

COMO IMPLANTAR A PBE?



1. Formular uma pergunta clínica
2. Realizar buscas adequadas em base de dados
3. Avaliar criticamente o método da pesquisa e os resultados
4. Aplicar os resultados de pesquisa
5. Avaliar os resultados dos itens acima no desfecho do paciente

FORMULANDO A PERGUNTA CLÍNICA



P

PACIENTE
condição

I

INTERVENÇÃO

C

COMPARAÇÃO

O

OUTCOME
desfecho

FORMULANDO A PERGUNTA CLÍNICA



P

PACIENTE
condição



FORMULANDO A PERGUNTA CLÍNICA



INTERVENÇÃO

FORMULANDO A PERGUNTA CLÍNICA



C

COMPARAÇÃO

CONTROLE SEM TRATAMENTO

CONTROLE COM PLACEBO OU SHAM

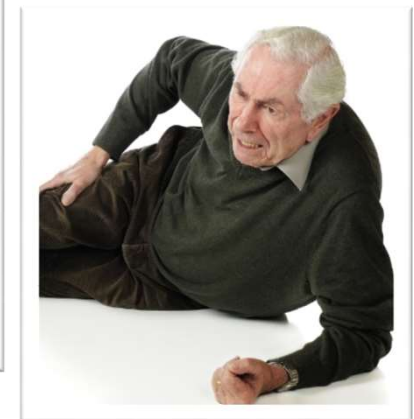
CONTROLE COM PROTOCOLO CONVENCIONAL

CONTROLE COM OUTRA INTERVENÇÃO (também efetiva)

FORMULANDO A PERGUNTA CLÍNICA




OUTCOME
desfecho



REFINANDO A PERGUNTA

CONSTRUINDO A PERGUNTA PICO

PACIENTE (condição)

Como devo tratar um paciente com síndrome do impacto subacromial?

search.pedro.org.au/search

PEDro
PHYSIOTHERAPY EVIDENCE DATABASE

[Home](#) [New Search \(Simple\)](#) [New Search \(Advanced\)](#) [Search Help](#)

Simple Search

Search term (or terms):

Search

**impingement* (148)
+ shoulder**

EMBORA O SITE TENHA VERSÃO EM LÍNGUA
PORTUGUESA, OS TERMOS DE BUSCA
DEVEM ESTAR EM INGLÊS

BUSCA SIMPLES – TÍTULO E RESUMO

FOUND 139
28/09/2016



THE GEORGE INSTITUTE
for Global Health



Affiliated with
THE UNIVERSITY OF
SYDNEY

REFINANDO A PERGUNTA

USANDO A TRUNCAGEM *

Exercícios

INTERVENÇÃO (tratamento)

Como devo tratar um paciente com síndrome do impacto subacromial?

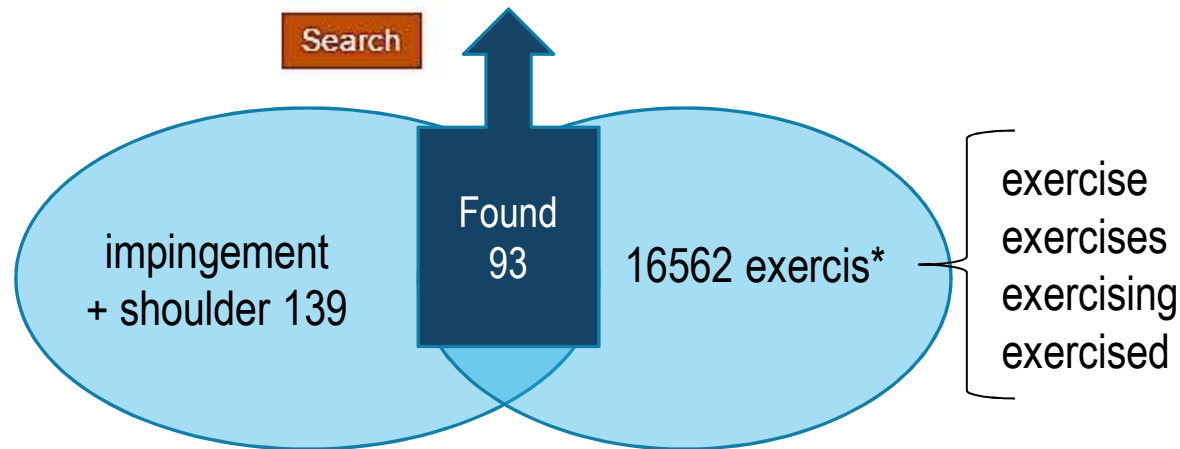
P

Simple Search

Search term (or terms):

impingement shoulder exercis*

Search



P

síndrome do impacto subacromial

I

exercícios

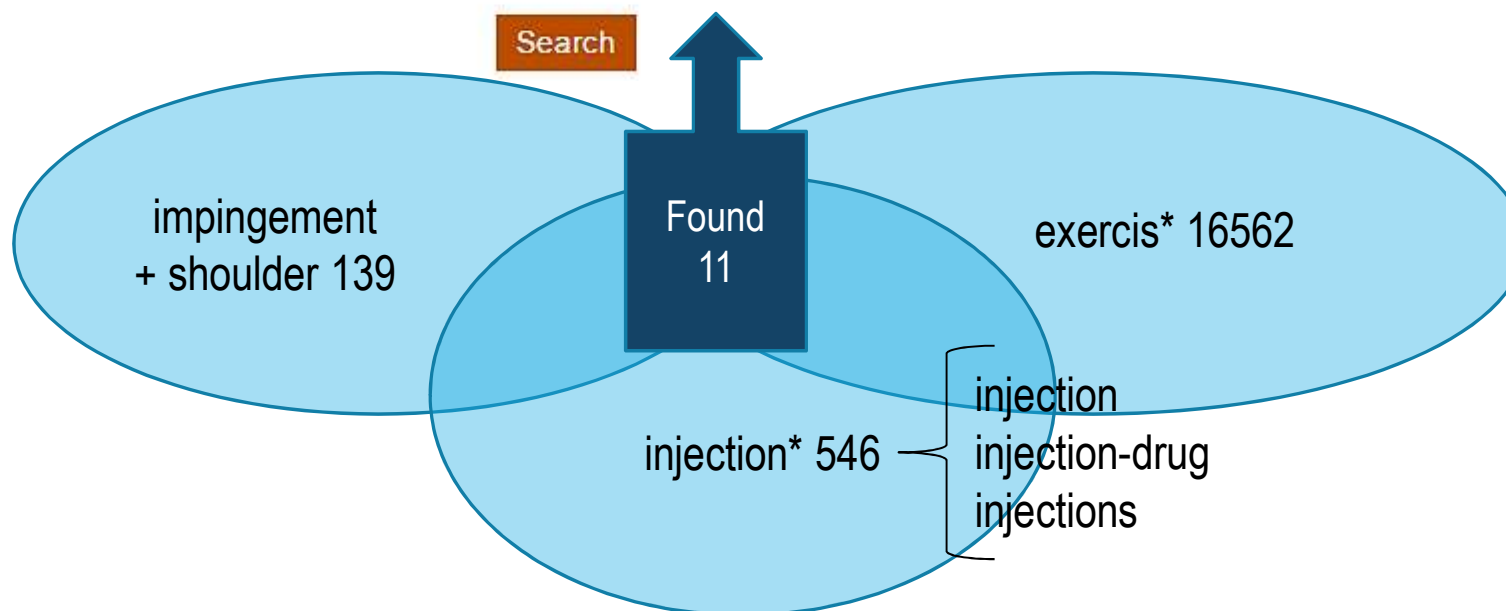
COMPARAÇÃO (tratamento)

