

10.2 SOLUÇÕES

Revisão técnica: Ricardo Miranda Martins – IMECC – Unicamp

1. $x = \sqrt{t} - t, y = t^3 - t \Rightarrow \frac{dy}{dt} = 3t^2 - 1,$
 $\frac{dx}{dt} = \frac{1}{2\sqrt{t}} - 1, \text{ e}$
 $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{3t^2 - 1}{1/(2\sqrt{t}) - 1} = \frac{(3t^2 - 1)(2\sqrt{t})}{1 - 2\sqrt{t}}$

2. $x = t \ln t, y = \sin^2 t \Rightarrow \frac{dy}{dt} = 2 \sin t \cos t,$
 $\frac{dx}{dt} = t \left(\frac{1}{t} \right) + (\ln t) \cdot 1 = 1 + \ln t, \text{ e}$
 $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{2 \sin t \cos t}{1 + \ln t}$

3. $x = t^2 + t, y = t^2 - t; t = 0.$ $\frac{dy}{dt} = 2t - 1, \frac{dx}{dt} = 2t + 1,$
 logo $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{2t - 1}{2t + 1}.$ Quando $t = 0, x = y = 0$
 e $\frac{dy}{dx} = -1.$ Uma equação da tangente é
 $y - 0 = (-1)(x - 0)$ ou $y = -x.$

4. $x = t \sen t, y = t \cos t; t = \pi.$ $\frac{dy}{dt} = \cos t - t \sen t,$
 $\frac{dx}{dt} = \sen t + t \cos t, \text{ e } \frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{\cos t - t \sen t}{\sen t + t \cos t}.$
 Quando $t = \pi, (x, y) = (0, -\pi)$ e $\frac{dy}{dx} = \frac{-1}{-\pi} = \frac{1}{\pi},$ então
 a equação da tangente é $y + \pi = \frac{1}{\pi}(x - 0)$ ou
 $y = \frac{1}{\pi}x - \pi.$

5. $x = t^2 + t, y = \sqrt{t}; t = 4.$ $\frac{dy}{dt} = \frac{1}{2\sqrt{t}}, \frac{dx}{dt} = 2t + 1,$ logo
 $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{1}{2\sqrt{t}(2t + 1)}.$ Quando $t = 4,$
 $(x, y) = (20, 2)$ e $\frac{dy}{dx} = \frac{1}{36},$ então a equação da tangente
 é $y - 2 = \frac{1}{36}(x - 20)$ ou $y = \frac{1}{36}x + \frac{13}{9}.$

6. $x = 2 \sen \theta, y = 3 \cos \theta; \theta = \frac{\pi}{4}.$ $\frac{dx}{d\theta} = 2 \cos \theta,$
 $\frac{dy}{d\theta} = -3 \sen \theta, \frac{dy}{dx} = \frac{dy/d\theta}{dx/d\theta} = -\frac{3}{2} \tg \theta.$ Quando $\theta = \frac{\pi}{4},$
 $(x, y) = \left(\sqrt{2}, \frac{3\sqrt{2}}{2}\right),$ e $dy/dx = -\frac{3}{2},$ então a equação da
 tangente é $y - \frac{3\sqrt{2}}{2} = -\frac{3}{2}(x - \sqrt{2})$ ou $y = -\frac{3}{2}x + 3\sqrt{2}.$

7. (a) $x = 2t + 3, y = t^2 + 2t; (5, 3).$ $\frac{dy}{dt} = 2t + 2, \frac{dx}{dt} = 2,$
 $\text{e } \frac{dy}{dx} = \frac{dy/dt}{dx/dt} = t + 1.$ Em $(5, 3), t = 1 \text{ e } \frac{dy}{dx} = 2,$
 então a tangente $y - 3 = 2(x - 5)$ ou $y = 2x - 7.$

(b) $y = t^2 + 2t = \left(\frac{x-3}{2}\right)^2 + 2\left(\frac{x-3}{2}\right)$
 $= \frac{(x-3)^2}{4} + x - 3$
 logo $\frac{dy}{dx} = \frac{x-3}{2} + 1.$ Quando $x = 5, \frac{dy}{dx} = 2,$ então
 a equação da tangente é $y = 2x - 7,$ como anteriormente.

