

Extreme opponents of genetically modified foods know the least but think they know the most

Philip M. Fernbach¹ ^{*}, Nicholas Light¹, Sydney E. Scott², Yoel Inbar³ and Paul Rozin⁴

There is widespread agreement among scientists that genetically modified foods are safe to consume^{1,2} and have the potential to provide substantial benefits to humankind³. However, many people still harbour concerns about them or oppose their use^{4,5}. In a nationally representative sample of US adults, we find that as extremity of opposition to and concern about genetically modified foods increases, objective knowledge about science and genetics decreases, but perceived understanding of genetically modified foods increases. Extreme opponents know the least, but think they know the most. Moreover, the relationship between self-assessed and objective knowledge shifts from positive to negative at high levels of opposition. Similar results were obtained in a parallel study with representative samples from the United States, France and Germany, and in a study testing attitudes about a medical application of genetic engineering technology (gene therapy). This pattern did not emerge, however, for attitudes and beliefs about climate change.

Genetically modified (GM) foods are judged by the majority of scientists to be as safe for human consumption as conventionally grown foods^{1,2}, and have the potential to provide substantial benefits to humankind, such as increased nutritional content, higher yield per acre, better shelf life and crop disease resistance³—yet there is substantial public opposition to their use around the world^{4,5}. In the United States, a poll by the Pew Research Center found that 88% of scientists thought GM foods were safe to eat, while only 37% of lay-people thought so, the largest gap for any of the issues tested⁶. Public opposition to science is often attributed to a lack of knowledge^{7–9}. However, findings on the association between knowledge and attitudes about GM foods are mixed, and there is little evidence that educational interventions can meaningfully change public attitudes^{10,11}. Sometimes, they even backfire^{12,13}. While research on opposition to GM foods has primarily focused on what people actually know, it is also important to consider what they think they know^{14,15}. Self-assessed knowledge is a strong predictor of attitudes, and people tend to be poor judges of how much they know¹⁶. They often suffer from an illusion of knowledge, thinking that they understand everything from common household objects to complex social policies better than they do¹⁷. This is why people's sense of understanding decreases when they try to generate explanations¹⁸, and why novices are poorer at evaluating their talents than experts¹⁹. Gaining knowledge in a domain often has the effect of revealing nuance and complexity, hence reducing extremity of belief^{20,21}. These results suggest that extreme attitudes sometimes reflect low objective knowledge paired with high self-assessed knowledge^{22,23}. We examined the relationships between extremity of opposition to GM foods, objective knowledge about science and genetics and self-assessed knowledge

about GM foods. We hypothesize that extremists will display low objective knowledge but high subjective knowledge, and that the gap between the two will grow with extremity.

In Study 1, we surveyed a sample of US adults ($N=1,000$) representative of the population for gender, education, income and ethnicity. Hypotheses and analysis plans were pre-registered on [AsPredicted.org](https://www.aspredicted.org) before data collection. Participants were either assigned to a study about GM foods ($N=501$) or climate change ($N=499$). We first present methods and results for GM foods, then climate change.

In the GM food study (mean age (M_{age}) = 51.1 yr; 56.7% female), participants were first asked two questions to measure attitudes: extremity of opposition to GM foods (1 = no opposition; 7 = extreme opposition) and concern (1 = no concern; 7 = extreme concern). Overall, 90.82% of respondents reported some level of opposition to GM foods and 93.01% reported some level of concern. Responses to these two questions were highly correlated (coefficient of correlation (r) = 0.88; $P < 0.0001$; $N = 501$) and we averaged them to form a measure that we call 'extremity of opposition' for the main analyses. Consistent with previous research, there were no significant differences in extremity of opposition between self-reported liberals, moderates and conservatives^{5,24} (see Supplementary Information for complete details of all methods and analyses not reported in the main text).

Next, participants were asked to judge their understanding of GM foods ('self-assessed knowledge'), using instructions and a single-item rating scale adapted from the cognitive science literature¹⁸. Finally, we measured scientific literacy ('objective knowledge') with 15 true–false questions adapted from the National Science Foundation's Science and Engineering Indicators survey²⁵, the American Association for the Advancement of Science Benchmarks for Science Literacy²⁶ and recent work on the public understanding of science^{27–29} (for example, "Electrons are smaller than atoms"). We measured responses to the objective knowledge questions on a 7-point scale anchored by 'definitely true' and 'definitely false'. Participants were given –3 to 3 points depending on correctness. For example, when a participant chose definitely true, they received 3 points if the correct answer was 'true', and –3 points if the correct answer was 'false'. We summed points across all questions to measure scientific literacy. For robustness, we replicated all analyses after binarizing the scale and treating scores of 1 to 3 as correct and scores of 0 to –3 as incorrect.