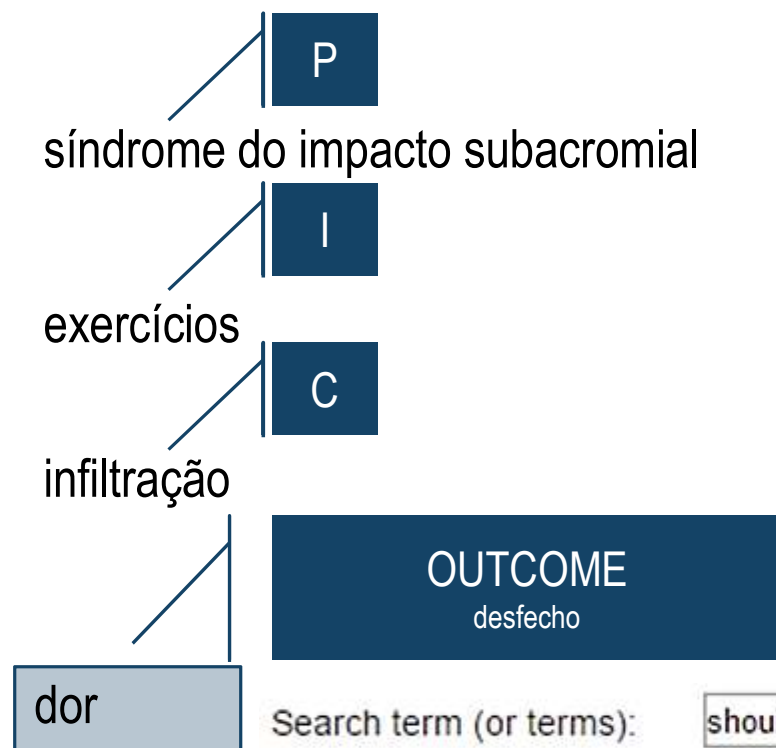
infiltração

Search term (or terms):

shoulder impingement exercis* injection*

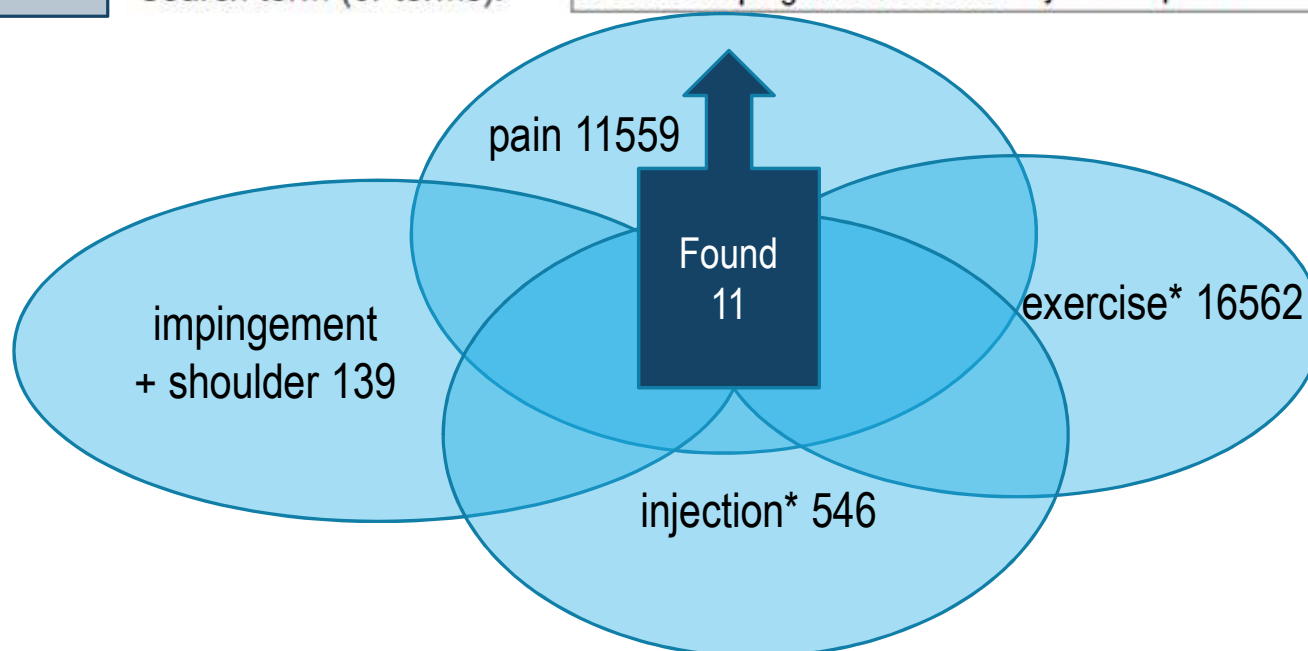
Search





Search term (or terms):

