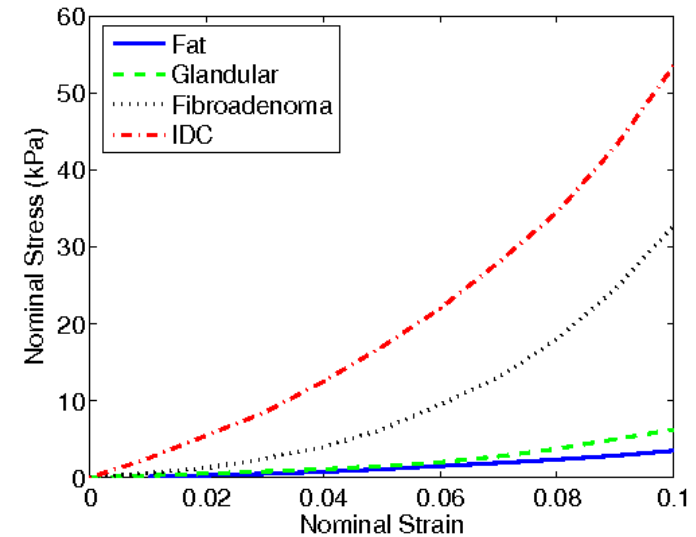
Linear vs. Não-linear



 Biological tissues usually present nonlinear stress strain behavior

 Conventional elastography does not take into account this fact

 This approximation is fine for compressions up to 5%



Elastograms

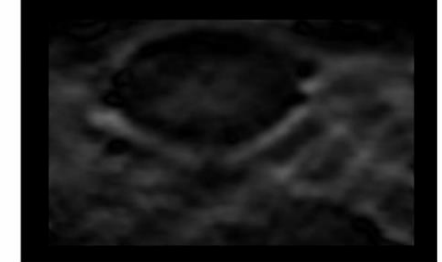
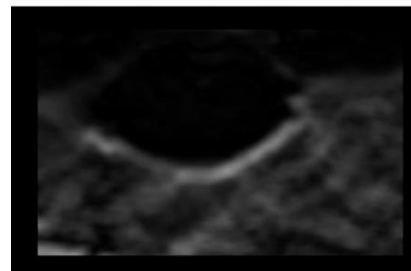
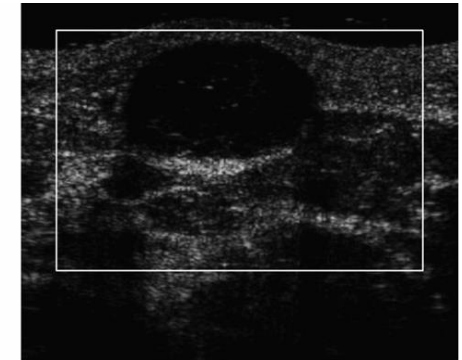
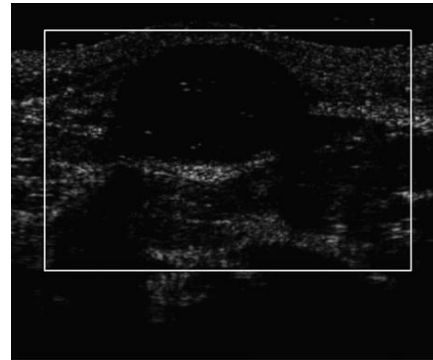
Linear