Five of the items in the scientific literacy scale refer to genetics (for example, "All plants and animals have DNA"). We summed responses to these items to create a genetics literacy subscale. For robustness, we also replicated the analyses after removing the genetics questions from the scientific literacy scale.

¹Leeds School of Business, University of Colorado, Boulder, CO, USA. ²Olin Business School, Washington University in St. Louis, St. Louis, MO, USA.

³Department of Psychology, University of Toronto, Toronto, Ontario, Canada. ⁴Department of Psychology, University of Pennsylvania, Philadelphia, PA, USA. *e-mail: philip.fernbach@colorado.edu

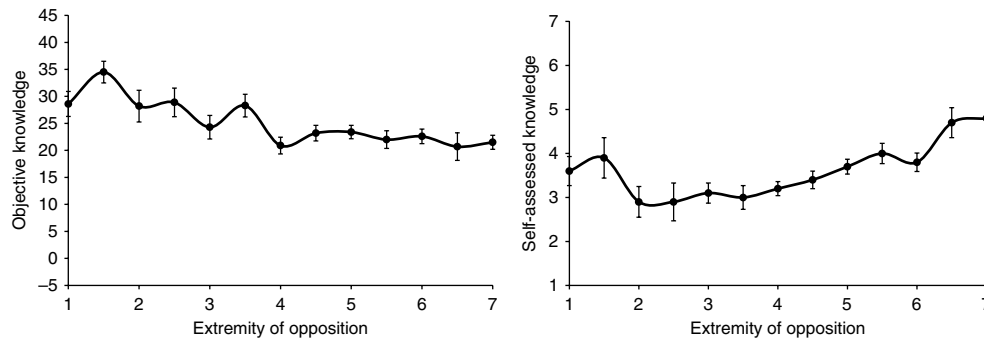


Fig. 1 | Objective and self-assessed knowledge means by extremity of opposition. Error bars represent ± 1 s.e.m.

Figure 1 shows average self-assessed knowledge of GM foods and average scientific literacy by extremity of opposition. As extremity of opposition increases, scientific literacy decreases (regression coefficient for extremity ($\beta_{\text{extremity}} = -1.35$; $t(499) = -4.72$; $P < 0.0001$; 95% confidence interval (CI) $(-1.94, -0.78)$), while judged understanding of GM foods increases ($\beta_{\text{extremity}} = 26$; $t(499) = 6.81$; $P < 0.0001$; 95% CI $(0.17, 0.35)$). After z-scoring objective and self-assessed knowledge, we calculated a difference score by subtracting each participant's objective knowledge score from their self-assessed knowledge score. This difference score, which represents gaps between self-assessed and objective knowledge, increases as extremity of opposition increases ($\beta_{\text{extremity}} = 28$; $t(499) = 8.77$; $P < 0.0001$; 95% CI $(0.22, 0.35)$).

Repeating these analyses using the genetics subscale instead of the overall scientific literacy scale produces nearly identical results. As extremity of opposition increases, objective knowledge of genetics decreases ($\beta_{\text{extremity}} = -0.58$; $t(499) = -4.50$; $P < 0.0001$; 95% CI $(-0.81, -0.31)$) and the difference score between self-assessed knowledge and objective knowledge of genetics also increases as extremity of opposition increases ($\beta_{\text{extremity}} = 0.28$; $t(499) = 8.35$; $P < 0.0001$; 95% CI $(0.21, 0.35)$).

Next, we tested whether objective knowledge predicts self-assessed knowledge differentially at different levels of extremity of opposition. We did this by regressing self-assessed knowledge on objective knowledge, extremity of opposition and their interaction. Figure 2 shows the results of this analysis, with lines representing predictions at the tenth, fiftieth and ninetieth percentiles of measured extremity of opposition. The interaction is statistically significant, indicating that the relationship between objective knowledge and self-assessed knowledge differs by extremity of opposition (regression coefficient for interaction ($\beta_{\text{interaction}} = -0.014$; $t(497) = -4.56$; $P < 0.0001$; 95% CI $(-0.02, -0.008)$). Objective knowledge is a significant positive predictor of self-assessed knowledge up to an extremity of opposition value of 4.77, but becomes significantly negative at an extremity of opposition value of 7. For extremists, knowing less is associated with thinking one knows more.