8. (a) $x = 5 \cos t, y = 5 \sen t; (3, 4).$ $\frac{dy}{dt} = 5 \cos t,$
 $\frac{dx}{dt} = -5 \sen t, \frac{dy}{dx} = \frac{dy/dt}{dx/dt} = -\cotg t.$ Em $(3, 4),$
 $t = \tg^{-1} \frac{y}{x} = \tg^{-1} \frac{4}{3},$ logo $\frac{dy}{dx} = -\frac{3}{4},$ então a equação
 da tangente é $y - 4 = -\frac{3}{4}(x - 3)$ ou $y = -\frac{3}{4}x + \frac{25}{4}.$
 (b) $x^2 + y^2 = 25,$ logo $2x + 2y \frac{dy}{dx} = 0,$ ou $\frac{dy}{dx} = -\frac{x}{y}.$ Em
 $(3, 4), \frac{dy}{dx} = -\frac{3}{4},$ e como na parte (a), uma equação da
 tangente é $y = -\frac{3}{4}x + \frac{25}{4}.$

9. (a) $x = 1 - t, y = 1 - t^2; (1, 1).$ $\frac{dy}{dt} = -2t, \frac{dx}{dt} = -1,$
 $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = 2t.$ Em $(1, 1), t = 0,$ logo $\frac{dy}{dx} = 0,$
 e a tangente é $y - 1 = 0(x - 1)$ ou $y = 1.$
 (b) $y = 1 - t^2 = 1 - (1 - x^2) = 2x - x^2,$ logo
 $[dy/dx]_{x=1} = [2 - 2x]_{x=1} = 0,$ e como na parte (a)
 a tangente é $y = 1.$

10. (a) $x = t^3, y = t^2; (1, 1).$ $\frac{dy}{dt} = 2t, \frac{dx}{dt} = 3t^2,$ e
 $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{2t}{3t^2} = \frac{2}{3t} \text{ (para } t \neq 0).$ Em $(1, 1),$
 temos $t = 1$ e $dy/dx = \frac{2}{3},$ então a equação da tangente
 é $y - 1 = \frac{2}{3}(x - 1)$ ou $y = \frac{2}{3}x + \frac{1}{3}.$
 (b) $y = x^{2/3},$ logo $dy/dx = \frac{2}{3}x^{-1/3}.$ Quando $x = 1,$
 $dy/dx = \frac{2}{3},$ então a tangente é $y = \frac{2}{3}x + \frac{1}{3}$ como
 anteriormente.

11. $x = t^2 + t, y = t^2 + 1.$
 $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{2t}{2t+1} = 1 - \frac{1}{2t+1};$
 $\frac{d}{dt} \left(\frac{dy}{dx} \right) = \frac{2}{(2t+1)^2};$
 $\frac{d^2y}{dx^2} = \frac{d}{dx} \left(\frac{dy}{dx} \right) = \frac{d(dy/dx)/dt}{dx/dt} = \frac{2}{(2t+1)^3}$

12. $x = t + 2 \cos t, y = \sin 2t$. $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{2 \cos 2t}{1 - 2 \sin t}$;

$$\frac{d}{dt} \left(\frac{dy}{dx} \right) = \frac{(1 - 2 \sin t)(-4 \sin 2t) - 2 \cos 2t(-2 \cos t)}{(1 - 2 \sin t)^2}$$

$$= \frac{4(\cos t - \sin 2t + \sin t \cos 2t)}{(1 - 2 \sin t)^2};$$

$$\frac{d^2y}{dx^2} = \frac{d(dy/dx)/dt}{dx/dt} = \frac{4(\cos t - \sin 2t + \sin t \cos 2t)}{(1 - 2 \sin t)^3}$$

13. $x = t^4 - 1, y = t - t^2 \Rightarrow \frac{dy}{dt} = 1 - 2t, \frac{dx}{dt} = 4t^3$,

$$\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{1 - 2t}{4t^3} = \frac{1}{4}t^{-3} - \frac{1}{2}t^{-2};$$

$$\frac{d}{dt} \left(\frac{dy}{dx} \right) = -\frac{3}{4}t^{-4} + t^{-3},$$

$$\frac{d^2y}{dx^2} = \frac{d(dy/dx)/dt}{dx/dt} = \frac{-\frac{3}{4}t^{-4} + t^{-3}}{4t^3} \cdot \frac{4t^4}{4t^4} = \frac{-3 + 4t}{16t^7}.$$