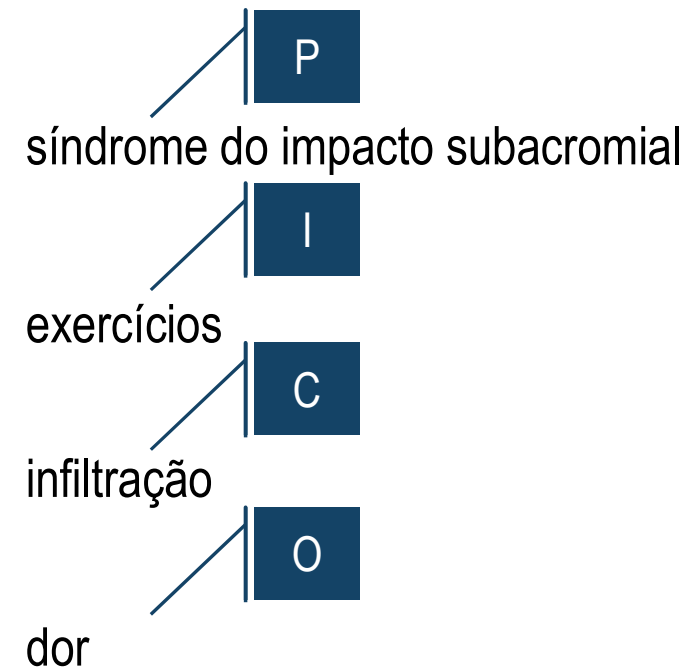
shoulder impingement exercis* injection* pain



Em pacientes com síndrome do impacto, os exercícios aliviam a dor quando comparados a infiltração?

Exercícios são mais efetivos no alívio da dor quando comparados a infiltração em pacientes com síndrome do impacto subacromial?: um estudo randomizado controlado

Title	Method	Score (/10)	Select Record
Guideline for diagnosis and treatment of subacromial pain syndrome	practice guideline	N/A	Select
Electrotherapy modalities for rotator cuff disease (Cochrane review) [with consumer summary]	systematic review	N/A	Select
The effectiveness of soft-tissue therapy for the management of musculoskeletal disorders and injuries of the upper and lower extremities: a systematic review by the Ontario Protocol for Traffic Injury Management (OPTIMA) collaboration	systematic review	N/A	Select
Treatments for shoulder impingement syndrome: a PRISMA systematic review and network meta-analysis	systematic review	N/A	Select
Is exercise effective for the management of subacromial impingement syndrome and other soft tissue injuries of the shoulder? A systematic review by the Ontario Protocol for Traffic Injury Management (OPTIMA) Collaboration	systematic review	N/A	Select
Exercise therapy after ultrasound-guided corticosteroid injections in patients with subacromial pain syndrome: a randomized controlled trial	clinical trial	7/10	Select
Subacromial corticosteroid injection or acupuncture with home exercises when treating patients with subacromial impingement in primary care -- a randomized clinical trial	clinical trial	7/10	Select
Exercise therapy after corticosteroid injection for moderate to severe shoulder pain: large pragmatic randomised trial [with consumer summary]	clinical trial	7/10	Select
Cost-effectiveness of exercise therapy after corticosteroid injection for moderate to severe shoulder pain due to subacromial impingement syndrome: a trial-based analysis [with consumer summary]	clinical trial	6/10	Select



Fazer a leitura dos títulos para definir qual são os artigos de interesse

REFINANDO A PERGUNTA

SENDO MAIS ESPECÍFICO (O CONTRÁRIO TAMBÉM PODE SER NECESSÁRIO)

P

I

C

O

Em pacientes com dor lombar, exercícios comparados ao tratamento convencional aliviam a dor quando?

Em pacientes com dor lombar, os exercícios aliviam a dor quando comparados a placebo?

Simple Search

Search term (or terms):

low back pain exercises

Search

FOUND 384
02/10/2016

Search term (or terms):

chronic* low back pain exercises

Search

FOUND 269

Search term (or terms):

chronic* non-specific low back pain exercises

Search

FOUND 50

Search term (or terms):

chronic* non-specific low back pain stabi* exercises

Search

FOUND 18

Title	Method	Score (/10)	Select Record
An update of stabilisation exercises for low back pain: a systematic review with meta-analysis	systematic review	N/A	Select
Comparing the Pilates method with no exercise or lumbar stabilization for pain and functionality in patients with chronic low back pain: systematic review and meta-analysis [with consumer summary]	systematic review	N/A	Select
Evidence based practice guidelines for management of low back pain: physical therapy implications	systematic review	N/A	Select
The effect of non-weight bearing group-exercising on females with non-specific chronic low back pain: a randomized single blind controlled pilot study	clinical trial	7/10	Select
An occupational, internet-based intervention to prevent chronicity in subacute lower back pain: a randomised controlled trial	clinical trial	7/10	Select
Effects of low back pain and of stabilization or movement-system-impairment treatments on induced postural responses: a planned secondary analysis of a randomized controlled trial	clinical trial	6/10	Select
New aspects of physical therapy for osteoporosis: a randomized clinical trial [with consumer summary]	clinical trial	6/10	Select
Effects of stabilization exercise using a ball on multifidus cross-sectional area in patients with chronic low back pain [with consumer summary]	clinical trial	6/10	Select
An educational approach based on a non-injury model compared with individual symptom-based physical training in chronic LBP: A pragmatic, randomised trial with a one-year follow-up	clinical trial	6/10	Select
Effect of thoracic mobilization on respiratory parameters in chronic non-specific low back pain: a randomized controlled trial	clinical trial	5/10	Select
Effect of core stabilization exercises versus conventional exercises on pain and functional status in patients with non-specific low back pain: a randomized clinical trial	clinical trial	5/10	Select
Effectiveness of core stabilization exercises versus McKenzie's exercises in chronic lower back pain	clinical trial	5/10	Select
Does core stability exercise improve lumbopelvic stability (through endurance tests) more than general exercise in chronic low back pain? A quasi-randomized controlled trial	clinical trial	4/10	Select
Comparing core stability and traditional trunk exercise on chronic low back pain patients using three functional lumbopelvic stability tests	clinical trial	4/10	Select
The effects of stabilizing exercises on pain and disability of patients with lumbar segmental instability	clinical trial	4/10	Select
The effect of pelvic floor muscle exercise on women with chronic non-specific low back pain	clinical trial	4/10	Select
(Stabilization exercises and their effect on fear-avoidance belief and disability in patients with recurrent nonspecific low back pain) [Persian]	clinical trial	currently being rated	Select
(Short effects of two common stabilization exercise on back and abdominal muscle recruitment and lumbar curvature in non-specific chronic low back pain patients: a crossover clinical trial study) [Persian]	clinical trial	currently being rated	Select

2 RS c/ metanálise – 2014 e 2012
começar pela mais recente (revisão até 2013)

1 RS -2011

6 RCTs

Confirmar as 4 perguntas essenciais no resumo

7 abaixo da nota de corte

2 em língua fora do domínio

Detailed Search Results

RCTs com score 6

An educational approach based on a non-injury model compared with individual symptom-based physical training in chronic LBP. A pragmatic, randomised trial with a one-year follow-up