Methods and measures in the climate change study were identical to the GM foods study except that the two extremity measures asked respondents to report their concern about, and belief in, human-caused climate change. Both measures were coded such that higher numbers indicated greater divergence from the scientific consensus. The correlation between these two measures was 0.83 ($P < 0.0001$; $N = 499$) and they were averaged to serve as the extremity measure. Unlike beliefs about GM foods, climate change beliefs were highly polarized by political identification, with conservatives much more likely to oppose the scientific consensus than liberals (mean for liberals ($M_{\text{liberal}} = 1.92$; mean for conservatives ($M_{\text{conservative}} = 4.22$; $t(496) = 11.90$; $P < 0.0001$; 95% CI $(1.92, 2.68)$).

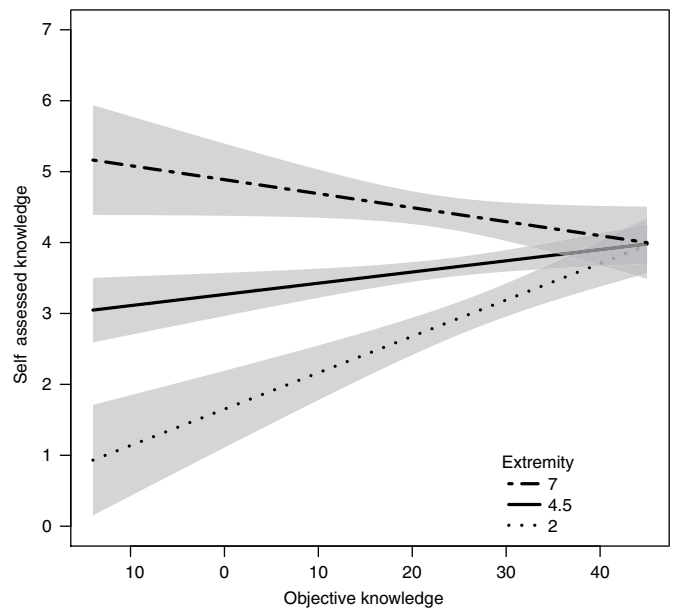


Fig. 2 | Predicted relationship between science literacy and self-assessed knowledge by extremity of opposition. Shading represents the 95% CI.

The pattern of results is directionally the same as for GM foods, but not statistically significant: as extremity of opposition increases, scientific literacy decreases ($\beta_{\text{extremity}} = -0.38$; $t(497) = -1.34$; $P = 0.18$; 95% CI $(-0.92, 0.22)$) while self-assessed understanding of climate change increases ($\beta_{\text{extremity}} = 0.006$; $t(497) = 0.17$; $P = 0.87$; 95% CI $(-0.07, 0.07)$). As a result, the gap between z-scored self-assessed and objective knowledge variables widens as extremity grows, but the effect is not statistically significant ($\beta_{\text{extremity}} = 0.04$; $t(497) = 1.15$; $P = 0.25$; 95% CI $(-0.03, 0.10)$).

As extremity of opposition to GM foods increased, objective knowledge of science and genetics decreased, but self-assessed knowledge increased. For climate change, the direction of the effects was the same, but the results were not statistically significant. The lack of a relationship between scientific literacy and extremity of anti-scientific-consensus climate change beliefs is consistent with previous findings^{30,31} and we believe that this is attributable to the polarized nature of the climate change issue. For highly politicized issues, ideological commitments may crowd out effects of individual knowledge on attitudes³². We discuss this interpretation in more detail below, along with additional analyses of how the effects of knowledge on attitudes interact with political identification. The remainder of the studies focus exclusively on genetic engineering technology.