14. $x = t^3 + t^2 + 1, y = 1 - t^2$. $\frac{dy}{dt} = -2t$,

$$\frac{dx}{dt} = 3t^2 + 2t; \frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{-2t}{3t^2 + 2t} = -\frac{2}{3t + 2};$$

$$\frac{d}{dt} \left(\frac{dy}{dx} \right) = \frac{6}{(3t + 2)^2};$$

$$\frac{d^2y}{dx^2} = \frac{d(dy/dx)/dt}{dx/dt} = \frac{6}{t(3t + 2)^3}.$$

15. $x = \sin \pi t, y = \cos \pi t$.

$$\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{-\pi \sin \pi t}{\pi \cos \pi t} = -\operatorname{tg} \pi t;$$

$$\frac{d^2y}{dx^2} = \frac{d}{dx} \left(\frac{dy}{dx} \right) = \frac{d(dy/dx)/dt}{dx/dt} = \frac{-\pi \sec^2 \pi t}{\pi \cos \pi t}$$

$$= -\sec^3 \pi t.$$

16. $x = 1 + \operatorname{tg} t, y = \cos 2t \Rightarrow \frac{dy}{dt} = -2 \sin 2t$,

$$\frac{dx}{dt} = \sec^2 t,$$

$$\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{-2 \sin 2t}{\sec^2 t} = -4 \sin t \cos t \cdot \cos^2 t$$

$$= -4 \sin t \cos^3 t;$$

$$\frac{d}{dt} \left(\frac{dy}{dx} \right) = -4 \sin t (3 \cos^2 t) (-\sin t) - 4 \cos^4 t$$

$$= 12 \sin^2 t \cos^2 t - 4 \cos^4 t,$$

$$\frac{d^2y}{dx^2} = \frac{d(dy/dx)/dt}{dx/dt} = \frac{4 \cos^2 t (3 \sin^2 t - \cos^2 t)}{\sec^2 t}$$

$$= 4 \cos^4 t (3 \sin^2 t - \cos^2 t).$$

17. $x = e^{-t}, y = te^{2t}$.

$$\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{(2t+1)e^{2t}}{-e^{-t}} = -(2t+1)e^{3t};$$

$$\frac{d}{dt} \left(\frac{dy}{dx} \right) = -3(2t+1)e^{3t} - 2e^{3t} = -(6t+5)e^{3t};$$

$$\frac{d^2y}{dx^2} = \frac{d}{dx} \left(\frac{dy}{dx} \right) = \frac{d(dy/dx)/dt}{dx/dt} = \frac{-(6t+5)e^{3t}}{-e^{-t}}$$

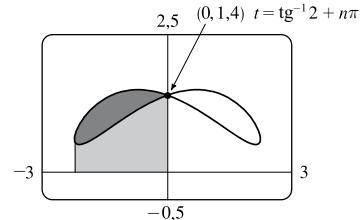
$$= (6t+5)e^{4t}.$$

18. $x = 1 + t^2, y = t \ln t$. $\frac{dy}{dx} = \frac{dy/dt}{dx/dt} = \frac{1 + \ln t}{2t}$;

$$\frac{d}{dt} \left(\frac{dy}{dx} \right) = \frac{2t(1/t) - (1 + \ln t)2}{(2t)^2} = -\frac{\ln t}{2t^2};$$

$$\frac{d^2y}{dx^2} = \frac{d(dy/dx)/dt}{dx/dt} = -\frac{\ln t}{4t^3}.$$

19.



O gráfico de $x = \sin t - 2 \cos t, y = 1 + \sin t \cos t$ é simétrico em torno do eixo y . O gráfico intersecta o eixo y quando $x = 0 \Rightarrow \sin t - 2 \cos t = 0 \Rightarrow \sin t = 2 \cos t \Rightarrow \operatorname{tg} t = 2 \Rightarrow t = \operatorname{tg}^{-1} 2 + n\pi$. O ciclo esquerdo é traçado no sentido horário de $t = \operatorname{tg}^{-1} 2 - \pi$ para $t = \operatorname{tg}^{-1} 2$, então a área do ciclo é dada (como no Exemplo 4) por

$$\begin{aligned} A &= \int_{\operatorname{tg}^{-1} 2 - \pi}^{\operatorname{tg}^{-1} 2} y dx \\ &\approx \int_{-2.0344}^{1.071} (1 + \sin t \cos t)(\cos t + 2 \sin t) dt \\ &\approx 0.8944 \end{aligned}$$

Esta integral pode ser avaliada exatamente, seu valor é $\frac{2}{5}\sqrt{5}$.