Sorensen PH, Bendix T, Manniche C, Korsholm L, Lemvig D, Indahl A

BMC Musculoskeletal Disorders 2010 Sep 17;11(212):Epub

clinical trial

6/10 [Eligibility criteria: Yes; Random allocation: Yes; Concealed allocation: Yes; Baseline comparability: Yes; Blind subjects: No; Blind therapists: No; Blind assessors: No; Adequate follow-up: Yes; Intention-to-treat analysis: No; Between-group comparisons: Yes; Point estimates and variability: Yes. Note: Eligibility criteria item does not contribute to total score] *This score has been confirmed*

Effects of stabilization exercise using a ball on multifidus cross-sectional area in patients with chronic low back pain [with consumer summary]

Chung S, Lee J, Yoon J

Journal of Sports Science and Medicine 2013 Sep;12(3):533-541

clinical trial

6/10 [Eligibility criteria: Yes; Random allocation: Yes; Concealed allocation: Yes; Baseline comparability: Yes; Blind subjects: No; Blind therapists: No; Blind assessors: No; Adequate follow-up: Yes; Intention-to-treat analysis: No; Between-group comparisons: Yes; Point estimates and variability: Yes. Note: Eligibility criteria item does not contribute to total score] *This score has been confirmed*

New aspects of physical therapy for osteoporosis: a randomized clinical trial [with consumer summary]

Schroder G, Knauerhase A, Kundt G, Schober HC

Osteologie [Osteology] 2014 Jan-Feb;23(2):123-132

clinical trial

6/10 [Eligibility criteria: No; Random allocation: Yes; Concealed allocation: Yes; Baseline comparability: Yes; Blind subjects: No; Blind therapists: No; Blind assessors: No; Adequate follow-up: Yes; Intention-to-treat analysis: No; Between-group comparisons: Yes; Point estimates and variability: Yes. Note: Eligibility criteria item does not contribute to total score] *This score has been confirmed*

Copyright release for this abstract has not been granted.

Effects of low back pain and of stabilization or movement-system-impairment treatments on induced postural responses: a planned secondary analysis of a randomized controlled trial

Jacobs JV, Lomond KV, Hitt JR, de Sarno MJ, Bunn JY, Henry SM

Manual Therapy 2016 Feb;21:210-219

clinical trial

6/10 [Eligibility criteria: No; Random allocation: Yes; Concealed allocation: Yes; Baseline comparability: No; Blind subjects: No; Blind therapists: No; Blind assessors: Yes; Adequate follow-up: Yes; Intention-to-treat analysis: No; Between-group comparisons: Yes; Point estimates and variability: Yes. Note: Eligibility criteria item does not contribute to total score] *This score has been confirmed*

Detailed Search Results

An occupational, internet-based intervention to prevent chronicity in subacute lower back pain: a randomised controlled trial


del Pozo-Cruz B, Parraca JA, del Pozo-Cruz J, Adsuar JC, Hill JC, Gusi N

Journal of Rehabilitation Medicine 2012 Jun;44(7):581-587

clinical trial

7/10 [Eligibility criteria: Yes; Random allocation: Yes; Concealed allocation: No; Baseline comparability: Yes; **Blind subjects: No; Blind therapists: No**
Blind assessors: Yes; Adequate follow-up: Yes; **Intention-to-treat analysis: Yes** Between-group comparisons: Yes; Point estimates and variability: Yes. Note: Eligibility criteria item does not contribute to total score] *This score has been confirmed*

OBJECTIVE: To investigate whether an online occupational postural and exercise intervention reduced patients' overall risk status for chronicity in subacute non-specific low back pain compared with conventional treatment, and to determine whether changes in risk of chronicity correlate with changes in specific outcomes (ie, Functional Status and QoL) for low back pain. **DESIGN:** Prospective, single-blinded randomized intervention study. **SUBJECTS:** University office workers with subacute non-specific low back pain (n = 100) were randomized 1:1 to an intervention group, who received an online occupational postural and exercise intervention, and a control group. **METHODS:** Exercise and education materials used in the intervention were developed as an online resource, and included video demonstrations recorded in a laboratory. All sessions included exercises combining postural stability (for abdominal, lumbar, hip and thigh muscles) strengthening, flexibility, mobility, and stretching. Outcome measures included STarT Back Screening Tool (SBST), Roland Morris score, and European Quality of Life Questionnaire (5 dimensions, 3 levels). At 9 months, SBST was analysed and compared with the baseline and controls. **RESULTS:** Significant positive effects were found on mean scores recorded in the online occupational exercise intervention group for risk of chronicity ($p < 0.019$). A correlation between functional disability, health-related quality of life and risk of chronicity of low back pain was observed. **CONCLUSION:** This study supports the potential utility of a real-time occupational internet-based intervention for preventing progression to chronicity of subacute non-specific low back pain among office workers.

Full text (sometimes free) may be available at these link(s):  [help](#)

- [DOI](#)
- [PubMed](#)
- [publisher](#)

Detailed Search Results

The effect of non-weight bearing group-exercising on females with non-specific chronic low back pain: a randomized single blind controlled pilot study


Masharawi Y, Nadaf N

Journal of Back and Musculoskeletal Rehabilitation 2013;26(4):353-359

clinical trial

7/10 [Eligibility criteria: Yes; Random allocation: Yes; Concealed allocation: Yes; Baseline comparability: Yes; Blind subjects: No; Blind therapists: No; Blind assessors: Yes; Adequate follow-up: Yes; Intention-to-treat analysis: No; Between-group comparisons: Yes; Point estimates and variability: Yes. Note: Eligibility criteria item does not contribute to total score] *This score has been confirmed*