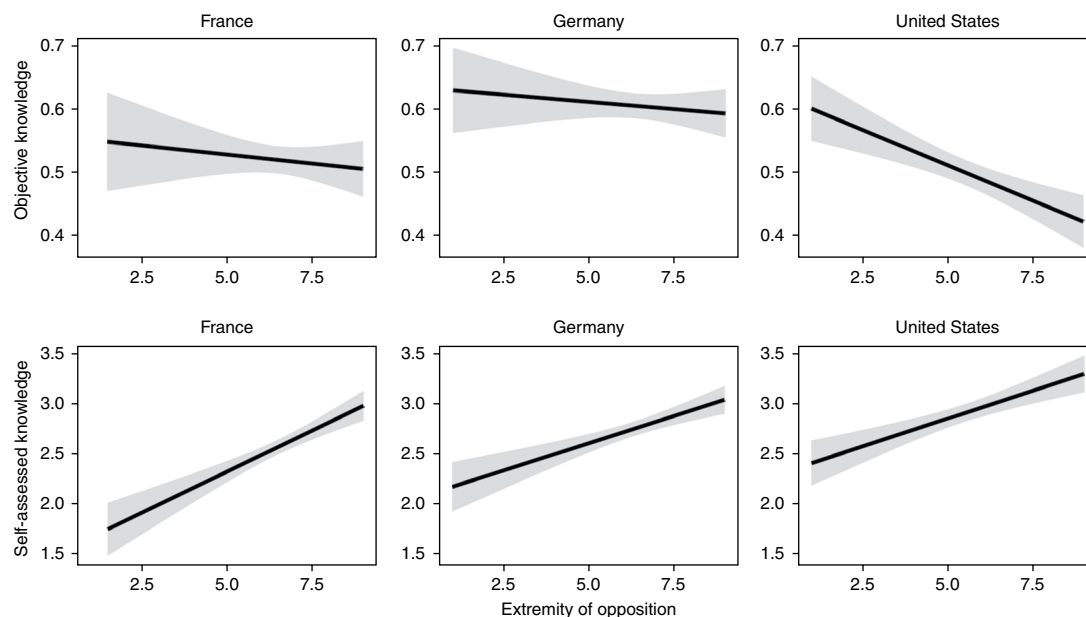


Fig. 3 | Predicted relationships between extremity of opposition and knowledge by country. Shading represents the 95% CI.

In Study 2 measures similar to those used in the GM foods condition of Study 1 were collected as part of a larger survey using samples from the United States ($N=540$; $M_{age}=46.4$ yr; 51.3% female), France ($N=500$; $M_{age}=47.7$ yr; 52.4% female) and Germany ($N=519$; $M_{age}=49.2$ yr; 51.6% female), representative of age, gender and income. The measures were different because this study was planned and executed independently. The use of different measures across studies provides evidence that the results generalize across different operationalizations of the same constructs. Objective genetics knowledge was measured by the percentage of questions correct in a 10-item true–false quiz from the Eurobarometer 64.3³³. Self-assessed knowledge was measured by asking “How much do you know about genetically modified food?” on a scale from 1 = not at all to 5 = a great deal. Knowledge difference scores were calculated by first z-scoring objective and self-assessed knowledge within each country, and then subtracting each participant’s objective knowledge score from their self-assessed knowledge score. Extremity of opposition was measured by averaging across twelve items (Cronbach’s $\alpha=0.89$), three about willingness to buy GM products (reversed scored), five about desire to regulate GM products and four about willingness to actively oppose GM products, for example by participating in a public demonstration.

The results were similar to those from Study 1. Across the whole sample, and controlling for country, objective knowledge decreases as extremity of opposition increases ($\beta_{extremity}=-0.01$; $t(1,555)=-3.47$; $P=0.001$; 95% CI $(-0.02, -0.005)$) while self-assessed knowledge increases ($\beta_{extremity}=0.12$; $t(1,555)=8.06$; $P<0.001$; 95% CI $(0.09, 0.15)$) and the difference between z-scored self-assessed and objective knowledge increases as extremity of opposition increases ($\beta_{extremity}=0.18$; $t(1,555)=10.96$; $P<0.001$; 95% CI $(0.15, 0.22)$).

Next, we examined the relationships within each country by running the same regressions separately for each country. Figure 3 visualizes the results of these analyses and Table 1 provides the statistics. In all three countries, the difference between self-assessed and objective knowledge increases significantly with extremity of opposition. The effect of extremity of opposition on self-assessed knowledge is also significant, positive and similar in magnitude in all three countries. Finally, the effect of extremity of opposition on objective knowledge is negative in all three countries but is weaker in the European countries compared to the United

States. This difference is reflected in a significant interaction between country and extremity of opposition (United States versus Germany: $\beta_{interaction}=0.02$; $t(1,553)=2.14$; $P=0.032$; 95% CI $(0.001, 0.03)$); United States versus France: $\beta_{interaction}=0.02$; $t(1,553)=1.73$; $P=0.084$; 95% CI $(-0.002, 0.03)$).

Finally, we tested for the interaction between extremity of opposition and objective knowledge on the self-assessed knowledge that we found in Study 1. We found a similar pattern, but only for the US sample. Regressing self-assessed knowledge on country, objective knowledge, extremity of opposition, and the interaction between extremity of opposition and objective knowledge reveals that the relationship between objective and self-assessed knowledge differs by extremity of opposition ($\beta_{interaction}=-0.09$; $t(1,553)=-1.80$; $P=0.072$; 95% CI $(-0.20, 0.01)$), shifting from positive to negative as extremity increases. Running the interaction model separately for each country shows that the effect is driven by a significant interaction effect in the United States, replicating Study 1 ($\beta_{interaction}=-0.32$; $t(536)=-4.13$; $P<0.001$; 95% CI $(-0.48, -0.17)$). There were no significant interaction effects in France ($\beta_{interaction}=-0.01$; $t(496)=-0.13$; $P=0.895$; 95% CI $(-0.23, 0.21)$) or Germany ($\beta_{interaction}=0.13$; $t(515)=1.30$; $P=0.194$; 95% CI $(-0.06, 0.32)$).