20. $L = \int_0^1 \sqrt{(dx/dt)^2 + (dy/dt)^2} dt$
e $dx/dt = 3t^2, dy/dt = 4t^3 \Rightarrow$
 $L = \int_0^1 \sqrt{9t^4 + 16t^6} dt = \int_0^1 t^2 \sqrt{9 + 16t^2} dt$

21. $L = \int_0^2 \sqrt{(dx/dt)^2 + (dy/dt)^2} dt$ e $dx/dt = 2t$,
 $dy/dt = 4$, então $L = \int_0^2 \sqrt{4t^2 + 16} dt = 2 \int_0^2 \sqrt{t^2 + 4} dt$.

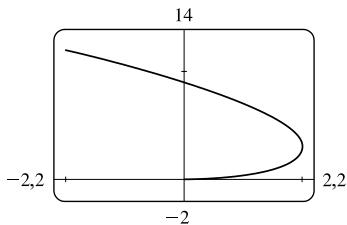
22. $\frac{dx}{dt} = \sin t + t \cos t$ e $\frac{dy}{dt} = \cos t - t \sin t \Rightarrow$
 $L = \int_0^{\pi/2} \sqrt{(\sin t + t \cos t)^2 + (\cos t - t \sin t)^2} dt$
 $= \int_0^{\pi/2} \sqrt{1+t^2} dt$

23. $dx/dt = -e^{-t}$ e $dy/dt = e^{2t} + 2te^{2t} = e^{2t}(1+2t)$, então
 $L = \int_{-1}^1 \sqrt{e^{-2t} + e^{4t}(1+2t)^2} dt$.

24. $x = t^3, y = t^2, 0 \leq t \leq 4$.
 $(dx/dt)^2 + (dy/dt)^2 = (3t^2)^2 + (2t)^2 = 9t^4 + 4t^2$.
 $L = \int_0^4 \sqrt{(dx/dt)^2 + (dy/dt)^2} dt$
 $= \int_0^4 \sqrt{9t^4 + 4t^2} dt = \int_0^4 t \sqrt{9t^2 + 4} dt$
 $= \frac{1}{18} \int_4^{148} \sqrt{u} du$ (onde $u = 9t^2 + 4$)
 $= \frac{1}{18} \left(\frac{2}{3} \right) \left[u^{3/2} \right]_4^{148} = \frac{1}{27} \left(148^{3/2} - 4^{3/2} \right)$
 $= \frac{8}{27} (37^{3/2} - 1)$

25. $x = 3t - t^3$, $y = 3t^2$, $0 \leq t \leq 2$.

$$\begin{aligned} \left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2 &= (3 - 3t^2)^2 + (6t)^2 \\ &= 9(1 + 2t^2 + t^4) = [3(1 + t^2)]^2 \\ L &= \int_0^2 3(1 + t^2) dt = [3t + t^3]_0^2 = 14 \end{aligned}$$



26. $x = 2 - 3 \operatorname{sen}^2 \theta$, $y = \cos 2\theta$, $0 \leq \theta \leq \frac{\pi}{2}$.

$$\begin{aligned} (dx/d\theta)^2 + (dy/d\theta)^2 &= (-6 \operatorname{sen} \theta \cos \theta)^2 + (-2 \operatorname{sen} 2\theta)^2 \\ &= (-3 \operatorname{sen} 2\theta)^2 + (-2 \operatorname{sen} 2\theta)^2 \\ &= 13 \operatorname{sen}^2 2\theta \end{aligned}$$

\Rightarrow

$$\begin{aligned} L &= \int_0^{\pi/2} \sqrt{13 \operatorname{sen} 2\theta} d\theta = \left[-\frac{\sqrt{13}}{2} \cos 2\theta \right]_0^{\pi/2} \\ &= -\frac{\sqrt{13}}{2}(-1 - 1) = \sqrt{13} \end{aligned}$$

27. $x = 1 + 2 \operatorname{sen} \pi t$, $y = 3 - 2 \cos \pi t$, $0 \leq t \leq 1$.