- Contrast would not change

Nonlinear

- Contrast changes with applied strain

Fibroadenoma



Overall applied strain

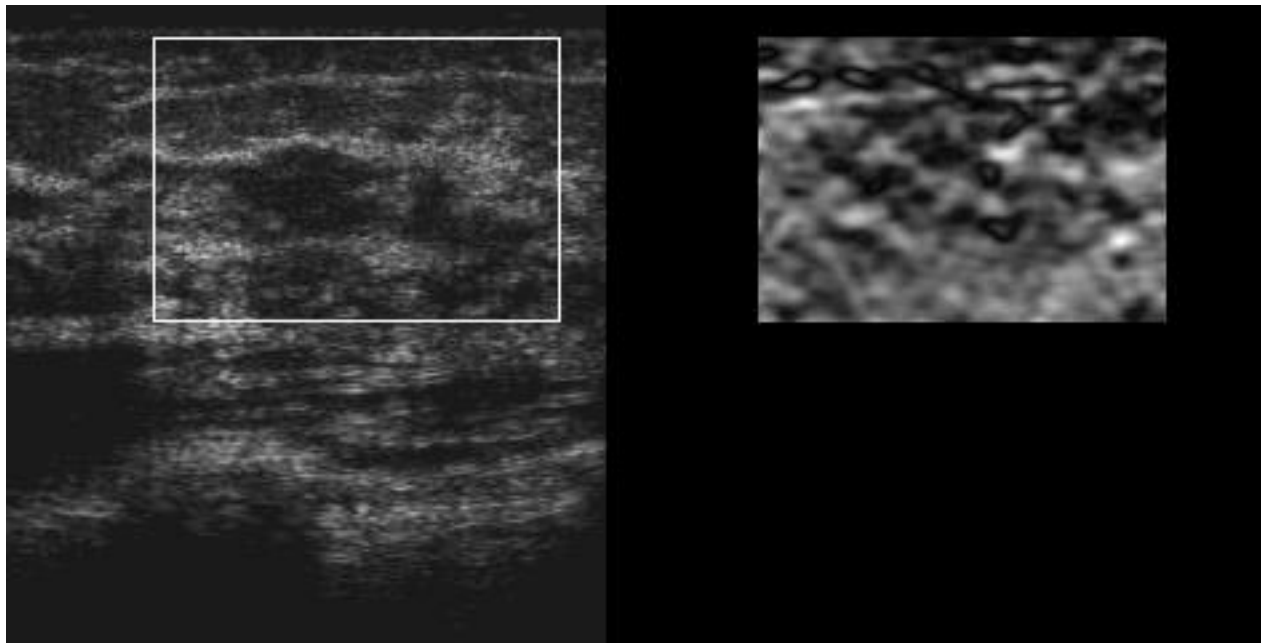


~2%


~12%

Breast elastography

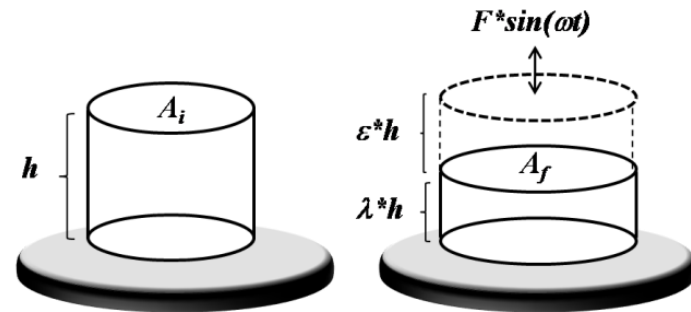
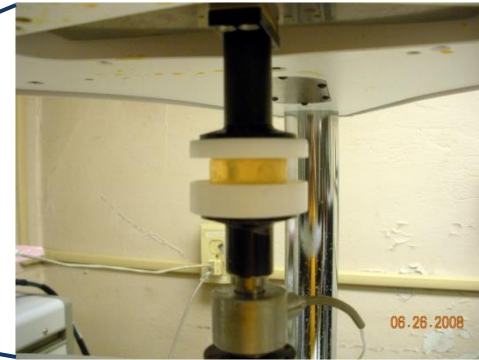
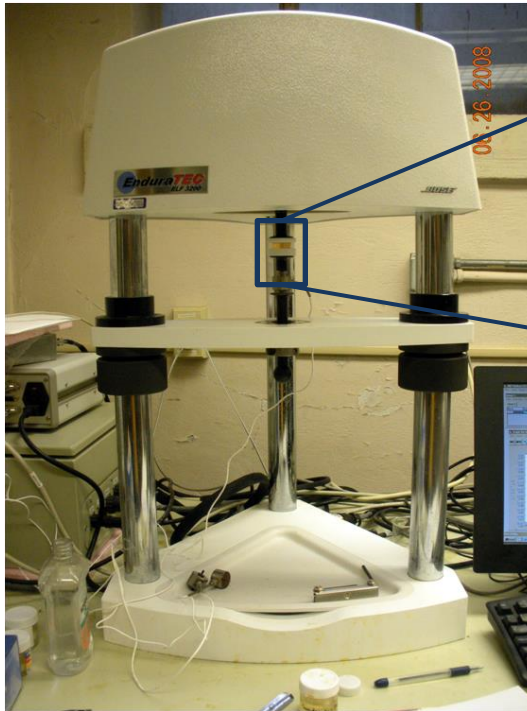
Fibroadenoma