The results mostly replicated the findings of Study 1, although we did find some differences between the patterns of effects in the United States versus France and Germany. In all countries, self-assessed knowledge increased significantly with extremity and the gap between self-assessed and objective knowledge grew. Objective knowledge decreased significantly with extremity in the United States. However, in the European countries, although the direction of this effect was the same, it was not statistically significant.

To develop a better understanding of the reasons for the difference, we looked at a large, publicly available data set: the Eurobarometer 64.3³³. This survey assessed objective knowledge (using the same items as Study 2) and extremity of opposition in 25 countries, including France and Germany. There was a highly significant negative effect of extremity on objective knowledge for GM food in France ($r=-0.16$; $P<0.001$; $N=499$) and in Germany ($r=-0.18$; $P<0.001$; $N=756$). In fact, in 20 out of 25 countries, there was a significant and negative effect of extremity on objective knowledge for GM food (see Supplementary Information for details). In addition, Study 2 included one other measure of

Table 1 | Model output for relationships between extremity of opposition and knowledge by country

Country	Knowledge difference score			Self-assessed knowledge	Objective knowledge	Self-assessed knowledge	Objective knowledge	Self-assessed knowledge	Objective knowledge
	United States	Germany	France	United States	United States	Germany	Germany	France	France
Extremity	0.19***	0.15***	0.21***	0.11***	-0.02***	0.11***	-0.004	0.16***	-0.006
95% CI	(0.14, 0.24)	(0.09, 0.21)	(0.15, 0.27)	(0.06, 0.15)	(-0.03, -0.01)	(0.06, 0.16)	(-0.02, 0.01)	(0.10, 0.22)	(-0.02, 0.01)
N	540	519	500	540	540	519	519	500	500
t value	7.50 (d.f. = 538)	5.10 (d.f. = 517)	6.44 (d.f. = 498)	4.44 (d.f. = 538)	-4.14 (d.f. = 538)	4.70 (d.f. = 517)	-0.69 (d.f. = 517)	5.30 (d.f. = 498)	-0.73 (d.f. = 498)

*** $P < 0.01$.

opposition. The first question every participant answered was a simple agree or disagree question as to whether or not they were opposed to GM foods. Opponents in all three countries scored lower on objective knowledge compared with supporters, and this relationship did not vary by country. The difference between opponents' and supporters' objective knowledge was significant in the United States ($P < 0.001$) and Germany ($P = 0.012$) and close to significance in France ($P = 0.15$). Taken together, we believe that the weight of evidence favours the interpretation that in Europe, as in the United States, objective knowledge decreases with extremity of opposition, and the non-significant effects in Study 2 are probably false negatives.

We ran a near replication ($N = 537$; $M_{\text{age}} = 36.6$ yr; 57.0% female) of the GM foods condition of Study 1 to resolve two unanswered questions. First, one possible interpretation of the relationship between extremity and self-assessed knowledge that we found in Studies 1 and 2 is that it is an artefact of the order in which we asked the questions. According to this interpretation, respondents may give a high rating of opposition and then feel compelled to justify this rating by giving a high judgement of self-assessed understanding. To test this alternative interpretation, we reversed the order of the opposition and self-assessed knowledge questions.

Second, the scientific consensus surrounding GM foods concerns their safety. It is possible that GM opponents object to GM foods on alternative grounds, such as environmental, social or animal welfare concerns, and view safety as a secondary or even irrelevant issue. If this is true, their lack of scientific and genetics knowledge may not be relevant to their attitudes. To address this possibility, we included an additional question in this study, asking people the primary reason for their opposition, with the following options: food safety/health concerns, moral/religious concerns, animal welfare concerns, environmental concerns, social/political concerns and other.

The results are described in detail in the Supplementary Information and we summarize them here. First, the results were almost identical to those from Study 1, which rules out the interpretation that the effect is an artefact of question ordering. Second, 73% of respondents cited food safety/health concerns as their reason for opposition. Extreme opponents were actually more likely to cite food safety/health concerns than moderates and the main results replicate when we restrict analysis to the subset of participants citing food safety/health concerns. This rules out the possibility that extreme opponents view safety concerns as irrelevant to their attitudes.