OBJECTIVE: The aim of this study was to investigate the effect of active non-weight-bearing (NWB) group exercising on women with non specific chronic low back pain (NSCLBP). **METHODS:** Forty females with NSCLBP were assigned in a randomized control longitudinal single blinded pilot study. 20 of them were assigned to a NWB bi-weekly group exercise class and 20 females were included in the control group. The exercises involved the entire lumbo-pelvic spine aimed at improving lumbar mobility/flexibility and stability. Pain intensity (VAS), back specific disability (Rolland Morris questionnaire-RMQ), and lumbar flexion and extension ranges of motion measurements were taken prior to intervention (t0), immediately following 4 weeks of intervention (t1) and 8 weeks later (t-fu). Reliability trials were conducted on 10 females. Non-parametric tests were used for statistical significance ($p < 0.05$). **RESULTS:** The following significant changes in outcome measures were indicated at t1 compared with t0 and control group ($p < 0.001$): an increase in lumbar flexion and extension (mean difference 9.26 (+54%) for flexion and 5.95 for extension (+98%)); reduction in VAS score (mean difference 2.32 (+58%)) and RMQ score (mean difference 4.9 (-34%)). All changes remained significant at t-fu. At t0, lumbar flexion was correlated with extension ($r = 0.547$) and VAS ($r = -0.581$), whereas the RMQ score correlated with VAS score ($r = 0.599$) and negatively with lumbar extension ($r = -0.665$). At t1, lumbar flexion correlated with extension ($r = 0.664$) and negatively with RMQ score ($r = -0.54$). At t-fu, changes in VAS score were negatively correlated with changes in lumbar flexion ($r = -0.522$), while changes in lumbar flexion correlated with extension ($r = 0.58$). **CONCLUSIONS:** A functional program of NWB group exercising improves functional, painful status, lumbar flexion and extension ranges of motion in women suffering from NSCLBP.

Full text (sometimes free) may be available at these link(s):  [help](#)

- [DOI](#)
- [PubMed](#)
- [publisher](#)

REFINANDO A BUSCA

BUSCA AVANÇADA (A PARTIR DA PERGUNTA PICO)

Abstract & Title:	<input type="text"/>
Therapy:	<input type="text"/>
Problem:	<input type="text"/>
Body Part:	<input type="text"/>
Subdiscipline:	<input type="text"/>
Topic:	<input type="text"/>
Method:	<input type="text"/>
Author/Association:	<input type="text"/>
Title Only:	<input type="text"/>
Source:	<input type="text"/>
Published Since:	<input type="text"/> [YYYY]
New records added since:	<input type="text"/> [DD/MM/YYYY]
Score of at least:	<input type="text"/> [/10]
Return:	<input type="text" value="20"/> records at a time
When Searching:	<input checked="" type="radio"/> Match all search terms (AND) <input type="radio"/> Match any search term (OR)
<input type="button" value="Start Search"/>	

Abstract & Title:

Therapy:

Problem:

Body Part:

Subdiscipline:

Topic:

Method:

Author/Association:

Title Only:

Source:

Published Since: [YYYY]

New records added since: [DD/MM/YYYY]

Score of at least: [10]

Return: records at a time

When Searching: ☒ Match all search terms (AND)
☐ Match any search term (OR)

Start Search

Selecionando o escore estará pesquisando apenas clinical trials

Em pacientes com fascite plantar, modalidades eletrotermoterapêuticas aliviam a dor quando comparados a outros tratamentos?

Effect of magnetic versus sham-magnetic insoles on plantar heel pain: a randomized controlled trial	clinical trial	10/10	Select
Chronic plantar fasciitis treated with two sessions of radial extracorporeal shock wave therapy ←	clinical trial	9/10	Select
Radial extracorporeal shock wave therapy is safe and effective in the treatment of chronic recalcitrant plantar fasciitis: results of a confirmatory randomized placebo-controlled multicenter study ←	clinical trial	9/10	Select
Randomized, placebo-controlled, double-blind clinical trial evaluating the treatment of plantar fasciitis with an extracorporeal shockwave therapy (ESWT) device: a North American confirmatory study ←	clinical trial	9/10	Select
Ultrasound-guided extracorporeal shock wave therapy for plantar fasciitis. A randomized controlled trial ←	clinical trial	9/10	Select
Comparison of radial versus focused extracorporeal shock waves in plantar fasciitis using functional measures ←	clinical trial	8/10	Select
Plantar fascia-specific stretching versus radial shock-wave therapy as initial treatment of plantar fasciopathy ←	clinical trial	8/10	Select
Repetitive low-energy shock wave application without local anesthesia is more efficient than repetitive low-energy shock wave application with local anesthesia in the treatment of chronic plantar fasciitis ←	clinical trial	8/10	Select
Extracorporeal shock wave therapy for plantar fasciitis: randomised controlled multicentre trial [with consumer summary] ←	clinical trial	8/10	Select
Extracorporeal shock wave therapy for plantar fasciitis. A double blind randomised controlled trial ←	clinical trial	8/10	Select
Extrakorporale Stosswellentherapie beim symptomatischen Fersensporn -- eine ubersicht (Extracorporeal shock wave therapy in plantar fasciitis: a review) [German] ←	clinical trial	8/10	Select

Abstract & Title:	<input type="text" value="cervical*"/>
Therapy:	<input type="text" value="stretching, mobilisation, manipulation, massage"/>
Problem:	<input type="text" value="pain"/>
Body Part:	<input type="text" value="head or neck"/>
Subdiscipline:	<input type="text"/>
Topic:	<input type="text"/>
Method:	<input type="text" value="clinical trial"/>
Author/Association:	<input type="text"/>
Title Only:	<input type="text"/>
Source:	<input type="text"/>
Published Since:	<input type="text"/> [YYYY]
New records added since:	<input type="text"/> [DD/MM/YYYY]
Score of at least:	<input type="text" value="9"/> [10]
Return:	<input type="text" value="20"/> records at a time
When Searching:	<input checked="" type="radio"/> Match all search terms (AND) <input type="radio"/> Match any search term (OR)

Em pacientes com cervicalgia, modalidades de terapia manual aliviam a dor quando comparados a outros tratamentos?

Search Results

Click on a title to view details of that record. If your search has returned many records you may need to move to the next page (at the top or bottom of the list of records). To display a list of records from one or a series of searches, click on *Select* and then *Display Selected Records*

Found 5 records

Title	Method	Score (/10)	Select Record
Comparison of 2 manual therapy and exercise protocols for cervical radiculopathy: a randomized clinical trial evaluating short-term effects [with consumer summary]	clinical trial	9/10	Select
Effects of cervical spine manual therapy on range of motion, head repositioning and balance in participants with cervicogenic dizziness: a randomized controlled trial	clinical trial	9/10	Select
Is one better than another? A randomized clinical trial of manual therapy for patients with chronic neck pain	clinical trial	9/10	Select
Inclusion of thoracic spine thrust manipulation into an electrotherapy/thermal program for the management of patients with acute mechanical neck pain: a randomized clinical trial	clinical trial	9/10	Select
Sustained natural apophyseal glides (SNAGs) are an effective treatment for cervicogenic dizziness	clinical trial	9/10	Select

Abstract & Title: cervical* meta* ←

Therapy: stretching, mobilisation, manipulation, massage ▼

Problem: pain ▼

Body Part: head or neck ▼

Subdiscipline: ▼

Topic: ▼

Method: systematic review ← ▼

Author/Association: ▼

Title Only: ▼

Source: ▼

Published Since: ▼ [YYYY]

New records added since: ▼ [DD/MM/YYYY]

Score of at least: ▼ [/10]

Return: 20 ▼ records at a time

When Searching: ☒ Match all search terms (AND)
☐ Match any search term (OR)

Start Search

FOUND 18

Em pacientes com cervicalgia, modalidades de terapia manual aliviam a dor quando comparados a outros tratamentos?