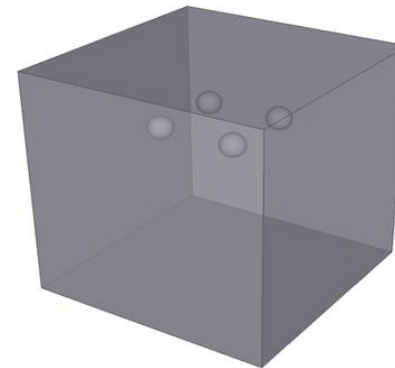
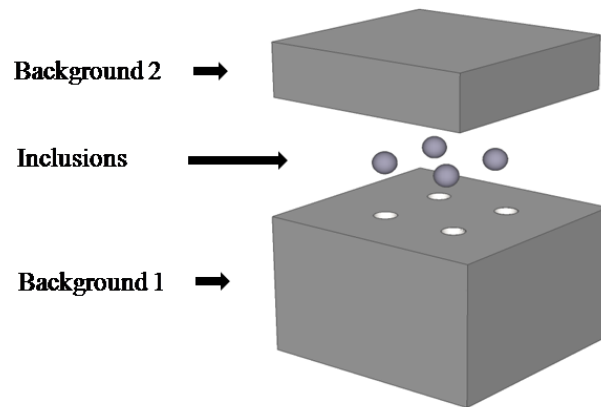
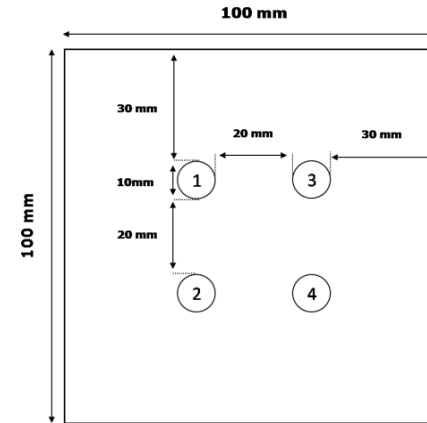
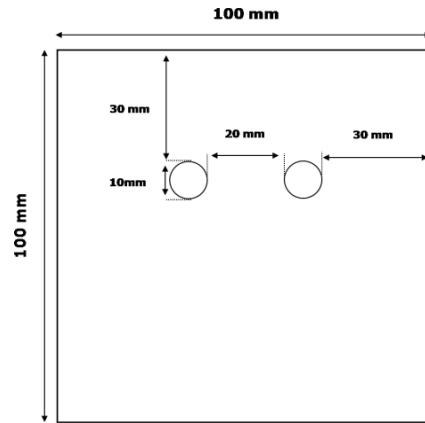
Uso de phantoms

 O uso de phantoms com inclusões e com boa estabilidade elástica é de fundamental importância para teste de algoritmos, treinamento entre outros.