$$\begin{aligned} \left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2 &= (2\pi \operatorname{cos} \pi t)^2 + (2\pi \operatorname{sen} \pi t)^2 = 4\pi^2 \\ \Rightarrow L &= \int_0^1 \sqrt{(dx/dt)^2 + (dy/dt)^2} dt = \int_0^1 2\pi dt = 2\pi \end{aligned}$$

28. $x = 5t^2 + 1$, $y = 4 - 3t^2$, $0 \leq t \leq 2$.

$$\left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2 = (10t)^2 + (-6t)^2 = 136t^2 \Rightarrow$$

$$\begin{aligned} L &= \int_0^2 \sqrt{136t^2} dt = \int_0^2 \sqrt{136} t dt \\ &= \left[\frac{1}{2} \cdot 2\sqrt{34} t^2\right]_0^2 = 4\sqrt{34} \end{aligned}$$

29. $x = e^t \operatorname{cos} t$, $y = e^t \operatorname{sen} t$, $0 \leq t \leq \pi$.

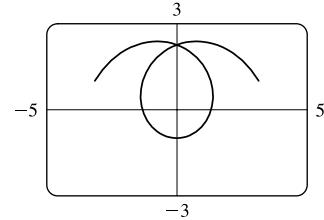
$$\begin{aligned} \left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2 &= [e^t (\operatorname{cos} t - \operatorname{sen} t)]^2 \\ &\quad + [e^t (\operatorname{cos} t + \operatorname{sen} t)]^2 \\ &= e^{2t} (2 \operatorname{cos}^2 t + 2 \operatorname{sen}^2 t) = 2e^{2t} \end{aligned}$$

$$\Rightarrow L = \int_0^\pi \sqrt{2} e^t dt = \sqrt{2}(e^\pi - 1)$$

30. $x = t \operatorname{cos} t + \operatorname{sen} t$, $y = t \operatorname{sen} t - \operatorname{cos} t$, $-\pi \leq t \leq \pi$.

$$\begin{aligned} dx/dt &= -t \operatorname{sen} t + 2 \operatorname{cos} t \text{ e } dy/dt = t \operatorname{cos} t + 2 \operatorname{sen} t, \text{ assim} \\ (dx/dt)^2 + (dy/dt)^2 &= t^2 \operatorname{sen}^2 t - 4t \operatorname{sen} t \operatorname{cos} t + \\ 4 \operatorname{cos}^2 t + t^2 \operatorname{cos}^2 t + 4t \operatorname{sen} t \operatorname{cos} t + 4 \operatorname{sen}^2 t &= t^2 + 4 \text{ e} \end{aligned}$$

$$\begin{aligned} L &= \int_{-\pi}^{\pi} \sqrt{t^2 + 4} dt = 2 \int_0^{\pi} \sqrt{t^2 + 4} dt \\ &\stackrel{21}{=} 2 \left[\frac{1}{2} t \sqrt{t^2 + 4} + 2 \ln(t + \sqrt{t^2 + 4}) \right]_0^{\pi} \\ &= 2 \left[\frac{\pi}{2} \sqrt{\pi^2 + 4} + 2 \ln(\pi + \sqrt{\pi^2 + 4}) - 2 \ln 2 \right] \\ &= \pi \sqrt{\pi^2 + 4} + 4 \ln(\pi + \sqrt{\pi^2 + 4}) - 4 \ln 2 \\ &\approx 16,633506 \end{aligned}$$



31. $x = \ln t$ e $y = e^{-t} \Rightarrow \frac{dx}{dt} = \frac{1}{t}$ e $\frac{dy}{dt} = -e^{-t} \Rightarrow$

$$L = \int_1^2 \sqrt{t^{-2} + e^{-2t}} dt. \text{ Utilizando a Regra de Simpson com } n = 10, \Delta x = (2 - 1)/10 = 0,1 \text{ e } f(t) = \sqrt{t^{-2} + e^{-2t}} \text{ obtemos } L \approx \frac{0,1}{3} [f(1,0) + 4f(1,1) + 2f(1,2) + \dots + 2f(1,8) + 4f(1,9) + f(2,0)] \approx 0,7314$$

32. $x = t^3$ e $y = t^4 \Rightarrow dx/dt = 3t^2$ e $dy/dt = 4t^3$.