People are more accepting of medical applications of genetic engineering than food applications^{2,10}. This raises the possibility that GM foods are a special case and that the effects we have documented may have limited generalizability. We therefore ran an additional study to test whether the effects we found in Studies

1–3 generalize to another application of genetic engineering technology: gene therapy. This study used identical methods to Study 1, except that instead of GM foods we asked about gene therapy using language from the Mayo Clinic³⁴: “Gene therapy involves altering the genes inside a human body’s cells in an effort to treat or stop disease”.

As expected, opposition levels were significantly lower than for GM foods (mean for Study 4 = 3.07; mean for Study 1 = 4.54; both 1–7 scales). However, we also found precisely the same pattern of relationships as in Studies 1–3 between extremity of opposition, objective knowledge and self-assessed knowledge. Extreme opponents were less knowledgeable and thought they were more knowledgeable than moderates, and they were also poorer at evaluating their level of knowledge. Complete methods and results are in the Supplementary Information.

Across four studies conducted in three countries, we found that extreme opponents of genetic engineering technology display a lack of insight into how much they know. We next report additional robustness analyses, provide an in-depth discussion of the differences between genetic engineering and climate change and discuss the implications of our results for science communication.

One possible interpretation of the results is that they reflect differences in education rather than science or genetics literacy per se. To test this possibility, we re-ran the main analyses from all studies including education level as a control. All the key findings remain significant.

All analyses in the main text use linear models, but there is some evidence of nonlinearity (see for example the uptick in self-assessed knowledge for those scoring 1 or 2 on extremity of opposition in Fig. 1). We therefore conducted tests of quadratic effects to provide a better understanding of any nonlinearities in the data. For self-assessed knowledge, in all studies there is a significant quadratic effect of extremity of opposition. For most of the range, the effect of opposition on self-assessed knowledge is positive, but the relationship turns negative at low levels of opposition. Thus, the interpretation based on the linear model—that self-assessed knowledge increases with opposition—should be qualified to acknowledge that this is not true at very low levels of opposition. For objective knowledge, we find some weak evidence that the effect decelerates as extremity increases. This effect was marginally significant in Study 1, significant in Study 2 and not significant in Studies 3 and 4.

Contrary to GM foods and gene therapy we found no significant effects of knowledge—objective or self-assessed—on extremity of climate change attitudes. The lack of an effect of objective knowledge is broadly consistent with previous data^{30,31}. The null effect has been attributed to ‘cultural cognition’³². When an issue becomes polarized, people’s attitudes reflect affiliation with their ideological group and not individual knowledge. That is, individuals subscribe to whatever their in-group believes, regardless of how much they

know about the issue. There is even some evidence that scientific literacy can promote extremity consistent with the community's position, even if the position is counter to the scientific consensus³⁵. This may explain our results as well.

A recent analysis of data from the General Social Survey examined the relationship between scientific literacy, political affiliation and extremity of counter-scientific-consensus beliefs across a range of issues such as GM foods, climate change, evolution and the big bang³¹. For most issues, including GM foods, there was an overall negative relationship between scientific literacy and opposition to the consensus, consistent with the idea that knowledge plays a role. However, half of the issues also demonstrated an interaction with political identification; the relationship between knowledge and attitudes was weaker for the political group holding the counter-consensus position, suggesting that ideology can diminish effects of knowledge. This interaction effect was strongest for the climate change issue, where conservatives actually showed an opposite effect: an increase in extremity with scientific literacy. There was no interaction for GM foods or for nanotechnology; respondents from all political groups showed similar decreases in knowledge with greater extremity. These two issues were also the only two that were not politically polarized.

We reanalysed our own data from Study 1, including interactions with political identification, and found similar results. For climate change, liberals and moderates show the common pattern we find for GM foods: the less people know, the more opposed they are to the scientific consensus. Conservatives, however, show no such effect. In fact, the effect is trending in the opposite direction, although not significantly so. Thus, the net effect of scientific literacy on extremity is negative, but weak and non-significant. In contrast, for GM foods there are no interactions at all by political identification, which makes sense because this issue is not polarized along partisan lines the way climate change is. We take these results as evidence that knowledge and ideology both contribute to polarization and impasse around divisive science and policy issues³⁶. The relative strength of these forces seems to depend on the specific issue.

A traditional view in the public understanding of scientific literature is that public attitudes that run counter to the scientific consensus reflect a knowledge deficit. Science communicators have made concerted efforts to educate the public with an eye to bringing their attitudes in line with the experts. These initiatives have met with limited success, which has led for calls to abandon this approach altogether^{37,38}. Our findings highlight a difficulty that is not generally appreciated. Those with the strongest anti-consensus views are the most in need of education, but also the least likely to be receptive to learning; overconfidence about one's knowledge is associated with decreased openness to new information³⁹. This suggests that a prerequisite to changing people's views through education may be getting them to first appreciate the gaps in their knowledge.