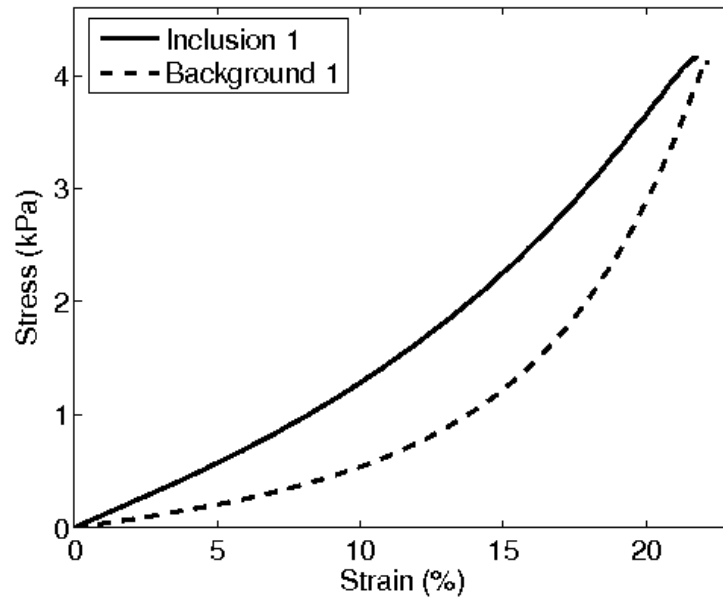
Mechanical Test - ELF



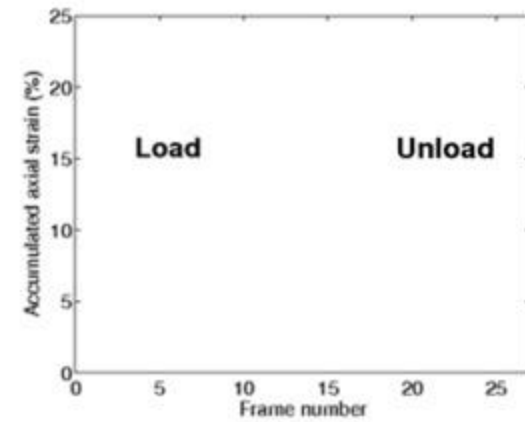
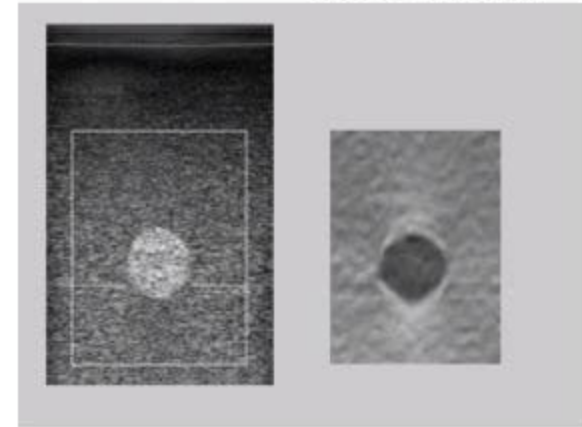
Phantom study



Inclusion 1



B-Mode **Elastogram**



Musculoskeletal Research Laboratories



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This is a repository for software packages that we have developed during the course of our research and are providing to the community free of charge. If you need software support, please visit the software forums or contact the software developer indicated for each package.



FEBio is a software tool that uses the finite element method for solving nonlinear large deformation problems in solid biomechanics. It is specifically aimed at solving problems in the field of biomechanics, by providing appropriate modeling scenarios, constitutive models and boundary conditions.