Manipulation and mobilisation for neck pain contrasted against an inactive control or another active treatment (Cochrane review) [with consumer summary]	systematic review	N/A	Select
Does cervical spine manipulation reduce pain in people with degenerative cervical radiculopathy? A systematic review of the evidence, and a meta-analysis [with consumer summary]	systematic review	N/A	Select
Effectiveness of manual therapy and therapeutic exercise for temporomandibular disorders: systematic review and meta-analysis	systematic review	N/A	Select
Exercises for mechanical neck disorders: a Cochrane review update	systematic review	N/A	Select
The effectiveness of conservative management for acute whiplash associated disorder (WAD) II: a systematic review and meta-analysis of randomised controlled trials	systematic review	N/A	Select
Efficacy of massage therapy on pain and dysfunction in patients with neck pain: a systematic review and meta-analysis	systematic review	N/A	Select
The clinical utility of cervical range of motion in diagnosis, prognosis, and evaluating the effects of manipulation: a systematic review	systematic review	N/A	Select
Peripheral response to cervical or thoracic spinal manual therapy: an evidence-based review with meta analysis	systematic review	N/A	Select
The relative effectiveness of segment specific level and non-specific level spinal joint mobilization on pain and range of motion: results of a systematic review and meta-analysis	systematic review	N/A	Select
Proprioception interventions to improve cervical position sense in cervical pathology [with consumer summary]	systematic review	N/A	Select
The effectiveness of conservative treatment for patients with cervical radiculopathy: a systematic review	systematic review	N/A	Select
(Systematic review of clinical randomized controlled trials on manipulation treatment for vertebral artery type of cervical spondylosis) [Chinese - simplified characters]	systematic review	N/A	Select
(Manipulation or massage on nerve-root-type cervical spondylosis: systematic review of clinical randomized controlled trials) [Chinese - simplified characters]	systematic review	N/A	Select
A systematic literature review on the effectiveness of non-invasive therapy for cervicobrachial pain	systematic review	N/A	Select
Eficacia del tratamiento en la cefalea tensional (Efficacy of the treatment in tension-type headache) [Spanish]	systematic review	N/A	Select
Efectividad de la terapia manual (manipulaciones y movilizaciones) en el dolor cervical inespecífico. Evidencia científica (Effectiveness of the manual therapy (manipulations and mobilizations) in non-specific neck pain. Scientific evidence) [Spanish]	systematic review	N/A	Select
Treatment of whiplash-associated disorders part I: non-invasive interventions	systematic review	N/A	Select
Manipulation and mobilization of the cervical spine: a systematic review of the literature	systematic review	N/A	Select

ONDE ENCONTRAR RCTs e RS PARA LER?

Medline – PUBMED <https://www.ncbi.nlm.nih.gov/pubmed>

SPORTDiscus <http://www.ebscohost.com/academic/sportdiscus-with-full-text>

SCIELO <http://www.scielo.br/>

PEDro <http://www.pedro.org.au/portuguese/>

EMBASE (sem acesso gratuito no Brasil)

CiNAHL (sem acesso gratuito no Brasil)



Article types
Clinical Trial
Review
Customize ...

Text availability
Abstract
Free full text
Full text

PubMed Commons
Reader comments
Trending articles

Publication dates
5 years
10 years
Custom range...

Species
Humans

Format: Summary Sort by: Most Recent

Send to Filters: [Manage Filters](#)

Search results

Items: 1 to 20 of 23623

<< First < Prev Page 1 of 1182 Next > Last >>

Sort by **Relevance** to quickly find articles that most closely match your query.

- [An abuse-deterrent, microsphere-in-capsule formulation of extended-release oxycodone: alternative modes of administration to facilitate pain management in patients with dysphagia.](#)
McCarberg BH, Kopecky EA, O'Connor M, Marseilles A, Varanasi RK, Thompson C, Fleming AB.
Curr Med Res Opin. 2016 Sep 26;1-8. [Epub ahead of print]
PMID: 27668546
[Similar articles](#)
- [A review of the literature and discussion: establishing a consensus for the definition of post-mastectomy pain syndrome to provide a standardized clinical and research approach.](#)
Brackstone M.

Results by year



Related searches

[chronic pain management guidelines](#)
[chronic pain management nonpharmacological therapies for chronic pain](#)
[interdisciplinary chronic pain management](#)
[ketamine chronic pain management](#)



Article types
✓ Clinical Trial
Review
Customize ...

Text availability
Abstract

clear Format: Summary Sort by: Most Recent

Send to

Search results

Items: 1 to 20 of 2383

<< First < Prev Page 1 of 120 Next > Last >>

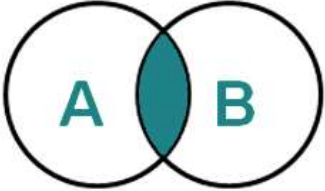
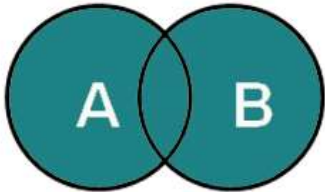
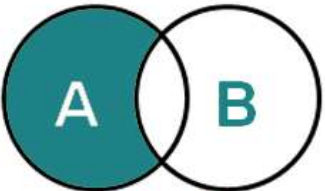
PMID: 27663524 Free Article
[Similar articles](#)

The Emerging Role of Mindfulness Meditation as Effective Self-Management Strat [Mil Med. 2016]

PUBMED

E OPERADORES BOOLEANOS

AND

 <p>A AND B</p>	<p>Retrieves all records having concept A and concept B in the same record.</p> <p>Using AND, the number of hits retrieved decreases.</p>
 <p>A OR B</p>	<p>Retrieves records containing either concept A or concept B.</p> <p>Used usually to connect synonyms or related terms.</p> <p>Using OR, the number of hits retrieved increases.</p>
 <p>A NOT B</p>	<p>Retrieves records containing concept A but not concept B.</p> <p>Use with caution as it might eliminate some relevant records.</p>