Methods

Statistics and data analysis. Unless otherwise stated, all regression coefficients are ordinary least squares estimates and all test statistics are two-sided. For all parametric tests, data were assumed to be normal, but this was not formally tested. However, with the exception of Study 2, all 95% CIs were obtained via bootstrapping with 1,000 iterations, which produces intervals that do not rely on the assumption of normality for valid inference. No statistical methods were used to predetermine sample sizes, but our sample sizes are similar to or larger than those reported in previous publications^{4,5,31,40}. Analyses for Studies 1, 3 and 4 were conducted in R using RStudio version 1.1.383 and analyses for Study 2 were conducted using STATA 14. Code for all modelling and analyses can be found in the Supplementary Information and at <https://osf.io/t82j3/>.

Study 1. The data were obtained in December 2017 by Research Now, an online market research and sampling company. Research Now provided the authors with a nationally representative US sample of 1,000 completes based on age, gender, income, education and ethnicity. Respondents who failed an attention check question or who completed all questions in 150 seconds or less, were eliminated

and replaced by Research Now before substantive data analysis began and before the authors saw the data.

There were two versions of the Study 1 survey. Respondents completed either the climate change version or the GM food version. The only differences between the two were with respect to the domain of interest (either climate change or GM foods) in the introduction, in the extremity of opposition questions and in the self-assessed knowledge questions. All other questions were identical. Study 1 items were presented in four blocks (extremity of opposition, self-assessed knowledge, objective knowledge and demographics). Blocks were not presented in randomized order.

Among the 1,000 completes, a Qualtrics quota error resulted in 499 respondents taking the climate change version of the survey and 501 taking the GM food version, as opposed to 500 and 500 respectively. Study 1 was pre-registered on [AsPredicted.org](https://aspredicted.org). The full-text preregistration document can be found at <https://aspredicted.org/uy4b8.pdf>.

Study 2. Data were obtained in July 2016 by Qualtrics. The authors requested samples of 500 people per country (France, Germany and United States) based on age, gender and income. All Study 2 items were embedded in a larger, 15-minute survey about genetic modification of food. Items were presented in five blocks (self-assessed knowledge, objective knowledge, desire to regulate, willingness to consume and willingness to actively oppose). Blocks were presented in randomized order. Within the extremity of opposition blocks, items were presented in randomized order.

A Qualtrics error resulted in oversampling in the United States and Germany and distributions that were slightly off the representative distributions. Therefore, in all analyses the data were reweighted using the `svy` function in STATA 14. Reweighting rarely changed any mean or regression weight estimates beyond the hundredth decimal place. The authors also conducted all the same analyses without sampling weights, and without sampling weights and with bootstrapped CIs. Across these analyses, the significance level and direction of the results is always the same, suggesting that the results are robust across different model specifications.

To create German and French translations, we hired four translators—two of whom were fluent in English and German, and two of whom were fluent in English and French. For each translation, one person translated the survey from English to the other language, and then another person backtranslated the survey to English. Any discrepancies were resolved through discussion.

Eurobarometer. We accessed data from the Eurobarometer 64.3. This was a survey conducted in November and December of 2005, and included questions about attitudes to biotechnology. The data is publicly available at <http://zacat.gesis.org>. We do not use any statistical weighting (population or post-stratification) in the analysis.

All questions were presented in a fixed order (objective knowledge then opposition, with question ordering the same as in the above lists of the measures). Opposition measures were conducted using split ballots, where participants were assigned to complete either questions about gene technology or about GM food.

Study 3. Responses were obtained through an Amazon Mechanical Turk via Qualtrics survey in July 2018; 595 respondents originally took the survey, but 18 didn't fully finish, 22 requested to have their data removed and 18 failed an attention check question. These 58 participants were removed before any data analysis began, resulting in a final sample of 537.

Study 3 was identical to the Study 1 GM food study with three exceptions. First, in Study 1, the GM food concern and opposition questions were asked first, followed by self-assessed and objective knowledge questions. In Study 3, we reversed the order of the opposition and self-assessed knowledge questions such that self-assessed knowledge came first, followed by the extremity of opposition and objective knowledge questions.