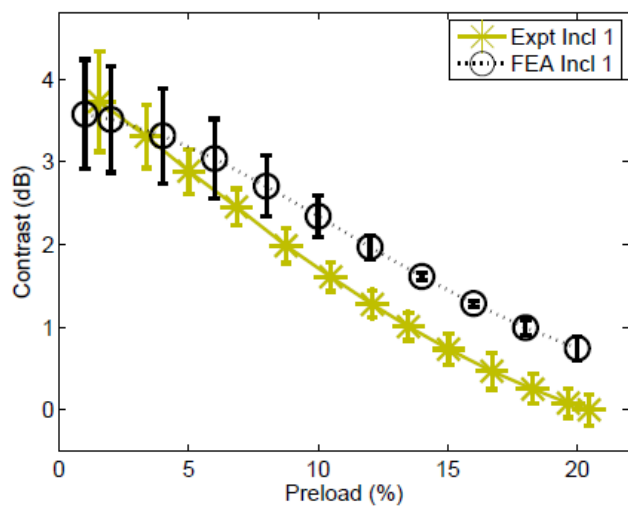
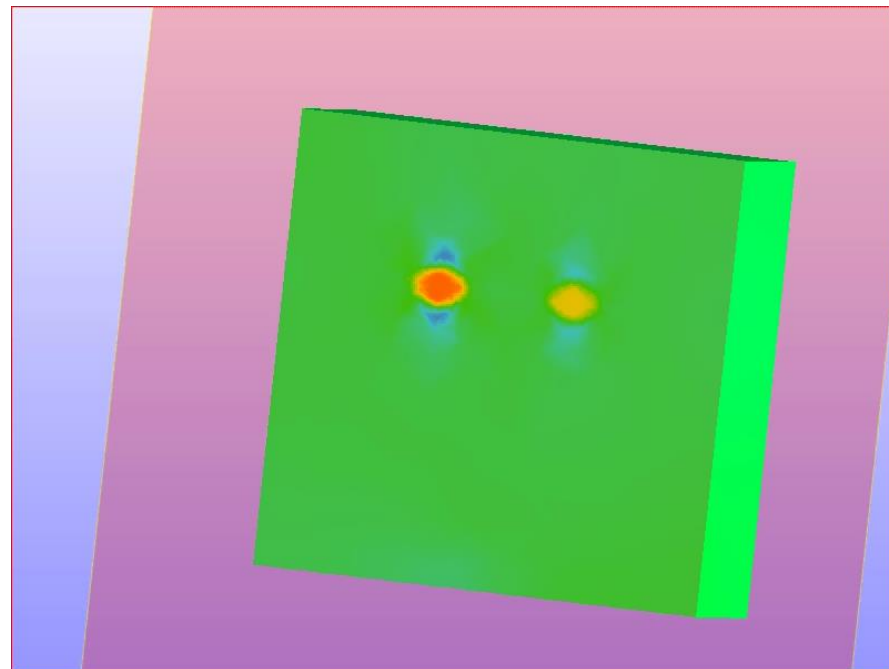
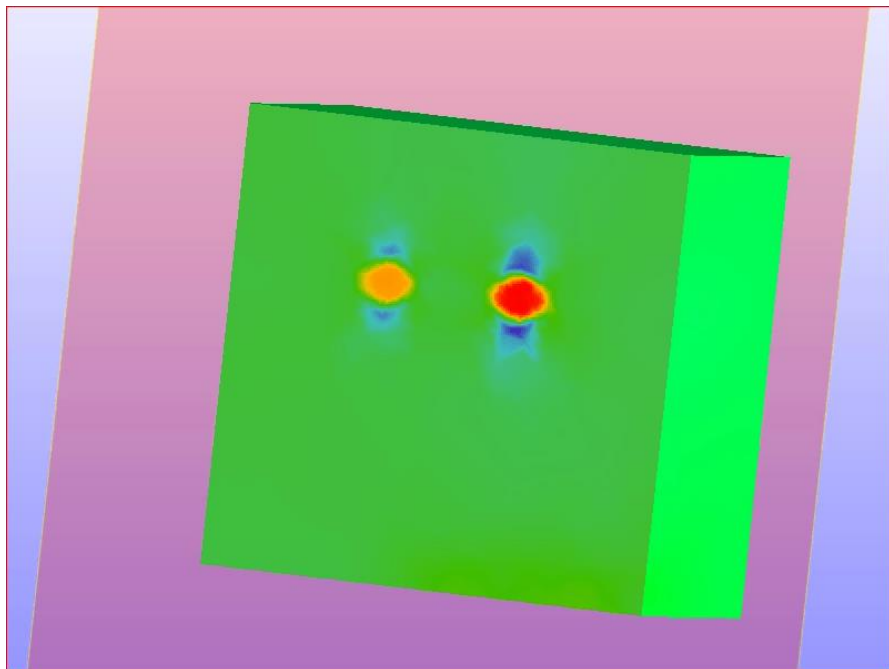


PreView is a mesh editing tool that has been specifically designed to set up FE problems for [FEBio](#). It allows the user to specify the boundary conditions and material properties in a user-friendly GUI. The FE mesh can be either created by [PreView](#) or imported from another mesh generator.

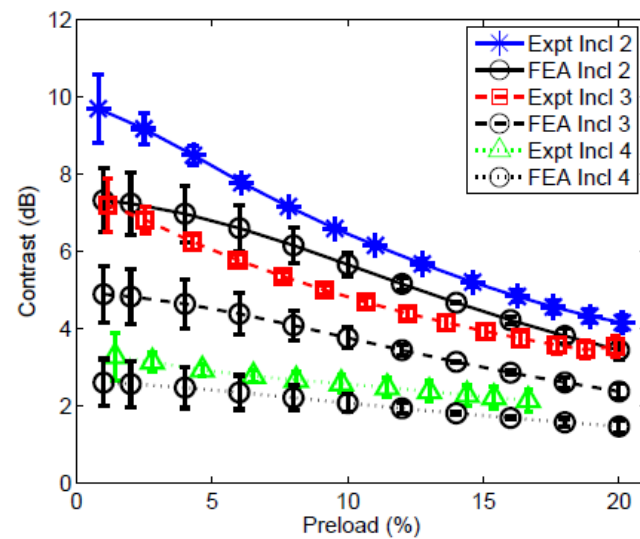
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Postview is a finite element post-processor that is designed to post-process the results from [FEBio](#). It offers the user a graphical user interface to visualize and analyze the FE model. Several tools are available to assist the user in this process, such as surface plots, isosurface plots, vector plots, plane cuts and many other.