OR

NOT

BUSCANDO PELO PUBMED

USANDO OPERADORES BOLEANOS

P acientes/condição	impingment syndrome <input type="text" value="OR"/> subacromial pain <input type="text" value="OR"/> shoulder pain
<input type="text" value="AND"/>	
I ntervenção/exposição	manual therapy <input type="text" value="OR"/> mobilization <input type="text" value="OR"/> manipulation
<input type="text" value="AND"/>	
C ontrole/comparação	placebo <input type="text" value="OR"/> sham
<input type="text" value="AND"/>	
O utcome/resultado/desfecho	function <input type="text" value="OR"/> disability <input type="text" value="OR"/> range of motion
<input type="text" value="AND"/>	
S tudy/tipo de estudo	randomized <input type="text" value="OR"/> clinical trial

(((((impingement syndrome OR subacromial pain OR shoulder pain)) AND (manual therapy OR mobilization OR manipulation)) AND (placebo OR sham)) AND (function OR disability OR range of motion)) AND (randomized OR controlled OR clinical trial)

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Placebos

- Any dummy medication or treatment. Although **placebos** originally were medicinal preparations having no specific pharmacological activity against a targeted condition, the concept has been extended to include treatments or procedures, especially those administered to control groups in clinical trials in order to provide baseline measurements for the experimental protocol.

Placebo Effect

- An effect usually, but not necessarily, beneficial that is attributable to an expectation that the regimen will have an effect, i.e., the effect is due to the power of suggestion.

Year introduced: 1990

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"placebos"[MeSH Terms] OR placebo[Text Word]

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Items: 2

Placebos

- Any dummy medication or treatment. Although **placebos** originally were medicinal preparations having no specific pharmacological activity against a targeted condition, the concept has been extended to include treatments or procedures, especially those administered to control groups in clinical trials in order to provide baseline measurements for the experimental protocol.

Placebo Effect

- An effect usually, but not necessarily, due to the power of suggestion. Any dummy medication or treatment. Although placebos originally were medicinal preparations having no specific pharmacological activity against a targeted condition, the concept has been extended to include treatments or procedures, especially those administered to control groups in clinical trials in order to provide baseline measurements for the experimental protocol.

Placebos

Any dummy medication or treatment. Although placebos originally were medicinal preparations having no specific pharmacological activity against a targeted condition, the concept has been extended to include treatments or procedures, especially those administered to control groups in clinical trials in order to provide baseline measurements for the experimental protocol.

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- | | | |
|---|--|--|
| <input type="checkbox"/> administration and dosage | <input type="checkbox"/> contraindications | <input type="checkbox"/> physiology |
| <input type="checkbox"/> adverse effects | <input type="checkbox"/> economics | <input type="checkbox"/> standards |
| <input type="checkbox"/> analysis | <input type="checkbox"/> history | <input type="checkbox"/> statistics and numerical data |
| <input type="checkbox"/> antagonists and inhibitors | <input type="checkbox"/> metabolism | <input type="checkbox"/> supply and distribution |
| <input type="checkbox"/> blood | <input type="checkbox"/> organization and administration | <input type="checkbox"/> therapeutic use |
| <input type="checkbox"/> chemistry | <input type="checkbox"/> pharmacokinetics | <input type="checkbox"/> therapy |
| <input type="checkbox"/> classification | <input type="checkbox"/> pharmacology | <input type="checkbox"/> toxicity |

☐ Restrict to MeSH Major Topic.

☐ Do not include MeSH terms found below this term in the MeSH hierarchy.

Tree Number(s): D26.660, E02.785

MeSH Unique ID: D010919

Entry Terms:

- Sham Treatment

[All MeSH Categories](#)

[Chemicals and Drugs Category](#)

[Pharmaceutical Preparations](#)

Placebos

[All MeSH Categories](#)

[Analytical, Diagnostic and Therapeutic Techniques and Equipment Category](#)

[Therapeutics](#)

Placebos

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Musculoskeletal Manipulations

Various manipulations of body tissues, muscles and bones by hands or equipment to improve health and circulation, relieve fatigue, promote healing.
Year introduced: 2002

PubMed search builder options

[Subheadings:](#)

- | | | |
|--|--|--|
| <input type="checkbox"/> adverse effects | <input type="checkbox"/> legislation and jurisprudence | <input type="checkbox"/> rehabilitation |
| <input type="checkbox"/> classification | <input type="checkbox"/> manpower | <input type="checkbox"/> standards |
| <input type="checkbox"/> contraindications | <input type="checkbox"/> methods | <input type="checkbox"/> statistics and numerical data |
| <input type="checkbox"/> economics | <input type="checkbox"/> mortality | <input type="checkbox"/> therapeutic use |
| <input type="checkbox"/> education | <input type="checkbox"/> nursing | <input type="checkbox"/> therapy |
| <input type="checkbox"/> epidemiology | <input type="checkbox"/> organization and administration | <input type="checkbox"/> trends |
| <input type="checkbox"/> ethics | <input type="checkbox"/> pharmacology | <input type="checkbox"/> utilization |
| <input type="checkbox"/> history | <input type="checkbox"/> psychology | <input type="checkbox"/> veterinary |
| <input type="checkbox"/> instrumentation | | |

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Tree Number(s): E02.190.599, E02.779.867

MeSH Unique ID: D026201

Entry Terms:

- Manipulations, Musculoskeletal
- Manual Therapies
- Manual Therapy
- Therapies, Manual
- Therapy, Manual
- Manipulation Therapy
- Manipulation Therapies
- Therapies, Manipulation
- Manipulative Therapies
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Musculoskeletal Manipulations

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AND	All Fields	manual therapy OR mobilization OR manipulation	⊖	Show index list
AND	All Fields	placebo OR sham	⊖	Show index list
AND	All Fields	function OR disability OR range of motion	⊖	Show index list
AND	All Fields	randomized OR controlled OR clinical trial	⊖	Show index list
AND	All Fields		⊖ ⊕	Show index list

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1. Page MJ, Green S, Mrocki MA, Surace SJ, Deitch J, McBain B, Lyttle N, Buchbinder R. Cochrane Database Syst Rev. 2016 Jun 10;(6):CD012225. doi: 10.1002/14651858.CD012225. Review. PMID: 27283591

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2. Page MJ, Green S, McBain B, Surace SJ, Deitch J, Lyttle N, Mrocki MA, Buchbinder R. Cochrane Database Syst Rev. 2016 Jun 10;(6):CD012224. doi: 10.1002/14651858.CD012224. Review. PMID: 27283590