Second, Qualtrics display logic showed an added question (that did not appear in Study 1) for those respondents who indicated any response to the GM food concern and opposition questions other than 1 ('not concerned at all' and 'not opposed at all', respectively). This question read, "You indicated at least some concern about or opposition to genetically modified foods. Please select your primary reason for concern/opposition from the options below". Possible responses included food safety/health concerns, moral/religious concerns, animal welfare concerns, environmental concerns, social/political concerns and other (please elaborate). The presentation order of these options was randomized, except the 'other' option always appeared last (from left to right). The third difference between Study 1 and Study 3 was that Study 3 did not use any quota sampling, and thus was not a nationally representative US sample.

Study 4. Study 4 was identical to the GM food condition from Study 1, except that it asked participants about a different genetic engineering topic, gene therapy, and data were obtained from an Amazon Mechanical Turk via Qualtrics survey (without a nationally representative sample) in July 2018. After 19 respondents who failed the attention check question, 10 who asked to have their data removed and 15 who didn't fully finish the survey were removed from the data set before data analysis began, the sample included 505 complete responses.

Code availability. The code used for all models and analyses is available at <https://osf.io/t82j3/>.

Reporting summary. Further information on research design is available in the Nature Research Reporting Summary linked to this article.

Data availability

All data reported in the paper are available at <https://osf.io/t82j3/>.

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Author contributions

P.M.F. devised the paper's central idea, and independently, as part of a larger study, S.E.S., Y.I. and P.R. considered the same idea. P.M.F. and N.L. developed the predictions and designed Studies 1, 3 and 4. N.L. performed the analyses and P.M.F. supervised the findings. For Study 2, S.E.S., Y.I. and P.R. developed the predictions and design and S.E.S. performed the analysis. P.M.F. and N.L. wrote the original manuscript and all authors contributed to the final manuscript.

Competing interests

The authors declare no competing interests.

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Correspondence and requests for materials should be addressed to P.M.F.

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Study data were collected in Qualtrics by Research Now, and Study 2 data were collected by Qualtrics. Studies 3 and 4 data were collected on Amazon Mechanical Turk via Turkprime.com

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Data analysis was conducted using R with RStudio 1.1.383 and STATA 14.

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Study design

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Study description	All study data are quantitative and correlational, collected via online survey.
Research sample	The Study 1 sample was a United States nationally representative sample of 1000 people based on age, gender, income, education, and ethnicity. The Study 2 samples were nationally representative samples of 500 people per country (France, Germany, and USA) based on age, gender, and income. Studies 3 (N = 595 before data removals) and 4 (N = 549 before data removals) were collected via Amazon Mechanical Turk, and did not include quota sampling.
Sampling strategy	Sample sizes of 500 per study, which is similar to or exceed those in previous research, was set before data collection. Plans for Study 1 were preregistered on AsPredicted.org prior to data collection. Studies 3 and 4 were conducted in response to reviewer comments.
Data collection	Study 1 data were obtained in December, 2017 by Research Now, an online market research and sampling company. Research Now provided the authors with a United States nationally representative sample of 1000 completes based on age, gender, income, education, and ethnicity. A Qualtrics error resulted in 501 completes for one condition and 499 for the other. Study 1 data collection, hypotheses, and sample strategy were pre-registered on AsPredicted.org. Study 2 data were obtained in July 2016 by Qualtrics. The authors requested samples of 500 people per country (France, Germany, and USA) based on age, gender, and income. A Qualtrics error resulted in slight oversampling in the USA and Germany. All Study 2 items were embedded in a larger, 15-minute survey about genetic modification of food. Studies 3 and 4 were conducted in response to reviewer comments.
Timing	Study 1 data were obtained continuously in December 2017 until the nationally representative sample was achieved. Study 2 data were obtained in July 2016 in the same manner. Studies 3 and 4 were collected in July 2018 through Amazon Mechanical Turk via TurkPrime.com in response to reviewer comments.
Data exclusions	Study 1 respondents who failed an attention check question, or who completed all questions in 150 seconds or fewer, were eliminated and replaced by Research Now before data analysis began. Study 2 respondents who failed an attention check question were eliminated and replaced by Qualtrics before data analysis began. Respondents to Study 3 who requested to have their data removed (22), who failed an attention check question (18) and who did not fully complete the survey (18) were removed from the data set before analysis. In Study 4, respondents who requested to have their data removed (10), who failed an attention check question (19) and who did not fully complete the survey (15) were removed from the data set before analysis.
Non-participation	Samples and participation were managed solely by Research Now in Study 1, and solely by Qualtrics in Study 2. Participants in Studies 3 and 4 agreed in writing to participate in both studies, and were informed that a) participation was completely voluntary, and b) they could leave the study at any time.
Randomization	Respondents were not allocated into experimental groups.