$$\text{Logo } S = \int_0^1 2\pi t^4 \sqrt{9t^4 + 16t^6} dt = \int_0^1 2\pi t^6 \sqrt{9 + 16t^2} dt.$$

$$\begin{aligned} 33. \left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2 &= \left(2t - \frac{2}{t^2}\right)^2 + \left(\frac{4}{\sqrt{t}}\right)^2 \\ &= 4t^2 + \frac{8}{t} + \frac{4}{t^4} = 4 \left(t + \frac{1}{t^2}\right)^2 \end{aligned}$$

$$\begin{aligned} S &= \int_1^9 2\pi y \sqrt{\left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2} dt \\ &= 2\pi \int_1^9 (8\sqrt{t}) 2 \left(t + \frac{1}{t^2}\right) dt \\ &= 32\pi \int_1^9 \left(t^{3/2} + t^{-3/2}\right) dt = 32\pi \left[\frac{2}{5}t^{5/2} - 2t^{-1/2}\right]_1^9 \\ &= 32\pi \left\{ \left[\frac{2}{5}(243) - 2\left(\frac{1}{3}\right)\right] - \left[\frac{2}{5}(1) - 2(1)\right] \right\} \\ &= \frac{47104}{15}\pi \end{aligned}$$

34. $x = e^t \operatorname{cos} t$, $y = e^t \operatorname{sen} t$, $0 \leq t \leq \frac{\pi}{2}$.

$$\begin{aligned} \left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2 &= [e^t (\operatorname{cos} t - \operatorname{sen} t)]^2 \\ &\quad + [e^t (\operatorname{cos} t + \operatorname{sen} t)]^2 \\ &= e^{2t} (2 \operatorname{cos}^2 t + 2 \operatorname{sen}^2 t) = 2e^{2t}, \text{ assim} \end{aligned}$$

$$\begin{aligned} S &= \int_0^{\pi/2} 2\pi y \sqrt{\left(\frac{dx}{dt}\right)^2 + \left(\frac{dy}{dt}\right)^2} dt \\ &= \int_0^{\pi/2} 2\pi e^t \operatorname{sen} t \sqrt{2} e^t dt \stackrel{98}{=} 2\sqrt{2}\pi \int_0^{\pi/2} e^{2t} \operatorname{sen} t dt \\ &= \left[2\sqrt{2}\pi \frac{e^{2t}}{5} (2 \operatorname{sen} t - \operatorname{cos} t) \right]_0^{\pi/2} \\ &= \frac{2\sqrt{2}}{5}\pi [2e^\pi - (-1)] = \frac{2\sqrt{2}\pi}{5} (2e^\pi - 1) \end{aligned}$$

$$\begin{aligned}
 35. & \left(\frac{dx}{d\theta} \right)^2 + \left(\frac{dy}{d\theta} \right)^2 \\
 & = (-2 \sin \theta + 2 \sin 2\theta)^2 + (2 \cos \theta - 2 \cos 2\theta)^2 \\
 & = 4 [(\sin^2 \theta - 2 \sin \theta \sin 2\theta + \sin^2 2\theta) \\
 & \quad + (\cos^2 \theta - 2 \cos \theta \cos 2\theta + \cos^2 2\theta)] \\
 & = 4 [1 + 1 - 2(\cos 2\theta \cos \theta + \sin 2\theta \sin \theta)] \\
 & = 8[1 - \cos(2\theta - \theta)] = 8(1 - \cos \theta)
 \end{aligned}$$

Observe que $x(2\pi - \theta) = x(\theta)$ e $y(2\pi - \theta) = -y(\theta)$,
logo a parte da curva de $\theta = 0$ a $\theta = \pi$ gera a
mesma superfície que a parte de $\theta = \pi$ a $\theta = 2\pi$.

Além disto, $y = 2 \sin \theta - \sin 2\theta = 2 \sin \theta (1 - \cos \theta)$.
Logo

$$\begin{aligned}
 S & = \int_0^\pi 2\pi \cdot 2 \sin \theta (1 - \cos \theta) 2\sqrt{2} \sqrt{1 - \cos \theta} d\theta \\
 & = 8\sqrt{2}\pi \int_0^\pi (1 - \cos \theta)^{3/2} \sin \theta d\theta \\
 & = 8\sqrt{2}\pi \int_0^2 \sqrt{u^3} du \quad (u = 1 - \cos \theta, du = \sin \theta d\theta) \\
 & = \left[8\sqrt{2}\pi \left(\frac{2}{5}u^{5/2} \right) \right]_0^2 \\
 & = \frac{128\pi}{5}
 \end{aligned}$$