(a) Inclusion 1



(b) Inclusions 2,3, and 4

ULTRASOUND ELASTOGRAPHY ASSESSMENT OF THE MEDIAN NERVE IN LEPROSY PATIENTS

MARCELLO H. NOGUEIRA-BARBOSA, MD, PhD,¹ HELENA B. LUGÃO, MD, PhD,² EVERALDO GREGIO-JÚNIOR, MD, PhD,¹ MICHEL D. CREMA, MD,³ MARIANA T.T. KOBAYASHI, MD,¹ MARCO A.C. FRADE, MD, PhD,² THEO Z. PAVAN, PhD,⁴ and ANTONIO A.O. CARNEIRO, PhD⁴ Muscle and Nerve, 2017

Compare median nerve elasticity between leprosy patients (LPs) and healthy volunteers (HVs) using ultrasound elastography (UE). Two radiologists independently measured the **strain ratio** of the median nerve/flexor digitorum superficialis muscle (MN/FDSM) of 18 LP and 18 HV using real-time freehand UE.

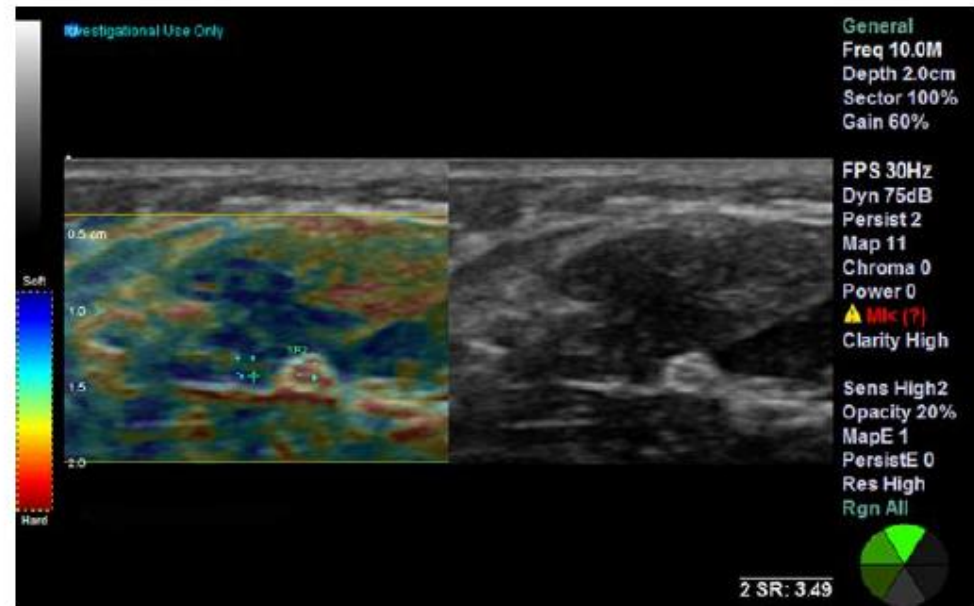


FIGURE 1. Left image: elastographic strain image of the distal forearm region showing the positioning of the ROIs used to measure the MN/FDSM strain ratio. Right image: corresponding B mode image.



Linfedema

AValiação das Características Biomecânicas de Viscosidade e Elasticidade no Tecido Afetado por Linfedema Decorrente do Tratamento do Câncer de Mama

Dra. Carla Silva Perez

Orientadora: Profa. Dra. Elaine Caldeira de Oliveira Guirro

Coorientador: Prof. Dr. Antonio Adilton Oliveira Carneiro

Linfedema

O *Strain Ratio* foi calculado fazendo a razão entre os valores alcançados para a deformação média no gel em relação ao tecido de interesse. O módulo de Young do gel foi previamente caracterizado com ensaios mecânicos.



Figura 9. Imagem ilustrativa da colocação do *pad* e avaliação para obtenção das imagens de ultrassom.
Fonte: Arquivo Pessoal







Obrigado