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[Similar articles](#)☐ [Thoracic Spine Manipulation in Individuals With Cervicogenic Headache: A Randomized Controlled Trial.](#)

4. Immediately Alter Thoracic Spine Kinematics in Cervicogenic Headache: A Randomized Controlled Trial. Kardouni JR, Pidcoe PE, Shaffer SW, Finucane SD, Cheatham SA, Sousa CO, Michener LA. J Orthop Sports Phys Ther. 2015 Jul;45(7):527-38. doi: 10.2519/jospt.2015.5647. Epub 2015 May 21. PMID: 25996365

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((((impingement[All Fields] AND ("syndrome"[MeSH Terms] OR "syndrome"[All Fields])) OR (subacromial[All Fields] AND ("pain"[MeSH Terms] OR "pain"[All Fields]))

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- (((((((impingement syndrome OR subacromial pain OR shoulder pain)) ... (21) PubMed
- (((((((impingement syndrome OR subacromial pain OR shoulder pain)) ... (53) PubMed
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#5	Add	Search (((((impingement syndrome OR subacromial pain OR shoulder pain)) AND (manual therapy OR mobilization OR manipulation)) AND (placebo OR sham)) AND (function OR disability OR range of motion)) AND (randomized OR controlled OR clinical trial) AND ("last 5 years"[PDat] AND Humans[Mesh]) Filters: Humans	21	21:17:52
#4	Add	Search (((((impingement syndrome OR subacromial pain OR shoulder pain)) AND (manual therapy OR mobilization OR manipulation)) AND (placebo OR sham)) AND (function OR disability OR range of motion)) AND (randomized OR controlled OR clinical trial) AND ("last 5 years"[PDat] AND Humans[Mesh])	21	21:17:37
#3	Add	Search (((((impingement syndrome OR subacromial pain OR shoulder pain)) AND (manual therapy OR mobilization OR manipulation)) AND (placebo OR sham)) AND (function OR disability OR range of motion)) AND (randomized OR controlled OR clinical trial) Filters: published in the last 5 years; Humans	21	21:17:28
#2	Add	Search (((((impingement syndrome OR subacromial pain OR shoulder pain)) AND (manual therapy OR mobilization OR manipulation)) AND (placebo OR sham)) AND (function OR disability OR range of motion)) AND (randomized OR controlled OR clinical trial) Filters: Humans	53	21:17:09

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Pires PF, Packer AC, Dibai-Filho AV, Rodrigues-Bigaton D.
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Delgado-Gil JA, Prado-Robles E, Rodrigues-de-Souza DP, Cleland JA, Fernández-de-las-Peñas C, Albuquerque-Sendín F.

J Manipulative Physiol Ther. 2015 May;38(4):245-52. doi: 10.1016/j.jmpt.2014.12.008. Epub 2015 Apr 30.

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1. Pires PF, Packer AC, Dibai-Filho AV, Rodrigues-Bigaton D.
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- Q (((((((impingement syndrome OR subacromial pain OR shoulder pain)) ... (21) PubMed
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Search	Add to builder	Query	Items found	Time
#18	Add	Search ((randomized) OR controlled) OR clinical trial	1521099	22:02:46
#17	Add	Search ((placebo) OR placebo effect) OR sham	262062	22:02:12
#16	Add	Search (((function) OR disability) OR range of motion) OR free range of motion	11374204	22:01:41
#15	Add	Search (((manual therapy) OR mobilization) OR manipulation) OR manipulative	6882823	22:00:15
#14	Add	Search (((impingement syndrome) OR subacromial pain) OR shoulder pain) OR neer's syndrome	18466	21:59:13



(((((impingement syndrome) OR subacromial pain) OR shoulder pain) OR neer's syndrome)) AND (((manual therapy) OR mobilization) OR manipulation) OR manipulative)) AND (((function) OR disability) OR range of motion) OR free range of motion)) AND (((placebo) OR placebo effect) OR sham)) AND (((randomized) OR controlled) OR clinical trial)) AND ("2011/10/02"[Date - Publication] : "3000"[Date - Publication])

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AND ▼	All Fields ▼	(((manual therapy) OR mobilization) OR manipulation) OR manipulative	⊖	Show index list
AND ▼	All Fields ▼	(((function) OR disability) OR range of motion) OR free range of motion	⊖	Show index list
AND ▼	All Fields ▼	((placebo) OR placebo effect) OR sham	⊖	Show index list
AND ▼	All Fields ▼	((randomized) OR controlled) OR clinical trial	⊖	Show index list
AND ▼	All Fields ▼	("2011/10/02"[Date - Publication] : "3000"[Date - Publication])	⊖	Show index list
AND ▼	All Fields ▼		⊖ ⊕	Show index list

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Search	Add to builder	Query	Items found	Time
#20	Add	Search (English[Language]) OR Portuguese[Language]	22014213	22:06:22
#19	AND in builder	"/02"[Date - Publication] : "3000"[Date - Publication])	5206024	22:04:56
#18	OR in builder	nized) OR controlled) OR clinical trial	1521099	22:02:46
#17	NOT in builder) OR placebo effect) OR sham	262062	22:02:12
#16	Delete from history	n) OR disability) OR range of motion) OR free range of motion	11374204	22:01:41
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1. Effectiveness of physical therapy treatment of clearly defined subacromial pain: a systematic review of randomised controlled trials.

Haik MN, Albuquerque-Sendin F, Moreira RF, Pires ED, Camargo PR.
Br J Sports Med. 2016 Sep;50(18):1124-34. doi: 10.1136/bjsports-2015-095771. Epub 2016 Jun 10.
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2. Page MJ, Green S, Mrocki MA, Surace SJ, Deitch J, McBain B, Lyttle N, Buchbinder R. Cochrane Database Syst Rev. 2016 Jun 10;(6):CD012225. doi: 10.1002/14651858.CD012225. Review. PMID: 27283591
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J Manipulative Physiol Ther. 2016 Feb;39(2):12
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(((((impingement[All Fields]
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[MeSH Terms] OR "pain"[All
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RESUMINDO

O site PEDro pode ser a opção mais rápida para selecionar a literatura de intervenções, mas é limitada quando comparada ao PUBMED

Componha a pergunta PICO para busca simples e avançada no PEDro

No PEDro o operador booleano é sempre o AND

No PUBMED preencha a tabela PICOS(study)

Consulte se os termos pré-selecionados são MESH terms para ampliar a seleção (quando necessário)

Use a busca avançada e filtros pré-selecionados

No PUBMED os operadores booleanos são AND, OR e NOT